



GoldS Light

Voice of Golden Sungava



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विशेष सम्पादकिय

विद्यालय परिवर्तन र शिक्षण सिकाइका समस्याहरू

विद्या + आलयबाट विद्यालय शब्दको निर्माण भएको पाइन्छ । विद्या भनेको ज्ञान र आलय भनेको घर हो । त्यसैले विद्यालय भनेको ज्ञानको घर वा मन्दिर हो जहाँ गएर ज्ञान आर्जन गरिन्छ । बालबालिकाको पहिलो पाठशाला घर हो भने पहिलो शिक्षिका आमा हुन् । बालबालिकात जब हुर्कदै जान्छन् तब घर परिवारलाई उनीहरूको औपचारिक शिक्षा आर्जनका लागि कुन र कस्तो विद्यालयमा लैजाने अन्योलता बढ्दै जान्छ । हाम्रो समाजमा शिक्षाको महत्व दिनानुदिन बढ्दै गइरहेको छ । अहिले को वर्तमान परिपेक्षमा शिक्षा विनाको मानिस लगाम विनाको घोडा जस्तै हुन्छ । त्यस्तो मानिस समाजमा आत्मनिर्भर बन्न गाह्रो हुन्छ ।

शिक्षा र शिक्षणसिकाइ समयानुकूल परिवर्तन भएमा मात्रै त्यसबाट उत्पादित जनशक्तिले आजको विश्व प्रतिस्पर्धामा आफूलाई दरिलो प्रतिस्पर्धीका रूपमा उभ्याउन सक्दछ । परापूर्वक कालमा गुरुकुल शिक्षाको महत्व समय सान्दर्भिक थियो भने आजको शिक्षा प्रविधिमय हुन जरूरी छ । विद्यालय ,विद्यार्थी र अभिभावक बिचको समञ्जस्यतामा आउने अभाव शिक्षण सिकाइको एउटा टड्कारो दुर्बल पक्ष हो । शिक्षण सिकाइमा विद्यालय परिवर्तनले विद्यार्थीहरूलाई प्रत्यक्ष प्रभाव पार्दछ । किनकि शिक्षण सिकाइमा विद्यार्थीका चिरपरिचित साथी संगत , शिक्षक-शिक्षिका, अभिभावक र विद्यालय बिचको सम्बन्धनै महत्वपूर्ण पक्ष हो । जब विद्यार्थी नयाँ विद्यालयमा पुग्छ उसका लागि विद्यालयका सम्पूर्ण पक्ष नौ लो हुन्छ जसका कारण विद्यार्थी भित्रको अन्तरनिहित क्षमता सुसुप्त हुन जान्छ । शिक्षक -शिक्षिका र अभिभावकको लामो प्रयासले बच्चाको मनोविज्ञान अनुसार शिक्षण सिकाइ सुरु गरिएको हुन्छ । विद्यालय परिवर्तनले यो लामो प्रयास निरर्थक हुन जान्छ । साथै विद्यार्थीले पुरानो स्कुलका साथीभाइ र शिक्षक-शिक्षिका बिचको सम्बन्धका कारण उसलाई मनोबैज्ञानिक असर पर्न सक्छ । नयाँ शिक्षक, शिक्षिका सँग कस्तो व्यवहार गर्ने दोधार हुनुका साथै शिक्षक शिक्षिका लाई पनि नयाँ विद्यार्थी को व्यवहार थाहापाउन धेरै समय लाग्छ । सम्पूर्ण पक्ष नयाँ हुनेभएकाले विद्यार्थीको पढाइको स्तर पनि घट्ने संभावना हुनुका साथै व्यक्तिमा हिनताबोध हुने, चाहिएको जति प्रगति हुनसक्ने, आफ्ना प्रतिभा निर्धक्क भएर देखाउन नसकी हिचकिचाउनेपर्ने जस्ता समस्या सृजना हुने भएकाले बेलैमा अभिभावकले सचेत हुनु जरूरी रहेको छ । विद्यार्थी वर्गमा मात्र नभएर अभिभावकमा पनि विद्यालय प्रति कस्तो व्यवहार गर्ने अन्योलता सृजना हुने गर्दछ । बालबालिका नयाँ विद्यालयमा प्रवेश गर्दा उसको मनोविज्ञानमा नकारात्मक असर पर्ने, साथीभाइ सम्झेर टोलाउने, पढाइप्रीत ध्यान नदिने, खराब सङ्गतमा लाग्ने जस्ता यावत् समस्या देखापर्ने हुनाले अभिभावकहरू सचेत रहन जरूरी देखिन्छ । बालबालिकालाई भौतिक सुविधा सम्पन्न विद्यालयमा भर्नु गरेर अभिभावक दुक्क भएर बस्नुभन्दा पनि समयको माग अनुसारको शिक्षा दिन जरूरी देखिन्छ । अहिलेका बालबालिकालाई संस्कारयुक्त शिक्षाको खाँचो परेको देखिन्छ । बालबालिकालाई आफ्नो कर्तव्य के हो ? कुन ठाउँमा कस्तो व्यवहार गर्ने भन्ने जस्ता सामान्य कुराहरूको अन्योलता सृजना भएको समयमा उनीहरूको समस्याको पहिचान गर्नसक्ने, खुलेर समस्या र एख्न सक्ने र समस्याको सही समाधान निकाल्न सक्ने वातावरण विद्यालयमा हुनु पर्छ । अहिलेको व्यस्त समयमा आफ्ना बालबालिकाहरूलाई अभिभावकले चाहेजति समय खर्चन सकेका छैनन् । यस्तो समयमा बालबालिकाहरूमा एक्लोपन महशुस भई विभिन्न नकारात्मक क्रियाकलाप पनि गर्ने गरेको यदाकदा सुन्ने र देख्ने गरेको पाइन्छ । बालबालिका तपाईंका भविष्य हुन त्यसैले उनीहरूसँग समय विताउने सही मार्गनिर्देशन गर्ने र आफ्नो लक्ष्यमा पुग्न सक्ने सक्षम नागरिक बनाउनु अभिभावकको जिम्मेवारी हो । त्यसैले बालबालिकाको सम्पूर्ण भार विद्यालयमाथि मात्र नथोपारेर विद्यार्थी, विद्यालय र अभिभावकको त्रिपक्षीय सम्बन्ध स्थापना गर्दै देश र राष्ट्रलाई चाहिने दक्ष व्यक्तिको रूपमा बालबालिकालाई चिनाउन जरूरी छ । त्यसैले विद्यालय परिपर्तनले नै विद्यार्थीको पढाइको स्तर वृद्धि गर्छ भन्ने मानसिकता बाट माथि उठी सहि निर्णय लिनुहुन गोल्डज लाइट(GoldS Light) परिवार सम्बन्धित सबैमा हार्दिक अनुरोध गर्दछ ।

Message From Principal...



Dear Parents/ Guardians/ Well Wishers

A booming popularity adjoining with Golden Sungava English Secondary School deserves something implicit is different from those tangible things around. I humbly request you all, who , in fact, are curious to scrutinize and feel its hidden essence, to visit GSESS at your convenience before you take your final decision to enroll your ward, your future support, your future happiness for the academic session 2076 B.S. We are what other aren't, we do what others don't, yet we warmly appreciate you comprehensively.

We take this opportunity to offer our sincere handful thank to all our beloved parents from whom we are getting constant support to date. We hope to see you soon at GSESS for further cooperation. Thank you all.

Warm Regards
Mahesh Chandra Gautam
Principal

पुरस्कार वितरण तथा सम्मान कार्यक्रम सम्पन्न



गोल्डज लाइट।

बसन्तपञ्चमी को विशेष दिन को अवसरमा गोल्डन सुनगाभाले एक भव्य कार्यक्रमको आयोजना गरि यस बर्ष विभिन्न विधा तथा अतिरिक्त क्रियाकलापमा उत्कृष्ट हुन सफल सम्पूर्ण विद्यार्थी हरूलाई पुरस्कार वितरण तथा सम्मान गरेको छ ।



विद्यार्थीहरूको विशेष र फाइनल कार्यक्रम मा विजयी हुन सफल विभिन्न बिधाको विद्यार्थी भाइ

गोल्डन सुनगाभाको सांगितिक प्रतियोगिता "सुनगाभा आइडल" को दोस्रो भाग त्यसैगरी नृत्य विधामा, एकल, सामुहिक तर्फ उत्कृष्ट समुह तथा गायन, नृत्य कला जस्ता बहिनहरूलाई सम्मान गरिएको थियो ।

शिक्षण सिकाइमा पुरस्कारले हौसला बढ्ने र विद्यार्थीहरूमा छुट्टै किसिमको उर्जा मिलोस भन्ने हेतुले प्रत्येक बर्ष छालयले यसरी वर्षभरि विभिन्न क्रियाकलापमा सर्वोत्कृष्ट हुन सफल विद्यार्थीहरूलाई सम्मान गर्दै आएको र यो कार्य भविष्यमा पनि निरन्तर जारी रहने विद्यालय व्यवस्थापन समितिका अध्यक्ष लिलानाथ निरौलाले बताउनुभयो ।

सरस्वती पूजा सम्पन्न

गोल्डज लाइट।

विद्याकी देवी सरस्वती को विशेष दिन तथा वसन्तपञ्चमीको शुभ अवसरमा गोल्डन सुनगाभा अङ्ग्रेजी माध्यमिक विद्यालयमा एक विशेष कार्यक्रम गरि सम्पन्न गरिएको छ । "अक्षरारम्भ तथा सरस्वती पुजा" नामकरण गरिएको उक्त कार्यक्रममा विद्यालय प्राङ्गणमा अवस्थित सरस्वतीको प्रतिमामा विशेष पूजा-आराधना गरि साना-साना नानीबाबुहरूलाई अक्षरारम्भ गरिएको थियो ।

हिन्दु संस्कार अनुरूप उक्त दिनलाई अक्षरारम्भको विशेष दिन मानिने हुदाँ विद्यालयले पनि स-साना नानीबाबुहरूको अक्षरारम्भको कार्यक्रम आयोजना गरेको विद्यालय प्रिन्सिपल महेश चन्द्र गौतमले बताउनुभयो । उक्त दिन देखि नयाँ शैक्षिक सत्र आरम्भ भएको मान्यता अनुरूप सधैंको बर्षभै यस वर्ष पनि विद्यालयमा १०० भन्दा बढी नयाँ स-साना नानीबाबुहरूलाई अक्षरारम्भ साथै शिशु स्याहारमा निशुल्क भर्ना गराइएको विद्यालय प्रबन्धक बिनु गोदार थापाले जानकारी दिनु भयो ।



GOLDEN SUNGAVA ENG. SEC. SCHOOL

Changunarayan-2(Duwakot),Bhaktapur



ADMISSION OPEN

Class Nursery to Nine



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एफ एम मा मेरो अनुभव



म कक्षा-७ मा अध्ययनरत छात्रा कसक पौडेल गोलडन सुनगाभा इ.से. विद्यालयको विद्यार्थी हुन पाउँदा गर्व गर्दछु । यहाँ सबै विद्यार्थीलाई सम्मानपूर्वक पढाइने गरिन्छ । हाम्रो विद्यालयमा पढाइका साथसाथै अतिरिक्त क्रियाकलापहरूलाई पनि उत्तिकै महत्व दिइन्छ । यहाँ विद्यार्थीहरूको प्रतिभा पहिचान गरेर उनीहरूलाई अगाडि बढाइने गरिन्छ ।

यसवर्ष देखि हाम्रो विद्यालयले रेडियो मस्ती ८७९ मेगाहर्जमा प्रत्येक शनिवार साँझ ५ बजे “**सुनगाभा बाल मन्फेरी**” नामक रेडियो बाल कार्यक्रम सञ्चालनमा ल्याएको छ । उक्त बाल कार्यक्रममा विद्यार्थीहरूको प्रतिभा अनुसार कथा, कविता बाचन र कार्यक्रम सञ्चालन गर्न लगाइन्छ । कार्यक्रम सञ्चालन गर्ने भाग्यमानी विद्यार्थीहरूमध्ये मैले पनि त्यो अवसर पाएँ । शुरुमा त त्यहाँ गएर कार्यक्रम सञ्चालन गर्दा निकै डर लाग्दो रहेछ तर समय सँगै धेरै पटक बोल्न थाले पछि आफैँलाई निकै मज्जा लाग्दो रहेछ, भन भन बोल्छु बोल्छु जस्तो हुँदो रहेछ । हामीले कार्यक्रम सञ्चालन गरिरहँदा, विद्यालयको गतिविधि प्रसारण गर्न पाउँदा ज्यादै खुसी लागेको छ । म निकै हर्षित छु र प्रभावित पनि छु किनभने मेरो आवाज मेरा सहपाठी मित्रहरू र परिवारलाई मात्र नभएर सारा नेपालमा बस्ने नेपालीहरूलाई सुनाउने अवसर पाएँ । यस्तै प्रतिभा भएका सम्पूर्ण विद्यार्थीहरूको पहिचान गरि विद्यालयले सबैलाई समान अवसर दिएर यो कार्यक्रम सालै भरी सञ्चालन गरिरहयो । सो कार्यक्रम मार्फत सम्पूर्ण श्रोता, अभिभावकहरूले सुनगाभालाई नजिकैबाट चिन्ने र नियाल्ने अवसर प्राप्त गरेको पाइयो । साथै स्वयं विद्यार्थीहरूमा पनि शनिबार “**सुनगाभा बाल मन्फेरी**” कार्यक्रमको पर्खाइमा बितेको अनुभव सुनाउनुहुन्थ्यो र यस कार्यक्रममा प्रि-प्राइमरी कक्षा देखि सहभागिता रहेको थियो । विभिन्न सञ्चारका कार्यक्रमका माध्यमबाट सम्पूर्ण विद्यार्थीको क्षमता प्रस्तुत गर्ने कार्यक्रममा अभिभावकको समेत हौसला र सहभागिता रहेको पाइयो । आगामि दिनहरूमा पनि विद्यालयले यस्तै कार्यक्रम मार्फत विद्यार्थीको प्रतिभा चिनेर उहाँहरूलाई अगाडि बढाउँदै लैजावस् भन्दै शुभकामना दिन चाहन्छु । र अन्त्यमा विद्यालय परिवार प्रति यस मौकाका लागि आभारी छु । धन्यवाद ।

कविता

यी साना साना हातहरूलाई ABCD लेख्न सिकाउदा आफैँ माथि गौरव गर्छु म जति गल्ती गरे पनि आफ्नै सन्तान सम्झिएर सयौं पटक माफी दिन्छु म ।

तोते बोली तिम्रो कलिला हात आमा बुवाले बुनेका सपनाको साथ परिवार छोडि स्कुलमा आयौ साथी भाई अनि हामीसँग रमायौ ।

कपी च्यातेर पेन्सल भाँचेर रुदै स्कुल जान्न भनेको अभै सम्म छैन भुलेको ।



जब हुन्छौ तिमी SEE मा पास १० कक्षा पढाउँने गुरुलाई मान्छौ डाक्टर पाइलट बनेका तिमीले आफुलाई भगवानको आशिर्वाद ठान्छौ यी सबै हुन बराबरी शिक्षा जरुरी थियो

किन भुल्छौ तिमी डाक्टर पाइलट बनेर मलाई विर्सि पनि तिम्रै नाममा गौरव गर्छु म तिम्रै पाइलै पिच्छेको सफलतामा खुसीले गदगद हुन्छु म
सिर्जना मल्ल ठकुरी, शिक्षिका

Role of Teacher in My Life

We know that the word "teacher" is itself respected word .Our first parents are mother and father and the second parents are teachers. We spend in school more than 8 hours. We get a lot of knowledge and good things from our teachers. All teachers are different in terms of caring, loving, helping and coordinating. Teacher always teaches the good things. Sometimes they scold us when we do careless in our study. As we know that we learn new things from our mistakes. Teacher always gives us instructions to be good. Teachers are considered as god in our life. That's why my teachers have changed way of thinking in my life when I read from Nursery to Class -3 . Everyone must respect the teachers. Teachers always play positive role in students' life.

Aanchal Gimire, Class- 3

Jokes

Student : Sir, I got 5 marks less.

Sir : But I counted correctly.

Student : Sir, but I wrote with Apsara pencil for 5 marks extra.

Name- Aakriti shakha, Class-7



Mother's Love

You guided me...

When I refused to be guided

You protected me...

When I found it silly to be protected

You cared me...

When I thought you were over doing it

But as I look back over the year

In hindsight, I do realize

That I'm lucky to have a mom

Who has an ocean of love in her eyes.....

Name :Shristi Bastola, Class- 9

Poem

Never cry for a person who hurts you just smile and say thank you for giving me chance to find someone better than you.

Birth is the start of life,

Beauty is the art of life,

Good relation is the part of life,

Death is the last of life,

But,

True love is the heart of life.

Name- Nikesh Bhandari, Class- 7

The Vain Crow Story

Once upon a time there lived a flock of crows in a mango tree. Today there was much excitement as Mrs. CAW was going on a vacation and bidding good bye to his friends Here's my special mango pie for you CAW Jee. Thanks Mrs. CAW he said and took this pile of twinges, and pine resin. You never knew where you could have to build a nest. Thank you COWTOL. I was going to miss you. Miss all of you. And finally gathering all the gifts his friends gave him Mrs CAW flew over mountain and rivers and across villages and cities seeing the world for the first time. One day he heard thunder and lightning and it was about to rain. He quickly took shelter on a tree. He thought he would have to stay here tonight. It was not a very good idea to fly in the rain. As Mr. CAW was setting on the tree. He heard strange sound. He quickly flew over the branches to see where the sound was coming from. It was about Hurrah! What were these creatures. Were they birds? But they are so much beautiful.

Name- Sofiya Lama ,Class-2

Holi (Festival of Colour)

Holi is celebrated throughout north India on the full moon day of Phalgun. Participants throw coloured water and powders on one and another. On this day we don't find usual ranking of caste, gender, status and age to be reversed. In the streets, the celebrations are often marked by brotherhood and social tolerance. People are not bias on the basis of language, tone and ethnicity. At the end of the day everyone bathes and cook delicious food eat together in the family. They visits friends and relatives to share the happiness and sorrows.

Name- Sahara Khadka, Class-6

Jokes

Teacher: Ram stand up!

Ram: Yes Sir!

Teacher: Who is greater teacher or student?

Ram: Student

Teacher: how??

Ram: student is greater because teacher always remains teacher but student becomes doctors, pilot etc. when they grew up.

Name-Sabu Gurung, Class-7

सुनगाभाको कास

धेरै छन नि बोलउने मौका परे

ताकमा

आउ साथीसँगै पढौ, पढाऊ

सुनगाभाको काखमा

सुनगाभाको काखमा बस्दा दुःख

कष्ट जान्छ

मनभित्रको अहङ्कार नि पखालिएर जान्छ ।

त्यहि भएर सयौँमा रोजौ सुनगाभा नै हेर गफगाफ कम गरी पढ्ने गरौ धेरै मेहनती भई पढे भलै हुन्छ हाम्रो उज्यालो भई भविष्यमा हुन्छ राम्रै राम्रो

सुनगाभाको हाता भित्र दुइटो राम्रा चौर कहिलेकाहीँ खेल्छौ हामी दाँयावायाँ राम्रो छ नि वातावरण स्वच्छ हावापानी भुक्मको डर छैन सुरक्षित पनि छ नि

प्यारा हाम्रा साना नानी पढ्ने गरौ बानी नराम्रालाई त्यागौ अनि राम्रा लिउ छानी मत रोज्छु सुनगाभालाई अरुलाई होइन यसको जस्तो न्यानो काख संसारमा छैन त्यसैले त सुनगाभालाई रोज्न आजै कम्मर कसौ सुनगाभाको काखमा पढी दुक्कसँग बसौ ।

आस्था धमला शिक्षिका



Poem

Rose is red
I am update
Sky is blue
Don't make your life
Like the animal in the zoo
But do not be hopeless
I will be there for solution
No worry in life
Laugh all the time
Past is a waste paper
Present is a newspaper
Future is a Question paper
So read and write
Properly
Otherwise
Your life will be a tissue paper

Name-Kanchan Luitel, Class-7



Teens and Friends

How important is that to choose the right kind of friends? How will you know the people around you that they are leading you down to the wrong path in life?

What kind of people do you really want to be seen with and why does it matter? These are the questions a teenager faces every day of his or her life. We must all remember that we are ultimately responsible for the choices we make and choosing right friends can make a life altering impact.

The most important thing to remember when you are choosing your friends is to choose people with common interest and goals. Most of us make friends with people that we choose to be friends with for life therefore we must have common interest. It is important that you choose friends with goals. Kids who don't care who they are or what they may become are very likely to become a prisoner and live a life of crime, or at least a life sponging on their parents and friends.

Another important factor in choosing friends is to ask yourself if they will pass the parent test? This means will approve of them and their family. I don't mean this in a snob way. If they are raised with parents that have drug or alcohol problems, they will not pass the parent test! You must choose friends that your parents are comfortable with. It cuts down on conflicts and everyone seems to be happier for it.

In closing I must say a person is very much a part of the company he keeps. It is not likely that your friends will stay from the benefits and morals that have been instilled in him. If you have bums, drunks or drug addicts for friends it is almost a sure thing that you will take the wrong road in life because human nature is such that we are more prone to being negatively influenced rather than positively. So when we choose our friends we are choosing our life and future.

Name-Sakshi Suwal, Class-8

My Educational Excursion In Class 5



Last month, our class five went to a museum called “Chhauni Museum” which was located on Swyambunath. My all friends were very excited to see the museum.

When we reached there we made a line and went slowly to see the historical things which were used to defend our countries in the past. First of all we saw canon, motor and weapons making machine which were used by our ancestors.

Then we saw the different cultural dresses. We also saw the different king and queen of Nepal who ruled in different dynasty. We also saw the different funny mirrors. We also saw the people made by clay. We saw the fort of Nalapani and many other places. We saw the old coins, idols, statues and saw the ancient time of people who fought to save our country Nepal from other countries.

Then we went to eat our lunch. We all friends shared food to each others. We danced and sang with our teachers. We really enjoyed it. Finally we went to bus and danced, sang with our friend in the bus too. And we returned back to our school. I never forget the day and its memories.

Name- Sanjita Shrestha, Class-5
“One and Two”

One and two, take the glove.

Three and four, spread on the door.

Five and six, take your pic.

Seven and eight, paste the pictures straight

Nine and ten, the job done well

One and two, where are you?

Three and four, behind the door

Five and six, I am sick.

Seven and eight, on the bed

Nine and ten, a big fat hen

Name- Jatin Dahal, Class- 4



Morning Assembly



Pre-Primary Students' At Playstation



Golden Sungava Family-2075



MAPS Deusi Vhailo - 2075



Class Ten Students in Excursion



GSESS Football Team



Class IX & X Students' Tour-2075



Cultural Dance Group With Ward Chair Person

1st MAPS Futsal Winner With Trophy

Prize Distribution -2075



Inter Class Presentation Competitions



Golden Sungava Scout Troops

Our Objectives

- To explore potentiality of the students and cope them with accordingly.
- To make students academically sound, culturally enriched and socially & morally equipped.
- To promote the leadership personality of the students.
- To empower the students to be kind, gracious and responsive.

**Highlights****Academic**

- Montessori and early childhood education system.
- Grade teaching up to grade II by experienced and resourceful teachers.
- Limited number of students in each class.
- Regular parents-teacher meeting(class wise)
- Level wise monthly staff meeting.
- Extra classes for weak students.
- Interactive classroom activities.
- Research and experiment based learning environment.
- Discouragement to corporal punishment and encouragement to positive motivation.

**Non Academic**

- Dance, Music, Art, Literature, Anchoring and sport clubs.
- Regular hygiene checking.
- Inter-house competition every week.
- Real learning opportunities through educational excursions, social and volunteer programmes. Field visits, exhibitions, observations and many more.
- House wise wall magazine publication.
- Immediate telephone call to the parents of the absentees each day.
- Sufficient toys & sports materials.
- Affordable fee structure.

**Facilities**

- Spacious classrooms with white boards.
- Well managed science lab.
- A well equipped library with verities of books, magazines and newspapers.
- Regular educational and psychological counseling.
- Spacious computer lab with sufficient number of computer sets.
- Canteen facility with hygienic food & snacks.
- Pure drinking water.
- School bus facility.
- Boarder and day-border facilities.
- Spacious indoor sport hall.

**Academic Evaluation**

The evaluation system comprises of regular presentation & research writing along with assignments, unit tests, dummy test and terminal examinations. All tests and exams are obligatory.

Scholarships

- Scholarships to the school topper & class toppers, first runners- up and second runners- up in each class.
- Scholarships to the students belonging to Dalit, wartorn, poverty-stricken, earthquake victims and under privileged families.
- Scholarships to the one of three students if they ate of the same parents.

Why Sungava ?

- To make students virtuous along with successful in their life.
- To develop responsible personality towards family , society and country.
- To build up daring personality to raise voice against all sorts social evils

**SEE Appeared Students-2075****Winners of Handwriting Competition-2075****Sports Week****Tree Plantation on Environment Day****Trophy For ECA Winners****Students in FM Station****Student's Voice:**

This school is equipped with all of facilities needed to the students and teachers. Teachers behavior, discipline, personal care and level of education are points to be noted. The period I spending at school will be really a memorable part of my life.



✍Anamika Shrestha.
Grade IX

From my school, I got life oriented education. I also learned the way of life with positive attitude. The school environment taught discipline and politeness with lots of love and support from my teachers . I could increase my confidence and courage with in me to something in life.



✍Geetanjali M. Thakuri.
Grade X

Admission Procedure

- Students should furnish their latest progress report along with certificate & no objection letter from previous school.
- Students should pass an entrance test and face an interview that tests their attitude, aptitude and interest.

The result of entrance test is published in letter grading system and the admission discount is granted on the same basis:

Grade A: 100% Grade B: 50%
Grade C: 25% Grade D: 10%
Grade E: not at all



Friendship

In order to have good friends, you need to be nice with them. The quality of being friendly with your friends is called friendliness. Making friends and keeping them happy is one of the important life skills.



A friend is important in our life. Good friends are true blessings of god. We need to have mutual affection, trust and cooperation among our friends. It is also known as friendship. There is great importance of friendship in our life.

We all feel comfortable in the company of friends. In fact they are the ones with whom we can spend delightful movements with our friends. We can play, go for an outing, go for a picnic, go for a swimming, read together and even share our belongings with our friends.

Friends are those people with whom we can place our trust, we can share our personal feelings with them. Sometimes they can understand us better than our parents. When the things aren't going well, they even fill courage and confidence in our hearts. Some people find it really difficult to make a new friend. Otherwise, it is not that much tough too.

If you offer a friendly hand to a person whom you see regularly, you are more likely to find friends. You need to know about his/her family background, hobbies, goals, values and dreams. It is not necessary to change yourself to make new friends. They like the way you are. Walking with the friend in the dark is better than walking alone in the light. A good friend is very hard to find, So, you should help your friends in need. Sometimes, there can be misunderstanding and mistakes in friendship. That time, you should apologize if you have made a mistake. If your friends apologize, you should learn to forgive them.

Your friends are priceless for you. You should never do anything that would hurt your friends. So, learn to be kind and helpful to your friends.

Name-Anshu Shah, Class-5

A Flashback Of Class -2

I read in Golden Sungava in class 2(two) after passed out from class one. I was very happy with my result, new teachers as well as new friends. In class two, teachers taught me so nicely, helpfully and tactfully. As a result, I earned more knowledge, ideas, experiences and words than class one. There are many friends and well-wishers in class two for me. All teachers spoke softly. They used chart, toys, maps and related videos to make the lesson interesting. My school organized the extra activities like; sports, drawing, singing, and dancing competition, picnic, excursion etc.



In class- Two as memorable event I remember the picnic in Sanga, Kavre with my friends and teachers. We enjoyed a lot there. I won the competition in Musical chair secured first position. The day was my best memorable day of the year.

Name- Ojaswee Gautam, Class-2

Journey From Class 3 To Class 4

It has been 2 years long that I have been studying in Golden Sungava. It is a family of the people of different caste, language and ethnicity. I started to study from class 3 in this school. I am enjoying studying here.



When I came first at class 3 there were no good friends of mine. But after few days all began to talk with me and became friends. At the last of class 3 we enjoyed a lot with teachers and friends. In class 3, I also participated in speech. We also played games with friends. In class 4 we also went to picnic. Recently our school organized open house game and named it "Sports Week". Our school organize different competition such as drawing competition, singing competition, **deusi and bhailo** competition. Our school also has ECA classes for two days per week. Teachers of my school are very friendly and helpful. I developed many skills such as giving speech, dancing, etc, here.

At last I want to say that my school is the best school of the world and I also think that my school is the second home of ours. And this two years were most joyful.

Name-Susmita Shahi ,Class-4

School life At Golden Sungava

My school is the best school among all the schools in Bhaktapur because it is beautiful. And in terms of education, we have quality and qualified teachers to educate us well. My school has given me everything that I needed to nurture myself.



My school has all the facilities needed for the students. We have good education system, good transportation, good drinking water facilities, computer lab, and science lab, etc. Many extra curriculum activities are also conducted for the overall development of every students.

My school is all about the memories. It's not only about the fun and friendship but also the way it helped me to find my interests. It has made me who I am today. I love my school and I take pride in being a student of such a good school.

Thank You!

Name- Smrittee Chapagain, Class-10

General Knowledge

१. एफ एम (F.M.) को पूरा रूप के हो ?
२. कुन प्रजातीका माछाका सबै बच्चा भाले हुन्छन ?
३. त्रिफला भन्नाले के -के बुझिन्छ ?
४. रङ बदल्न सक्ने जीव कुन हो ?
५. माहुरीले कुन रङ छुट्याउन सक्दैन ?
६. बिजुलीको चिम भित्र कुन ग्याँस रहेको हुन्छ ?

The Current Status Of Nepal

Nepal is an Asian country. We all know that Nepal is also the second richest country in water resources. The world's highest peak Mt. Everest lies in Nepal. The lord Gautam Buddha who taught us to live peacefully and who spread the message of peace and care was also born in Nepal. Thus, our country Nepal is very beautiful, cultural, religious and many more.



As mentioned above, Nepal is a multi-cultural, multi-lingual, multi-religious country. There live the people of different castes, religion etc, maintaining as brother and sister relationship. Everyone loves, helps and cares with each other. But like in the past, nowadays also in some places, people are discriminating on the basis of caste, culture, color etc. So, we all students and other people should also work to remove such bad practices which are in our society.

Now our country Nepal is being ruled by communist government. The road constructions and many other developmental works, many hydro powers, are being established. If this party will always work for us, our country will be developed very soon. But now also in somewhere development works also have been stopped. So, we all should raise our voice to continue them.

In our country many youths are going to foreign countries for jobs and higher education. If we have ability and creativity we can also establish the different companies, factories, poultry farming etc, and make us self dependent which will also make our economy strong. Instead of going in the foreign countries to fulfill our basic needs. We can do jobs in our own country and get higher education in our own country.

Therefore, we all should be self-dependent and shouldn't go to foreign countries for different purposes. We all should stay in our own country and develop it.

Name- Sandesh Neupane, Class-5

My School Days in Sungava

It had already been 2 years of mine in Sungava. I don't know how those 2 years passed so quickly. For me it's like a blink of an eye.

My experience in these school has been incredible. In this 2 years, I experienced ups as well as downs. Whenever I remember those days that I spent in this school, one thing always come in my mind that is the learning and different ideologies. I had with my 16 classmates. I also remember the friends that I made goofing off and jokes. Those are probably the best memories that I hold on to and think about. The jokes, fun, the stress and studying are unforgettable. Let's walk down memory lane and see what comes up.

Learning by playing that we've all experienced made us encourage for the new technique of life. School days are really memorable. Whenever I remember that feeling when we were sitting in class, it felt like hours, the never ending lessons, going on and on. And then when we sat down to write an exam, it felt like time was up in a blink of an eye. The result day is the most dreaded day that can't be forgotten.

In spite of these memories, I have learned many things in Sungava. Frankly speaking it had helped me to grow confidence. The teachers, all staff are very gentle, responsible and friendly. The session is going to be over after few days. This experience won't come back. It comes only in my memories.

Thank You Sungava....

Name-Shouvagya Shahi Thakuri , Class-10

Class -9 Tour and My Experiences



I was thrilled when I heard that Golden Sungava English Secondary school was taking the students of class 9 and 10 for the three days tour to Pokhara, Bandipur and Gorkha on 18th 19th and 20th Magh, 2075 B.S. I wanted to extend my sincere thanks to entire school committee for making the first ever tour of Golden Sungava a success.

Going into the tour, I was not entirely sure what to expect, but I was looking forward for the three days tour thinking about the tour is like being on a cloud nine for me. It was just amazing to go on a tour with friends. Almost everyone of us had been to those places before but it was a different experience to go there with friends. It was a new experience to be somewhere away from the classroom with classmates and teachers. The memories of the tour which have been in my heart are still fresh. The beautiful sunrise views from the hill of Sarangkot is still fresh in my mind. The boating experience in Phewa lake was great too whenever I close my eyes, the tune of Sarangi in the tree shade still touches my heart. The expectations vs reality of campfire in Bandipur is still unforgettable. And of course, the long walk from Gorkha Bazaar to Gorkha Durbar was really hard but it is one of the unforgettable memories in my journey of life.

My experiences of the tour of class 9 cannot be explained in few words. It is one of the most wonderful moments I had in my life. A thing of beauty is joy forever and so is the tour of class nine for me. At last thank you Golden Sungava management, teachers and parents for providing me such a golden opportunity to have tour experience in my school life.

Name- Sebika Bhandari, Class-9

My Journey in Sungava



For me, Sungava is the treasure of memories and experiences. All the 13 years of my life that I spent here were amazing. Along with good education, Sungava has always been forward in other extra activities. All the memories that I made here either good or bad are now the inseparable part of my life.

Friendly and understanding teachers and lovely friends are like icing on the cake.

My all the mischievous activities with my friends and to be sometimes punished with all the friends were the real fun of life. My school has always focused in happiness of the students in a positive way. There is an inseparable bond between us and our school. In this 13 years long journey Sungava made me able to stand on my feet and it is the one to open my bright future's door.

For all these memories the life that I lived here, education, sports, and everything I can just say...

Thank You Golden Sungava.

Name-Sumina Neupane, Class-10

If I Were a Headmaster



The post of the headmaster is a prestigious one. But it is challenging too. He/She has to satisfy the students, teachers, guardians, members of managing committee and educational officers. I first of all would try to get cooperation from the teachers. Success cannot be achieved without the cooperation.

The progress of school depends upon teachers' punctuality and hard working nature. I would tell them to maintain discipline in the class and teach student properly to be punctual and regular.

Teaching is a two way process. I would leave teacher to encourage the student to put questions. I would aware students to respect and behave with teacher in disciplined manner. Discipline is the root to get success. Guardians are the important organs of school. So, I would be in regular contact with them.

The headmaster has a vital role to impact quality education. I would try my best to do my duty. I would maintain cooperation among the administration, teachers, students and guardians for the all round development of the school.

Name-Priyanka parajuli, Class-6

Tongue Twisters

1. Smelly shoes and socks, shock sister in separate site.
2. Round and round the rugged rock the rag rascal run.
3. Total twelve twins twirled twigs together.
4. Give papa a cup of proper coffee in a copper coffee cup cutely.
5. If you notice this notice, you will notice that this is not worth noticing in the north
6. The big black but bit the big black bear bit the big black bug back bitterly.
7. Pick a perfect partner and practice passing pigs for it you pass professionally, perhaps you will play professionally program.
8. Upper roller lower roller controller and front roller.

मेरो विद्यालयको अनुभव

म गोल्डन सुनगाभा विद्यालयमा कक्षा-२ मा आएको हुँ । म यो विद्यालयमा आउदा मेरा साथीहरू तथा शिक्षक, शिक्षिकाहरू सबै जना मेरा लागि नयाँ हुनुहुन्थ्यो । शुरुमा नयाँ विद्यालय



भएकाले मलाई मलाई नौलो अनुभव भएको थियो । पछि म साथीहरूसँग घुलमिल हुदैँ पढ्न थालें । अनि म कक्षा २ बाट पास भएर कक्षा ३ मा पढ्न थाले कक्षा ३ मा पढाइका साथै म अतिरिक्त त्रियाकलापमा समेत सहभागी हुन थाले । मलाई अहिले पढाइका साथै नान्न, गाउन, पियानो राम्रो सँग बजाउन आउँछ । यी क्रियाकलाप मा मेरा साथीहरू, शिक्षक, शिक्षिकाहरू र मेरो घर परिवारको सहयोग छ । मलाई मेरो विद्यालयले गोदावरी शैक्षिक भ्रमणमा लगेको थियो । यस भ्रमणबाट मैले विभिन्न वनस्पती, बोट बिरुवा र वतावरणको अध्ययन गर्ने अवसर पाँए । मरो विद्यालयबाट मलाई इ.सि.ए. कार्यक्रम अर्न्तगत रेडियो वाचन कार्यक्रममा सहभागी हुदाँ मलाई के बोल्ने, कसरी बोल्ने भनेर डर लागेको थियो तर मलाई विभिन्न कार्यक्रममा पटक-पटक सहभागी भएकाले मलाई गाह्रो भएन । म अहिले कक्षा ४ मा पढ्दै छु । अब कक्षा ४ को अन्तिम परीक्षा राम्रो तगारी गरेर कक्षा ५ मा जाने छु । कक्षा ५ मा पनि पढाई को साथ साथै अतिरिक्त क्रियाकलापमा पनि सहभागी हुने छु ।

मलाई मेरो विद्यालय अरु विद्यालय भन्दा धेरै मनपर्नुको कारण यहाँका शिक्षक-शिक्षिकाहरूले राम्रो सँग सिकाउनु हो । मलाई यो विद्यालयको विद्यार्थी हुन पाउँदा धेरै गर्व महसुस हुन्छ ।

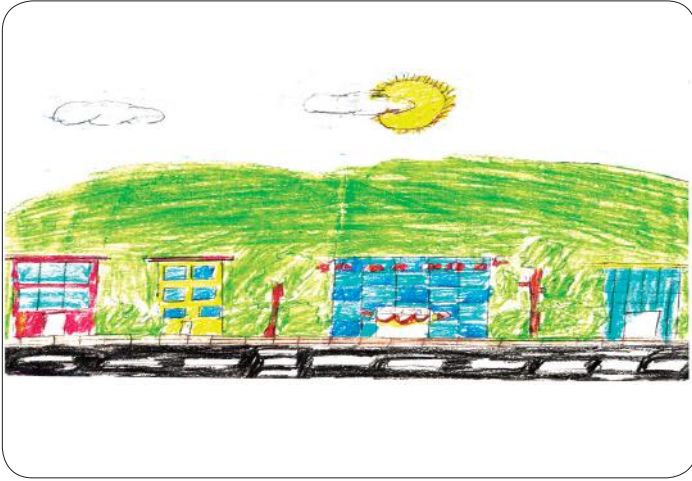
रिजु गौतम. कक्षा-8

गाउँखाने कथा

१. बाहिर सुन भित्र चाँदी, चाँदीलाई पकाएर मुखमा खाँदी के हो ?
२. नखाउँ भने दिनभरिको सिकार खाउँ भने कान्डा बाउको अनुहार के हो ?
३. हुन पनि हो, छन पनि छ, चाहिन पनि चाहिँदैन, खोजेर पनि पाइँदैन के हो ?
४. आकाश मुनि दुई तारा, दुई तारामुनि दुई धारा, दुई धारामुनि सैसी बस्ने ठुलो आहाल के हो ?
५. लिउँ त लिउँ टिप्नेलाई सय रूपैयाँ दिऊँ, के हो ?

विद्यार्थी भाईबहिनीहरूमा अनुरोध

विद्यार्थी भाइबहिनीहरू, *General knowledge* र *गाँउ खाने कथा* मा भएका प्रश्नहरूको सहि उत्तर बैशाख १५ गते आइतबार सम्ममा आईपने गरी सम्पादक मण्डललाई बुझाउन अनुरोध गर्दछौँ सहि उत्तर दिने मध्ये बाट गोला प्रथाद्वारा १/१ जनालाई पुरस्कृत गरिनेछ ।



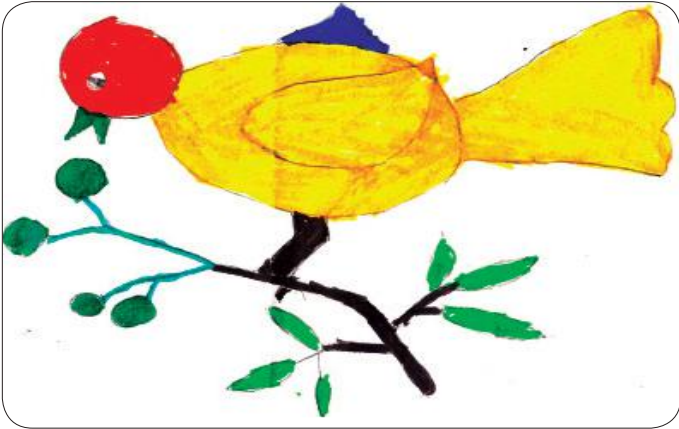
Aayu Poudel, Class-1



Devyani Ray, Class-JKG



Susmita Shahi, Class-4



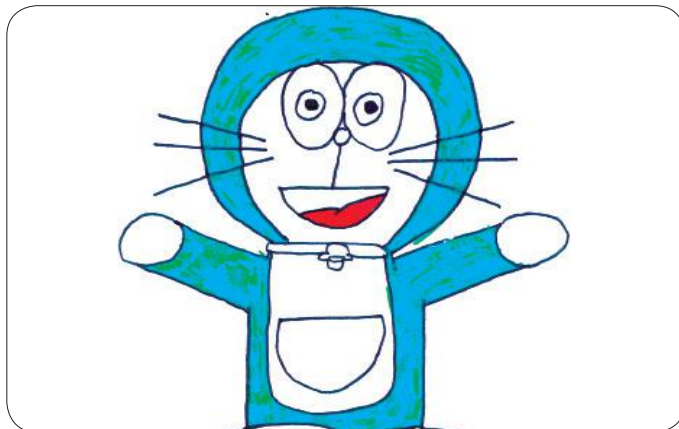
Sujit Lama, Class-1



Namsham Rai, Class-6



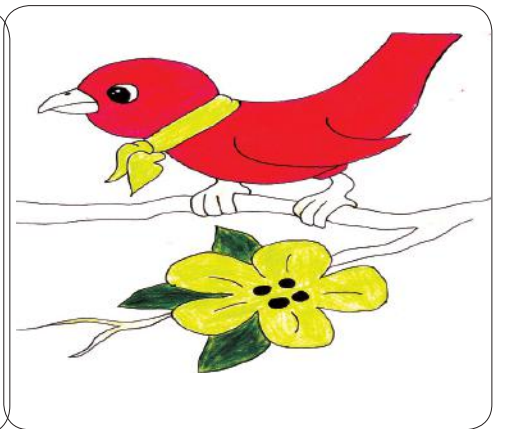
Achutam Khatri, Class-6



Kritisha Pokhrel, Class-6



Dipesh Bhandari, Class-8



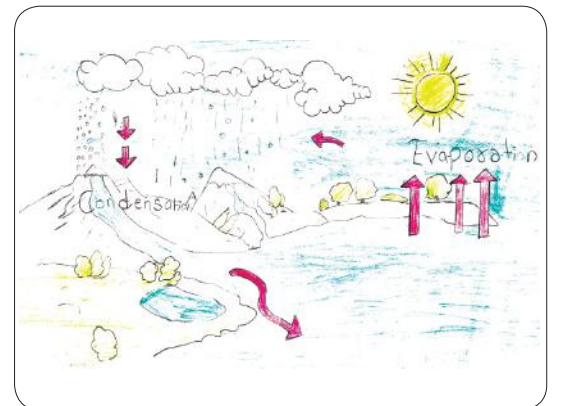
Anjana Pokhrel, Class-9



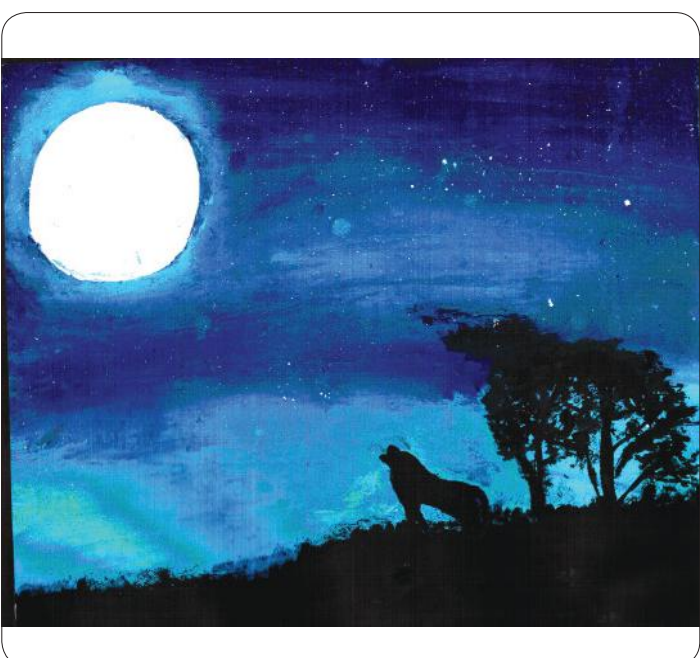
Deepika Bhandari, Class-4



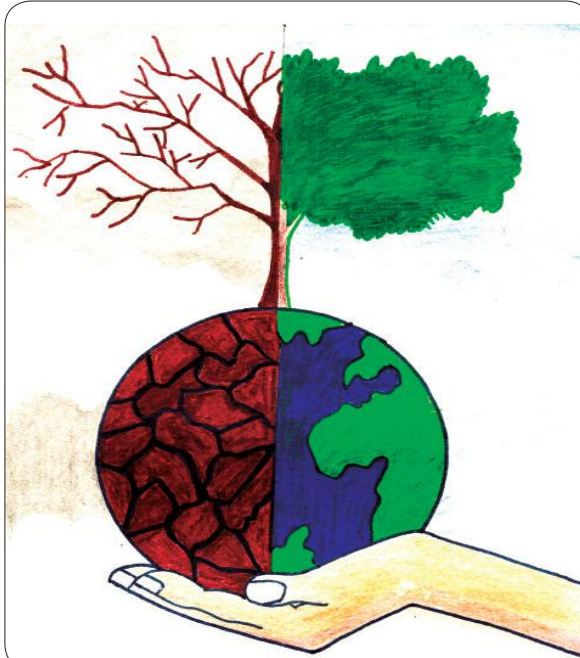
Darsan Giri, Class-JKG



Nisahant Poudel, Class-3



Kailash Raut, Class-8



Pujan Deshamaru, Class-6



Paruhang Rai, Class-7