

GoldS Light

Voice of Golden Sungava

| Year 1 | Issue 1 | September-October 2017 |

महेश चन्द्र गौतम
प्रिन्सिपल

"Education is not the learnings of facts but the training of the mind to think."

गुणस्तरीय शिक्षा आजको अवश्यकता को मुल नारालाई अङ्गीकार गरेको एउटा उदाहरणीय विद्यालयको नाम हो गोल्डन सुनगाभा । चाँगुनारायणको काखमा अवस्थित यो विद्यालय सुनगाभा स्कुल को नामले जनस्तरमा प्रसिद्ध छ । एउटा सानो घरमा लगभग ५०-६० जना विद्यार्थी लिएर २१ वर्ष अगाडि स्थापना भएको यो विद्यालय आज सम्म को यात्रा तय गर्दा ७०० विद्यार्थी सहित लगभग ९ रोपनी जग्गामा आफ्नो पूर्वधार तय गर्न सफल भएको छ । भक्तपुर जिल्लाका नमूना विद्यालयहरूको पङ्क्तिमा यो विद्यालय पनि अग्रणी स्थानमा छ । हाम्रो यो सफलतामा आदरणीय अभिभावक वर्ग, शिक्षक, शिक्षिका र शुभेच्छुकहरूले पुन्याउनु भएको योगदानको उच्च मुल्याङ्कन गर्दै यो पङ्क्तिकार स्मरण गर्न चाहन्छ । अपाङ्ग मैत्री तथा भूकम्प प्रतिरोधात्मक भवन, खुल्ला कक्षा कोठा, अनुभवि शिक्षक-शिक्षिका यो विद्यालयका गहना हुन् र खास विशेषता हुन् ।

प्रविधिले संसारलाई परिवर्तन गरेको वर्तमान अवस्थामा प्रविधि संग हातेमालो गर्दै विश्वले चाहेको र बुझेको विद्यालय शिक्षालाई हामीले विगत देखि आजका दिन सम्म उत्तिकै महत्त्वका साथ विद्यार्थी माफ पस्केका छौं । सुविधा सम्पन्न कम्प्युटर ल्याब, विज्ञान प्रयोगशाला, पुस्तकालयको व्यवस्थापन यसका प्रमाणहरू हुन् । भविष्यका नागरिक तथा यस विद्यालयमा अध्ययनरत बालबालिकाले भविष्यमा जीवन जिउनका लागि विश्वका नागरिक संग प्रतिस्पर्धा गर्नु पर्ने कुरामा कुनै दुई मत छैन । यसका लागि पढाइ-लेखाइ का अलवा बालबालिका भित्रको सुषुप्त क्षमता लाई प्रस्फुटन गर्नु पर्ने हुन्छ । यो उद्देश्यलाई सफल पार्नका लागि विद्यालयले सङ्गीत, नृत्य, अभिनय, फुटबल, उसु, टेबल टेनिस र बास्केटबलको व्यवस्था गरेको छ । किनकी यसले बालबालिकालाई आत्मविश्वासी बनाई सकारात्मक सोचको विकास गर्न सहयोग गर्छ । यो संग- संगै पूर्व प्राथमिक कक्षाहरूमा Growing with nature and Learning by doing भन्ने विश्वव्यापी



सिकाई सिद्धान्तलाई शिक्षण सिकाइको प्रमुख आधार बनाएका छौं । विद्यार्थी केन्द्रित शिक्षण सिकाई आजको आवश्यकता हो । त्यसैले किताबी ज्ञानले मात्र आजको सिकाई पूर्ण हुदैन । परम्परागत शिक्षण सिकाईको परिवर्तनको खातिर अतिरिक्त क्रियाकलाप, कक्षाकोठामा विषय वस्तुको प्रस्तुति (classroom presentation), वक्तृत्वकला जस्ता क्रियाकलाप पनि शिक्षण सिकाईको मेरुदण्डको रूपमा विकास गरिएको छ । बालबालिकाको सर्वाङ्गीण विकास र समृद्ध भविष्य विद्यालय शिक्षा प्रणाली तथा विद्यालयमा हुने क्रियाकलापमा भर पर्छ । अझ भनौं त्यसको शुरुवाती जग बनेको आधारभूत शिक्षा नै हो । विगत को शिक्षा पढ्न-लेख्न र गणितिय हिसाब सिकाउनमा मात्र सिमित थियो जुन आज असफल प्राय भइसकेको छ । यो तितो यथार्थलाई आत्मसाथ गरि शिक्षण सिकाइमा आमुल परिवर्तन गरि योग्य, दक्ष, आजको युग सुहाउँदो जनशक्ति तयार गर्नु पर्छ भन्ने कुरामा विद्यालय सचेत छ । तर हाम्रो यो महत्त्वकांक्षी उद्देश्यमा पुग्न हाम्रो एक्लो प्रयास मिथ्या साबित हुन सक्छ । त्यसैले हाम्रा आदरणीय अभिभावक वर्ग, शुभेच्छुक, शुभचिन्तकहरूबाट विगतको



जस्तै सकारात्मक सहयोग र सल्लाहको अपेक्षा गर्दछु । यदि हामी तीन वटै पक्ष, विद्यालय प्रशासन, शिक्षक-शिक्षिका र अभिभावक वर्गको संयुक्त प्रयास भयो भने हाम्रो शैक्षिक यात्रामा सफलता हासिल गर्न सक्छौं । यहि त्रिपक्षीय योगदानका कारण हामीले सफलताको खुड्किलो चढन सुरु गरिसकेका छौं । २०७२ सालको एस.एल.सी परीक्षामा हाम्रा तीन विद्यार्थी भाइ बहिनीहरू, ओशन बाँस्तोला, स्वदेश दाहाल, बनिशा गौतम ले चाँगुनारायण नगरपालीकामा उत्कृष्ट स्थान हाँसिल गर्न सफल भएका छन् । त्यसैगरी २०७३ सालको एस.इ.इ. परीक्षामा पनि २८ जना सहभागी विद्यार्थी मध्ये २ जना ले ३.९ GPA सहित ७ जना A⁺, १५ जना A र ६ जना B⁺ ल्याउन सफल भएका छन् । त्यसै गरि शिक्षा मन्त्रालयले आयोजना गरेको राष्ट्र स्तरीय नृत्य प्रतियोगितामा यस विद्यालयकी छात्रा, रञ्जना गदाल ले तृतीय स्थान हाँसिल गरेको छिन् । यो तथ्यले पनि हाम्रो सफलताको यात्रा द्रुत गतिले अगाडी बढिरहेको छ भन्ने

व्यहोरालाई पुष्टि गर्छ । साथै जिल्ला शिक्षा कार्यलयले गरेको विद्यालय स्तरीकरणमा पनि यो विद्यालय चाँगुनारायण नगरपालीका भित्र रहेका विद्यालयहरू मध्ये सर्वोत्कृष्ट स्थान ओगट्न सफल भएको छ । यसले पनि विद्यालयलाई प्रगतिका पाइलाहरूमा लम्कन थप बल पुर्‍याएको छ । यो विद्यालयलाई प्रत्येक अभिभावक र विद्यार्थीको उत्कृष्ट शैक्षिक गन्तव्य को रूपमा विकसित गर्ने उद्देश्यका साथ हामी आफ्ना कार्ययोजना बनाएर अगाडी बढिरहेका छौं । जसको पहिलो पाइलाको रूपमा GoldS Light (विद्यालयको मुख पत्र) यहाँहरूको विचमा आएको छ, आशा छ यसले विद्यालयको बारेमा बुझ्न र जान्न सहयोग गर्छ । अन्त्यमा सम्पूर्ण अभिभावक वर्ग र शुभेच्छुकहरूको सकारात्मक सुभावको अपेक्षा गर्दै बडा दशैं २०७४ तथा शुभदिपावलि, भिन्तुना, छठको पावन अवसरमा अभिभावक, शुभेच्छुक, शिक्षक-शिक्षिका, विद्यार्थीहरूमा हार्दिक मङ्गलमय शुभकामना व्यक्त गर्दछु ।

Hearty Congratulation to all the SEE Graduates - 2073



Sampurna K.C.
3.9 (A⁺)



Anrita Tyata
3.9 (A⁺)



Tapendra Bhandari
3.76 (A⁺)



Barsha Lama
3.70 (A⁺)



Prem Pd. Gautam
3.65 (A⁺)



Preshna Karki
3.65 (A⁺)



Nabin Ghimire
3.6 (A⁺)



Pramila Moktan
3.55 (A)



Seroj Neupane
3.55 (A)



Prabin Thapa Magar
3.55 (A)



Sanskriti Ghimire
3.50 (A)



Ranjit Khadka
3.45 (A)



Bikal Suwal
3.40 (A)



Preeti Khadka
3.35 (A)



Sharmila Pabadi
3.30 (A)



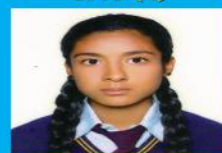
Shrijan Pandey
3.30 (A)



Anubhav Niraula
3.25 (A)



Binisha Thapa Magar
3.25 (A)



Anupa Karki
3.20 (A)



Ramit Balampaki
3.20 (A)



Jitu Karki
3.10 (B⁺)



Dipesh Shrestha
3.05 (B⁺)



Laxmi Shrestha
3.05 (B⁺)



Sushant Khadka
3.05 (B⁺)



Sagar Shrestha
3.00 (B⁺)



Mahesh Karki
2.95 (B⁺)



Shruti Shah
2.90 (B⁺)



Anish Karki
2.85 (B⁺)



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Editorial

Every mind is whirling with a common question in the fast changing world, “What is quality education?” The great persons’ views like “Education is the most powerful weapon which you can use to change the world,” – Nelson Mandela- may fail to tranquilize the curious mind in all circumstances. As we focus on the word ‘quality’, Golden Sungava English Secondary School has put forward a sharp vision - exposition of students’ potential – through various tools, techniques and resources in addition to regular teaching- learning activities." Every child is gifted, they just unwrap their packages at different times”- Anonymous. Yes, considering the fact as such, if the education, GSESS claims, that unwraps students’ hidden potential, it, in true sense, is quality education. The *GoldS Light* is one of many ways to ensure further quality.

We do hope that *GoldS Light* encourages every student to use it as a platform to express his/her thoughts, feelings and creativity in a systematic way. Moreover, it is a collective work which also reflects school’s events, and students’ activities, social services and competitions conducted both in and out of the school premises in a form of brief news. The news of awards and informative facts not only encourage students to be research oriented but also widen their creative horizon. Besides, it also creates competitive feelings psychologically among the students with the question in their mind “why not me?” This question triggers their mind and they tend to exhibit their creativity visibly in a photographic way. But it should be timely and positively respected.

Truly, the *GoldS Light* is a respect to all the students who want to ‘do’ something worthy. Every student with the speed of change today is a complete individual with due creativity, sensibility, responsibility, connectivity and self-pride as s/he gets connected with his/her work personally or socially. We need to scrutinize these virtues; and they should be appreciated, applauded, rewarded, and proper space should be given to foster them. The *GoldS Light* is a ‘salute’ to them all at a time.

Alexander Pope says,” To err is human, to forgive, divine.” Yes, he is correct. Everybody in life, knowingly or unknowingly, makes a mistake and learns a lesson. In the long-run history of GSESS, the *GoldS Light* is the first publication with an attempt of many immature hands. It, therefore, can have some shortcomings on designing, colors combination, content, language, presentation and so on in spite of our best effort to make it a perfect piece. In this regard, we humbly request all the readers to grant an excuse, and also request you to furnish with constructive suggestions, supports, and encouragements instead of denouncing them so that we all can enjoy reading flawless edition in future. Sorry, if...

most importantly, we congratulate one and all to the Editorial Board on their tireless efforts in bringing out this publication of *GoldS Light in your hand* and thank you all for your kind support. We also offer our sincere thanks to Mr. Mahesh Chandra Gautam, the principal of GSESS for his kind support and encouragement. We would also like to thank Mr. Sthir Raj Chapagain for his unconditional effort to bring this in your hand and wonderful suggestion. My sincere thanks goes to Mr. L.N. Niroula, chairman and Vishanu Kumari Godar (Binu) Managing Director of this school for their continuous motivation to publish this newspaper . Mr. Guru Lama Karki deserves thanks for his overall typing and designing. Lastly, We humbly offer our handful thanks to all the teachers, students, and the whole GSESS family.

At last, We hope and make a commitment to publish next issue of *GoldS Light* soon.

Thank you.

Jokes

Father : Son, do you go to school late?

Son : No, dad never.

Father : Do you smoke?

Son : No, never.

Father: Do you drink beer?

Son : I can't think about that.

Father : Do you have any bad habits?

Son : Yes, dad, only one.

Father : What is that?

Son : I always tell lies.



Sabin Shrestha Class-9



Family

We all belong to a family

We all belong to a group

We all belong to a family

A class, a team of a troupe

Mothers and fathers

Sisters and brothers

Grandma and grandpa

And so many others

Families are the people

Who care about you

My family is special

Your family is too

When I was just a little child

I began to see

I had a special family,

who is always there for me.

Sristi Bastola, Class-8



Two Friends

Once two best friends were walking through a forest. There was a misunderstanding between them and they started quarrelling with each other. Just then one slapped the other and he became sad and he wrote on muddy ground that his friend slapped him. They kept on walking and they reached a pond. The one who got slapped slipped and fell into the pond. His friend saved him. He was happy and he wrote on a stone that his friend saved his life keeping his own life risk. The friend who saved the others life asked his friend why he wrote in the muddy ground and the stone. He replied ,My friend, whenever someone hurt you, write it on sand or muddy ground so that it will be erased by the wind. When someone helps you write it on a stone so that nothing can erase it”. He was surprised and he was thankful to god that he gave him a friend like him

Sebika Bhandari, class-8

A love story

Two butterflies were in love. They came to a beautiful garden to play every day. One day they decided to play hide and seek. In the evening before they left the garden , they fixed a flower and said to each other that whoever come first and sit on the flower next day would prove his/her love the most to other. In the morning, the female butterfly came very early and waited for flower to open. When it opened, she was shocked to see that male butterfly had died inside it, because he was waiting since last night to tell her how much he loved her.

Sebika Bhandari

Healthy Habits

The practice of keeping our body and body parts clean is called personal cleanliness. It includes our different regular, habits such as bathing regularly care of our sense organs such as eyes, nose, skin, ears, tongue etc and proper exercise and rest. Prevention of disease, immunization, neatness and cleanliness of our surrounding are also included in the personal cleanliness. If we do not take care of different organs of our body, then we become sick and suffer from many diseases, So we should take care of different organs of our body.

Deepika Shrestha ,Class:- 4



Great Expectations

Didn't Get Any of Those

I came from the land of rose & willow

To your land of relief

But you showed no assurance & ended up my belief.

Chanting your name, up the hill

I went there loaded with fear

And soon it became all over

When you said "forget me dear"

Turning streets wet fields

& the sun shining all over chap

I had such a great hope on my heart

But you stunned me with a jap.

Down came the rows of rain as soon as I reached there

Even the tea tasted good

When the connection was near

For two hours I waited there

For the rain to stop

For 5 years I'd waited for you

How could you make it flop?

Then came a ray of hope on my face

When the rain slowed down

So I marched down the stairs

To reach your lovely town

Which my brother on my backup

We began searching for you

But after the search exhausted us

It was a give up, or what could I do?

A final trial we through about before leaving the place

Then came a glow on my face

When I saw your dad working with a mess.

Delighted with joy we went nears and greeted him with a hello

But all went in vain

When he said "she's school my fellow"

Suranjan Malla Thakuri, Class-10

प्यारो सोलुखुम्बु



मेरो जन्मभूमि अनि कर्मभूमि

हरियाली जङ्गल सेता पहाड पनि

प्रसिद्ध ताल र हिमनदीहरु

मलाई प्यारो लाग्छ मेरै सोलुखुम्बु ।

त्याहाँको स्वच्छ हावा अनि चिसो पानी

त्याहाँको लालीगुरास पाँचऔले पनि

त्याहाँका वरपिपल र धेरै गुम्बाहरु

मलाई प्यारो लाग्छ मेरै सोलुखुम्बु ॥

भोटेकोशी, दुधकोशी, सोलुखोला पनि

सगरमाथा देखि टुइन्टार सम्म हो नि

असारे गीत देखि ऊँ माने पेमे भनु

मलाई प्यारो लाग्छ मेरै सोलुखुम्बु ॥॥

यहिँका तेज्जिङ शेर्पा पासाङ ल्यामु पनि

यहिँका धानका थुप्रा हिउँका थुप्राहरु

मलाई प्यारो लाग्छ मेरै सोलुखुम्बु ॥॥

गुञ्जना बास्तोला, कक्षा-१०

मेरो देश नेपाल



संसारको सबै देश मध्ये एक हो नेपाल

संसारको सबै सुन्दर देश मध्ये एक हो नेपाल

हिमाल , पहाड, तराइले छ मेरो देश ढाकिएको

विभिन्न जातजातीले छ मेरो देश बनिएको

सगरमाथा हो यो देश को दुलो शान

यो सानो यो दुलो भनेर कहिल्यै नहेपौ

नेपाली हौ हामी सबै-सबैलाई समान व्यवहार गरौ ।

सन्देश न्यौपाने-कक्षा-४

कर्णालीको पवित्र जल

कर्णालीको पवित्र जल

हेर्दाखेरी मन हुन्छ शीतल ।

वारिपारी अग्ला डाँडा

पातला छन् बस्ती

उकाली र ओरालीमा भोग्नु कति सास्ती ॥

दु : ख कति गरिबलाई

भनी साध्य छैन ।

गाँठो पर्छ मुटुभित्र

भन्न सकिदैन ॥

गाउँघरमा आमा रुन्छिन्

जगतगुरु हेर्दै

लुट्नु लुटे नेताजीले

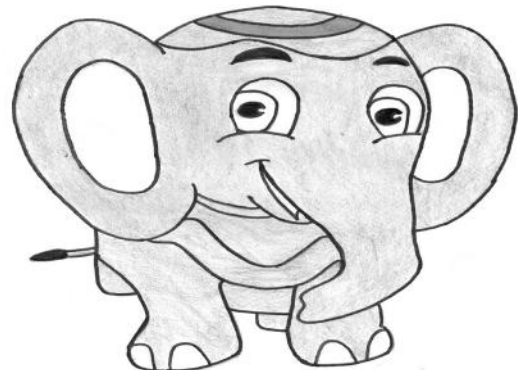
भन्छिन् छाती पिट्दै ॥

भोग्नुपर्ने भोगिसक्यौं

बाँकी केही छैन

रुँदै भन्छन कर्णालीबासीले हाम्रो कोही छैन ।

टंक राज भट्ट, कक्षा -७



Prasidhi Bhatta, Class-5

Local Election

– Bishanu Chandra Gautam

Teacher, Social Studies



Local Election, 2074

There are three types of elections in Nepal: election to the house of representatives, election to provincial assemblies and elections to the local government. Within each of these categories there may be by-election as well as general election. Currently two electoral systems are used: parallel voting for legislative and provincial assemblies and first –past –the –post for local elections.

Elections to the Rural municipality and Municipality are known as the election of local government. Generally it is called local election. Free, fair and democratic elections play vital role in shaping up the rights and freedom of people. Abhram Lincoln has rightly said “Ballot is stronger than bullet.” Election is the foundation of democracy. Local election of 2074 B.S. of our country is really a “means of reaching the rights of Singhadurbar in people’s doorsteps. “ It is also the first and foremost step to start the process of implementing the constitution of Nepal(2072 B.S.).

Our country has been divided into 753 local bodies as per the decision of Nepal government and the state Restructuring committee headed by Balananda Sharma. All old municipalities and villages (which were more than 3900 in number) are restructured. Presently, there are 288 municipalities and 448 Rural Municipalities. Municipalities are divided into metropolitan cities, sub metropolitan cities and municipalities.

There are 6 metropolitan cities (Kathmandu, Lalitpur. Bharatpur, Biratnagar, Birjung and Pokhara- Lekhanath) and 11 sub metropolitan cities (Dharan, Hetauda, Dhangadi, Itahari, Nepalgunj, Butwal, Tulsipur, Ghorahi, Janakpur, Kaliya and Jeetpur Simara)

For the political consensus local election has been held in different phases. Two phases have been already held and third one is going to be held on 2nd Aswin. First phase was held on 31 Baisakh in province number 3,4 and 6. It was tremendously successful in the sense that 73.4 percentage of voters voted. There was enthusiastic and energetic participation of voters. “This election is very important because these local bodies bring the government to people’s front yard.” (Surya Pd Sharma, Spokesman for Election commission) This idea and knowledge must have encouraged large number of people to participate in the election. CPN(UML) became the largest party of the country after the first phase of election. Province- wise result is shown in the table below :

Name of Province	Political Parties	Seats won(Mayor/Chairperson)
Province Number 3	CPN(UML)	64
	Nepali Congress	35
	CPN Maoist (Centre)	16
	Others	3
Province Number 4	Political parties	Seats won (Mayor / Chairperson)
	CPN (UML)	34
	Nepali Congress	44
	CPN Maoist (Center)	5
	Others	2
6	Political Parties	Seats won (Mayor / Chairperson)
	CPN UML	27
	Nepali Congress	25
	CPN Maoist (Center)	25
	Others	2

2nd phase of election was held on 14th Aashadh. It was also tremendously successful like the previous one. More than 70% of voters voted in this edition of election. It was done in province no 1, 5 and 7 .Three hundreds and thirty eight local bodies were included in this phase. There was only one Metropolitan city (Biratnagar) and 7 sub metropolitan cities for this edition of election. Various observers and several international agencies have said that it was free and fair election like the first edition of election. CPN (UML) became largest party after this election also. The total result of election is shown below.

Province	Name of political parties	Seats won(Mayor/Chairperson)
1	CPN UML	69
	Nepali Congress	54
	CPN Maoist (Centre)	9
	Others	8
		3
5	CPN (UML)	43
	Nepali Congress	33
	CPN Maoist (Center)	19
	Others	14
7	CPN UML	39
	Nepal Congress	38
	CPN Maoist (Center)	10
	Others	1

Local election is essential to ensure stability and regularity in local level so that people would be able to enjoy rights and freedom at maximum level. It will reduce corruption and inequality and maintain good governance at local level. Transparency, accountability , responsibility ,effectiveness , efficiency and rule of law will be practised. Social justice, human rights , inclusiveness and equality will be strengthened .Democracy will be promoted. Means and resources will be effectively mobilized. After all sense of happiness and satisfaction will be developed among people.

Nepal has been restructured into municipalities and rural municipalities . There will be mayor and deputy mayor in each municipality. Each ward consists of a chairperson and four members. Rural Municipality is headed by chairperson and vice Chairperson . Like in municipality ward chairperson leads the respective ward. These are four members in each ward. Out of the four members of each ward , two must be women.

Local bodies are also known as local government. As according to the present constitutions of our country , local government will do following functions:

1. Management of local services.
2. Local level development plan and projects

3. Basic and secondary education.
4. Basic health and sanitation
5. Local market management
6. Environment protection and biodiversity
7. Local road, rural road , agro road and irrigation
8. Local records managements
9. Cooperation institution
10. Operation of F. M.
11. Town police
12. Local taxes (wealth tax , house rent tax, business tax, advertisement tax, land tax etc)

There will be drastic and revolutionary changes in the country if the concept of local bodies is implemented sincerely . It will be fruitful to address the will of people .We all need to work hand to hand and shoulder to shoulder with local bodies for the advancement of our locality.

From the Pre Primary In Charge's Desk :

-Sabita W. Suwal



Greetings to all . Let me welcome you to the pre-primary section of Golden Sungava English Secondary School.The pre primary section is formed by a team of service oriented individuals with the aim to promote all round development of a child which we term as education. This team does not only believe in imparting knowledge related to the course but is very much focused in grooming each and every aspect as well. The students are given very comfortable, enjoyable, co-operative, loving, caring environment which makes them feel at ease. In this type of environment, a child can grow, and we want our children to grow. We firmly believe that in the present context of education, a child should be prepared in such a way that he/she should be able to deal with the challenges in future. With the changing ways in the field of education, we are equally aware of the challenges that they may face in future. So, to equip the child with new ideas and lasting knowledge, we are creating an environment from which we can tap out the best and promote the child’s abilities. A Montessori based education has been introduced in the play group level providing the best care a child needs to get by humble, loving and dedicated care givers. The children are fed twice with the gap of two and a half hours, giving them time to rest

for one hour after the first meal. A lot of soft toys, play dough and dolls are there for the children to play thus helping them to develop their motor skills. As the session progresses, the children slowly adapt to the way of colouring, drawing, writing, reading thus leading them towards the reading and writing pattern. Children are then equally trained, guided according to the subject course division, lesson plans, and taught accordingly so that they can excel in their academic performance as well. To bring out the talents, ability and interest, the children are exposed to a lot of extra activities every week. Class-level competitions such as speech, spelling dictation, essay- writing, handwriting, drawing, dances are held throughout the session in order to develop their self-confidence and healthy competitive spirit among the students. The institution endeavors to shape the young minds into becoming knowledgeable, skillful, hardworking, independent, creative individuals- keeping in mind and installing in them the basic values of a good human being. Our main vision is 'all round development' of a child which makes him/her lead a meaningful and fruitful life. You are once again most welcome to see the activities in our Pre Primary Block.

Scientific Facts

- The statue of liberty is one of the famous landmarks in the world.
- A Mosquito is known as the carrier of several diseases and it is attracted to blue colour more than any others.
- There are 200 million insects after every human.
- The amazing octopus has 3 hearts, 9 brains and blue blood.
- The blue whale is the largest creature ever to lift weight as much as an elephant with the tongue.
- Beer is made by fermentation caused by bacteria feeding on yeast cells.
- Once a traffic jam in China lasted more than 10 days with cars only moving about half a mile a day.

General Knowledge

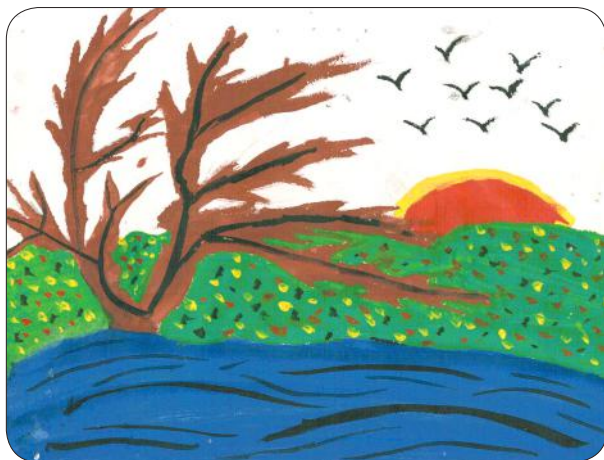
1. What is the Capital City of Democratic Republic of Congo?
2. What is the height of Kumbhakarna Mountain?
3. What is the length of Bangmati river?
4. In which district is Hetauda Industrial Estate located?
5. How many cities from nation of Asia have served as the General Secretary of UNO so far?

गाउँखाने कथा

१. अँजुलिभरि सुनका मुद्रा के हो ?
२. आकाशका तारा धर्तीमा आए, धर्तीमा आउँदा मौरी रमाए के हो ?
३. अगाडि हेर्दा देखिन्छ, पछडि हेर्दा छैन के हो ?
४. फनफन घुम्छे गर्मी याममा, चिसो हावा बेच्छे दाममा के हो ?
५. पोकाभित्र पोटिला दाना, उधारेर हेर्दा स्वादिलो खाना के हो ?

विद्यार्थी भाईबहिनीहरूमा अनुरोध

विद्यार्थी भाईबहिनीहरू, '*General knowledge*' र '*गाँउ खाने कथा*'मा भएका प्रश्नहरूको सहि उत्तर कार्तिक ३० गते सम्ममा आइपुग्ने गरी सम्पादक मण्डललाई बुझाउन अनुरोध गर्दछौ । सहि उत्तर दिने मध्ये गोलाप्रथाद्वार १/१ जनालाई पुरस्कृत गरिनेछ ।



Namsang Rai ,Class-5



Bivu Kattel ,Class-8



Aayusha Shrestha, Class-6

Teachers Training by **Australian** Group

A Student in Prativa Ko Agan



Winners of Handwriting Competition

Sungavian With **JOE Ivans**, ODC Chief, US Embassy and **Aarti Chataut** (Journalist -NTV)

Junior Football Team



Kasak Poudel, Winner in Valley Wide Nepali Oratoary Competition, Organized By Lions Club



Celebrating Children's Day



Wushu Training



Suranjan and Ranjana Winner of Prativa Ko Pahichan, Organised by Changunarayan Resource Center



Changunarayan Municipality Toppers in SLC -2072

