

WORKSHOP ON PEER-REVIEWED ARTICLE WRITING

[21st to 27th Poush 2081]

A Report



Organized by

Research Management Cell (RMC)

United College

Kumaripati, Lalitpur

(Affiliated to Tribhuvan University)

27th Poush 2081

यह मिति २०८१ साल चैत्र १० गते बुधवारको दिन यस युनाइटेड कलेज, कुमरीगढी, ललितपुरका अनुसन्धान व्यवस्थापन इकाइका अनुसन्धान संयोजक डा. बिनोद लिङ्देनको अध्यक्षतामा गरेको बैठकले तपसिलको उपस्थिति साथै प्रस्तावमा छहस र दलफल गरी निम्न निर्णय गरियो।

तपसिल:

उपस्थिति:

क्र.सं.	नाम	पद	हस्ताक्षर
१.	डा. लाल रायचा	व्यापस प्रमुख	<i>[Signature]</i>
२.	श्री महेश शर्मा	कार्यक्रम निर्देशक	<i>[Signature]</i>
३.	श्री चन्द्रिका आचार्य	मानव सम्साधन प्रबन्धक	
४.	डा. बिनोद लिङ्देन	अनुसन्धान संयोजक	<i>[Signature]</i>

प्रस्ताव:

०१. पिथर-रिव्यूड आर्टिकल लेखन कार्यशालाको आयोजना सम्बन्धित मिति, स्थान र स्रोत व्यक्ति तय गर्ने बारे निर्णय गरिने।

निर्णय:

०१. यसै बैठकमार्फत युनाइटेड कलेजका शिक्षण र गैर-शिक्षण कर्मचारीहरूको अनुसन्धान लेख सम्बन्धि सीपमा बृद्धि गर्ने उद्देश्यका साथ "पिथर-रिव्यूड लेख लेखन कार्यशाला" (WORKSHOP ON PEER-REVIEWED ARTICLE WRITING) आयोजना गरिने निर्णय गरियो। सात दिनको समयसिमा तोकिएको आयोजना गरिने यस कार्यशालाले कलेजका शिक्षक र कर्मचारीहरूलाई लेखनका आधारभुत सिद्धान्त र प्रकृया बुझ्ने र सुचारु गर्ने आशय गरिएको छ। कार्यशाला निम्नलिखित तरिकामा आयोजना गरिने निर्णय गरियोः।

कार्यशालाको शीर्षक: पिथर-रिव्यूड आर्टिकल लेखन कार्यशाला

(WORKSHOP ON PEER-REVIEWED ARTICLE WRITING)

समय सीमा : ६ दिन

मिति : २१ देखि २६ चैत्र २०८१ वि.सं.

स्थान : २१ देखि २६ चैत्र २०८१ - युनाइटेड कलेज
२६ चैत्र २०८१ - हिमालय दृष्य रिसोर्ट, धुलिखेल

स्रोत व्यक्ति: एसोसिएट प्रोफेसर डा. धुवलाल पाण्डे, त्रिभुवन युनिभर्सिटी,

- डा. लाल रायचा, व्यापस प्रमुख, युनाइटेड कलेज

- डा. बिनोद लिङ्देन, अनुसन्धान संयोजक, युनाइटेड कलेज,

[Signature]

Overview

The **Workshop on Peer-Reviewed Article Writing**, held from 21st to 27th Poush 2081, was a comprehensive seven-day event designed to enhance the research and academic writing skills of both teaching and non-teaching staff at United College. The workshop provided participants with a deep dive into the process of writing articles for peer-reviewed journals, focusing on key areas such as article structure, writing clear and impactful abstracts, and understanding the nuances of the peer-review process. It also covered essential aspects of academic publishing, including ethical considerations, selecting appropriate journals, and how to effectively respond to reviewer comments. Experienced facilitators, who were accomplished researchers and published authors, guided the participants through hands-on activities, group discussions, and peer review sessions, allowing them to apply the concepts directly to their own research topics. These interactions provided constructive feedback that helped participants refine their writing and improve the overall quality of their work. By the end of the workshop, attendees gained practical knowledge and strategies for writing, revising, and submitting articles to reputable journals. The collaborative learning environment, along with the expertise of the facilitators, fostered a sense of confidence and empowerment in participants, equipping them to contribute to the academic community and strengthening the research culture at United College. The workshop proved to be a valuable opportunity for professional development and academic growth.

Purpose

The purpose of the **Workshop on Peer-Reviewed Article Writing** was to provide both teaching and non-teaching staff of United College with the necessary skills to learn, write, refine, and publish research articles in the United Journal of Interdisciplinary Studies (UJIS), a peer-reviewed journal of the college, as well as in other reputable research journals. The workshop aimed to guide participants through the essential stages of academic writing.

Methods

- **Resource Persons:** The workshop featured three expert resource persons, including Dr. Lal Rapcha, Campus Chief; Dr. Binod Lingden, Research Coordinator; and Dr. Dhruba Lal Pandey, Associate Professor at Tribhuvan University. These facilitators brought in-depth knowledge and expertise in research and publishing, offering participants valuable insights and practical advice on writing and submitting peer-reviewed articles.
- **Participants:** The workshop was attended by thirty-three both teaching and non-teaching staff of United College. The teaching staff included faculty members from programs such as BBM, BBS, BCA, and MBS, while the non-teaching staff represented a variety of departments within the college.

यह मिति २०८१ साल चैष २१ देखि २८ गतेसम्म युनाइटेड कलेज कुमारीपाटी ललितपुरको शिक्षण तथा गैर-शिक्षक कर्मचारीहरूको दिसर्च आर्टिकल लेखने सीपलाइ प्रवर्धन गर्नका निम्ति आयोजित वर्कशप "Workshop on Peer-reviewed Article Writing" को अन्तिम दिन चाप्य मिति २०८१ साल चैष २८ गते शनिवारको दिनमा निम्न लिखित सहभागीहरूको उपस्थिति रहेको छ

शीर्षक : पिथर रिन्थुड आर्टिकल लेखनमा कार्यशाला

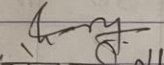
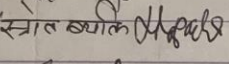
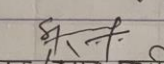
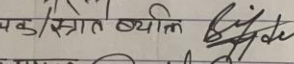
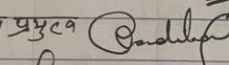
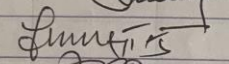
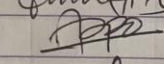
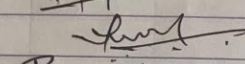
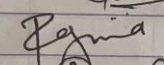
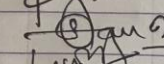
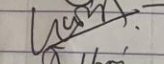
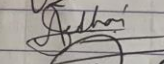
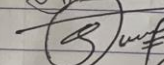
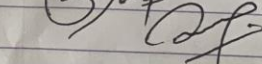
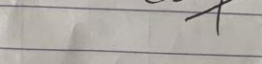
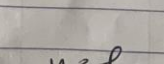
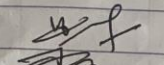
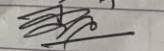
WORKSHOP ON PEER REVIEWED ARTICLE WRITING

स्थान : हिमालय दृष्य रिमोर्ट, धुलिखेल

मिति : २८ चैष २०८१

समय : दिनको ४ बजेबाट सायंको ८ बजेसम्म

स्रोत ब्यक्ति : एसोसिएट प्रोफेसर डा. ध्रुव लाल पाण्डे, त्रिभुवन विश्वविद्यालय

क्र.स	नाम	पद	हस्ताक्षर
१	एसो. प्रा. डा. ध्रुव लाल पाण्डे	स्रोत ब्यक्ति	
२	डा. लाल रायन्चा	व्यापस प्रमुख/स्रोत ब्यक्ति	
३	श्री महेश प्रथाल नेत्री	कार्यक्रम निर्देशक	
४	डा. बिनोद लिङ्देन	अडसन्त्याग संयोजक/स्रोत ब्यक्ति	
५	श्री चन्द्रिका आचार्य	मानव संसाधन प्रमुख	
६	श्री केशव घिमिरे	प्राध्यापक	
७	श्री समीक घोरवरेल	प्राध्यापक	
८	श्री कमल अधिकारी	प्राध्यापक	
९	श्री रोषिना रजिमतकार	प्राध्यापक	
१०	श्री गणेश जोशी	प्राध्यापक	
११	श्री रमेश राय पाण्डेय	प्राध्यापक	
१२	श्री धरुण शोडाड	प्राध्यापक	
१३	श्री सुदिप प्रथाल	प्राध्यापक	
१४	श्री राकेश था	प्राध्यापक	
१५	श्री रायन भण्डारी	प्राध्यापक	
१६	श्री अक्षिष कोइराला	प्राध्यापक	
१७	श्री प्रद्युम्न प्रकाश न्यौपाने	प्राध्यापक	
१८	श्री बाबुराज टन्डुकर	प्राध्यापक	

19	श्री सुनिल चिन्कार	प्राध्यापक	
20	श्री प्रथम प्रसाद वस्ताकोटी	प्राध्यापक	
21	श्री प्रबुल यजिज पिथा	प्राध्यापक	
22	श्री सन्नी टन्डुकर	प्राध्यापक	
23	श्री राजकुमार कैसी	प्राध्यापक	
24	श्री उमेश वाचार्य	प्राध्यापक	
25	श्री महेश्वर दुङ्गाना	प्राध्यापक	
26	श्री सुगुनु रवरी	प्राध्यापक	
27	श्री सन्जय सुवेदी	प्राध्यापक	
28	श्री सिमा शर्मा शक्ति	प्राध्यापक	
29	श्री बिद्या शर्मा रायपडाध्यय	प्राध्यापक	
30	श्री सोभानानी सावथ	प्राध्यापक	
31	श्री गंगा प्रधान	प्राध्यापक	
32	श्री रिचा शर्मा	प्राध्यापक	
33	श्री प्रलिस्ता सुवेदी	प्राध्यापक	
34	श्री पुजा महासेठ	फ्रन्ट डेस्क एग्रेसिव	
35	श्री मानद्वि वान्तावा	उपनिदेशक, युरोप	
36	श्री रूद्रा पोखरेल	प्राध्यापक	
37			
38			
39			
40			
41			
42			
43			
44			
45			
46			
47			
48			
49			
50			
51			
52			
53			
54			
55			
56			
57			
58			
59			
60			
61			
62			
63			
64			
65			
66			
67			
68			
69			
70			
71			
72			
73			
74			
75			
76			
77			
78			
79			
80			
81			
82			
83			
84			
85			
86			
87			
88			
89			
90			
91			
92			
93			
94			
95			
96			
97			
98			
99			
100			

- **Materials:** A variety of materials were used to ensure the smooth running of the workshop. These included laptops, projectors, markers, proposal writing manuals, notebooks for note-taking, pens, banners, HDMI cables, chargers, adapters, and wireless clickers for presentation control. Microphones and speakers were used to ensure clear communication with larger groups or virtual participants. Additionally, cameras recorded and documented the sessions for future reference. Participants had access to the internet and research databases, enabling them to conduct live research sessions. Collaborative platforms such as Google Docs and shared drives facilitated document sharing and group activities, enhancing collaboration and learning.
- **Format:** The workshop followed a blended format, combining various teaching and learning methods to ensure maximum engagement. It included lectures, interactive sessions, individual work, group discussions, Q&A sessions, and hands-on activities. This format allowed participants to actively engage with the material, collaborate with peers, and receive direct feedback from facilitators, ensuring a comprehensive learning experience.
- **Venue:** The workshop was conducted over seven days. The first five days took place in the computer lab at United College, providing an environment equipped for in-house sessions and individual work. On the sixth and seventh days, the workshop shifted to **Himalayan Drishya Resort in Dhulikhel**, offering a serene and focused atmosphere conducive to more reflective and intensive work.
- **Date and time:** The workshop took place from 21st to 27th Poush 2081. The first five days were held from 7 AM to 9 AM at United College, focusing on key topics in article writing. The evening sessions from 4 PM to 8 PM on the sixth day, and from 7 AM to 9 AM on the final day at Himalayan Drishya Resort, provided a more relaxed and collaborative environment for refining articles and preparing for publication.

Workshop activities

Opening Ceremony

Time: 7 – 7:30 AM

Activities: Welcome address, introduction to the workshop objectives, and expectations.

Day 1: Introduction to Peer-Reviewed Article Writing

Time: 7:30 – 8 AM

Resource Person: Dr. Lal Rapcha (Campus Chief)

Key Activities:

- Importance of peer-reviewed articles in academic research
- Key components of a peer-reviewed article

- Identifying appropriate journals for submission
- Writing a compelling abstract
- Structuring the article: Title, Abstract, Introduction, Methodology, Results, Discussion, Conclusion

Time: 8:20 – 9 AM

Resource Person: Dr. Lal Rapcha (Campus Chief)

Key Activities:

- Developing an introduction: background, research problem, and objectives
- Writing a clear research question and hypothesis
- Group activity: Writing the introduction section of an article

Day 2: Crafting the Literature Review and Methodology

Time: 7 – 9 AM

Resource Person: Dr. Binod Lingden

Key Activities:

- Crafting a strong literature review
- Theoretical and empirical review
- Identifying research gaps and positioning your study
- Writing the methodology section: research approach, design, sampling, data collection methods

Day 3: Data Analysis, Results, and Interpretation

Time: 7 – 8 AM

Key Activities:

- Presenting data and results effectively
- Statistical analysis and interpretation
- Writing the results section: tables, figures, and narratives
- Discussing how to present findings clearly and concisely

Resource Person: Dr. Binod Lingden

Time: 8:20 – 9 AM

Resource Person: Dr. Binod Lingden

Key Activities:

- Writing the results section: hands-on activity with examples
- Interpreting results and discussing implications
- Group activity: Constructing data analysis for your research

Day 4: Writing the Discussion and Conclusion

Time: 7 – 8 AM

Resource Person: Dr. Lal Rapcha

Key Activities:

- Writing the discussion section: relating results to literature
- Drawing conclusions from findings
- The importance of a strong conclusion in academic writing
- Identifying the limitations of the study and suggesting future research

Time: 8:20 – 9 AM

Resource Person: Dr. Lal Rapcha

Key Activities:

- Writing the discussion and conclusion sections: group activity
- Peer review of discussion and conclusion sections
- Preparing the final article draft for submission

Day 5: References, Citations, and Ethical Considerations

Time: 7 – 9 AM

Resource Person: Dr. Dhruva Lal Pandey

Key Activities:

- Proper use of references and citations in academic writing
- Understanding citation styles (APA, MLA, Chicago, etc.)
- Ethical considerations: plagiarism, authorship, and data integrity

Day 6: Review, Revisions, and Finalizing the Article

Time: 4 – 6 PM

Resource Person: Dr. Dhruva Lal Pandey

Key Activities:

- Review and revision techniques for improving clarity and flow
- Finalizing the article: coherence, grammar, and style
- Preparing the article for submission: journal guidelines and formatting

Time: 6:30 – 8 PM

Resource Person: Dr. Dhruva Lal Pandey

Key Activities:

- Final peer reviews of article drafts
- Group feedback session on articles
- Preparing responses to reviewer comments

Day 7: Submission Process and Q&A

Time: 7 - 8 AM

Resource Person: Dr. Lal Rapcha

Key Activities:

- How to submit your article to Journal
- Understanding the peer-review process: what to expect after submission
- Responding to reviewer feedback
- Exploring open access journals and submission platforms

Time: 8:20 – 9 AM

Resource Person: Dr. Lal Rapcha

Key Activities:

- Final Q&A session: addressing participant concerns and clarifications
- Finalizing submission preparations for participants' articles
- Closing remarks and reflection on key takeaways

Closing Ceremony

Time: 9:15 – 9:30 AM

Activities: Distribution of certificates, acknowledgment of participants, and closing remarks.

Evaluation

The Workshop on Peer-Reviewed Article Writing, conducted from 21st to 27th Poush 2081, received highly favorable feedback based on participant evaluations through surveys and informal discussions. The evaluation focused on the participants' acquisition of knowledge, development of skills, and overall satisfaction with the workshop. Participants reported a significant improvement in their understanding of the entire process of writing and submitting peer-reviewed articles, particularly in areas such as article structure, writing a compelling introduction, crafting a strong literature review, presenting results, and drawing insightful conclusions. The hands-on activities, including group work, peer reviews, and interactive writing exercises, were particularly appreciated, as they allowed participants to actively apply their learning and refine their drafts with feedback from both facilitators and peers. Facilitators were praised for their expertise in breaking down complex academic writing concepts into practical steps, making the writing process more manageable. The workshop's interactive format, which encouraged engagement and discussion, was considered one of its most effective features. Additionally, the venue at Himalayan Drishya Resort for the final two days provided a serene and focused environment, conducive to both collaboration and individual work. Participants expressed increased confidence in their ability to write, revise, and submit high-quality articles to peer-reviewed journals. Many attendees also highlighted the importance of understanding the publication process and how to navigate reviewer comments. Overall, the workshop was regarded as a great success in enhancing participants' article-writing abilities, with many expressing their intention to use the skills

gained to publish in United Journal of Interdisciplinary Studies (UJIS) and other academic journals.

Outcomes

The Workshop on Peer-Reviewed Article Writing, held from 21st to 27th Poush 2081, resulted in several positive outcomes for the participants, significantly enhancing their academic writing skills and preparing them for successful article publication.

One of the primary outcomes was the participants' increased understanding of the entire process of writing a peer-reviewed article. By the end of the workshop, participants were able to structure their articles effectively, from crafting a compelling introduction to writing clear and concise conclusions. They gained proficiency in key areas such as literature review development, research methodology articulation, data analysis presentation, and proper citation and referencing. These skills are essential for producing high-quality articles suitable for publication in reputable journals, including United Journal of Interdisciplinary Studies (UJIS) and other academic outlets. Participants also became more adept at revising and refining their work through peer reviews and feedback from facilitators. They learned how to incorporate constructive criticism and respond to reviewer comments, making their articles more likely to succeed in the peer-review process. This hands-on approach helped demystify the publication process, empowering participants to confidently prepare their work for submission. Moreover, the workshop fostered a greater sense of collaboration among participants, as they shared insights, experiences, and challenges related to academic writing. This collaborative environment helped participants improve their articles while also expanding their professional networks. Many attendees expressed their intention to use the knowledge gained from the workshop to submit their work to UJIS and other journals, contributing to the growth of academic research within their respective fields.

In the long term, the workshop is expected to have a lasting impact on the participants' research output and publication success, helping to elevate the academic standing of United College. It also contributed to building a more robust research culture within the institution, where both teaching and non-teaching staff are better equipped to write, refine, and publish high-quality peer-reviewed articles.

Conclusion

The Workshop on Peer-Reviewed Article Writing, held from 21st to 27th Poush 2081, was a highly successful and enriching experience for all participants. Through expert guidance and interactive learning, attendees gained essential skills in structuring, writing, revising, and submitting peer-reviewed articles. The workshop not only enhanced participants' understanding of academic writing but also empowered them to confidently

engage in the publication process, from article creation to responding to reviewer comments. The hands-on activities, peer reviews, and collaborative atmosphere further strengthened their abilities to produce high-quality, publishable work. The serene and focused environment at Himalayan Drishya Resort contributed to a more productive and engaged learning experience. The knowledge and skills acquired during this workshop are expected to have a lasting impact, with many participants expressing their commitment to publishing in United Journal of Interdisciplinary Studies (UJIS) and other academic journals. Overall, the workshop was a valuable professional development opportunity that will contribute to the growth of research and publication culture at United College, advancing the institution's academic goals and enhancing the research capabilities of its staff.

APPENDICES











CERTIFICATE OF PARTICIPATION

This is to certify that

[Redacted Name]

has successfully participated in the Research Paper Writing Workshop
entitled "**Peer Reviewed Article Writing**" organized by Research
Management Cell, United College from
21st to 27th of Poush 2081.

[Redacted Signature]
Dr. Lal Rapacha, Post-Ph.D
Campus Chief
United College

[Redacted Signature]
Dr. Dhurba Lal Pandey
Associate Professor
Tribhuvan University



CERTIFICATE OF PARTICIPATION

This is to certify that

[Redacted Name]

has successfully participated in the Research Paper Writing Workshop
entitled "**Peer Reviewed Article Writing**" organized by Research
Management Cell, United College from
21st to 27th of Poush 2081.

[Redacted Signature]
Dr. Lal Rapacha, Post-Ph.D
Campus Chief
United College

[Redacted Signature]
Dr. Dhurba Lal Pandey
Associate Professor
Tribhuvan University