

CHELSEA WAVELENGTH

विद्या संस्कार

A Complete Educational Magazine

January-April 2016

Year 6, Issue 1



Social
Networking
and Teens
(Are you aware?)

Globalization in
Higher Education

Letter to the Prime Minister of India

Landing in
a Hospital
in London

कामरुकामाक्ष,
दार्जिलिङ हुदै
इलामको सेरोफेरो
नियाल्दा

मैले बिसन
नसक्ने शिक्षक

WE HAVE PROVED

A-Level

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संचालित ए-लेभलको वार्षिक परीक्षामा
नेपालबाट सबैभन्दा बढी
६ वटा अवार्ड लिन सफल

कारोबार

चेल्सी इन्टरनेसनल अगाडि

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अन्नपूर्ण

चेल्सीलाई ए
लेभलमा नौ अवार्ड

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नागरिक

क्याम्ब्रिजको
९ अवार्ड चेल्सीलाई

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नेपाल
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WE WILL PROVE

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कक्षा संचालन गर्न समर्थ
भएकोमा गौरवान्वित महसुस
गर्दछौं ।



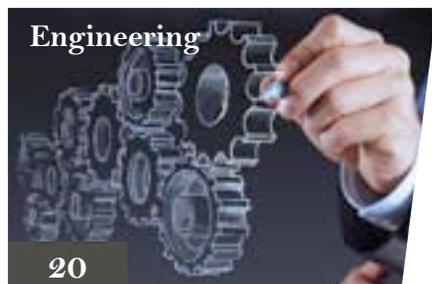
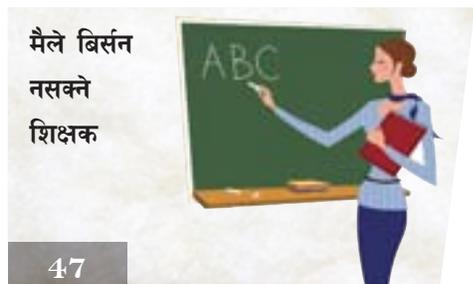
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H.S. SCHOOL

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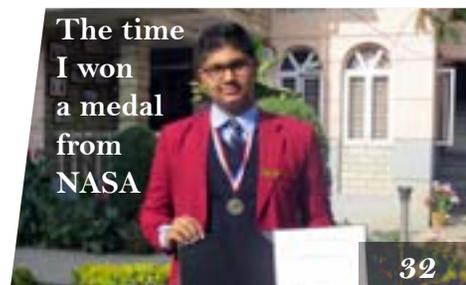
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Message



Sudhir K. Jha

*Principal/ Founder Director
Vidhya Sanskar H.S. School
Chelsea International Academy*

Thank you for the great effort and positive energy shown by all the students, staff members and the faculty members alike. It is hard to believe that all of you have endured this hardship faced by the entire Nation. We feel very sorry for the state of the situation, but still we are happy enough that we were able to stand together in these times of hardship and still we are together moving ahead.

And this hour for me is one of the highlights! We are hopeful, of course, that the blockade has taken a very positive turn and have normalized the daily life, allowing people to get back to normal dwellings.

It's not just in academics that our students have proven to be the best; rather they have proved themselves in which ever events they participated in, whether it's in debating, essay writing, quiz, poetry slam or any other sporting events. I think I will be less than honest if I forget to mention and give my heartfelt thanks to all the stakeholders and my sincere faculty members, supporting staffs and all the most dedicated administrative members.

I would like to be determined and be very positive and optimistic for the upcoming result of A-Levels in August 2016 and believe they will be awarded with maximum number of awards. I would also extend my best wishes to the students of SLC Batch of 2072. I fully hope our students will yet again keep the legacy of the Institution and their seniors and come up with flying colors as always.

In this regard, in the coming days as well we together will forge ahead in more and more vigorous way. I also believe all is better for each of you and let's hope 2016 will be a better year for Nepal, and the rest of the world!

Best Wishes to each of you!

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Things People Refuse to Do

Jeetu Gurung
Chief Academic Admin. Officer
GCE A-Level

“Amateurs sit and wait for inspiration, the rest of us just get up and go to work.”

– Stephen King

Life in itself is a learning process; there always remains a room for improvements.

Besides the intelligent art of getting the “right things” done, there is the often-forgotten art of leaving the “wrong things” undone.

These past few days at our third annual “National Debate Fest” organized by our “Debating Club” students strongly supported by the students of different clubs that exist here in the Institution. I have experienced and learned from their expertise.

“Think Better, Live Better conference, dozens of people asked us how we together as a team “get it all done” along with my experiences all through these years working with the youths”.

In one student words that were captured on a video testimonial recorded at the conclusion of the conference: “She was asking, how do you do it? How are you so enormously influenced by youths in a productive way?”

Coach hundreds of Getting Back to Happy students like myself, personally respond to student and customer emails so promptly, and still have time left to spend with family and each other? I was spellbound and have no clues on how you make it all happen, but I’m so grateful you do...”

From the outside looking in, I can see how certain people might perceive us as being “enormously productive” – perhaps possessing some kind of magical remedy that allows us to accomplish more than what seems

humanly possible, and it will be possible if we respect and value every body's contribution as a team just like the recent triumph of our National Football Team in the 12th SAF Game held in the two states of North East India.

The truth, however, is that there is no remedy, just a set of consistent, intentional choices to abolish the negative habits, beliefs, thinking and behaviors that would otherwise fill our lives with needless stress and our calendars with lots of waste.

And we didn’t invent the wheel here either – all of our closest mentors and peers walk a similar journey of maximizing productive output by minimizing mental and physical time-wasters. I encourage you to join us...

With Best Wishes to all the readers



Trip to NASA



1st October, 2015 It will be a date to cherish for a life time. This was the day we headed towards the land of technology and advancement, USA, representing our School and our Nation along with 21 other students from all over the Nation. Our main objective was to go to NASA or more specifically Johnson Space Center for an Educational Tour, to know and learn more about space and beyond.

Our trip started with huge load of excitement and enthusiasm to go on a journey of education. We were confident and focused to learn as much as possible. The trip was great and was full of fun and education. In Johnson Space Center our Space University program was based on the topic "LIFE ON MARS." To make things more excited we were separated into

groups and were made to compete with each other on the basis of our learning. The first day we made "Mars Habitat," a place with all the facilities that are required to sustain life. Likewise, we went head to head making thermal protection, Mars Rover, Gravity Chairs, Scuba Diving, and rocket. After our five days long training sessions, Aashutosh's team was declared to be the winner and we received medals, but since all from our school were not on the same team we all could not win but we all graduated from Space University and the knowledge we acquired is priceless. at the same time, we did not forget to have fun and soak ourselves in various amusement parks.

Lastly the trip was great. The trip was very informative and definitely helped us in our educational journey. Although there were some ups and downs in this trip but it was worth it. After all who gets to meet an astronaut and have brunch with him every day? Also, we would like to thank Everest Science Center Nepal for organizing this trip and our school management for letting us to be a part of it.

- Aashutosh Khatiwada (X 'A')
- Diya Chataut (VIII 'D')
- Hrishesh Sharma (VIII 'E')
- Monika Kandel (VII 'B')

Fr. Moran Invitational Inter School Football Tournament



The 20th Father Moran Invitational Inter School Football Tournament was organized by St. Xavier's School, Godavari, Lalitpur from 3rd to 10th Dec, 2015. The competition is held every year for boys of Class IV and V and under an age bar of 11 and half years old. The tournament is played in league and knock-out basis. Like in the previous years, our school boys had participated this year too but could not proceed to the second round. No hard feelings boys. Good luck for the next tournament.

A Visit from Ashoka University

"Liberal education, Interdisciplinary studies, Industry need. International exposure." is all what Ashoka University is about. A professor from Ashoka University was at Chelsea International Academy especially to encourage the students to design their undergraduate programme at their Institutions. It is a UGC-COMPLIANT Institution, and is collaborated with many other famous Institution like Yale, Harvard, Oxford Universities and so on.

It was basically a half an hour visit and then the professor himself told a lot of important and useful things to the students about Early decisions and Early actions and especially about the personal letters while applying at universities.

LAMUN Experience

Little Angels Model United Nations was totally an amazing experience. Basically,

it is a conference set to create a better world together with its best possible solutions. Cooperating and sharing ideas with peers, learning a bunch of new things was all fun. The environment itself was so challenging that it made us feel more like an independent country delighted than just a student. Getting awarded was not much a concern, in rather getting an opportunity to groom ourselves and using our talent to the fullest was!

Christmas Celebrations

It was 24th December, the official date of Christmas eve when all the students of Chelsea together organized a Christmas party to enjoy some celebrations. Everyone was excited for the celebrations, all of us took an equal part. Before the celebrations many of the students prepared for a drama, and everyone took part in the secret Santa. It was a game where all the students took out a chit, which had the names of other students and they were

required to bring gifts. The gifts were later on distributed by the SECRET SANTA OF CHELSEA. The Christmas party began at 2:30 pm after the regular classes. The entire college was decorated with the Christmas theme, the best part were the plants as they were decorated with cotton balls which gave a spectacular effect of snow. The party began with the drama and CHRISTMAS CAROL.

3rd Vidhya Sanskar Inter School Teachers' Futsal Tournament

The 3rd Inter School Teachers' Futsal Tournament was held on 16th Magh, 2072 at Baneshwor Futsal Arena. 16 schools in total participated in the one day league cum knockout event. Delhi Public School (DPS) from Birgunj was the new entry from outside the valley. The final was played between The Excelsior School and Loyalty Academy. The event was a grand success as was in the last two years.

Friendly Futsal



A home and away friendly futsal match was played between Vidhya Sanskar School and British School. The match was played at Jhamsikhel, Lalitpur and the home match was played at Baneshwor Futsal arena on 2nd Dec 2015. The players were from Grade VII and VIII.

Rendezvous with the D.S.P



On 17th of Mangsir, 2072, a program on Juvenile Delinquency was held in the premises of Vidya Sanskar School. The students of grade 8 were given the opportunity to participate in the program. D.S.P Dan Bahadur Karki, the expert himself led the program representing then Metropolitan Police Circle, New Baneshwor, Kathmandu. The students who are to face District Level Examinations were thrilled about the program and participated actively. The program focused on Mr. Dan Bahadur Karki briefing on critical issues that the children are prone to such as gambling, drug addiction, robbery etc.

The program didn't end there. On 25th of Mangsir, 2072, a few students were selected as representatives of grade 8 and were given the opportunity to interview Mr. Dan Bahadur Karki at his office in Tinkuney. Prachee Pokharel, Aayam Basnet, Jagriti Luitel and Shreyan Parajuli were handed the task of the interview. If you are wondering about the whereabouts of rendezvous with Mr. Dan Bahadur Karki, check in pg. 27 of this Wavelength issue.



Shreyan Parajuli, 8 'A'

Information

Karkhana : "Karkhana" is an education company and a maker space with a unique approach to learning : Learning in "Karkhana" is turning your classroom to a lab of discovery. Karkhana has one

many more). {Exhibition will last till January 5.}

Our Game : ("Homework The Game") I (Shreyan Parajuli) and my friends (Aarogya Rijal and Abhinav Khemka) started off as regular karkhana students. One day, our sir, (Dipesh Sir)

introduced us to Yantra and told us to build something as the project of Karkhana for Yantra 4.0. We got excited and started working on the project. As yantra focuses on combining science and technology with art, we thought of combining gaming with art. Our sir also told us that this year Yantra's research is about umbrellas,



principle of learning : "The world is malleable".

RAN (Robotics Association of Nepal) : RAN is the only National -level non-profit association that provides an outstanding platform for students and enthusiasts all over Nepal. RAN was established to promote, educate, explore, and compete in the field of robotics.

Yantra : Yantra is a platform dedicated to encouraging inter-disciplinary collaborations through impactful exchanges between creative professionals and technologists. Yantra focuses on combining art with technology continuing on the success of its past edition, Yantra 4.0 started its annual show with several different projects. (Homework The Game, Mechanical Sarangi, Pond of Peace and

watches and shoes, so, we had to build something related with these things and with lots of discussion and idea we came up with "Homework : The Game". Our Game has two kids who are stuck in rain and have to protect their homework from the rain. You have to beat the previous players' high score. Player 1 of player 1 and players 2 of player 2. (it is a multiplayer arcade game). Having shoes will improve both players' scores and you only have five lives. (If raindrops fall in the books you lose a life). Our players are controlled using switches in umbrellas. We created this game focusing on Yantra's research and combined gaming with art.

For more information at :
www.karkhana.asia
ran.org.np
yantrafest.org

SOCIAL NETWORKING AND TEENS

Are you aware?



**Arshiya Shrestha and
Arpan Ghimire, A2 Level**

OL, #, @, OMG!!! Aw... Nowadays these are the common things we see and use. Many people are getting attached to these words day by day. Social networking sites such as facebook, twitter, instagram, viber is becoming daily practices of many people.

It all started from 1997 with 'six degree.com'. But the creation of Facebook on 2004 (along with yahoo, hotmail and YouTube) grasped the

attention of people all around the world and today the most recent surveys of the PEW international project shows that about 95% of teens from 13-17 are online; 76% use social networking sites and 77% are online through the cell phones. The most surprising fact is that 22% of teenagers all around the world log in to their favorite social media more than 10 times a day. Moreover, 96% of those ages 18-29 are internet users, 84% use social networking sites and 97% use cell phones. Well over half of those age cohort have smart phones and about 23% own tablet computers like iPads. People are turning into

communication technologies at an ever-expanding level. Some indicators are:

- Nearly 20 million of 225 million twitter users follow 60 or more twitter accounts and nearly 2 million people follow more than 500 accounts.
- There are more than 800 million people signed up for Facebook; they spend 700 billion minutes using Facebook each month and they install more than 20 million apps every day. Facebook users had uploaded more than 100 billion photos by mid-2011.



- YouTube users upload 60 hours of video per minute and they triggered more than 1 trillion playbacks in 2011 only i.e. roughly 140 video per person on earth. Social networking has been a prominent part of today's youth. But what is it? Is it good or bad? Is it a factor which misleads the youths? Which increases the crime? Or has it got a positive role in its user's life? And above all are we now becoming a society more concerned to face book than our daily lives?

When talking about the social media sites; they can be used to create a circle of friends in perfect way of communication. Also it can act as a help in all sorts of business. But when we focus on teens; experts say that the adaptation to the new environment of the social media rather increases the creativity of mind as human minds have elastically responded to the changes in the environment.

On the other hand, social media offers platform that every one of us can use freely. It gives young people the opportunity to share information among themselves in easy ways and the level of interaction is every high because your contacts to which your message is carried away is mostly online.

Knowing this innovative and easy method to mobilize people, youth can organize meetings, get help for the problems they are encountering or even protest via social media and other youths can find about it and get information about it. This has made the world very communal in a sense that these social media platforms give young people the chance to communicate instantly and that events happening miles away from generous locations can be shared online with everybody. Wherever you come from, you have curiosity to know what is going on and even comment about it.

Also social media helps in growth of ideas from creation of blogs, podcast, videos, etc; and in expansion of one's online connections through shared interests to include others from more diverse backgrounds. Such communication is an important step for respect, tolerance and increased



discourse about personal and global issues.

But on the negative side, there are many risks involved with the social media. One of the risks that is most highlighted by today's media is cyber bullying. Cyber bullying is sending messages of intimidating or threatening nature and it has led to many suicides and mental disorders.

The other scary fact is that the personal information is kept too open in the social medias. Most teens are worried about to what to post today or what caption is he/she going to keep in the next photo they upload and often they forget their information is at risk of disclosure to the third parties like advertisers. 21% of teens say it is safe to post personal information including photos. Although with maintained privacy policy of the social networking sites; teens are still troubled by increasing hackers. And once you are victim of identity theft there is rarely anything you can do to change the situation.

Another negative side shown by Readers Digests is that, " new research suggest that heavy social media use might be correlated to lower self

control which marketing experts believe that it could lead to higher spending."

Recent research indicates that there are frequent scary behaviors through the social medias such as; bullying, clique-forming, Facebook depression and sexual experimentation.

With all these negative sides of social networking are you doing a good job being ignorant or being addicted to these sites?

Of course, not. The age set by Congress in the children's online privacy protection act is 13. Yet about 7% of internet users are below the age of thirteen. It is not only the fault of the users but also of parents who fail to see the rules are to protect their children's delicate and growing mind. The ignorance of both users and parents has caused rapid increase social media crimes and increased the rate of mental disorder and suicide of teens and even adults.

And we know solution is not to avoid social media or stop using them. The only simple solution is to be aware of negative sites, what you are doing and what you must do!

Globalization in Higher Education



Patrick T. Kirby, Ph.D.

*Coordinator for International Students
Westminster College
501 Westminster Ave
Fulton, MO 65251*

(Pat is one of the finest individual who came across our students and also highly regarded as one of the most valuable well wisher of our Institution. He is highly impressed by our students' performance who are currently pursuing their higher education in Westminster College, USA.)

With 4,000 plus institutions of higher education in the United States, and a higher education system considered the best in the world, why would US colleges be interested in recruiting students from other countries? In my case, why would a small college of 1,000 students located in the middle of Missouri in the middle of the United States in the middle of North America be interested in recruiting students from thousands of miles away – from a

small country like Nepal? I will answer this question later.

There are many factors impacting globalization in higher education in the United States. The reach of technology and the internet has made the world a smaller place. Youngsters, who sometimes didn't even have access to books, now have access to I-pads, I-phones and laptop or desktop computers. The internet has changed education from primary schools through graduate programs in colleges

and universities throughout most of the world. The internet has introduced young people to cultures, languages, religions, value systems, ethnic groups, and an assortment of other factors never before seen, beyond reading information in a book. Seeing moving pictures, translations of language and the control the student often has when searching the internet is profound compared to just a few years back. Technology has been introduced into many classrooms across the world, and there is no going back!

The benefits of Globalization in Education, primarily from technology, clearly outweigh the downsides. Despite ongoing wars, conflicts, violence and social injustice in most parts of the the world, Globalization in Education can help counter these behaviors. Studying Abroad (meaning to study in another country) has brought thousands of international students not only to the US, but also to other colleges and universities

around the world. Learning more about each other's cultures, religions, ethnic backgrounds, values and goals brings people together – more than separating them. It doesn't necessarily mean everyone likes each other better, but understanding another person's culture and values enhance the benefits of Globalization in Education, primarily from technology, clearly outweigh the downsides. Learning a new language is one of the best steps to globalization. A student who can speak two or more languages in our world today has significantly more opportunities with education and employment than the student only speaking one language! Technology has made the world a much smaller place and multi-national companies and organizations are often looking for students who speak more than just English or Chinese!

What has driven US colleges and universities to actively recruit and enroll international students is not entirely altruistic nor only to "globalize" their campuses. The projected 18 year old graduation rate in the US is not growing. Moreover, there are experts who believe many US students currently in college would be better served (i.e. would be happier and make more money) in vocational or apprentice type programs. Many of us in higher education are probably guilty of over-selling higher education. We all know the most important teachers are those teaching language skills to 3-7 year olds! Except for a few top level colleges in the U.S., most other colleges recruit international students for two reasons: to increase their enrollment or to increase the quality (and diversity) of their enrollment. That is exactly what the enrollment of international students does for US Colleges and Universities. Most US high school students express a desire for diversity, studying abroad and expanding their cultural knowledge of other countries. That is exactly what international students bring to the table for US colleges.

Now back to my own college and the question raised in the first paragraph, that being Westminster College, for most of the 1970s-2000. During that time Westminster was mostly white, male with very little diversity on the campus of about 700 students each year. Wisely, the College introduced

coeducation in 1979 – the best decision the college ever made. (Nearly 60% of US college students today are women!) By 2000, with the emphasis to increase enrollment, the College started recruiting more students of color and more international students. (Their second best decision!) The college has boasted about a 25% percentage of students of color and international students over the last decade in raising the college's enrollment to over 1100 just several years ago. Many students from rural Missouri benefit with these many students coming from other states and over 100 countries represented on our campus.

I have been working at Westminster College for over 40+ years. It is clearly a better college than when I first arrived in 1975 – though there was much to love then too. It's more than just the students – though they are the heart of the college. New faculty and staff, better facilities, more academic options, studying abroad, and self-designed majors help make the college a better college. Just recently, Westminster freshmen scored in the top 10% of 1,039 U.S. colleges & universities who survey their students with the National Survey of Student Engagement (NSSE). That includes such factors as student/faculty interaction, a supportive environment and diverse

discussions with others. No wonder the College places 96% of their graduates in graduate or professional schools or employment within 6 months of graduating. Globalization is part of the ethos of the Westminster culture.

One last plug for Nepal! Nepali students have helped the College recruit outstanding students from many high schools in Nepal, including Srijian Amata from Chelsea. Srijian helped me with my college visit to Chelsea while the counselor was away that day. After delaying his start of college for a year because of financial reasons – common to so many students today in the U S & abroad, Srijian enrolled at Westminster in the fall of 2014. In just three semesters, Srijian has emerged as one of the top student leaders on our campus. He introduced TED Talk to Westminster last year with a repeat, larger program with more student involvement in the planning this past semester. They are now already working on a 3rd program for next year. Srijian is the international student every college is looking for: bright, entrepreneurial, caring, insightful and "thinking outside the box!" Westminster is fortunate to have found Srijian. And we hope to enroll more students like him! He's made us better!

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The Interplanetary Energy

Bedant Lohani, 10 'A'

Earth, the planet that we persist in, the only body discovered with life in the cosmic assembly till date; it is the truth but the earth is only a small analogous body in this vast interplanetary. We endure in this planet unknown about the most terrifying and mysterious counterparts of our galaxy. We work, we eat, we fight, we sleep, we wake and again continue the same life except in the weekends. We all are busy in our own



daily rush. We see the stars, sun, the moon, the planets but never try to analyze the mystery of its happening. Or we might have already unlocked the most breathtaking paradox of all time, who knows?

Scientists say, there are over 1012 galaxies in our universe but still there's an unexplained bit of mystery that there are a multitude of twin universes. The more we try to analyze the cryptic postulation, the deeper we get, we drown in the cosmos.

A million of theories with unlike hypothesis have been derived to

explain about the existence of all these mysterious phenomena. To assume, it is also an unexplained theory of it. Till date the most satisfying postulation are of Sir Albert Einstein and Stephen William Hawking. Their "General theory of relativity" and the "theory of everything" are theories we can accept but the theory is itself unfinished as it does not hold the novel truths of this generation; the quasars, interstellar and the most unbidden one, is the persistence of the mysterious dark energy. What is it? Let's know.

Dark energy is basically the energy that is non-baryonic in nature but has the most of the virtual gravitational power of all. Non-baryonic refers the waves, the shifts, the radiations that do not react with light or heat. In basic terms, it is invisible but holds the aggregate but everything that exists even if it is unseen. Now, that could be the hint to everything we are searching for.

The universe is a zillion billion package of classical quants that basically refers the quantum mechanics. The scientists of the previous era wouldn't have even thought about what has already been discovered | Sir Albert Einstein

had remarked a phrase about the universe, "The most incomprehensible thing about the universe is that it is comprehensible". Well that is that and now the novel truth about it is that he was absolutely right. From the most basic paradoxes to mind twisting discoveries about the cosmos, everything has virtually postulated the future of the universe.

Now let's get to the topic, "interplanetary energy", well it is basically the space or let's say the energy. We already know a bit right? The dark energy, the dark matter. The word "dark" itself signifies its dark identity. We'll not go towards all those particles in the interplanetary like the black holes, radiations, quasars, shifts, etc. We'll just peek into the dark thing that's the dark matter. The most satisfying history of it is derived from the big bang itself. Remember? The annihilation of matter and antimatter released a marvelous amount of energy. Now, where is that energy? We all know that energy only changes its form, it can never be destroyed. So, where 's the energy? Now, that's where the answer lies. It probably must've been converted into dark energy. Simple, right? But why doesn't it react with light, heat, etc. Why? Guys, we've just given the name dark energy that gives gravitation right? But what about the dark matter? Let's have a simple equation here now :

$\gamma + \gamma = 0 (Q) \rightarrow$ simple equation seriously?

The matter releases matter right? So 'Y' is the matter and "Y1" is the antimatter in terms of photons let's say. Now, "Q" is the energy. The reason why it is non-baryonic is that it has no particle in it. It's just energy with infinite simulation. The equation gives out 'O' so, no particle. Well, I don't know if it's completely correct but this is my bit to it.

Take it or leave it.

Thank you.

Animesh Baral, 8 'A'

It was a cold winter day. The memory of it is all still vivid in my mind as if I am living in it right now. The cold, Foggy December morning. The wickedness of this world and its people just took my mom away from me. Even as a child I was just surprised by the cruelty of the world.

The flashback of that day is still fresh in my mind. It was a cold December morning. My mom was lying on the bed as sick as anything. My dada and couple of other doctors were in the ICU room. I heard them say, "Condition is critical... needs an operation as soon as possible." The town was quiet. There was no sound of people, no chirping of birds, no bells ringing, no hope. The cold vicious murderers were thought to be dead but I just knew that they were free. They were out there lurking somewhere in the darkness. They were there and got my mom.

Life before this incident was just so simple, just so easy.... Now, it had its sudden twist. All this was just so scary. I was just a kid, why did they do this to me? It was only just the day before yesterday that my mother was mercilessly beaten and stabbed repeatedly. The two days just felt like years. Only then I heard someone say, "May she rest in peace." Frozen, I saw my mother's body lowered in a pit. I knew that I had to avenge my mom, I was just determined to get them. I grew up the hard way. The pain of my mom's death became hard on me. I still hadn't forgotten the people who killed. I was so mad that I found myself chasing them.

I had always a feeling that they were before me. Lurking behind me trying to end me into the same fate as my mom but I wouldn't let them, they never left me as they were just behind or was it

Short Story

Out There



my wild imagination? I was not sure that they were here now but I was sure, they were getting me, coming nearer, reaching me. Now, they hadn't, I was a step ahead of them. Was it wishful thinking? Were they getting me? Were they.....

I was perspiring, breathing hard and sweating, running for my dear life. Someone or something was behind me, for my life. I was running and running in a dense dark area. I was wrong that they wouldn't get me. I was never ahead of them. I underestimated them. I let myself and my mom down. I was at the end of my life. They were going to get me, they were going to get me.

I stumbled across something, I fell down. Every second, my nerves got the better of me. I had the feeling that they were hearing me. The wind was trying to say something but I couldn't get it.

They were hearing me every second. This single minute just felt like years. I was totally engulfed by fear and couldn't concentrate in anything. I was not afraid of death. But my worst fear

was to die by the hand of the killers. My worst fear was turning into reality. I was there frozen in the ground. I had this feeling that they are coming to get me.

But no, this was not my end. This was not going to be my end. I could hear them get near and nearer. My fear was rising but also my courage. I had that opportunity to get them. I sensed something near my feet. Bam! They hit me in my leg. The pain was agonizing but I was trying to fight them back to get my revenge. To complete my goal, to live. The fight was not so short nor simple. They were trying to get me. I was fighting back as hard as I could. They were getting me, my worst fear was getting me, I started to lose my consciousness. It was too late.....

What I woke up, the sun was shining down the window and in my face. I was startled by it. The birds were chirping, the people were walking, everything was just...just so abnormal. It was like another world, a dream or heaven. I was thoroughly confused at first but when they said that they had found me lying near the jungle all brushed up and on the verge of death they brought me here. my confusion cleared.

The last time I was here was at the time of my mom's operation. Then I suddenly remembered the fight. When was it? Were they gone? These questions filled my mind.

Suddenly everything was so happy and cheerful. Did they think that I was dead and left me or was it not the case? Until now, I don't know that if they are still after me or not. Even as an old man now, I don't know I simply don't think they are gone, I think they left me alone. But I always had that feeling that the wind was saying something. Something like, "They are out there....."

An advertisement for Mercantile Communications Pvt. Ltd. The background is a dark blue gradient with a globe logo on the left. The text "CONNECT WITH" is above the globe, and "MERCANTILE COMMUNICATIONS PVT. LTD" is written in large, bold letters below it. On the right, there are silhouettes of two people standing, with a computer monitor and a laptop icon between them. Below the silhouettes, the text "YOUR BIG OPPORTUNITY IN LEADING INTERNET SERVICE PROVIDER" is displayed. At the bottom, contact information is provided: "Durbar Marg, Kathmandu, Nepal, Email: info@mercantile.com.np | pr@mercantile.com.np, Tel: 4445920 / 4440773 Fax: 977-1-4427614".

My Unforgettable Teacher who has Shaped My Life

Devansh Basnet, 7 'F'

Teachers play vital role in our life. So, they are given equal status as that of God. There are many teachers in our life. Some of them leave a deep mark in our heart and mind that remain unforgettable as long as we live. Such teacher for me is Barshana Thapa ma'am. She is a charming lady. She is healthy and fair. She used to teach us English, but she is the Co-ordinator of class III (three) and IV (Four) now. She is always cheerful.

She is a good teacher as well as a Co-ordinator. She never gets annoyed when a student fails to learn. She encourages them to learn again and again. She explains the lessons in a simple, clear and exact manner. She is always ready to help her pupils. But she is very strict and disciplined. She always wants us to be disciplined and tidy. She always loves us and cares about us. She is very gentle and soft spoken.

For the first time she taught me when I was in class three (3) I really felt

happy getting such a kind- hearted teacher. I felt that time passes so fast in her period. Her classes were so interesting and perfect. She not only explains the lessons wisely but also taught us to be responsible person. She herself is an example of good character. She also gave us the knowledge apart from that of books. She gave me chances and priorities to build my self-esteem and self confidence and also made me improve a lot in my studies and prove myself as a good student. Like every teacher, she also taught me in a proper way. She was very friendly and understanding. She not only made a good base of education but also prepared us for our exams as well. She gave us many exercises and made us do that to train our brain sharp and keep us active so that we are able to learn new things. She always showed us the right path.



I am glad that I got a wonderful teacher like Barshana Thapa ma'am. She taught us in a wonderful manner and made English Subject very interesting.

Hence, I can never forget her because she has done a lot for me apart from teaching through books and beyond.



Abhishek Acharya, A2 Level

Little Jonny was sent to bed by his father.

(5 minutes later)

Jonny: Da.....ad?

Father: What?

Jonny: I am thirsty, can you bring me my bottle?

Father: No you had your chance, lights out

(5 minutes later)

Jonny: Da.....ad?

Father: WHAT?

Jonny: I am really thirsty! Can I have a sip of water?

Father: I told you No! If you are gonna irritate me again, I will spank you hard!

(5 minutes later)

Jonny: Dad?

Father: NOW WHAT?

Jonny: When you come to spank me, please bring me my water bottle.

Sarah John, 2 'A'

Ram and Shyam were chatting.

Ram: Shyam when is your birthday?

Shyam: 13th October.

Ram: Which year?

Shyam: Every year.

Poem



FUNNY DREAM

Aarambha Aryal, 4 'C'

I had a dream
Where I was eating an ice-cream
I travelled to various places
I saw cows wearing shoes with laces
Everything around me was funny
The day was bright, beautiful & sunny

I saw cars flying in the sky
No one was walking and
Everyone started to fly.
Everyone was having a good time
After ice-cream, I drank juice with lime.

Then suddenly I woke up
It was all my dream...
A funny dream.



Interview

With Shreya Paudel

Alumni of CIA currently pursuing his higher education at London School of Economic and Political Science. He proudly remarks himself to be a Chelsea and that he have been represented inside the British Parliament more than 10-15 times to consult about various issue for the youths.

Why A levels?

A level is not a magic academic pursuit. Along with extensive learning, it also provides some space for students in becoming creative and initiative in many things. You still need to take initiation in life. You should be the one to enumerate the enthusiasm in your capability and skills. One of the major things, I learned was to become prolific besides academic achievement. Whenever I applied for jobs, they'd ask me whether I did something besides study. So A level helped me a lot in that case.

Did you ever get a chance to expand your horizon besides studying?

Fortunately, I have done many things in my life. I have participated in many debate programs, essay writing events, published many articles in my way forward. If I hadn't done those activities in my life, things would have turned differently. Hopefully, I gained lots of life skills and I thank and am grateful for this to Chelsea International Academy where I spent more than two years studying A-Levels. These many opportunities with alluring experience is helping me a lot in my life.

How was your life abroad? Could you give some insight about abroad life to our students who hope to go abroad in future?

I have really been blessed in life. And I think there is some sort of divine blessing as well. When I stayed alone for 5 years, I grew spiritually, I am really thankful for those years for I achieved that divine feelings.

That's exactly what the beauty of going abroad is. Going abroad gives perspective of life. It is not only about studying, earning money but also about learning the essence of life. I can't say that I learnt the entire essence but at

least I learnt some of it. However, I am still going through life.

What were your achievements in life?

I went to the University of International political studies, London in 2010 AD. I got involved in student activities politics in London. Student activism is vibrant there. I was interested and influenced by critical theory, socialism, Marxism, the kind of theory which in many ways changed the world.

Logical conclusion of being involved in student politics was to run for a position in student union. I ran for the post president and fortunately, I won it. I represented 25000 students at the university for a year. I also become involved in National union of student, UK. I ran there for position of International student officer and won it again.

I worked on many campaigns in my tenure. One of the major one was to re-establish the post study visa system. The government scrapped the post study work system in 2012, which didn't let many students to work during their studies. They were almost forced to go back to their country in most cases. I have never been into the Constituent Assembly of Nepal but I have been inside the British parliament more than 10-15 times to consult about various issues.

What are you doing currently and what have you thought about doing in your near future?

Amidst all the odds, I am at London School of Economics and Political Science. The British government is funding me completely for my tuition fees.

I want to work in the field of social justice in Nepal which may lead up to doing politics eventually but I will not rule that out.

– Interviewed by Ursula Shrestha
AS-Level



The Confession

Sneha Dahal, AS level

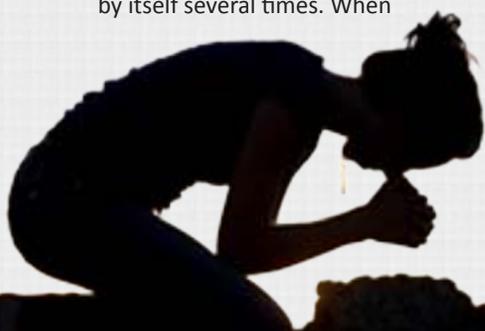
21st April, Thursday, 2005 was the date where an extremely rare decision, the Catholic Church officially recognized the demonic possession of the nineteen year old girl, Emily Rose. An exorcism was conducted by a highly reputed family priest of the Rose family, Father Richard Moore was accused of negligence resulting in the death of a young girl who takes on demon inside her and is believed to be possessed. The Government authorities hire a lawyer who takes on the task of defending Father Moore at the crowd. The name of the Lawyer was Miss Erin Bruner. Lawyer Bruner was a very job oriented person and was unlikely to believe in any supernatural stuffs. She visits the priest and asks him to let her defend him. The priest agrees to let her defend in only one condition; If she allows him to tell Emily's story in the court.

The Court trial begins the next day with the calling of several medical experts by the prosecutor, Ethan Thomas. One expert testifies that Emily was suffering from epilepsy and psychosis. The defense that she may have already been possessed. Indeed Bruner explains that Emily was suffering from something that neither medicine nor psychology could explain and that Father Moore as well as Prose's family realized this and tried to help her in other ways. The day ends and Erin Bruner goes to jail to meet father Moore and there he stands to tell the beginning of all this. Father Richard starts to CONFESS.... Alone in her dorm one night, at 3:00 am, Emily smelled a strange burning smell from the hallway. When she checked on it she saw the indoor opened and shut by itself several times. When

she got back to her room she saw a jar of pencils and pens move by itself. Additionally her bed covers rolled themselves down and suddenly she felt a great invisible weight pressed down her face and that force started to choke her and seemingly to possess her momentarily. Emily got confused whether she was hallucinating or this was real. Soon she was hospitalized and then reports were out. The report was clear but observing her behavior she was impractically declared epileptic. She was given anti-seizure medications which she claimed didn't work. After some weeks she was sent home to her parents and through her scary and unusual behavior they got convinced that she was not epileptic or mentally ill but was possessed by demons. Then Emily's parents asked their local priest to be called to perform an exorcism. The next day the same was told in the church but the prosecutor's counters said, this all could be explained by a combination of epilepsy (the contortions) and psychosis (the visions). Then as the day ended Bruner returned to her flat but she smelled strange smells and heard strange voices in her house around 3:00 am. The next day Father Moore warned Erin that she may be being targeted by the demons for possibly exposing them. He also says that 3:00 am is the "witching hour" when evil spirits use to mock holy Zrintity. He explains that it's the opposite of 3:00 pm traditional taken to be the hour when Jesus Christ died. The medical doctor present during the exorcism comes forward to reveal an audio tape which was made during the rite. Father Moore then comes forward to testify and explains about the tape and starts to continue his CONFESSION...

The exorcism was performed on 31st October, on Halloween night because father Moore believed thin at it might had been an easier day to draw demons out that night. There were only five people in that room. Emily's Father, her boyfriend, the doctor, Father Moore said that he had used only holy water and words

from the Ritual Romanum. He said that Emily spoke in Latin, German, Ancient Greek, Hebrew, and Arabic. The ropes which tied Emily couldn't hold her long and suddenly she freed herself and ran towards the barn. Everyone present inside the room felt some unnatural gush of winds and voices and screams. The demon inside Emily refused to name itself even after the repeated demands of Father Moore but finally revealed that there wasn't a single demon but six different demons inside her. Each one named itself one after another through Emily and in different languages. Two demons named themselves directly as Belial and Lucifer, the devil in flesh. In the court room Father Moore felt that Emily refused to take medication accepting her fate. Later that night Bruner recalls everything and feels Father Richard Moore is innocent. The next day, Father Moore is called to testify and continue Emily's story once again. He then reads a letter that Emily described the last vision she had the morning after exorcism. In that letter she said that she walked out of her house and saw the virgin Mother Mary who told her that although the demons will not leave her but she can leave her body and end her suffering. However she also said that if she returns to her body she will help to prove to the world that god and devil are real. She concludes "people say that god is dead, but how can they say that if I show them devil?" Father Moore is ultimately found guilty. However from the recommendation from the jury the judge agrees to sentence of time served and lets Father Moore to walk out of the court as a free man. That evening both Erine and Father Moore went to Emile's grave and read a court put their which was written by the acceptance of her family. It was put there the day she died and it read, "work out your own salvation with fear and trembling" written in the second chapter, twelfth verse of Philipppines (Bible).



Poem

All Alone

Sweekriti Parajuli, Grade XI

Today I am all alone
Standing on the pointed thorns
I am sick of people excuses
They act as if they care

Now give me solution to care
Out from such problems
Its hard to breathe here, its hard to
Go with everyone's heart

And I'm tired of living all alone
I want to go far from this place where
Nobody can see me again
Everyone is busy on their own life

Nobody remembers who I am
From inside I am heart broken
So, dear god! Please send an angel
To cure my pain and heal my wound

Did you know...???

Rhishav Poudel, A2 Level

1. The coldest place in the universe is Boomerang (or BowTie) Nebula. And it is about 1 kelvin
2. The latin name of every element in the periodic table ends with "-ium"
3. The photon of light converts all its mass into energy and speed
4. Venus is the only planet that revolves around the sun clockwise
5. A paper cannot be folded more than seven times
6. Adolf Hitler never killed anyone by himself
7. The sign of Nazi is actually derived from Swastik sign
8. The boundary of solar system is Oort Cloud which is roughly 2 light years far from the sun, (whereas pluto is only 5 light hours)



Article

Travelling Experience



Sneha Parajuli, 9 'B'

“Peace comes from within. Do not seek it out.” This saying ran through my mind when I entered Maya Devi Temple in Lumbini. Such a peaceful place it was! Travelling is what I always wanted to do. It gives us knowledge and lessons that we can't learn being captive inside our houses. We need to travel.

A wonderful morning it was, when I woke up with excitement as my dream was coming true. I along with my family were going to visit one of the most beautiful and peaceful place in Nepal; the birth place of Gautam Buddha; Lumbini. I sat on the car with a mind full of excitement. On the way I realized the real beauty of Nepal. The green forests, the blue sky, the chirping sound of birds, the rivers on the way were the things which make our country beautiful. Such a wonderful journey it was! Stopping the car and clicking photos was very amazing.

When we reached Lumbini, it was already evening and we decided to rest. I thought of taking a walk but I was very tired. The very next day, we drove to the most peaceful place, Lumbini. As we reached

there, cold winter wind blew past us. It was just hypnotizing me. We went inside the park, it was very mesmerizing. I just couldn't control myself. I could see many pilgrims from different places of the world there with faith in their soul. I spoke to some of them and I found that they were just wonderful. Peace was something so great and wonderful that I learnt when I entered Maya Devi Temple. There were the remains of the old palace where Gautam Buddha was born. I worshipped Lord Buddha from my heart.

The journey to the temple made my day very meaningful. After that we went to different gumbas. We visited other places like Taulihawa, Siddharthanagar which taught and gave me knowledge about the birth and childhood of Gautam Buddha.

We returned to our hotel. I was so tired. The next cold morning, we had to return to Kathmandu. I just didn't want to leave the place. It is a must-go place in the world. I also learned that enjoying the journey is more wonderful than the destination. The journey to one of the historical places in the world was amazing. I would love to go there again, if I got a chance. Travelling is simply wonderful.



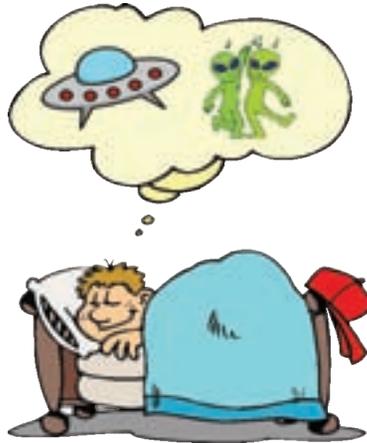
A visit to another world - A Dream of Humans

Jagriti Luitel, 8 'B'

We exist the way a child is left outside a door without a note. Earth is the only home we've ever known. Every hunter, superstar, coward, supreme leader, student, every young couple in love, every emperor and everybody we've ever heard of, lived here on earth. Every ideology, economic doctrine, every rule have existed here.

We remember all the wars, hatred and all cruelties just to be as a momentary masters in a fraction of a dot. This reminds us to be kind with each other and live by helping each other. In this hunt for another planet, with time we have been able to progress a lot. Hubble telescope has been able to find many world like earth named after kepler and different digits after it.

Our communication with other world began in 1930 A.D. when radio was invented. We sent radio waves towards space. By 2015, our radio waves have already travelled 1 light years from home. If any intelligent life exists, they will know that we exist. Even if the intelligent life knows we are here and have sent us signal, it may be that they have any other forms of communication. It may be that their signals are around us but we don't know how to execute those information. To reach the level of development right now, there are contributions and sacrifices of so many people such as Marie Curie, Albert Einstein, Galileo, Charles Darwin to Stephen Hawkins, Carl Sagan and Neil Degrasse Tyson. In voyager I, there is a Golden Record. It is the message from earth to the



future. It consists of our music of loneliness. It also consists of two hydrogen atoms which represents the distance of nearest pulsar star to earth. It has 160 images of earth. There is also two human figures. They are made of copper plate and are attached to voyager. Voyager I which is the farthest reaching object from earth was launched 35 years ago. The golden record was designed by Carl Sagan.

We have had different explorers who wanted to find another earth so, that we could migrate to that planet where life could exist.

Moral: Act Kind to each other in this short life and explore, be curious, and respect diversity.



My Mom

Reshika
Adhikari,
4 'C'



All of the gifts
That life has, and the best thing I
ever have is my loving Mother
Mother is the greatest of all.

My mom has made me laugh
Made me cry,
Wiped my tears
Hugged me tight

Watched me succeed,
See me fall
Cheered me on,
Kept me going strong

And drove me crazy
Moms are promises from God
I love you Mom!
You are a friend forever!

Put this on your status
If you love your Mom.

My School



Prakhar Pokharel, 4 'D'

My school's name is Vidhya Sanskar
H.S. School

From my home it is very far
Every morning school bus comes
And it takes me along and it goes.

The driver dai is very nice
Drives nicely and he is wise
In the bus many friends we meet
Hello, good morning we all greet.

My school is large and is big
It teaches us knowledge and trick
I like my teachers and my trick
I like my teachers and my class
I can see ground from the window
of class

They teach us Maths, Social &
Science
They tell us to be good and nice.
I like my school as I like my home
It is from where all my smartness
has come.

Events



Santosh Timalina, A2 Level

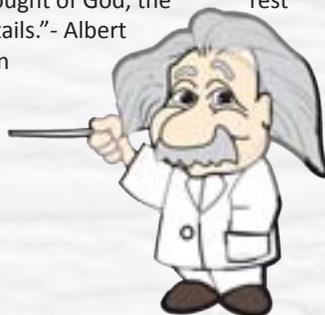
Almost around 100 years ago, Albert Einstein, the prominent scientist gave this world a theory which was to dazzle the physicists for decades to come by. He named the theory General Theory of Relativity! And, the year 2015 held the privilege of the 100th anniversary of that valuable gift. Courtesy of Sir Arthur Stanley Eddington that his theory was proven to be true.

Thus, on this special year, we, the Science and Technology Club of CIA decided to go to the students of Ketu Secondary School, Barhabise, Sindhupalchowk. The program was scheduled on 18th of December, however the internal examinations made it so that it had to take place one day earlier. "When you are courting a nice girl an hour seems like a second. When you sit on red hot cinder a second seems like an hour. That's relativity!" and, our journey was a perfect epitome of this saying by Einstein.

We were on the hoot, so, the journey seemed like ages, and the pain would take three sleeps to recover! Yet the journey was awesome! After four hours of journey, we landed on Barhabise. So, wasting no time we headed to our venue! Then, after the permission from the teachers, students came and joined us. Everything was ready, the only remaining task was a push to the space- bar of the laptop! Then, a short introduction of us and the project we were with. Those students seemed very much excited! We had two things to show, one was HOW I SEE THE WORLD (a biography

of Einstein) and THE HISTORY OF THE UNIVERSE IN TEN MINUTES(as name suggests). And yes, not to forget, we were the one responsible for subtitle! Yes, listen to the words people utter about Einstein, jot them down, edit, type it and finally get that as subtitle. It was a 55 minute long documentary! Back to business, finally, spacebar to play the video.

Everyone seemed excited, from students to teachers who awaited what the visitors were showing. Amazingly, they too were watching it with ample of enthusiasm. Some of us, were busy in clicking snaps, of that momentous moment of the joy in students' s face, and obviously of the brilliant environment surrounding us. And yes, the time was 4:00 pm when the biography of Einstein had ended! It was the time by which students were already home, yet, we had one more video to show....we went for that as well! And that was the moment when everyone seemed to be a little more interactive! I could see kids exchanging smiles, and bursting out of laughter, as well as straining their eyes to relish the colorful show! Then, the documentary was over so, everyone assembled to take photos! And, that too was an interesting moment, in fact, a great moment! And, yes, this was our program! "I just want to know the thought of God, the rest are details."- Albert Einstein



Poem

When I was One

Shiksha Poudel, 2 'A'

When I was One
I had just begun.
When I was Two
I was nearly new.
When I was Three
I was hardly me.

When I was Four
I was not much more.
When I was Five I was just alive.
But now I am Six, I'm as sweet as sugar
So now I think I 'll be Six now for
and ever.



Seize of the Day

Roji Regmi, AS level

Life is full of possibilities, you just need to find your way,
Hold onto the wise words and grab the brightest ray.
When darkness overshadows the bright soul of yours,
Then take the little spectrum of light and open the doors,
God helps those who help themselves, at least that what people say,
So, let's enjoy what we have today.

Days will pass so will the nights,
and sometimes you will have to use all of yours might.
You won't always get the things you wanted,
so, stop taking things in life for granted,
There might be hurdles in the path of your life,
But to reach the destination hardwork is necessary so, you need to strive

You have to rise above all sadness and fear,
and stop fussing about small things because there are much more greater things to bear,
So, don't care about what your enemies will say,
just go out there and seize the day!

Engineering



Er. Prawin Aryal

*Parent of Presna Aryal
AS-Level*

Engineering is a professional course which involves designing processes and making products to solve real-world problems. It's all about mathematics, science, research, design, maintenance and production and solving problems using special technical skills. Every country has its own provision for regulating the engineering profession. As of our country, Nepal Engineering Council (NEC) has been vested with the statutory authority for the planning, coordinated development and monitoring of engineering profession and education in the country.

There is no specific criteria or a "perfect formula" for determining your suitability to become an engineer. One of the first, and easiest, steps you can take to determine if you would enjoy engineering is to discover which industry or discipline you would like to work in. Once you figure out an idea of the field you want to work in, find out which qualifications you need to obtain. If you are curious about how things work and have a keen mind for applying what you learn to solve real-world problems, engineering is the perfect avenue for your talents. When you graduate, you're fully qualified in your chosen area. Be prepared to dedicate years of learning and practice to master a field of engineering; don't expect to build an A380 airbus or the next BurjKhalifa (currently the tallest building in the world) within a year of completing your degree.

Every industry and every area of society

depends on the efficient and precise work of engineers. Engineers provide a great range of technological solutions to the problems, issues and ideas that affect every area of our lives. They design, manufacture and maintain almost everything people and industries use, from computers, spacecraft and boats to corkscrews, buildings and chemical reactors. Technological advancements would never have been possible without engineers.

There are so many different areas of engineering to work in; however, most engineers choose to specialize in just one, such as chemical, automotive or robotics. Careers in engineering are constantly evolving as new processes and technologies are developing. This development of new processes and technologies allows engineers to stay focused and react to new problems and challenges in their chosen field. Engineering careers are constantly varied not only in terms of their job responsibilities, but also in terms of their working locations. As an engineer, you could be working in a laboratory, an office, on an oil rig in the middle of an ocean, in a factory, or even in outer space.

Each engineering discipline requires professionals with very specific skill-sets. However, each and every area of this sector is as complex as the next. Consequently, all engineers need to have strong mathematical skills, logic and the ability to rise to intellectual and practice challenges. There will always be demand for skilled engineers in many different fields, some of which are brand new, emerging areas while others have existed for 500 years. As society develops and improves, engineers are called upon to make these changes to create a better and a sustainable world to live in.

The new wave of democracy, in 1990, encouraged the growth of establishment of engineering colleges in Nepal. The enrollment of students into these engineering colleges also started to rise. It is estimated that nearly 3000 engineers would be graduating in engineering colleges every year. In our country, Nepal, a total of 30 engineering colleges have been approved by the NEC to run different faculties of engineering. Similarly, it is estimated that there's about 26,000 engineers in Nepal and 22,500 engineers have been registered with NEC till date. Out of total engineers in Nepal, it is estimated that 65% - 70% of engineers are from Civil Engineering background.

Engineering is the ultimate field for challenge and creativity. Engineers work on exciting projects and influence how our world changes and improves. As an engineer, the skills that you develop will be incredibly valuable and sought after. People of the society will look up to you to solve problems for them. The ability to provide practical solutions to problems is crucial and will give you great confidence when faced with many challenges or obstacles. Similarly, as an engineer, you will rank among the highest paid professions in the world, even as a graduate. Your unique, universal skill set will enable you to work in almost any country in the world. Not many careers offer this sort of opportunity to gain experience and explore new cultures and lifestyles. Engineers working in multinational companies will often travel overseas for conferences and to visit or inspect company facilities, adding variety to their daily routines.

We know this is a lot to digest, but hopefully, you will now see how varied and exciting careers in Engineering can be!

Experience at Chelsea

Roshan Poudel

Nepal Topper, Cambridge GCE A-Level

Unlike in +2, you can top world in A-Level", was my constant replies to those who asked me why I wanted to study A-Levels. I still remember the moments of distresses vividly when some of my friends solved problems few seconds earlier than me and reflections I made upon those problems at home for hours to derive the possible shortcuts of solving them. I was overjoyed when those very MCQs' were repeated in the Board exam. I can also never forget those days when I spent whole day trying to solve the single Math problem because it was against my principle to ask for help with someone due to my belief: The things that I have been taught by someone will be in my brain for only temporary period.

Even though my expectations were very high, it was delightful to know that I topped in those very subjects on whose exam days I was harrowed with my performance. The principal thing that I experienced, learned and felt in these two years is immense worth of time. I am now inundated with remorse to have realized that I did not perfectly utilize my time of the initial 14 years of my life. And, by the time you realize its value in your life, it will have been too late.

The next life changing belief that has been injected in my mind is "Nothing is impossible" (for me, at least; Conditions applied: Hard work with Smartness Mandatory). Inspired Article???

Well, here is something else. I fell in love with a very beautiful girl a month ago. The initial days after rejection were well full of agonies but I feel like I was blessed in being rejected because I have again set my foot on the path of my utopia.



I cannot describe the inexplicable intensity elation to have been selected as an Opportunity Funding Program 2016 (Google it). Superficially saying, USEF Nepal pays every cost associated until the selected student sets his/her foot in the US.

Finally, after some years I am sure to

say proudly "I would not have reached this position or accomplished this and that if I had not joined Chelsea." Also to add up the recent achievement with the help of concerned teachers I was able to be one of the student to get an opportunity recently to be invited as a "Candidate Weekend" in New York University, Abu Dhabi, UAE.



International Personality

Pewdiepie: A Web Star

Aditya Adhikari, 6 'A'

Early Life

PewDiePie was born Felix Arvid Ulf Kjellberg and raised in Gothenberg, Sweden. He was born to Lotta Kristine Johanna (born 7 May, 1958) and Ulf Christian Kjellberg (born 8 January, 1957), and grew up with his sister, Fanny, as well. His mother Johanna, a former Kappahl CIO, was named the 2010 CIO of the year in Sweden. His father, Ulf, is also a Chief Executive of a company. In 2008, he graduated from GoteborgsHogreSamskola. He then went on to take a degree in Industrial Economic and Technology Management at Chalmers University of Technology, but left the university in 2011 to focus on his YouTube career. On this decision, PewDiePie has stated, "Thinking about it now, it was utterly unreasonable. To get into Chalmers for industrial economics you need straight A's, but somehow I was happier selling hot dogs and making my own gaming-videos.

YouTube career | Channel Format

In his early years as a YouTube personality, PewDiePie was known for playing horror and action video games, most notably Amnesia: The Dark Descent and its related mods. PewDiePie also began posting weekly vlogs starting from 2 September, 2011. In 2014, the gamer began to play more actively the games that interested him, regardless if they were horror genre or not. In addition, he is also known to

support video games from indie developers.

The main focus of PewDiePie's videos is his commentary and reactions to various games as he plays through them. Due to this, his videos fall under the let's play umbrella. Unlike conventional walkthroughs, his let's play videos are devoted to "sharing gaming moments" on YouTube with my bros.

Nature of content

The nature of PewDiePie's video content has been described by various outlets as goofy, energetic, disappointment and filled with profanity. A reporter noted PewDiePie's "chosen mode of sharing his critique happens to rude entertainment an unmediated critique happens to rude entertainment an unmediated stream of cried jokes, upset barks, goofy voices, politically incorrect comments, and pretty much nonstop curse. His play through of "the last of Us" it was noted, left the usually vocal gamer speechless at the ending.

History

Early years (2010-2012)

PewDiePie originally registered a YouTube account under the name "Pewdie"; the gamer explains that "pew" represent sound of lasers and "die" means death. After forgetting the password to this account, he then registered the "PewDiePie" YouTube channel on 29 April, 2010. After dropping out of Chalmers, his parents refused to support him, and as result PewDiePie funded his early videos by working at a hot dog stand. He says that gaming was not like a career that he could just quit college to pursue degree.

Becoming the most subscribed user (2013)

On 18 February, 2013, the PewDiePie channel reached 5 million subscribers, and in April, PewDiePie earned coverage on The New York Times after surpassing 6 million subscribers. In May, at the

inaugural Starcount Social Stars Awards in Singapore PewDiePie won the award for Swedish Social Star. Competing against Jenna Marbles, Smosh and Toby Turner, PewDiePie also won the award for Most Popular Social Show. In July, 2013, he reached 10 million subscribers. PewDiePie's subscriber count surpassed that of the leading channel, Smosh, on 15 August 2013. After becoming the most subscribed user, Ben Denovan of Marker Studios stated that he's the source of creativity and has made a satisfactory progress. PewDiePie became the first channel to reach 15 million subscribers.

Continued growth

During July 2015, PewDiePie's videos were documented to receive over 300 views per month. On 6 September, 2015, PewDiePie's YouTube account became the first to make 10 billion video views, PewDie Productions AB, earned around 63.7 million kr (\$7.5 million) in 2014.

Games

On 24 September, 2015, PewDiePie released his long-awaited video game PewDiePie: Legend of the Brofist on iOS and Android. The game is developed by Canadian game developer Outer Minds in collaboration with Kjellberg himself.

Personal life

PewDiePie is originally from Sweden but moved to Italy to live with his girlfriend, Marzia Bisognin (cutiePieMarzia); she is also a YouTube personality. They both shuffled between Italy & Sweden and raised into Bexingham, England for better internet connection.

Awards

Six awards were nominated to him (2013-2015) but won the three; Starcount Social Awards, Shorty Awards, Teen Choice Award, 5th Stream Awards |

Source: Wikipedia-The free encyclopedia



A Recall of Class Complexity and Enslaved Mentality

Rishav Dev Khanal

Lecturer-English Language/ Guidance Counselor

Ethnicity, a social status marker, has a strong influence on a family and a community as well. Every family is largely tied up with its own in regard of cultural solidarity, causing a demarcation among all the living ethnic groups especially in the rural context of Nepal. Indirectly, there still prevails a sense of master-slave relationship based on occupation, caste, religion and so on despite existing legal provisions. For instance, untouchability, a term coined by the cast system, has still been a distinct mindset as an archetype. In most cases, even the seniors from the so-called low caste profile bearers are openly dominated by the younger ones of the high caste family system. The real cause of shattering social stratification is none other than perverse of complex superiority ego. The injustice caused by cast and occupation prevalent in the society pulls me into the vista of past incidents I have experienced, which still pinches me deep down, and paralyses ultimately.

Referring to my own birthplace, the western corner of Nuwakot district, I personally experienced some notable ethnic discrimination. The village inhabited by people of different castes

such as Brahmin, Kshetri, Newar, Kami, Damai, and Sarki. Out of them, the latter three groups were regarded as the untouchable ones. They had to speak in a soft voice. They had to be obliged to abide by the orders of the people of other castes as Brahmin and Chhetri.

I still recall a person belonging to Damai caste, an untouchable one, whose occupation is to sew clothes for the people in the village. He had a son of my age. He loved me so much, as he did to his son. It was his unfortune that his son passed away untimely at the age of ten. He was dejected for months displaying lunatic fringe. I used to go to school, walking past his home. He would hold me in his arms tightly, but I would be very scared if anyone was looking at me and would whisper to my father's ear. By the time I left the village for further study, I still carried his care, love and sentiment attached with me. On the other hand, I was so fearful of my parents who had a dogmatic stigma of a social discard. Hence, I was bound to meet him in secret only.

Similarly, there had been another belief that the Brahmins shouldn't plough the field using bullocks, implying that they will be messed up with other workers especially untouchable ones. In that case, there would be a person, probably belonging

to a lower cast, to plough the field, and to take responsibility of growing and harvesting the crops. While eating, he would be placed outside the kitchen and dining area. The person victimised before my eyes was Maila Magar, a renowned hardworking wage-labour.

I always asked questions, why is Maila Magar not sitting with us while dining? Why it is wrong to touch him? Why does everyone prefer his work and discard him? He was too dear to others as well. The questions were always unanswered by the phantom of cast complexity, and if answered, they were textured with myths which are unscientific.

I understand now quite clearly that the illusion of caste hierarchy disoriented the society. It was just to show the supremacy of class status owing to slave mentality. More or less the society has still not been able to eliminate it completely from the root as it is growing silently like a cancer somewhere in the blood and cell. Such injustice of demarcation evident in cast and occupation system definitely hampers the solidarity of brotherhood among all. Let's promise to wipe ourselves from such lamentable social sins. Let's promise to join the hands of fraternity to explore the horizons of ultimate sense of equality and let's be true forever for all.





Landing in a Hospital in London

"Stuck Up for Good"

Shekhar Kharel

Parent of Sarbartha Kharel, Class 5

“**T**he coming days are certainly not pleasant”, the bespectacled astrologer murmured while scanning my cheena. He added, “your stars suggest otherwise, thus you should better postpone your imminent journey to London. You are going through sandhe-saath i” My family members had consulted a trusted astrologer to have a forecast of my forthcoming days in a foreign land. The astrologer’s prediction made me disappointed, however I was resolute to pursue post-graduation in the college I was already enrolled in the United Kingdom. When his persuasions turned out to be futile as I refused to reconsider my decision he suggested me to recourse to pujas or at least recite Hanuman Chalisa and Sanimrityunjya once every morning in order to avert possible adversity.

I had only little faith in astrology, but was fond of reading philosophical dispensations irrespective of religion or faith. I was an avid reader of Osho Rajneesh and J Krishnamurthy during my college days in the nineties. Among many books by the philosopher duo, I chose few of my favorites and added two more books prescribed by the astrologers while packing my suitcase for the journey. Soaked in mixed excitement and apprehension I embarked on a journey to the UK in June 1999.

My sojourn in London availed me an opportunity to know the West and familiarize myself with the nuances of the Western civilisation. The East and the West do not only signify two different geographical spheres, rather they boast two distinct societies. The West has significantly advanced in terms of material and technological sophistications. Unlike the East it upholds a system coupled with efficiency and professionalism.

However, a sense of emptiness can be felt despite its materialistic advancement. This is just not my personal feeling. During the intervals between my relentless work and college schedules, I would flip the pages of the books by J Krishnamurthy. I would be taken aback by his lecture on ‘suffering’ that best explained my life badly sandwiched between work and study. He attributes the loneliness a reason for the suffering of people. The majority of the people in the Western world are essentially loners. My life too lacked associations with friends and family members or the pleasure of togetherness that I earlier enjoyed back home.

Given my hectic schedule and tainting the self with the consumption of ‘objectionable’ foodstuffs, it was next to impossible to recite Hanuman Chalisa and Sanimrityunjya every morning. I had a pleasant stay in London until the fateful day of 1 May 2000 that had something in store for me. The day was also akin to all previous mornings of London. I left my house of 41 Griffith Road in Plumstead to buy some essentials and in the meantime make a call to home from a local booth in Plumstead High Street. After few minutes of conversation (that a student could only afford for international calls) I came out to the street. I was slowly walking in the pavement to get to a nearby grocery shop. Out of nowhere I heard a big sound of something colliding. Before I could turn around and see, something apparently like a cyclone swayed me away and knocked on to the ground. I was fallen on the ground completely prostrating. The blood was rolling down my cheeks from the head and I could see the tower portion of my left hanging apparently like a cloth in a hanger. The splintered leg was attached to the upper part only through muscle and skin. The motorbike that hit me hard on the leg got collided on to the wall of a shop by the roadside with a sound of blast. Such scenes are ubiquitous in action



flicks. More than feeling pains in the leg and head I feared death. I was remorseful for dying in a foreign land. Soon, people gathered around me, some of them were asking my name and address. Just in few minutes’ time the scene was alive with the sirens of ambulance. Though agonizing with pain I was completely in my senses. The rescue professionals soon lifted me on to the ambulance which was apparently like a mini-hospital. I was transported to Greenwich District hospital in few minutes’ drive.

Upon reaching ‘Accident & Emergency’ ward of the hospital I was narrated the account of the accident. I was relieved to see few friends among the medical staffs at the ward, who had also reached the hospital for any possible supports. They told that a car chasing the bike eventually hit the latter from behind upon reaching Plumstead High Street. The eye witnesses’ accounts confirmed that the accident was not simply a coincidence, rather a criminal offence. It was indeed a hit-and-run accident. The bike while skidding on the pavement had knocked me down. I also saw the biker sustaining some minor injuries, but he did not approach me for a talk. He left right after having some medical treatments. It was only after my discharge from the hospital I learnt that the driver did leave his car few miles away from the scene and lodged a complaint at the police station stating that his car was stolen from his home. It gave me a sense that civility and law are intertwined. Anyone can make tapestry of law, if he or she is not a law abiding citizen.



Unlike Nepal, the United Kingdom is a welfare society where its citizen avails quality health services without spending a single penny. Thus, my concern was solely on recuperation from injuries. I had multiple fractures of tibia, for which the doctors suggested an operation than a cement plaster. A surgeon named Dr F Khan from South Asian origin successfully performed operation on me.

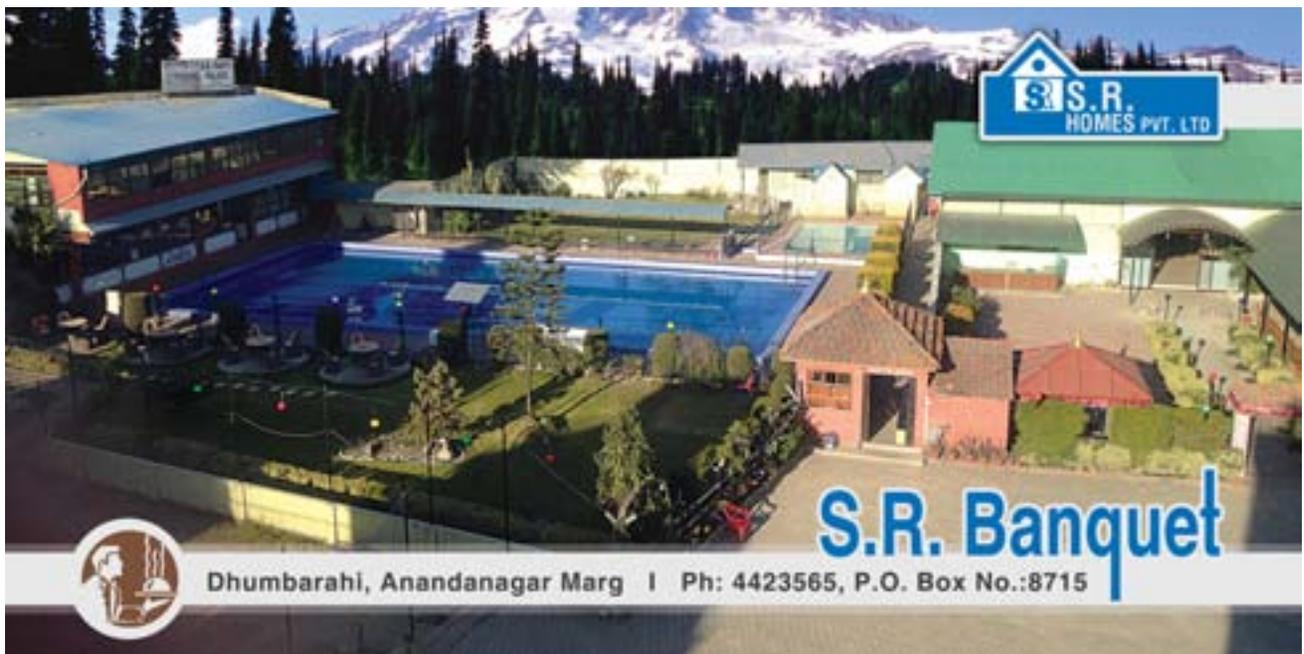
It was Greenwich District Hospital where I had the most luxurious period of my life in London. The fractured leg did not restrict me from relishing sumptuous foods. The hospital staffs would seek my choice of food

presenting a menu of dishes. All I needed to do was simply tick some of them, which boasted tantalizing non-vegetarian delicacies, vegetables and bakery items. The foods reassured their taste and hygiene as the patients' comments were solicited through a separate feedback form. But my luxury was short lived as I was discharged from the hospital on the fifth day. Mahesh Regmi, a close friend since my high school days generously offered a stay at his home in Sandy Hill in Woolwich, London.

Being unable to walk, it was an idle period of time I was spending since the discharge from the hospital. I needed

to visit the hospital once a week for the follow ups. I was also towards the end of my studies, the Masters in Arts, Literature and Criticism in University of Greenwich. Since the regular classes had already been over, the dissertation could be furnished from home. I spent three months' comfortable stay courtesy of Mahesh and other friends until I got clearance from the doctors to return home. After spending over fourteen eventful months in London, I got back home supporting myself with the crutches. A pair of crutches were the best souvenirs I brought back home.

(Kharel is a writer and documentary filmmaker)



Health Tips

Anurupa Shree Dhamala,
A2-Level

Dr. Dikshya Bohara
Medical Officer

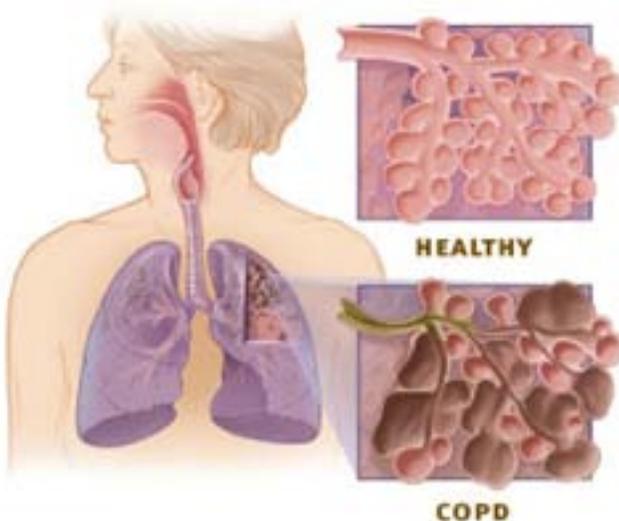
I have been hearing a lot about COPD these days. Can you tell us what it actually means?

COPD 'Chronic Obstructive Pulmonary Disease' which consists of Chronic Bronchitis, Emphysema and to an extent, Asthma hence COPD consists of 3 separate diseases. One of the major symptoms of COPD would be the accumulation of mucus in small airways and thickening of walls in the airways

What are its symptoms?

Combination of signs and symptoms of all 3 disease, most common symptoms are shortness of breath, cannot exercise for long time otherwise they cannot breathe properly. In chronic bronchitis, patient will show coughing, sputum along with shortness of breathe and are likely to catch, an infection like pneumonia. If the disease further progresses, patient are likely to have respiratory/ cardiac failure.

LIVE
HEALTHY



Does it focus on any particular age group?

The Symptom trend is mostly viral in the aged range, and frequent smokers as the toxic and harmful chemicals in smoke constituents are the culprit behind it. This means that in a city like Kathmandu, where the bustling traffic contributes a lot to pollutants, the risk of Chronic Obstructive pulmonary diseases are very high.

Methods to prevent catching COPD?

Firstly, taking heed of the 'NO SMOKING' campaign. The usage of masks while out in the city should help. Keep a distance away from avid smokers as, passive smoking is also one of the ways in catching COPD.

What to do if one catches this disease?

On First notice of the symptoms mentioned above. Immediately consult with a Medical Practioner/Expert and follow their prescription order.

How lethal can this disease be in the long run?

COPD patients are more vulnerable to diseases like pneumonia, if so, treatment should be done immediately and professionally. The risk of having Myocardial Infection can lead to heart attack or respiratory failure.

Poem

IS LIFE REALLY MISERABLE?



Muskan Pandey, Grade XI

Life is a journey from cradle to
graveyard
It's a massive mess not a safe
yard
Many concealed varieties that
are really doubtful
Full of event that are truly
mournful

Surrounded by miseries and
obstacles to tackle
Undoubtedly complex, not so
simple
Worries are like stars even in
day that sparkle
Rare ecstasy, always problem in
the saddle

Life is precious but one should
be cautious
Prolonged depression and lots
of abominations
Unquestionably a burden, not
a gift
A burden that is more than
tough to lift

Life isn't satiable but certainly
pitiable
Never perpetual, of course
perishable
Dilation of troubles, definitely
unabscondable
Every heart speaks, 'Yes' life is
miserable



As understood Mr. Dan Bahadur Karki always believed in his hard work and dedication to do something and contribute in the best possible way for the country. And with that desire he completed his educational qualification to the utmost and joined the National Police Force to serve the Nation. Previously he was in “Metropolitan Police Circle”, New Baneshwor, Kathmandu. He is currently serving in the same post in Saptari District, Rajbiraj, Nepal.

We have always been fascinated by the idea of Police Force. Movies show us that being in the armed side is not an easy job. So what inspired you to be in the Police Force?

Well, I always wanted to be involved in social service and Police Force seemed to be the perfect job. I liked it even more as I joined it because for me it is more than a job; it is a lifestyle.

There are so many students who would love to be in the same profession. What are your suggestions for them?

We want people with feelings of nationalism and respect for the social, cultural diversity, integrity and discipline. That alone isn't enough. Physical fitness, strength and intellect are needed along with sharp communication skills.

We got many ideas on Juvenile Delinquency through the program. But what can be done to prevent children from underprivileged background from getting into crimes and social problems?

Firstly, home environment should be of moral values. S/He should have good ethical programming and wise people to look up to.

Sir, I see many street children walking around smoking. What can be done in regard to this matter? Is it my duty to go and stop them?

Approaching them in violent ways would be wrong but politely informing

these children about the harmful effects of smoking, drugs, would be appreciated. Also, by not being involved in any sort of social crime, children could contribute a lot.

Being students of grade 8, we feel that we can contribute a lot for our country. What are your suggestions for us?

Oh, yes. You can definitely contribute a lot. Start by grooming yourself. Do your work effectively. Avoid getting into social problems and maintain good peer group and productive life.

Sir, we would like to know about the number of Juveniles in Nepal.

Well, the number is quite high. Lots of children in cities and rural areas have been into drug addiction. They start from a cigarette and they chew tobacco. Gradually, they get into alcohol and marijuana. Despite informing shopkeepers not to sell cigarettes and alcohol to children, so much of social changes are yet to be made.

What is the common story of the child who get into narcotics, theft and such? Is it family problem? Just peer pressure? Or could it be more?

Most of such cases begin from family problems. The problems are mostly related to father being a drunkard or the fight between parents. A child who has lost his/her parent or guardian; a child who is not given enough time and such are often misguided into social crimes. It is very

important for the children to have a healthy and happy environment for overall well being.

How can we as students protect and practice our Child Rights? And how can you help protect our child rights?

Firstly, you should have a proper idea of your rights and secondly, you should cultivate the habit of speaking up against what's wrong. Also, you should enjoy your child rights as well as follow your duties. We, the police force, are always there for the support and protection of children as well.

Do you think that citizens are Police without Police Uniform?

Yes, of course. We all are. It's the citizens who inform us about crimes and also are important parts of investigation. We all are helping each other in numerous ways which makes us alike. Police department and citizens are inseparable from each other. In proportion, we are 1 police in 700 citizens, so you can imagine how true it is that citizens are in fact, Police without Police uniform.

Lastly, do you enjoy your job?

Of course I do. I am enjoying my job to the fullest. I've got a job that brings relief and joy in the hearts of my people. I enjoy it every single day.

Jagriti Luitel, Prachi Pokharel,
Shreyan Parajuli, Aayam Basnet
– Class VIII

Electricity, Does it exist?

Ishwor KC

Head of Science Department
Vidhya Sanskar H.S. School

What is electricity? The word 'electricity' has several contradictory meanings. So, the factual answer to this question is impossible. The incompatibility of its definitions and the contradictions confuse everyone. Obviously at the same time, it cannot be several different things. Because the word lacks one distinct meaning, we can never pin down the complete idea of electricity. In the end we are forced to declare that there is no such stuff as "electricity" at all! Here is a quick example to illustrate and support the problem or an idea about it.

The charges (the electrons) sit inside the wires in one place and wiggle back and forth. That is AC or alternating current. For our understanding: electricity is electric current while in motion. If so, then "electricity" is simply the charges that already exist inside the wires, where a flow of electricity refers to flow of charges. If the electricity is assumed to be the form of energy it cannot be considered as movable charges instead should be understood as the invisible electromagnetic fields, which obviously doesn't wiggle back and forth inside but races along the wires when it flows from the distant generators and into the light bulb.

We have to note that electricity cannot be both the charges and the fields of the electrons and the energy. The experts unfortunately cannot agree on a narrow definition. The reference books give conflicting answers, so there *is* no answer.

If someone asks whether generators make electricity, it exposes a great flaw in the way we talk about "electricity". If we can repair this flaw, perhaps our explanations will finally make sense.

Why is electricity impossible to understand?

It is the misconceptions that exist amongst students, which over the years have managed to invisibly infect textbooks, and reference books, and even educators.

In the current world there is widespread assumption that textbooks are nearly 100% accurate. This causes us to be overly trusting of textbooks, and so we ignore any slow increase of errors in the books. It makes us unknowingly spread the authors' misconceptions. When we do notice misconceptions, we either remain in denial about them or we minimize their importance. Lack of a critical viewpoint leaves textbooks wide open for creeping "infection" by increasing amounts of misconceptions, when in fact these misconceptions are often specifically taught in earlier grades. E.g.: In grades 6, the students are told that batteries are sources of current

electricity, which compels the students to believe that batteries always put out the same current regardless of the load, which is wrong. The solution isn't to figure out better teaching methods in high school physics, the solution is to send a million complaints to the publishers of the misleading curriculum materials!

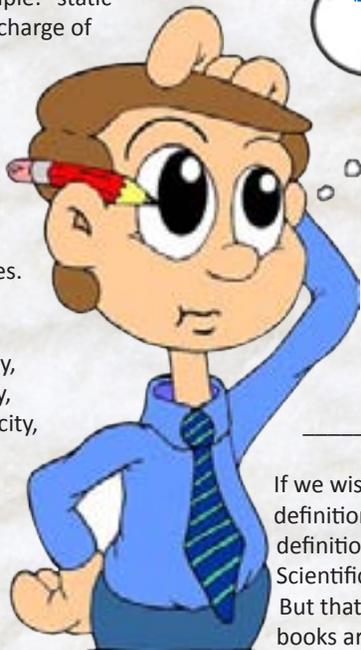
Mistaken belief that the understanding of electrical physics only involves the memorizing of right answers, and that the concept-networks, the storytelling parts are not important. This allows us to blithely teach sets of contradictory concepts, since each concept may be accurate when examined on its own. Example: electricity travels at nearly the speed of light (yes, this is true if "electricity" is defined as meaning "EM energy.") Example: electricity is composed of particles called electrons (yes, if "electricity" is defined as meaning "charge") But the student will never grasp electrical physics now, because these two concepts turn to garbage when combined.

Explaining things in certain ways because it is traditional to do so, rather than explaining things in certain ways because it gets the concepts across well, is a wrong practice. "That is the way everyone does it, so it must be right." "All the textbooks do it this way, and that many books cannot be wrong. E.g.: we always say that "current flows" out of battery, through light bulb, back to battery. Why not alter this to read: charge comes out of *lightbulb,* * is

sucked into the battery, flows through the electrolyte, gets spit out of second battery terminal, then flows back to the bulb? That is more enlightening. But the distorted traditional explanations muscle their way into all textbooks and wipe out creatively improved models.

Below are the five most common meanings of the word Electricity. If one of these meanings is correct, all the others must be wrong! After all, no "science term" must ever possess several conflicting definitions. Unfortunately our dictionaries and encyclopedias contain all of these contradictions.

1. The definition of scientists: "Electricity" means only one thing: quantities of electricity are measured in Coulombs, so "electricity" is the electrons and protons themselves; the electric charge inside the wires, but not the flow. Examples: current of electricity, quantity of electricity, coulombs of electricity.
2. The everyday definition: "Electricity" means only one thing: the electromagnetic field energy sent out by batteries and generators. Examples: price of electricity, kilowatt-hours of electricity.
3. The grade-school definition: "Electricity" means only one thing: it refers to the flow of electrons, the flowing motion of electric charge. Examples: "current" electricity, amperes of electricity.
4. "Electricity" means only one thing: it refers to the amount of imbalance between quantities of electrons and protons. Example: "static" electricity, discharge of electricity.
5. "Electricity" is nothing other than the classes of phenomena involving electric charges. Examples: bioelectricity, piezoelectricity, triboelectricity, thermoelectricity, atmospheric electricity ...etc.
6. Other less common definitions: "Electricity"



refers to the flowing motion of electrical energy (electric power, Watts of electricity)
 "Electricity" really means the electric potential or e-field (Volts of electricity)
 "Electricity" only means the glowing nitrogen/oxygen plasma (sparks of electricity)
 "Electricity" is nothing but a field of science (Basic Electricity, Advanced Electricity)

ELECTRICITY, n.

The power that causes all natural phenomena not known to be caused by something else. <grin!>

(Ambrose Bierce, The Devil's Dictionary, 1911)

Elec-Tri-City, /ɪlɪk'trɪsəti/ noun 1(u)

a form of energy from charged ELEMENTARY PARTICLES, usually supplied as electric current through cables, wires etc. for lighting, heating, driving machines, etc: A waste of electricity. The electricity is off (=There is no electric power supply to the house), 2 (U, Sing.) (written) a feeling of great emotion, excitement etc.

(Oxford Advanced Learner's Dictionary, ISBN 0-19-431-5363)

If we wish to agree on a single correct definition of "electricity," which definition should we choose? The Scientific version, number one above? But that would mean that all of our books are wrong, since books insist

that electricity is the energy, or that electricity is the motion of charges: the current. These are the scientific definitions that are all seventy years old, or older.

Well, maybe we don't need to choose just one definition. If we mix them to assume electricity be an "elastic term?" Suppose we ignore all these contradictions and instead pretend that all of the above definitions are true. Below is the "clear" and "simple" description of electricity, which results:

Electricity is quite simple: "electricity" is just the flowing motion of electricity! Electricity is a mysterious incomprehensible entity, which is invisible and visible, both at the same time. Also, electricity is both a form of energy and a type of matter. Both. Electricity is a kind of low-frequency radio wave, which is made of protons. It's a mysterious force, which cannot be seen, and yet it looks like blue-white fire that arcs across the clouds. It moves forward at the speed of light... yet it sits and vibrates inside the AC cord without flowing forwards at all. It's totally weightless, yet it has a small weight. When electricity flows through a light bulb's filament, it gets changed entirely into light. Yet not one bit of electricity is ever used up by the light bulb, and all the electricity flows out of the filament and back down the other wire. Electricity is like sound waves, no no, it's just like wind, no, the electricity is like the air molecules. Electricity is like cars on a highway, no, the electricity is the speed of the cars, no, electricity is just like "traffic waves." Electricity is a class of phenomena ...a class of phenomena which can be stored in batteries! If we want to measure a quantity of electricity, what units should be used? Why Volts of electricity, of course. And also Coulombs of electricity. And Amperes of electricity. Watts of electricity and Joules, all at the same time. Yet "electricity" is definitely a class of phenomena; merely a type of event. Since we can't have an amount of an event, we can't really measure the quantity of electricity at all. These all descriptions above sound stupid and impossible. The word "electricity" has contradictory meanings, Electricity is not both slow and fast at the same time. It is not both visible and invisible. And electricity isn't the flowing motion ...of electricity.

Using Electricity as the single name for several completely different substance-like quantities, while at the same time expecting students to extract each differing meaning of the "electricity" from the way we use it in explanations, creates problems in understandings. Unfortunately, students instead become permanently confused because they don't realize that the word has several definitions. They hear one word and assume we're talking about one single entity. As a result, they hear us describe a single "electricity-stuff" having contradictory, confusing, totally impossible behaviors. We misuse the word "electricity." Using it to name physical entities and also classes of phenomena. Students may end up believing that static, current, electrons, and protons are various types of energy!

The source of problem is the simplification of a number of distinct concepts by collecting them under the single name "electricity," with the result that students come to believe in a nonexistent stuff called "electricity" which has contradictory, confusing, and impossible characteristics. Even we have mistaken belief that "electricity" travels at the speed of light, while at the same time it flows along at inches per hour as the electrons travel slowly in metals. We have been taught that there are only two types of electrical phenomena: static electricity and current electricity. In fact, there are many others. Lightning is Atmospheric Electricity (and since it involves both AC and DC, electrostatics and electric current, it could also be called Impulse Electricity.) Heart-muscle phenomena is Myoelectricity. Then there's Piezoelectricity, Triboelectricity, Contact Electricity, Bioelectricity, Photoelectricity,

An example of misconception is illustrated below with wind/sound electrical analogy:

- AIR is a physical substance.
 - SOUND is a wave that propagates rapidly through a volume of air.
 - WIND is a flowing motion of air already present.
1. ELECTRIC CHARGES are a physical substance.
 2. ELECTRIC ENERGY is a wave that travels via a column of charge.
 3. ELECTRIC CURRENT is a flowing

motion of the charge already present.

The confusion between charge-flow and energy-flow is similar to confusion between wind versus sound. Do you know that sound is not wind? To believe that electrons flow at the speed of light is similar to believing that air must travel at 720 mph out of our mouth to distant ears.

In conclusion, we can understand that the question "what is electricity?" is a wrong question. We can be more precise and just ask about charges, current, potential difference, kilowatt-hours... They all have accurate definitions but the single meaning of mighty electricity does not exist at all.

"I remember the professor, who when asked the question 'What is electricity?' replied 'It all depends what you mean by 'is.'"

- A. Gilchrist, ASLIB 1972

Well, if I have confused the pre-recorded versions of definitions of electricity, as to enhance the knowledge, some facts of electrical terms (not electricity) are listed below.

Why does the electric company bill us, since it takes back all of the electrons it gives us?

The electric company does not sell electrons. Instead, it pumps the movable electrons, which fill the wires. The atoms of the copper provide the electrons. We pay for a pumping service!

Also, since power lines use AC, the electrons really don't move much at all. Instead they sit in one place inside the wires and vibrate back and forth. (It's somewhat like sound: the sound waves move fast, but the air molecules just vibrate back and forth without flowing forwards.)

Imagine: if electric motors and generators had never been invented, then the "Power Company" could use water instead. The water would be inside a long loop of hose, and when the "Hydricity Company" pumped the

water, we could attach their hose to a water motor, and the motor would turn. The water inside the hose would serve as a long drive belt. The water would stay inside the circle of hose, and it would be pumped around the loop over and over again. And when we open the valve, the motor would turn on instantly, even though the water might be flowing quite slowly. (When we remove the blockage, the whole loop of water starts flowing at once.)

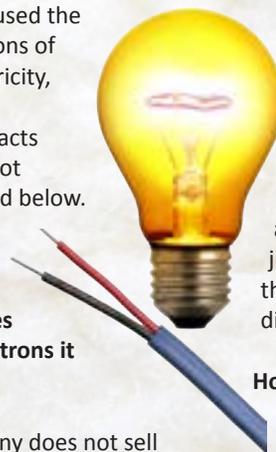
Many years ago, before motors and generators were invented, "power companies" used leather drive belts and rotating drive shafts to send energy to their customers. This really happened, although their customers were not way out in the suburbs. Instead their customers were all in the same area, and the "power company" was just a huge steam engine in the middle of a factory. Energy was sent to all of the factory machines using long leather belts and metal drive shafts. These old factories ran on "Mechanicity" instead of "Electricity". Today we still use steam engines, although they're powered by hydro or nuclear reactors as well as coal or oil. Electric wires and electric motors aren't so incredible; they are really just a way to hide the leather belts that connect all the machines to the distant steam engine!

How do Light bulbs light up?

The filament inside a light bulb is much thinner than the wires that lead up to the bulb. The charges flow slowly in thick wires, but they must flow fast in the thin filament. Charges experience a kind of "electrical friction", and when they flow faster, more heat appears. This friction experienced by the fast charges heats up the filament. The same kind of "friction" heats up all wires, but the charges flow slowly in thick wires, so this heating is usually not enough to even notice.

Why are two wires needed?

There are not two wires! There is only one wire, and the wire forms a circular loop. It looks like there are two wires, with one of them flowing leftwards and the other one flowing right. But in



truth, there is just one wire. All metals are full of movable electrons, so when we connect a wire in a circle, we are forming a kind of "electric drive-belt" which can move inside the wire. But household electric outlets have three prongs! Yes, but only two of them are used. The third one is earthing, which is only used for safety purposes.

Why do batteries get "used up" and "go dead?"

Batteries are chemically-powered charge pumps. They contain "fuel" in



the form of chemicals (these chemicals are usually metals in the form of metal plates.) When the chemical fuels become exhausted, the battery goes dead. No chemicals ever leave the battery, the fuels turn into waste products.

The rechargeable battery can recycle the waste products by pumping charges backwards through the battery, we force the chemical waste to turn back into fuel. This is a bit like pumping some exhaust into the car engine, pushing the car backwards, and having the tank slowly filled up with gasoline! The chemical reactions inside of rechargeable batteries are reversible, while the burning of gasoline is not. The "waste" really does turn back into "fuel" when we force charges back through the battery.

Electrons flow slowly, so how can lights turn on instantly?

The lights turn on instantly because wires are already packed full of movable electrons. So if the battery or generator tries to pull some electrons out of one end of a wire, it has to suck all the electrons forward into the battery, and this creates a current in the entire circuit.

Amazing Facts

Praman Joshi, AS

Your body paralyzes itself when you sleep to keep you from acting out your dreams.

The current US flag was designed by high schooler Robert Heft as part of a school project. He initially got a B- on the project, but when his design was chosen for the country, his teacher gave him an A.

The Statue of Liberty's index finger is eight feet long.

You use 14 Muscles to smile and 43 to frown. Keep smiling!

Bamboo can grow up to 3 feet in just 24 hours.

The average person makes about 1,140 telephone calls each year.

Nobody knows who built the Taj Mahal. The names of the architects, masons, and designers that have been passed down to us have all proved to be latter-day inventions, and there is no evidence to indicate who the real creators were.

Minus 40 degrees Celsius is exactly the same as minus 40 degrees Fahrenheit.

A Boeing 747's wingspan is longer than the Wright brothers' first flight.

A duck's quack doesn't echo anywhere, no one knows why.

Bill Gates' first business was Traff-O-Data, a company that created machines which recorded the number of cars passing at a given point on a road.

There are no clocks in Las Vegas gambling casinos.

The Guinness Book of World Records holds the record for being the book most often stolen from public libraries.

Poem

My School

Subhashish Uprety, 4 'F'

Where learning is so fun and friends are so cool
This is my Vidhya Sanskar H. S. School!

I learn and do many things here
I love the way my teachers care!

Teachers are so nice and kind
They always help to expand our mind!

They show us the right way
How to be good and brighten our day!

I love to play and get into art
My friends and I am really smart
Going to school is full of fun
We learn a lot in return

Parents and teachers will be sad
If we don't study hard!

Create a future from this place
Let's start running and win this race!

Deeza Singh Dahal, 5 'C'

When I was little, I joined my school
It was my first step to school
With new feelings, faces and rules
I entered my school
With many hopes and feelings.

I got my teachers as god
We do not have any frightening rules
My teachers here are kind
But for the wrong things they mind.

Such a lovely atmosphere is here
As we feel a pleasant
School days are very dear
It's truly a life time's treasure.

As clean as water and as white as snow
My school makes my life glow
As I grow old and old as my school
My respect towards it grows more and more.

Included into us is not fear
Helping us in our difficulties with guidance
Showing the path, with suggestions
Teachers work hard for us.

The Time I Won a Medal from NASA



Aashutosh Khatiwada (X 'A')

Recently, in my trip to NASA or more specifically Johnson Space Centre, I was fortunate enough to win the overall competition and bring home a medal. The medal I received was for engineering excellence which indicated to be best of all the teams. My team was gifted by other students from our nation and together we were called "Phoenix". Like the medal indicates we received it for engineering excellence,

which means all of our projects were the best. The first project made by us was Mars habitat, which included all the necessary requirements to sustain life on Mars. Second day we worked on making thermal protection. In easier words, thermal protection is protecting the astronaut from extreme heat or cold in outer space. For testing our thermal design we used an egg for heat and a marshmallow for cold. In the same day, we got some basic astronaut training. The next day we spent entire day on making our mars rover and a two stage rocket. After that day we got some more astronauts training on dealing with weightlessness. After that we tested our rockets and Mars Rover. In the last day, we had a small graduation ceremony where the winners were declared and we had our Space University graduate certificates.

In conclusion, the entire trip and the competition was very exciting and the medal added whole lots of exotic flavors to the trip. The moment my team was declared the winner it was all very exciting and pompous. My happiness escaped the zenith and beyond. Our performance was judged on the basis of presentation, budget, research, total time taken and how well we performed.

14th Jayakar Memorial Junior National Open Lawn Tennis Tournament



Ms. Rayana Shah, a student of Grade V of Vidhya Sanskar H. S. School has remained a regular player and participant in all national lawn tennis tournaments in different age categories such as U-9, U-10 and U-14. Ms. Shah has remained two times winner in U-10 category and 3 times winner in U-9 category. Her latest achievement was in the 14th Jayakar Memorial Junior National Open Lawn Tennis Tournament 2015 where she triumphed as the winner in U-10 Girls' Singles event. The tournament organized by Manjayakar Tennis Academy was held from 22nd to 26th December, 2015 at the Lawn Tennis Complex, Saatdobaato, Lalitpur.

2nd SQC Hub Convention 2016

It is a matter of pride to mention that our school emerged as a winner in the "2nd Student Quality Circle Hub Convention 2016" which was organized on 20th Magh, 2072 (3rd February, 2016) by SQC in collaboration with N.K. Singh Memorial English Preparatory Secondary School (EPS), Min Bhawan, New Baneshwor, Kathmandu. The following are the names of the participants and the events in which they participated along with their achievement in each category.



Ms. Prajita Budhathoki of Class IX and Ms. Ojaswee Das of Class VIII in "Collaborative Story Writing" - First

Ms. Sophia Shrestha and Yubika Mainali of Class VII in "QC Twin (Spelling)" - First

Master Yogesh K. Gupta of Class V and Ms. Abhinandana Biswas of Class VII in "Collage" - First

Ms. Akshyata Pradhan and Master Kris Aryal of Class VII in "PowerPoint Presentation" - Runner-up

Congratulations to all the students for your achievement!!!

Kathmandu International Mountain Film Festival

The 13th edition of Kathmandu International Mountain Film Festival took place from 10th to 14th December, 2015. More than eighty films from 25 countries were screened during the festival in Kathmandu. Under the Seismic Shift-Short Film Competition, "Dhartiputra" directed by Aditya Khadka- a student of Class IX won the third prize. Vidhya Sanskar H.S. School Family is very proud and congratulates him and wishes him the very best for his future achievements as well.



Salute

"The Unstoppable"



Himal Shrestha

An alumni of Chelsea International Academy who is currently pursuing his higher education in New York University, Abu Dhabi, UAE. He is also a World Champion in Microsoft Excel-2010 representing his country Nepal in Washington DC, USA.

The number one benefit of information technology is that it empowers people to do what they want to do. It lets people be creative. It lets people be productive.

It lets people learn things they didn't think they could learn before, and so in a sense it is all about potential.

– Steve Ballmer

A creative man is motivated by the desire to achieve, not by the desire to beat others.

– Ayn Rand

Happiness lies in the joy of achievement and the thrill of creative effort.

– Franklin D. Roosevelt

Football is not Just a Sport



Aadil Napit, AS Level

For football fans like myself, football is not just a sport, it is our need. A weekend without England's Premier League, or Spain's La Liga, is gloomy. Tuesdays and Wednesdays without Champions League are boring, and deep down it feels like something is missing.

Our mind is occupied by the thought of upcoming fixtures, and watching our favourite team play is the highlight of every week. When our team wins, we are the happiest of people, and when our team loses, it feels like the end of the world. Our mood depends

on the results of our team's games. To football fans, there is nothing more magical than watching legendary teams such as Arsenal, Barcelona, Real Madrid, Bayern Munich, and Manchester United doing battle; that's why you'll often hear us saying, "Football is our life!" Football can excite us, have us sitting on the edge of our seats; football has the power to bring us unbridled joy, or have us down in the dumps for the rest of the week. It gives us that special feeling that no other feeling can rival. Football is not just a sport for us diehard fans; it is our religion. The stadium is our home, the jersey is our skin and we football lovers are a family.

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Letter

The Rt. Honourable Prime Minister of India,
Prime Minister's Office,
New Delhi,
Republic of India

Your Excellency,

On behalf of all the Nepalese citizens, I am very glad that you are the Prime Minister of our closest neighbor, India.

It's a matter of joy that the four- month long disturbance on the border of Nepal and India is finally over. This disturbance had obstructed the development of both countries. Not only this, but this has created some misunderstanding between India and Nepal.

Since the ancient times, only Nepal and India have been moving together with mutual feelings to develop their relationship. Both countries have been fulfilling their mutual responsibilities that has spread the feeling of mutual protection of the citizens in both Nepal and India.

Considering the ancient times, Nepal and India have been sharing different relations with each other such as- lord Ram and Sita had their nuptials as a sign of bonding between the two countries. Due to some similar reasons, Nepal and India share same religion and people from both the countries visit each other's country.

Nepal provides water resources to India and India provides petroleum to Nepal in return. Similarly, Nepal provides raw materials to India so that they can use it in factories and India provides different products of the factories to Nepal. So, such factors also help to prove that the development of both Nepal and India can't be done without the help and support of each other.

To make this statement more stronger, I would like to state that many people of Nepal and India are living under poverty. Not only that, Nepal the land of rivers, has been suffering from heavy load shedding problem. Making the matter worse, the great earthquake in 2015 in Nepal also stopped the developmental work in Nepal. In addition to that, the open border between Nepal and India also encourages different types of illegal activities. So, looking at those facts some of the development agendas that can be beneficial for both Nepal and India can be as follows:

Employment opportunities.

- Construction of roads, bridges, railways in both the countries.
- Proper facility of Electricity in both urban and rural areas.
- Post - earthquake reconstruction and recovery support.
- Tight security on the Indo- Nepal border.

Recently, on 19th February 2016, Nepal's Prime Minister K P Sharma Oli visited India. There he signed a seven point deal during a meeting between two countries' counterpart. They also signed the nine agreements and letters of exchange that are incorporated in a seven point deal which are on a wide range of bilateral issues including energy trade and post- earthquake reconstruction support.

In addition to this, citizens of both Nepal and India are happy to know that Nepal is provided with 80mw of electricity from India. This will be augmented to 200mw by December 2017. Both countries have also signed a Memorandum of Understanding (MOU) on the utilization of US\$250 million for post -earthquake reconstruction.

Nepal and India are related to each other in another way as well. They are the members of South Asian Association for Regional Corporation (SAARC) which was constituted in 1985.

India has been an active member of the SAARC and aims to foster better mutual understanding by supporting people- to - people initiatives. India offers great sources of potential investment in terms of trade and commerce as it is the sole SAARC member which shares borders with all 6 founding members with land and sea. India succeeded in building excellent trade relations and cordial relations on social, political and economic front with 8 SAARC countries.

Previously, in the time when supplies were obstructed in the border, people used firewood to cook food which somehow was affecting the environment. People had to struggle fortnightly for getting petroleum and LPG But now as the situation has changed all the problems are disappearing, So it is a kind of Happy Ending for all of us!

Thanking You,

Sincerely Yours,

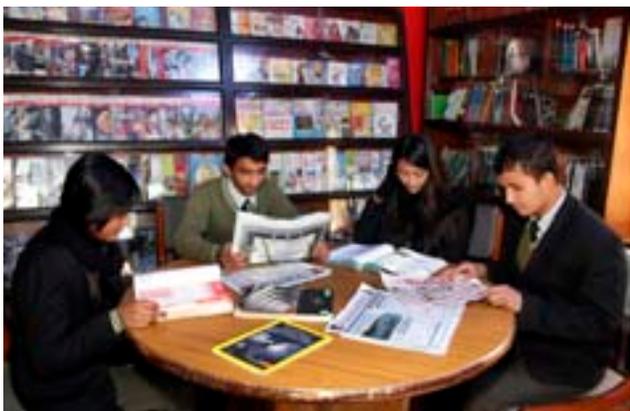
Aditya Pant, 7 'A'

National Debate Fest

An annual event of Chelsea Debating Club

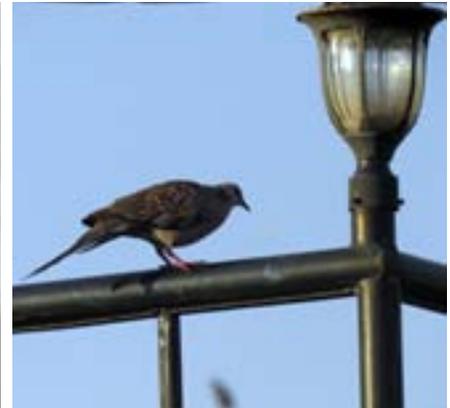


Activities



My account of times fiercely gentle yet unfathomable glory

Pranai Moktan (C.A.A.O.)



जीवनी

अरनिको

जेनी क्षेत्री, ६ 'च'

अरनिको नेपालका महान् कलाकार हुन्। उनको वास्तविक नाम बलब्राह्म हो। उनको जन्म इ.सं. १२४४ मा भएको थियो। गरिव परिवारमा जन्मेका भएर उनी स्कूल जान पाएनन्। सानै उमेरमा उनलाई चित्रहरू कोर्ने र माटाका मूर्तिहरू बनाउने रुचि बस्यो। बाबूका एक जना साथी कालिगड भएकाले अरनिको उनैको घर गएर निकै अभ्यास गर्थे। अभ्यास गर्दागर्दै उनी एकदम सिपालु हुँदै गए। चारैतिर उनको बयान चलन थाल्यो र उनी प्रसिद्ध कलाकार बने।

अरनिकोले बनाएका चित्र, मूर्ति र मन्दिर कलात्मक हुन्थे। उनको कलाका बारेमा नेपालका राजाले पनि थाहा पाए राजाले पनि उनको कला हेरे, मन पराए र अरनिकोको प्रशंसा गरे। त्यसै समयमा तिब्बतका राजाले आफ्नो देशमा नयाँ शैलीको सुन्दर मन्दिरहरू बनाउने विचार गरे। राम्रा कलाकारहरूको खोजी भयो। तिब्बतका राजाले नेपाली कलाकारहरूको बारेमा थाहा पाए। अनि उनले सय जना नेपाली कलाकारहरूलाई आफ्नो देशमा पठाउन नेपालका राजासित अनुरोध गरे। नेपालबाट मूर्ति र मन्दिर बनाउन सिपालु ८० जना कलाकारहरूलाई तिब्बत पठाइयो। सत्र वर्षका भर्खर जुँगाको रेखी बसेका अरनिकोलाई त्यस टोलीको नाइके बनाइयो।

अरनिकोले तिब्बत पुगेर बुद्धको चैत्य बनाए। त्यो चैत्य साह्रै राम्रो थियो। अरनिकोको सीप देखेर देशविदेशबाट आएका ठूलाठूला मानिसले

पनि उनको धेरै प्रशंसा गरे। त्यसपछि चीनका त्यति बेलाका बादशाह कुबलाखौंले उनलाई चीनमा डाके। उनले एउटा फुटेको मूर्ति अरनिकोलाई जोड्न दिए। अरनिकोले त्यस मूर्तिलाई सजिलैसँग जोडिदिए। त्यसपछि चीनमा कलाकारहरूको बीच चित्रकला प्रतियोगिता भयो। त्यसमा पनि अरनिको प्रथम भए। खुसी भएर चीनका राजाले अरनिकोलाई चिनमै बस्न अनुरोध गरे। अरनिकोले चीनमा पनि मन्दिर र मूर्तिहरू बनाए।

अरनिकोले नेपाली कलालाई संसारभर चिनाए। उनले चीन र तिब्बतमा आफ्नो कलाबाट नेपालको नाम फैलाए। उनले चीनमा धेरै मानसम्मान पाए। चीनमा बसे पनि सधैं नेपाललाई माया गरिरहे, उनले नेपाललाई कहिले पनि बिर्सनन्। उनले चीनभरि नेपाली ढाँचाका घर, मन्दिरहरू बनाएर नेपाली कलाको प्रचार गरे। उनले आफ्नो देशको इज्जत बढाए। यसैले उनी ठूला कलाकारको रूपमा चिनिन्छन्। उनी नेपालका राष्ट्रिय विभूति हुन्।

उनी प्रसिद्ध कलाकार भएकाले उनकै सम्झनामा नेपाल तिब्बत जोड्ने काठमाडौं कोदारी राजमार्गको नाम अरनिको राजमार्ग राखिएको हो। देशको लागि ठूलो काम गरेर आफ्नो देशको नाम संसारभरि चिनाउनै यस्ता ठूला मानिसलाई हामी कहिले पनि बिर्सन सक्दैनौं। हामी उनलाई सधैं सम्झिरहन्छौं। यस्ता महान् व्यक्तिको मृत्यु इ.सं. १३०६ मा भयो। उनी मरेर गए पनि अमर छन्। एक नामी कलाकारका रूपमा हामी उनलाई सधैं सम्झिरहन्छौं। उनी सधैं सम्मान योग्य छन्।

कविता

मेरो विद्यालय



शुभमसिंह दाहाल, ३ 'ग'

मेरो विद्यालय यहाँ शान्ति छ
यहाँ ज्ञानको भण्डार छ।

मेरो विद्यालय मेरो दोस्रो घर
छन् यहाँ राम्रा सर।
म नर्सरीमा हुँदा यो विद्यालय आएँ
यस विद्यालयलाई मुटुमा हिरा जस्तै पाएँ।

मलाई विश्वास छ, मेरो विद्यालयमा
बनाउँछ मलाई असल मानिस मेरो जीवनमा
जहाँ मेरो भविष्य बन्छ
जहाँ मेरो विचार बोल्छ।

आऊ सबै सिकौं असल बानी
भएर असाध्य ज्ञानी
आजका स-साना बालक
भोलि बनाउँछ हामीलाई
यसले देशको चालक

राख्नुपर्छ जहिले गुरुहरूको मान।
गर्नु हुन्न कहिल्यै उहाँहरूको अपमान
गर्नु हुँदैन भगडा कहिल्यै
गर्नु पर्छ गृहकार्य पुरा जहिल्यै।

गुरुआमा आमा जस्तै छन् यहाँ
साथी मेरा दाजु बहिनीहरू जस्तै छन् यहाँ
सरस्वतीमाता विद्याकी देवी
विद्यालयले उठाउँछ हाम्रो श्रेणी।

यसले मेरो आत्मविश्वास जगाउँछ।
यसले मलाई सफल बन्न सिकाउँछ।

आमा

एन्जुम लामा, २ 'ड'



आमा माता
आमा धर्ती

आमा नै ममताकी खानी
आमा हुन् रक्षक
आमा हुन् शिक्षक

आमा नै ज्ञानकी रानी
आमाको माया आमाको छाँया

रहिरहन्छ अपरम्पार
आमाको सबै दुःखलाई बुझी
आदर गरौं जुनीभर



मित्रता

अदिती बस्नेत, द 'घ'

एकादेशमा भापाको कुनै एउटा गाउँमा शान्तिदीप नाम गरेको विद्यालय थियो । त्यो विद्यालयमा राहुल र रेसब नाम गरेका कक्षा ९ मा पढ्ने दुईजना विद्यार्थी थिए । तिनीहरू दुईजना एकदमै मिल्ने साथी थिए । तिनीहरू सबै काम सँगै गर्थे, सँगै खेल्थे, सँगै स्कुल जान्थे । स्कुलमा पनि सँगै बस्थे स्कुलबाट घर फर्केपछि पनि सँगै गृहकार्य गर्न बस्थे, सबै काम सँगै गर्थे । तिनीहरू पढाइमा पनि असाध्यै राम्रा थिए । तिनीहरू दुवै जना जहिले पनि प्रथम र द्वितीय स्थान ल्याउँथे । दुईजना मानिस एकदमै मिल्ने साथी भए पनि पढाइमा एकअर्काको दुस्मन हुनुपर्छ भन्ने बनाइ छ तर राहुल र रेसब त्यस्ता थिएनन्, तिनीहरू एकदमै मिल्थे ।

राहुल र रेसबको मित्रताको बारेमा जताततै बयान थियो । यिनीहरू एकदमै मिल्ने साथी भए पनि उनीहरूको परिवार त्यति मिल्दैनथे । अहिले एक्काइसौं शताब्दीमा आएर पनि कुनैकुनै मानिसको सोच पहिलाको जमानाको मानिसको जस्तै हुन्छ । राहुल राउटे थियो, रेसब क्षेत्री थियो र रेसबको बाबाको अनुसार राहुल र उसको परिवार तल्लो जातको मानिसहरू हुन् त्यसैले राहुल र उसको परिवारसँग धेरै मित्रता गाँस्नु हुँदैन भन्ने थियो । त्यसैले राहुलको बुबालाई राहुल र रेसबको मित्रता मन पर्दैनथ्यो । तर राहुल र रेसब त्यस्ता सोचका मान्छे थिएनन् । उनीहरूको विचारमा मित्रता पद, प्रतिष्ठा जात, धन हेरेर गर्नु हुँदैन । मित्रता त सोच, विचार हेरेर गर्नुपर्छ



भन्ने थियो । उनीहरूको जीवन साधारण तरिकाले नै चलिराखेको थियो । एकादिन रेसब आफ्नो परिवारसँग दुई हप्ताको लागि पोखरा घुम्न गएको थियो । रेसब पोखरा जान चाहँदैनथ्यो किनभने राहुलकी आमा बिरामी हुनुहुन्थ्यो र ऊ राहुलको मदद गर्न चाहन्थ्यो तर रेसबले जानै पन्थो र ऊ दुई हप्ता पछि भापा फर्कियो । कति पछि भापा फर्कँदा र आफ्ना साथीहरूसँग भेट हुँदा रेसब धेरै खुसी थियो । ऊ सबैभन्दा पहिला राहुललाई भेट्न गयो । तर सबै कुरा पहिलाको जस्तै थिएन । राहुलको बानी व्यवहार पहिलाको जस्तै थिएन । दुई हप्ता पहिलेको राहुल अर्को थियो र अहिलेको राहुल अर्को । राहुल धेरै भर्कियो । उसलाई कसैले रिस उठायो भने ऊ त्यसलाई पिट्न जान्थ्यो

। अब राहुल र रेसबको मित्रता पहिलाको जस्तै भएन ।

एकादिन रेसब राहुलको घर गएको थियो । त्यहाँ उसले राहुलकी बिरामी आमालाई भेट्यो र त्यसपछि राहुललाई उसको कोठामा भेट्न गयो । त्यहाँ ऊ राहुलको कोठाको हालत देखेर आश्चर्य चकित भयो किनभने उसको कोठाको सबै चिज भुईँमा खसेको थियो र कोठा सबै फोहोर थियो । राहुललाई त्यस्तो कोठा भने पर्दैनथ्यो । पहिला राहुल कोठामा अलिकति फोहोर भए पनि सफा गरी हाल्थ्यो तर अहिले त उसको कोठा फोहोरको थुप्रो जस्तो थियो । रेसब राहुलको कोठाभित्र छिन्थो । त्यहाँ उसले कोठाको कुनातिर चुरोटको बट्टा र रक्सीका सिसीहरू देख्यो । त्यो देखेर रेसब अझ आश्चर्य चकित भयो । पहिला राहुलले रेसबलाई “हामी जाति नै ठुलो भए पनि चुरोट, रक्सीको लतमा लाग्नु हुँदैन” भन्थ्यो तर अहिले राहुल नै त्यस्तो भइसकेको थियो । राहुल कोठाको अर्को कुनामा बसेर चुरोट तान्दै थियो । रेसब राहुलको नजिकै गयो र भन्यो “ राहुल ! तिमी कसरी यस्तो चुरोट, रक्सीको कुलतमा फस्नो ? अहिले त हामी दुबैजना पहिलाको जस्तै मित्र रहेनौं । तिमीलाई थाहा छ नि, तिमी आमा कति बिरामी हुनुहुन्छ । तिमी आफ्नी आमाको साथ नबसेर यहाँ चुरोट खाएर किन बसेको ? मान्छेले भन्थे कि मानिस बदल्न एक सेकेन्ड पनि लाग्दैन, साँच्चिकै हो रहेछ । राहुलले भर्को आवाजमा भन्यो, “मैले मेरो जिन्दगीमा जे गरे पनि जे खाए पनि मेरो मर्जी । तैले मेरो घरको कुरामा बोल्नु पर्दैन” । राहुलको यस्तो कुरा सुनेर रेसब धेरै दुःखी भयो । उसलाई राहुलबिना केही गर्न मन लाग्दैनथ्यो । राहुलको हालत यस्तो कसरी भयो भन्ने कुरा उसलाई जान्न मन लाग्यो । त्यसैले उसले विद्यालयका अरु साथीहरूसँग गएर सोध्यो साथीहरूका अनुसार रेसब दुई हप्ताको लागि पोखरा गएपछि राहुल उनीहरूकै कक्षाका नराम्रा केटाहरूको सङ्गतमा लागेको थियो । ऊ धेरै जसो समय तिनै केटाहरूसँग बिताउँथ्यो । राहुलको यस्तो स्वभाव देखेर रेसब एकदमै दुःखी भयो । नराम्रा केटाहरूसँग लागेर जहिले पनि राहुल सबै जनाको अगाडि रेसबको बेइज्जत गरिदिन्थ्यो र रेसबलाई नराम्रो गाली दिन्थ्यो ।

राहुलको यस्तो स्वभाव देखेर रेसबलाई स्कुल जान पनि मन लाग्दैनथ्यो । एकादिन रेसब चौरमा बसिराखेको थियो । त्यसैबेला राहुल ऊ कहाँ आयो र भन्यो “तँ त माथिल्लो जातको मान्छे म त तल्लो जातको; तेरो बाउले जहिले पनि म र मेरो परिवारलाई हेप्नुहुन्थ्यो । तँ जहिले पनि मेरो परिवारलाई गरिब ठान्थिस् र आफ्नो परिवारलाई धनी । तँलाई मेरो साथी बनाएर मैले मेरो जिन्दगीकै ठुलो गल्ती गरेछुं । तँ जस्तै साथी पाउनु भन्दा त कुनै साथी नै नहुनु राम्रो” भन्दै ठुलो स्वरमा भर्कियो । राहुलको यस्तो कुरा सुनेर

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रेसब भन्ने दुःखी भयो । रेसबको बुबालाई मेरो छोरा पनि राहुल जस्तै भयो भने के गर्ने? भन्ने चिन्ता लाग्यो । त्यसैले रेसबको बुबाले रेसबलाई सहर पठाइदिनु भयो । रेसब शहरमा गएर गाउँमा भएको सबै कुरा बिर्सन खोजेर अगाडि बढ्ने कोसिस गर्दै थियो र यता गाउँमा राहुलकी आमाको स्वास्थ्य अवस्था दिनप्रति दिन बिग्रदै जाँदै थियो । ऊ घर पनि कहिल्यै आउँदैनथ्यो । आफ्नो छोराको यस्तो हालत देखेर राहुलकी बिरामी आमा भन्ने बिरामी हुनुभयो र उहाँको मृत्यु भयो । कति दिन पछि राहुल पनि बिरामी हुँदै गयो । ऊ अस्पतालमा भर्ना भयो र राहुललाई फोक्सोको क्यान्सर लागेको थियो । यदि कसैले आएर आफ्नो एउटा फोक्सो राहुललाई दियो भने मात्र राहुलको बाँच्ने सम्भावना छ भनेर डक्टरले भन्नु भएको थियो । जब राहुल अस्पतालको शैय्यामा थियो, तब उसलाई आफ्नो गल्तीको अनुभव भयो । त्यति बेला गल्तीको अनुभव भएर केही हुनेवाला थिएन । समय कहिल्यै पनि पछाडि जाँदैन । ऊ चाहेर पनि आफ्नो पछिल्लो जिन्दगीमा गएर सबै कुरा पहिलाको जस्तै बनाउन सक्दैनथ्यो । धेरै ढिलो भैसकेको थियो ।

उसलाई धेरै पछुतो भयो । ऊ आफ्नो जिन्दगीको लगभग आखिरी पलमा पुगिसकेको थियो । त्यतिबेला उसलाई धेरै सम्झना आई राखेको थियो । ऊ मर्नुभन्दा अगाडि रेसबसँग माफी मान्न चाहन्थ्यो । दुईतिन घन्टा पछि डाक्टर आएर भन्यो “बधाई छ राहुल ! तपाईंको एउटा साथीले आफ्नो एउटा फोक्सो दिन तयार छ । तपाईं एकदमै भाग्यमानी हुनुहुन्छ । आजकलको जमानामा यस्तो साथी पाउनु धेरै गाह्रो छ । त्यो साथीले अपरेसनको सबै पैसा पनि तिरिदियो ।” राहुल आश्चर्य चकित भयो र डाक्टरलाई, त्यो साथीलाई भित्र पठाइदिन अनुरोध गर्‍यो । त्यो साथी रेसब थियो । रेसबलाई त्यहाँ देखेर राहुलका आँखा आँसुले भरिए । राहुल धेरै खुसी भयो साथसाथै उसलाई धेरै पछुतो पनि भयो ।

राहुलको अपरेसन सफल भयो । त्यसपछि राहुलले चुरोट, रक्सी खान छोड्यो र राम्रो काम गर्न थाल्यो । राहुल र रेसब पहिलाको जस्तै मित्र भए र उनीहरू अहिले धेरै मिलेर बसेका छन् ।

त्यसैले हामीले कहिल्यै पनि चुरोट, रक्सीको कुलतमा लाग्नु हुँदैन । यो जमानामा असल, इमान्दार मित्र सजिलैसँग भेटिँदैन । हामी अरुको कुरामा लागेर कहिल्यै पनि आफ्नो मित्रलाई गलत सम्झनु हुँदैन भन्ने शिक्षा यो कथाबाट पाउन सक्छौं ।

कविता

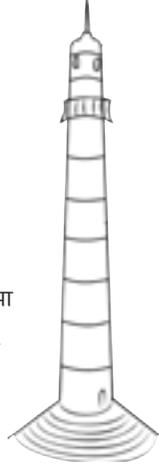
मेरो देश

ओजस्वी अर्याल, २ 'च'

मलाई धेरै माया लाग्छ
मेरो आफ्नो देशको
मलाई सारै राम्रो लाग्छ
आफ्नो भाषा भेषको

सधैं बस्न पाइरहुं
मेरो आफ्नो देशमा
आफ्नै भाषाबोलूँ
अनि सजिउँ-आफ्नै भेषमा

हिमाल ताल राम्रो लाग्छ
मलाई मेरो देशको
मलाई सारै प्यारो लाग्छ
नेपाली भाषा भेषको



मेरो घर

प्रसून अधिकारी, ३ 'ग'

मेरो एउटा घर छ
जुन बालकुमारी ललितपुरमा पर्छ,
यहाँ छन् धेरै घरहरू
जहाँ रहेछन् विभिन्न अफिसहरू ।

यही हो मेरो जन्मथलो
यहाँ छैन कसैलाई केही अप्ठ्यारो,
स्कूल, पसल धेरै छन् मेरो यो ठाउँमा
मलाई राम्रो लाग्छ बस्न आफ्नो गाउँमा ।

सुन्दर छ मेरो घर सुन्दर छन् साथी
यहाँ गर्दैनन् कसैले कसैलाई पक्षपाती
मलाई राम्रो लाग्छ आफ्नो टोल
कसैले नगरौं है भ्रमण गर्न भूल ।



बालकको सपना

संस्कार न्यौपाने, ३ 'क'

साना साना बालक हामी
भोलि ठुला हुनेछौं ।
देशको विकास गर्नलाई,
अधि बढ्ने छौं ।

साना साना बालक हामी
भोलि ठुला हुनेछौं ।
सानालाई माया गरी,
ठुलाको आदर गर्नेछौं ।

साना साना बालक हामी
भोलि ठुला हुनेछौं ।
बुबा, आमा र गुरुको
सेवा गर्नेछौं ।

साना साना बालक हामी
भोलि ठुला हुनेछौं ।
वैज्ञानिक बनेर
नयाँ आविष्कार गर्ने छौं ।

साना साना बालक हामी
भोलि ठुला हुनेछौं ।
हजारौं बुद्ध बनेर
संसारमा शान्ति फैलाउने छौं ।

साना साना बालक हामी
भोलि ठुला हुनेछौं ।
राम्रो शिक्षा पाएमा
शिक्षक, डाक्टर, पाइलट आदि बन्नेछौं ।

साना साना बालक हामी,
भोलि ठुला हुनेछौं ।
दुःखीहरूको सेवा गरी,
पुण्य कमाउँछौं ।

साना साना बालक हामी
भोलि ठुला हुनेछौं ।
पत्रकार बनेर
खबर दिने छौं ।



कामरुकामाक्ष, दार्जिलिङ हुँदै इलामको सेरोफेरो नियाल्दा

सदिका अधिकारी, ९ 'क'

इलामको हरियाली, चिया बगान र पहाडको सुन्दरताबारे यदाकदा टि:भीमा हेर्न पाउँदा मलाई मनमनै यो ठाउँमा पुग्न पाए कस्तो हुन्थ्यो होला भन्ने लागि रहन्थ्यो । केही समयपछि दर्शनको लामो बिदा आइरहेको थियो । यसै बिचमा मैले बाबाआमालाई स-परिवार, इलाम घुम्न जाने प्रस्ताव पोखें । घरमा सबै राजी भए तर बाबाले एउटा शर्त राखेर मान्ने भए घुम्नलाई सहमति जनाउनुभयो । त्यो के भने, भारतको आसाम राज्यको राजधानी गुहाटीमा रहेको प्रसिद्ध तीर्थस्थल कामरुकामाक्ष दर्शन गरी दार्जिलिङ हुँदै इलाम घुम्न जाने। मैले त सानो प्रस्ताव गरेको तर बाबाले प्याकेज टुरकै प्रस्ताव राखेपछि मेरो खुट्टा भुँड्मा न भाँडामा भएर आयो । एकै स्वरमा सबैले हुन्छ भनिदियो । यसैबिच बाबाले भान्दाइको परिवार पनि समेटेर सँगै जाने कुरा हामीलाई बताउनु भयो । यात्राको टिकट, सङ्ख्या, खर्च र बन्दोबस्तीका सामग्री सहित हामी २०६९ साल असोजको १२ गते यात्राको लागि बिराटनगर प्रस्थान गर्नुभयो ।

सोही दिन त्यहाँबाट भान्दाइको परिवार सहित आठजनाको टोली काँकडभिट्टा हुँदै भारतको जलपायीगुडी रेलस्टेशनसम्म पुग्यौ । टिकट, रेलको समय र डिब्बा चयन गर्दा बाबालाई निकै हम्महम्मो परेको थियो । अन्ततः रेल भेटियो । जीवनमा पहिलो पटक रेल देख्न र चढ्न पाएकाले मलाई नौलो अनुभूति भइरहेको थियो । करिब ५:४५ को समय हुँदा हो, रेलले तीव्र गति लिन थाल्यो । रात पनि छिपिँदै गयो । रेलमा तीन तलाको सुल्ल-बस्न मिल्ने गजबको फोर्लिङ सिट हुँदा रहेछ । त्यसमा पनि शौचालयको सुविधा र खानेकुरा समेत किन्न पाइने सुविधा हुँदा रहेछ । हामीले साथै लगेको

खानेकुरा खाई आरामपूर्वक गफ गर्दै, घरघरि रेल रोकिने स्थानका चोकबजार अवलोकन गर्दै अधि बढ्यौ । रेल रातभर छक्छक् छक् गर्दै दौडिरह्यो ।

भोलिपल्ट बिहान गुहाटीस्थित कामरुकामाक्ष रेलवे स्टेशनमा ओर्लन उर्दी जारी भयो । हामी सबैजना रेलबाट ओर्लिपछि होटेलमा गयौ । केही बेरको आराम र तयारी पछि कामरुकामाक्ष माईको दर्शन गर्ने समय हाम्रो ९ बजेको निधो भयो । केही समयको उकालो चढेपछि हामी पुग्यौ विशाल बह्रमपुत्रनदी छेउमै अवस्थित कामरुकामाक्ष माईको मन्दिर । मैले त्यत्रो विशाल नदी यस अधि कहिल्यै पनि देखेकी नै थिइनँ । सिङ्गै आसाम राज्यको परिचय र जीवनको आधार बनेको प्रसिद्ध नदी रहेछ बह्रमपुत्र । यसले मेरो मन नै लोभ्यायो । करिब १ घण्टाको लाइन लामबद्ध भई एकजना पण्डितको साहारामा हामी मन्दिरभित्र प्रसिद्ध मन्दिर दर्शनको लागि प्रवेश गर्नुभयो । मन्दिरभित्र विशाल कामरुकामाक्ष देवीको मूर्ति रहेछ । श्री स्वस्थानी महात्म्यअनुसार सती देवीको गुह्य पतन भएको एक प्रसिद्ध शक्तिपीठको रूपमा रहेको कारण यसको विशेष महत्वका साथ दर्शन र पूजा गर्ने प्रचलन रहेछ । हामीले पनि दर्शन र पूजा गरी सामूहिक फोटो खिचाई होटेल फर्कियो ।

दिउँसो बाह्रपुत्र नदी किनारमा डुङ्गा चढ्दै नदीको बिचमा रहेको शिव मन्दिर समेतको दर्शन गर्दाको आनन्द निकै रोचक थियो । भोलि पल्ट हामी मेघालयको राजधानी सिलाइतर्फ जाने भयौ । पहाडी भूभाग, ताल, झर्ना, खोलाका मनमोहक दृश्य हेर्दै हामी सुन्दर शहर सिलाइ पुग्यौ । दिउँसोभरि त्यहाँका मुख्य स्थानहरूको अवलोकन गर्नुभयो । यहाँ थुप्रै नेपाली समुदाय र भाषाभाषीका मानिस हेर्दा नेपालमा नै भए जस्तो प्रतीत भयो । सिलाइबाट फर्किदा भ्रमक साँभर परिसकेको थियो । करिब १० बजे राति गुहाटी फर्की आउँदा

हामी लखतरान भईसकेका थियौ । भोलिपल्ट छ बजे रेल चढी सिलगुडीसम्म पुग्न पर्ने भएकाले हामी सुत्ने तरखरमा लाग्यौ । लखतरान भएर होला, निन्द्रा पनि चाडै नै लाग्यो । बिहान सबैरे रेल स्टेशनमा निर्धारित समयमा पुगी आफ्नो डब्बामा र सिटमा बस्न पुग्यौ । अब हाम्रो यात्रा दार्जिलिङ हुँदै इलामसम्म तय भएअनुसार चार बजे रेलमा हिँड्यौ । थुप्रै चिया बगानको हरिया फाँट हेर्दै हामी सिलगुडी आइपुग्यौ । त्यहाँबाट एउटा गाडी रिजर्भ गरी हामी मिरिकको बाटो राति आठ बजे दार्जिलिङ पुग्यौ ।

दार्जिलिङको कटयाइग्रिदो जाडो सभ्रिँदा अर्भे पनि आइ सिरिङ्ग भएर आउँछ । भोलि पल्ट दार्जिलिङ सहरका प्रमुख स्थल चौरस्ता, टाङ्गर हिल, रक गार्डेन, चिडियाखाना जस्ता महत्वपूर्ण स्थान घुमघाम गर्नुभयो । दार्जिलिङमा घुम्दा मलाई भारत होइन सम्पूर्ण नेपालमै रहेको अनुभूति भयो । यहाँका मानिसको बोलीचाली, रहनसहनमा सम्पूर्ण नेपालीपन झल्कन्थ्यो । हुन पनि यतातिरबाटै बसाइँसराइँ भई गएका सबै समुदाय त्यहाँ रहेछन् । दार्जिलिङको चिसो र अत्यन्त प्राकृतिक प्रकृतिमा डुल्ल पाउँदा म आफूलाई भाग्यमानी ठान्दछु । भोलिपल्ट बिहानै इलाम प्रस्थान गर्ने सूचना आमाले दिइसक्नु भएकाले हामीले दार्जिलिङमा एक रात मात्र बितायौ तर पनि त्यो रात मेरो जिन्दगीको अविस्मरणीय रात भयो । भोलिपल्ट बिहानै एउटा गाडीमा सबै जना अटाएर हरिया पहाड, पखेराको दृश्यावलोकन गर्दै नेपालको सीमानाका पशुपतिनगर, फाटक हुँदै हामी इलाम जिल्ला प्रवेश गर्नुभयो ।

मैले रोजेको र सोचेको गन्तव्य स्थलमा पाइला टेक्न पाउँदा म खुसीले गद्गद् थिएँ । त्यसमा पनि फिक्कल, कन्याम डाँडा वरपर रहेका चिया बारीका फाँट अनि छिन्नछिन्ना आउने हुस्सु

र कुइरोको मिश्रणले सुन्दरता अझ थपिरहेको देखियो । फिक्कलमा खाना खाई करिब दुई घण्टाको ओरालो र उकालो पार गर्दै हामी पुग्यौं इलाम बजार । प्रकृतिको सुन्दर काखमा विचरण गरेको शान्त र स्वच्छ शहर रहेछ इलाम । इलाम बजार वरिपरिका चिया बगान आफ्नै हातले छोएर तस्बिर खिचाउँदा भन्नु रमाइलो अनुभूति भइरहेको थियो । स्थानीय उपज छुपी, चियापत्ती, अलैंची, लगायत फलफूल किनेर सोही रात्रि आफन्तजनको आतिथ्यमा बस्न पाउँदा रमाइलो लागिरहेको थियो । इलाम आए पश्चात् बाबाले प्रसिद्ध माइ पोखरी दर्शन गर्न जाने थप कार्यक्रम मिलाउनु भयो । हामीलाई त बोनस प्राप्त भएभैं लाग्यो । भोलिपल्ट बिहान गाडी चढी केही घण्टापछि हामी माइपोखरी पुग्यौं । यहाँको सुन्दरता, धार्मिक महिमाको कारण भक्तजनको आगमन पनि धेरै हुँदो रहेछ । तर अव्यवस्थित बाटोको कारण जोखिमका साथै आगन्तुकहरूले कहिलेकाँही सास्ती पाउने गर्दा रहेछन् । यसमा सरकारका ध्यान पुनु जरुरी देखिन्छ ।

दार्जिलिङको कठ्याङ्ग्रिँदो जाडो सम्भिँदा अझै पनि आङ् सिरिङ्ग भएर आउँछ । भोलिपल्ट दार्जिलिङ सहरका प्रमुख स्थल चौरस्ता, टाइगर हिल, रक गार्डेन, चिडियाखाना जस्ता महत्वपूर्ण स्थान घुमघाम गर्नु ।

माई पोखरी दर्शन पश्चात् पुनः इलाम बजार हुँदै हामी बिराटनगरसम्म पुनु पर्ने भएकाले सबै हतारमा थियौं । बाटामा दुवैतर्फ हरिया चिया बगानका डाँडा र पाखा पखेराको मनोरम दृश्य सँगाल्दै हामी महेन्द्र राजमार्गको चारआली चोकसम्म आइपुग्दा साँभू परिसरको थियो । राति बिराटनगर भान्साइकोमा बास बसी भोलिपल्ट हामी काठमाडौं फर्कियौं ।

करिब एक हप्ताको यो मेरो परिवारसँगको यात्रा स्वदेश तथा विदेश अवलोकन गर्ने अवसरका साथै मेरो मनोइच्छा पूरा भएको महत्वपूर्ण क्षण पनि हो, जसबाट मैले प्राकृतिक सुन्दरतालाई नजिकबाट चुम्न र अवलोकन गर्न पनि पाएँ । यसका अतिरिक्त विभिन्न भाषाभाषी समुदायसँग परिचित भई नयाँ कुराहरू सिक्न पनि पाएँ, जुन मेरो मानसपटलमा सधैं ताजा रहिरहने छ । यसले मलाई आगामी दिनमा पनि कुनै नयाँ, सुन्दर ठाउँको अवलोकन गर्न उत्प्रेरित गरिरहेको छ । हेरौं, मेरो अभिलाषा कहिले पूरा हुन्छ !

लेख

विज्ञान र प्रविधि

प्रकृति पिया, ९ 'घ'

विज्ञान भनेको भौतिक विषयको तत्व, सिद्धान्त आदिको प्रयोगात्मक विवेचना गरिएको शास्त्र हो । विज्ञानको सिद्धान्त अवलोकन, परीक्षण र प्रयोग जस्ता कार्यलाई व्यवहारमा ल्याउने सीप वा शैलीलाई प्रविधि भनिन्छ । मानिसको असन्तुष्ट स्वभाव र आवश्यकताले विज्ञान र प्रविधिको जन्म भयो । मानिसले निरन्तर प्रयास र प्रयोगले धेरै कुराहरूको आविष्कार गर्‍यो । विज्ञान र प्रविधि मानव जीवनको एक महत्वपूर्ण उपलब्धि हो । मानिसको इतिहासलाई अध्ययन गर्दा परापूर्व कालमा मानिस जङ्गलमा बसेर सिकार गर्थ्यो । अहिले त्यहीँ मानिस चन्द्रमासम्म पुगे भइसकेको छ । पहिला अकल्पनीय लागेको कार्य अहिले थियो त्यो कार्य विज्ञानले पूर्ण गर्न सकेको छ ।

विज्ञान र प्रविधि मानिसको लागि वरदान साबित भएको छ । विज्ञानले धेरै चिजको आविष्कार, यातायातका साधनको आविष्कारले आज हामी संसारको एक कुनाबाट अर्को कुनासम्म सहजै पुग्न सक्छौं । सञ्चारमा पनि मानिसहरूले राम्रो प्रगति गरेका छन् । रेडियो, टेलिभिजन, टेलिफोन तथा कम्प्युटरले गर्दा संसार साँघुरो भएको छ । विश्वको एक कुनाबाट अर्को कुनामा रहेको घटनाहरूको बारे सहजै ज्ञान हासिल गर्न र क्षणभरमै



चिठीको आदानप्रदान गर्न इमेल, इन्टरनेटले ठुलो सहयोग गरेको छ । मानिसले टेलिभिजनद्वारा देश विदेशमा भएको प्रगति

तथा अन्य स-साना कुरादेखि ठुलाठुला कुराहरू प्रत्यक्ष देख्न पाउँछन् । यी सबै विज्ञानकै उपज हुन् । काँचो मासु खाने गरेका जङ्गली मानवले आगो बाल्ने सिपको खोजी गरेर मासु पोलेर खान थाले । यहीबाट सुरु भएको इन्धनको आवश्यकता आजसम्म आइपुग्दा घरायसी कामकाजदेखि उद्योग धन्दासम्म व्यापक रूपमा प्रयोग हुन थालेको छ । इन्धन सहयोगार्थ मानिसले बिजुलीको उत्पादन गर्‍यो । यो पनि विज्ञानकै उपज हो । बिजुलीको आविष्कारले त भन्नु रात पनि दिनजस्तै उज्यालो भएको छ । विज्ञान तथा प्रविधिको विकासले उद्योग धन्दामा राम्रो प्रगति भएको छ । जसले गर्दा रोजगारीको सुविधा भएको छ र मानिसहरूले उच्च स्तरको जीवन यापन गरिरहेका छन् ।

औषधि विज्ञानमा भएको प्रगतिले मानिसलाई लाग्ने सामान्य रोगदेखि असाध्य ठुलो रोगको पनि उपचार भएको छ । त्यसैले धेरै मानिसको आयु केही हदसम्म लामो बनाइएको छ । विज्ञान र प्रविधिको सहयोगले मानिसले धेरै प्रगति गरेका छन् तर केही खराब मनोवृत्ति भएका मानिसहरूले यसको दुरुपयोग पनि गरेका छन् । उनीहरूले आफ्नो स्वार्थको लागि मानव जातिलाई अहित हुने कामहरू गरेका छन् । विज्ञान र प्रविधिको केही खराब उपयोग भए पनि अहिले विज्ञान र प्रविधि हाम्रो जीवनको अभिन्न अङ्ग साबित भएको छ ।

समग्रमा विज्ञान र प्रविधि मानवद्वारा प्रतिपादित स्वचालित यन्त्र हुन् । यसको सहयोगले अहिले मानवले यातायात, सञ्चार, शिक्षा, स्वास्थ्य, अर्थतन्त्र तथा गणित जस्ता जुनसुकै क्षेत्रमा तीव्र गतिले काम गरिरहेका छन् । त्यसैले आजको युगमा विज्ञान र प्रविधिको महत्व दिन प्रतिदिन बढ्दो देखिन्छ ।

कविता

हामी सबै नेपाली एउटै हौं

इरोज अधिकारी, २ 'घ'

अहिले हामी साना छौं ।
पछि हामी ठुलो हुने छौं ।
ठुलालाई आदर हामीले गर्न सिकनु पर्छ ।
सानालाई आफ्नै जानी माया गर्नुपर्छ ।

आफू-आफू मिल्यौं भने अरु पनि मिल्छन् ।
आफ्नै आफ्नै भगडा गरे दुनियाँले हेप्छन् ।
कालो, गोहो जो भए नि लाग्छ मलाई उस्तै ।
पहाड र मधेसमा बस्ने सबै नेपाली एउटै ।
मेरो देश मेरे मान्छे लाग्छ मलाई प्यारा
मेरो आँखाको नानीभित्र अटाउँछु सारा ।

हामी केटाकेटी

शुभम अधिकारी, २ 'घ'

साना साना नानी हामी
साना केटाकेटी ।
खेल कुद्न रमाउँछौं
साथी भाइ भेटी ।

पढ्न लेख्न सिक्नलाई
स्कूल जाने बानी छ ।

बा आमाको नजरमा आँखाको नानी छ ।
पापा नाना खेलौना प्यारो लाख हामीलाई ।

आऊ मिली बाँडौं न खुसियाली साथीभाइ ।
चुलबुले बानी छ चञ्चले छ मन हाम्रो ।
जुन ताराको माफ्रमा हाँसिदिँदा भन्नु राम्रो

पढी लेखी ज्ञानी भै हामी ठुलो हुने रे
देशको नाम राख्नलाई हामीले आकाश छुने रे ।



मेरो जन्मभूमि

प्रिष्टिना रोका, २ 'च'

विश्वासमा छ प्रसिद्ध मेरो जन्मभूमि
नाम यसको नेपाल हो कति प्यारो छ नि ।
बहुजाति, रीति, धर्म, संस्कृतिकी खानी,
विश्वमा छ प्रसिद्ध मेरो जन्मभूमि ॥

खोला नाला भरना बन्छन् मिठो सुरमा गाउँदै
सेता अग्ला हिमाल हाँसिन्छु देशको शान राख्दै ।
डाँफे, मुनाल, लालीगुराँस पनि यहाँ छ नि
विश्वमा छ प्रसिद्ध मेरो जन्मभूमि ॥

बुद्ध सीता, भानु अनि भृकुटी जन्मेको देश
मन्दिर, चैत्य, गुम्बा यहाँ अनेक भाषा, भेष ।
विश्वको अग्लो शिखर सगरमाथा पनि यहाँ छ नि
विश्वमा छ प्रसिद्ध मेरो जन्मभूमि ॥

बहुमूल्य जडिबुटी, जीव पाउने, लेक
अन्न बाली फलाउने हाम्रो, तराई भेग ।
सुन्दर भूमि, शान्तिभूमि अनि तपोभूमि
विश्वमा छ प्रसिद्ध मेरो जन्मभूमि ॥



धर्म

आस्था पोखरेल, ८ 'घ'

“धर्ममा लामे गर ।” भनेर भन्छन् सुरेशको
गाउँका गाउँलेहरू तर सुरेश मान्दैन । सुरेश
सानो हुँदा उसकी आमाको मृत्यु भएको
थियो र उसको बुबा उसकी आमाको
मृत्युको चोटमा पागल हुनु भयो । सानैदेखि
सुरेश आफ्नो बुबाको कान्छो भाइ
रामु काकासँग बस्थ्यो । काका सुरेशलाई
धेरै माया गर्नुहुन्थ्यो ।

सानो हुँदा सुरेशले “मेरी आमा कता
हुनुहुन्छ ? मेरो बुबा कता हुनुहुन्छ ?” भनेर
सोध्थ्यो र काका चाँहि “भगवान् कहाँ जानु
भएको छ ।” भनेर उत्तर दिनु हुन्थ्यो । तर
सुरेश ठुलो हुँदै गएपछि उसका प्रश्नहरू
बढ्दै गए । एकदिन “भगवान् भन्या को
हो काका ?” भनेर सोध्यो । काकालाई
आश्चर्य लागेन, सानैदेखि भगवान्, भगवान्
भन्दै गरेको बल्ल आज सोध्यो ।

त्यो प्रश्नको उत्तर दिनु

भयो । “बाबू, भगवान्

भनेको यस्तो व्यक्ति

हो, जसले हामीलाई

राम्रो कामको लागि

सहयोग गर्नुहुन्छ र

नराम्रो काम गर्दा

सजाय दिनु हुन्छ ।

उहाँले हामीलाई जहिले

पनि सहयोग

गरिरहुनुहुन्छ र हेरिरहुनु हुन्छ ।”

भनेर भन्नु भयो । “जहिले पनि हेरिरहुनु

हुन्छ भने मेरो प्रार्थना किन सुन्नु हुन्न ?

मेरी आमा किन फर्काउनु हुन्न ?” भनेर

प्रश्न गर्‍यो । “भगवान्लाई तेरी आमा साह्रै

मन पऱ्यो बाबू, त्यसैले अहिलेसम्म आउनु

भएको छैन ।” भनेर काकाले भन्नु भयो ।

“त्यस्तो मन परेको थियो भने

भयो काका, अब म कहिले पनि भगवान्

लाई प्रार्थना गर्दिनँ ।” भनेर कुद्दै आफ्नी

आमाको तस्वीरितर भाग्यो । सुरेशले

त्यसपछि भगवान्लाई प्रार्थना गरेन ।

सुरेश बिस्तारै ठुलो भयो र काका बुढो हुनु

भयो । सुरेश आफ्ना साथीहरूसँग डाक्टर

पढ्न गयो र सुरेश पढेर आयो तर त्यसको

१ सालपछि उसको काकाको पनि मृत्यु

भयो । जब सुरेश आफ्नो काकाको मृत

शरीर भएको ठाउँमा गयो, तब एउटा

गाउँलेले “उहाँ त साह्रै राम्रो मान्छे हुनु हुन्थ्यो ।

उहाँको कालको समय त भएको नै थिएन तर

सुरेश नास्तिक भएकाले त्यस्तो भयो ।” भनेर

उसलाई दोष लगायो । सुरेशले काकाको शोकमा

त्यो कुरो पत्यायो । एउटा गाउँलेले “कर्ममा लामे

गर, त्यसको अघि कसैको काल नआओस् ।”

भन्थ्यो सुरेश धर्म शास्त्रमा बिलीन हुन थाल्यो ।

दुई सालपछि उसका साथीहरू भेट्न गए । उसका

साथीहरू छक्क परे । “जुन सुरेशको भगवान्सँग

शत्रुता जस्तो सम्बन्ध थियो, आज त्यो सुरेश सन्त

भएर बसेको थियो ।” अरु साथी सुरेशलाई भेटेर

गए तर रमेश दुई दिन त्यहीँ बस्छु भनेर बस्थ्यो ।

भोलिपल्ट बिहान सुरेश र रमेश घुम्न गए ।

“सुरेश तिमी धर्मप्रति कसरी यस्तो विश्वास राख्न

थाल्यौ ?” रमेशले सोध्यो । सुरेशले सबै कुरा

भन्थ्यो । रमेश अलमल्ल पऱ्यो । फेरि भोलि बिहानै

रमेशलाई बस स्टेशन छोडन जाँदा रमेशले “सुरेश,

तिमी पहिला नै ठिक थियो ।”

भन्थ्यो । “तर म पहिला जस्तो

थिएँ, त्यसले नै गर्दा गाउँमा

धेरै समस्या आयो रे, भन्छन्

गाउँलेहरू” सुरेशले

भन्थ्यो । “त्यस्तो हो

इन, जब तिमीमा सही र

गलत छुट्ट्याउने क्षमता

भएन तब तिमी धर्मतिर

लाग्यौ । अब तिमी

सोच, धर्ममा लागेर तिमी

सही र गलत कतिको

छुट्ट्याउन सक्ने भयो त ?”

रमेशले सोध्यो । “अहँ छैन” भन्छ सुरेशले । त्यो

गाउँलेहरूले तिमीलाई दोषी ठहऱ्याउँदा तिमीले

बोल्न सकेनौ । त्यो तिम्रो गल्ती थियो । तिमी

धर्ममा लाग तर धर्मलाई आफ्नो व्यापार नबनाऊ,

धर्ममा नै लाग्नु थियो भने तिमीले किन काकालाई

पढ्नको लागि पैसा खर्च गरायौ किन आफ्नो

समय फाल्यौ ? तिमीलाई पढाएका सबै गुरुहरूलाई

असफल बनायौ । सुरेश तिम्रो काकाले तिमीलाई

डाक्टर बनाउन खोज्नु भएको थियो, सन्त होइन ।”

रमेशले सम्झाउन खोज्छ ।

सुरेश र रमेश स्टेशन पुगे । सुरेश अलमल्ल

पऱ्यो । “ल सुरेश अब म गएँ तर तिमी यसको

बारेमा सोच ।” भनेर रमेश जान्छ । सुरेश

पहिलाको जस्तो नास्तिक त हुँदैन तर सन्त भनेर

पनि बस्दैन, आज असल डाक्टर बनेर आफ्नो

आमाबुबा र काकाको नाम उच्च बनाइरहेको छ ।

मेरी हजुरआमा

आशुतोष लोहनी, ८ 'ग'

भन्डै आठ वर्ष अघिको कुरा हो । म भर्खर कक्षा १ मा पढ्थेँ । उमेरले साह्रै कच्चा म ६ वर्षको अबोध शिशु थिएँ । मेरो परिवारमा बुबा, आमा, दुई दाजुभाइ र हामीलाई ममता बसाउने मेरी हजुरआमा हुनुहुन्थ्यो । हजुर बुबाको भने आठ महिना अघि स्वर्गवास भई सकेको थियो । उहाँको देहान्तको पीडा हामी सबैलाई आलो घाउ भई दुःखी रहेको थियो । म घरको सबैभन्दा कान्छो थिएँ । सबैले मलाई विशेष रूपमा माया गर्नुहुन्थ्यो । म आफ्ना आँखा र अन्तर्मनले हजुरबुबालाई खोजी रहेको हुन्थे । मलाई के थाहा यो संसारबाट बिदा भएका मान्छे कहिल्यै फर्किँदैनन् भनेर ।

हजुरबुबाको स्वर्गबासपछि म आफ्नी ममतामयी हजुरआमासँग अफ नजिक भएँ । उहाँले मेरो शिरमा हात राख्दा यस संसारको सबै खुसी र आशीर्वाद मलाई दिनु भएको जस्तो लाग्दथ्यो । कहिलेकाहीँ म स्कुल जान गाह्रो मान्थेँ । अरुले कर गर्दा म रुने पनि गर्थेँ तर मेरी हजुरआमाले मलाई स्कुल नपठाउन बेग्लै भूमिका खेलिदिनु हुन्थ्यो, “आज बाबुलाई सञ्चो छैन ।” भनेर आफ्नै ओछ्यानमा लुकाएर राख्नु हुन्थ्यो । म पनि ज्वरो आएको बहाना गरी उहाँसँगै सुत्थेँ । जब आमाबुबा काममा जानुहुन्थ्यो, तब म घरमा स्वतन्त्र हुन पाउँथेँ, त्यसपछि मेरो ज्वरो कता भाग्थ्यो कता । त्यसपछि दिनभरि म हजुरआमासँग खेल्ने गर्थेँ । म बालक उहाँ वृद्ध तर हामी दुईको दोस्ती भने अनौटो थियो ।

यसरी हजुरआमासँग खेल्दाखेल्दै हजुरबुबा स्वर्गीय भएको आठ महिना बितिसकेको पल्टै पाइएन । दैवको लिला पनि बुझी नसक्नु छ । मेरो सबैभन्दा नजिकको साथी मेरी हजुरआमा सधैं मेरो नजिक भएको म हेर्न चाहन्थेँ । म उहाँको मायाले कहिल्यै अघाइनँ । एक दिनको कुरा हो, म स्कुलबाट घर फर्किँदा घरमा वातावरण सधैंको जस्तो थिएन । कताकता घरमा शून्यता छाएको थियो । मलाई अलि



नरमाइलो जस्तो लाग्यो । हजुरआमालाई घरमा नदेख्दा मेरो बाल मस्तिष्कमा विभिन्न शड्का उद्गन थाल्यो । पछि थाहा पाएँ, हजुरआमालाई एक्कासि सन्चो नभएर अस्पताल लगिएको रहेछ । मलाई भित्रभित्रै असह्य पीडा हुन थाल्यो । मेरा आँखाले जति बेला पनि उहाँ आउने बाटो हेर्न थाल्यो । म राति पनि राम्रोसँग निदाउन सकिनँ । दिनभरिको पढाइ र खेलको कारणले होला म अलि थाकेको पनि थिएँ । काति खेर हो, म निद्रा देवीको काखमा पुगेछु ।

यो रात मैले कहिल्यै नदेखेको भयानक सपना देखेँ । म र हजुरआमा कता हो घुम्न गएका रहेछौँ । अचानक ठुलो भिडभाडमा म अल्मलिएछु, हजुरआमा भने मबाट धेरै टाढा पुगिसक्नु भएको रहेछ । म उहाँ गएको दिशातर्फ अघि बढ्न खोज्दो रहेछु तर भिडभाडले मलाई अघि बढ्न दिएन । हेर्दाहेर्दै हजुरआमा मेरो आँखाबाट ओभ्रेल पर्नु भयो ।

सपनाबाट म भ्रूल्याँस्स ब्युभिन पुगेँ । धेरै बेरपछि घरमा फोन आयो । उक्त फोनको सन्देश थियो, आज बाबूहरूलाई स्कुल नपठाउनु । मेरो कलिलो मनमा अफ बढी शड्का र डर उत्पन्न हुन थाल्यो । हुने कुरा टारेर टर्दैन भने जस्तै मेरी ममतामयी हजुरआमाको पनि स्वर्गबास भएको खबर आयो । मैले आफ्नो आँसु लुकाउन सकिनँ । बुबा, आमा र दाइसँगै म पनि भाव विह्वल भएर धेरै बेरसम्म रोई रहें ।

आखिर जे जस्ता पीडा परे तापनि आफ्नो मन आफैले बुझाउनु पर्दो रहेछ । यो दुःखद क्षणलाई म पनि संसारको रित यस्तै रहेछ भनी स्वीकार्न बाध्य भएँ । मेरो सपनाले सड्केत गरेको कुरो साँचो भयो । मेरी चन्द्रमा जस्ती हजुरआमा अस्ताएको त्यो क्षण म कहिल्यै बिर्सिन सकिदैनँ । बालक कालमा उहाँले दिनु भएको माया ममता मसँग सधैं ताजा फुल जस्तो भएर बसेको छ । उहाँले दिनु भएको आशीर्वादले पक्कै लक्ष्य प्राप्त गर्न सक्छु होला भन्ने विश्वास छ । आफूलाई परेको दुःखको कुनै वास्ता नगरी अरुको सुखको लागि सधैं व्यस्त रहने मेरी प्यारी हजुरआमा मेरो स्मरणमा सधैं जीवन्त हुनुहुन्छ ।

हाम्रो अहिलेको नेपाल

सङ्गीता धामी, ११

विद्या संस्कार उच्च माध्यामिक विद्यालय

हाम्रो देश नेपाल साह्रै गतिलो थियो कसको श्राप पन्यो यस भूमिमा बाँच्ने नदिने भयो ।

दिनदिन बिग्रँदै छ माहोल अनि बजार के कुन्नी खै हेरेका हुन् ती नेता भाषण छोटी हजार ।

सुन्दर शान्त रमाइलो देशमा बढ्दै छ भ्रष्टाचार सोभ्रा र सादा जनतालाई बनाई तगारो बढ्दैछ अत्याचार ।

संविधान बनाउन भनी बिताए नेताले चार पाँच वर्ष जब बन्यो संविधान तब गन्यो भारतले नाकाबन्दीको हर्ष ।

नेपालको खुशीमा किन होला छिमेकी राष्ट्र नै नभएको खुशी भूकम्पले त दिँदै थियो भन्नु नाकाबन्दीले नेपाल नै दुःखी ।

व्यस्त हुने सहरमा छैन गाडी आवाज दिँदै गुडेको कसरी हेर्न सकेका होलान् नेताहरु जनता खान नपाइ मरेको ।

अल्प विकसित देशमा विकास हुन नपाउँदा दाल चामल ग्याँस नपाई भोकमरीले सताउँदा ।

सोच नेता अब हामी जनताहरूको बारेमा दुःखकष्ट सबै हराई हर्ष ल्याऊ सारामा ।

शिक्षा, स्वस्थ रोजगार जनता हसाउँन पहिले भावनालाई सम्झी, बुझी चित नदुराऊ कहिल्यै ।

देशको विकास होला सधैं देशको मर्का बुझेमा शिक्षा बढे, बढ्छ नेपाल सुविचार सोचेमा ।



कविता

मेरो प्यारो नेपाल

उत्कृष्टा उप्रेती, ३ 'ख'

पूर्व मेचीदेखि पश्चिम कालीसम्म
फैलिएको नेपाल ।
लाग्छ मलाई प्यारो
मेरो देश नेपाल ॥

तराई, पहाड, हिमाल
मिलेर बनेको नेपाल ।
लाग्छ मलाई प्यारो
मेरो देश नेपाल ॥

केचना कलनदेखि सागरमाथासम्म
मिलेर बनेका नेपाल ।
लाग्छ मलाई प्यारो
मेरो देश नेपाल ॥

चार जात छत्तीस वर्ण
मिलेर बसेका नेपाली ।
लाग्छ मलाई प्यारो
मेरो देश नेपाल ॥

१४ अञ्चल ७५ जिल्ला
मिलेर बनेको नेपाल ।
लाग्छ मलाई प्यारो
मेरो देश नेपाल ॥



गौतम बुद्ध सीता
जन्मेको देश नेपाल ।
लाग्छ मलाई प्यारो
मेरो देश नेपाल ॥

पशुपति, लुम्बिनी र
जनकपुर तीर्थ स्थल ।
लाग्छ मलाई प्यारो
मेरो देश नेपाल ॥

जलम्रोतको दोस्रो
धनी देश मेरो नेपाल ।
लाग्छ मलाई प्यारो
मेरो देश नेपाल ॥

जाडो



प्राशना लम्साल, ३ 'ख'

दर्शनै गयो तिहार गयो
गर्मी मौसम गयो
मङ्सिर महिना लागेपछि
जाडो हुन थाल्यो ।

बाक्लो सिरक ओडेर
न्यानो बनी सुत्ने
टोपी, मफलर लिएर
बजार घुम्न जाने

पातला र छोटो लुगा
लाउने दिन गयो
बाक्ला र लामा लुगा
लाउने दिन आयो ।

गर्मी महिना लामा दिन
बिहान खेल पाइन्थ्यो
जाडो महिना छोटो दिन
बिहान खेल छोडियो ।

गर्मी हुँदा चिसो चिसो
खान मन लाग्थ्यो
अब भने तातो तातो
खाने दिन आयो ।

गर्मी हुँदा घरमा
जुस खान पाइन्थ्यो
अब भने घरमा
सुप खान पाइयो ।

रूघा खोकी, घाँटी दुख्ने
ज्वरो समेत आउने
जाडो भरि चिसो लाग्ने
धेरै डर भयो ।

कति लाउने लुगाफाटा
हिँड्ने मुस्किल भयो
यो जाडोले मलाई त
सारे दिक्क पार्यो ।

SUDOKU PUZZLE

1					9			
9					7		4	
		4			5	8		
7						3	9	
				6		1		
		1	4					6
		2		1				
			8				2	
3						5		

HOW TO SOLVE

Every number from 1 to 9 must appear in each of the 9 vertical columns, in each of the 9 vertical rows and in each of the 9 boxes.

Prepared by: Abhishek Gaire, AS level

मैले बिसन नसक्ने शिक्षक

स्वेच्छा कर्ण, ७ 'क'

शिक्षक भनेका हाम्रा दोस्रो अभिभावक हुन् । हामीलाई ज्ञानको ज्योति प्रदान गर्दै हाम्रो भविष्य उज्ज्वल पार्न उनीहरूको ठुलो भूमिका हुन्छ । त्यसैले त हामीलाई सानैदेखि विद्यालय पठाइन्छ । हामी सानैबाट शिक्षक-शिक्षिकाको शरणमा हुर्किन्छौं । अर्को शब्दमा भन्नु पर्दा गुरु-गुरुआमा नभईदिने हो भने धेरै मानिसहरू अन्धकारमै रहन बाध्य हुन्छन् । कोहीकोही मात्र आफैले पढेर बुझ्ने र विद्वानसम्म हुन्छन् तर सबैको हकमा त्यो लागू छैन तसर्थ शिक्षक-शिक्षिकाको महत्त्व जति बयान गरे पनि सकिँदैन । यिनै शिक्षक-शिक्षिकाका मध्येमा सबै विद्यार्थीहरूको कोही न कोही एक जना मन पर्ने शिक्षक वा शिक्षिका हुन्छन् । मलाई जो असाध्यै मन पर्छ र उहाँसँग मैले बिसन नसक्ने क्षणहरू बिताएँ, उहाँको नामचाहिँ राजिव ठकुरी हो ।

राजिव सर एक कुशल, कर्मनिष्ठ र परिपक्व शिक्षक हुनुहुन्थ्यो । उहाँले हामीलाई कक्षा ५ र ६ मा गणित विषय पढाउनु हुन्थ्यो । दुई वर्षको अवधिमा उहाँलाई मैले मेरो मन पर्ने शिक्षकको रूपमा मान्नुका कारणहरू धेरै छन् । राजिव सर विद्यार्थीहरूसँग सुमधुर सम्बन्ध बनाउनु सफल हुनुमा उहाँको कलाचाहिँ मान्ने पर्छ । विद्यार्थीहरूसँग कतिपय कडा रूपमा प्रस्तुत हुने र कतिपय घुलामिल हुने कुरा उहाँलाई एकदम राम्रोसँग थाहा थियो । पढाउने शैली पनि अरु शिक्षकहरूभन्दा फरक र उत्कृष्ट थियो । मलाई गणित सारै अप्ठ्यारो लाग्ने विषय थियो । राजीव सरले गणित पढाउन थाल्नु भयो, गणित विषय मेरो मन पर्ने विषय भयो । यो विषय सजिलो पनि लाग्दै गयो साथै रमाइलो पनि । उहाँले सिकाउने तरिका एकदमै सरल र सिधा हुन्थ्यो । हामी धेरै अलमलमा पर्दैन थियौं । एउटा प्रमुख कारण मैले राजिव सरलाई आफ्नो प्यारो र मन पर्ने शिक्षकमा राख्नु यही हो । उहाँले मलाई एउटा साधारण विद्यार्थीबाट मेहेनती विद्यार्थी बनाउन धेरै मद्दत गर्नुभयो ।

राजिव सरले अरु शिक्षक-शिक्षिकाभन्दा धेरै समय लगाएर आफ्नो कक्षा लिनु हुन्थ्यो । आफूले भनेको कुराहरू हामीले बुझ्यौं वा बुझेनौं सोध्नु हुन्थ्यो र जबसम्म विद्यार्थीहरूले मज्जाले बुझ्दैनन्, उहाँ हामीहरूलाई विभिन्न तरिकाले प्रश्न राख्नु हुन्थ्यो । विभिन्न टिप्पणी प्रश्नहरू सोध्नुहुन्थ्यो ताकि त्यसले हाम्रो दिमागलाई तिखारोस् । उहाँले गणित जस्तो गारो विषयलाई एउटा सजिलो विषय

बनाइदिनु भयो ।

त्यसैगरी राजिव सर एउटा राम्रो गायक र संगीतकार पनि हुनुहुन्थ्यो । उहाँले निकै राम्रो गाउनुहुन्थ्यो । हामी उहाँको सिर्जनाहरू यूट्युबमा हेर्न र सुन्न सक्छौं । उहाँ फुर्सदको समयमा यस्तै गीतहरू लेख्ने, संगीतका किताबहरू पढ्ने गर्नु हुन्थ्यो जसले गर्दा उहाँलाई यस क्षेत्रमा अभूतै राम्रो बनाइरहेको छ । उहाँ विशेषगरी अंग्रेजी गीतहरू सुन्नु हुन्थ्यो । मलाई उहाँले लेख्नु भएको गीतहरू असाध्यै मन पर्छ । त्यस्तै राजिव सर बनाइरहे पनि लेख्नु हुन्छ । उहाँले लेख्नु भएको एउटा भनाई "If you have faith and hardship within yourself, you can accomplish anything." मलाई निकै नै मन पर्छ । (यदि तिम्रो आफूलाई विश्वास गर्छौं र कडा मेहेनत पनि गर्छौं भने तिम्रो जे पनि गर्न र प्राप्त गर्न सक्छौं ।) यो एकदमै यथार्थ कुरा हो । यस्तो भनाइहरू उहाँले धेरै लेख्नु भएको छ र आफ्नो विद्यार्थीहरूलाई पनि सुनाउनु हुन्थ्यो ।

त्यस्तै राजिव सर रमाइलो पनि उतिकै गर्नुहुन्थ्यो । विद्यार्थीहरूसँग खेल्ने, जिस्केने आदि गर्नु हुन्थ्यो । त्यसैले पनि सबै विद्यार्थीहरूको मन पर्ने पात्र बन्न

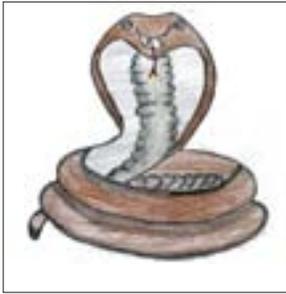
परीक्षा लिनु हुन्थ्यो । यसले गर्दा हामी कुनै पनि पाठहरू सजिलै बिसनै थिएँौं । अनि परीक्षामा पनि राम्रो अंक प्राप्त गर्थौं । विद्यार्थीहरूको मनोविज्ञान बुझ्नु हुन्थ्यो । कहिलेकाहीँ रमाइलोको लागि हामीलाई चकलेट पनि दिनु हुन्थ्यो उहाँले ।

उहाँको नराम्रो बानी त मैले केही देखिन तर राम्रा बानीहरू वा गुणहरू धेरै नै देखें । छोटो अवधिमा नै उहाँ मेरो मन पर्ने शिक्षकमा पर्नु भयो । यो सब उहाँले गर्ने गतिविधि र हामीसँग गर्ने व्यवहारले हो । शिक्षक-शिक्षिकाहरू हामीसँग राम्रो व्यवहार देखाउनु हुन्छ, माया पनि गर्नु हुन्छ, भविष्य उज्ज्वल बनाउनमा मद्दत गर्नु हुन्छ तर राजिव सर चाहिँ यसमा अलि फरक हुनुहुन्थ्यो । यिनै विभिन्न कारणले उहाँ मेरो मन पर्ने शिक्षक हुनु भयो । उहाँले यही वर्ष यो विद्यालय छोड्नु भयो । त्यो मेरो सबैभन्दा नराम्रो दिन थियो । उहाँको विदाइमा हामी सबै उपस्थित थियौं जानकारी भएसम्म उहाँ बाहिर (विदेश) जाँदै हुनुहुन्छ रे । उहाँले विद्यालय छोडेको दिन म धेरै रोएको थिएँ । उहाँ सधैं मेरो बिसन नसक्ने शिक्षकमा पर्नु हुनेछ र म सधैं उहाँलाई याद र माया गर्नेछु । उहाँको भविष्य सफल होस् भन्ने म कामना गर्दछु ।

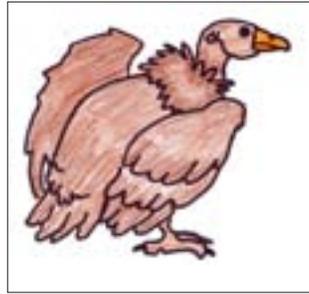


सफल हुनु भएको थियो । हामीलाई विभिन्न चुटुकिलाहरू सुनाउने, आफ्ना पुराना रमाइला क्षणहरू सुनाउने, गफ गर्ने गीत गाउने सबै गर्नुहुन्थ्यो । त्यसैले पनि होला सबै जना उहाँसँग एकदमै सजिलो महसुस गर्थे । त्यसैगरी हाम्रो बौद्धिक क्षमता बृद्धि गराउन विभिन्न साना-तिना

Students' Art Work



Ritika Pokhrel Class II 'D'



Sandesh K.C. II 'D'



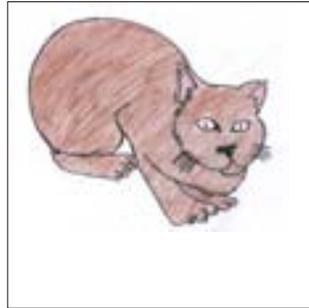
Shreeya Bhattarai Class - 1 'E'



Sonam Paudel II 'D'



Nischal Neupane - II 'D'



Bishesh Chand Class - II 'D'



Bhagwot Dangol III 'A'



Rajat Shrestha IV 'E'



Kalsang Rai Class - 1 'C'



Ashim Ulak IV 'E'



Densu Parajuli III 'B'



Pranaya Shrestha IV 'E'



Suarpan Bhattarai III 'C'



Aadity Shah Class- 1 'C'



Bitid Lamichhane Class - 1 'E'



Aditi Chudal I 'A'



Shreeshail Baral class- 4 'E'



Leo Bardan N.Rana U

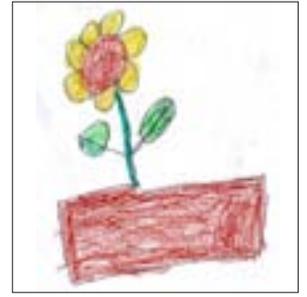
Students' Art Work



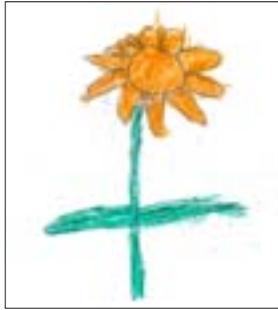
Siddhartha Upreti L.K.G 'B'



Sahan Giri U.K.G 'B'



Shambodhan Adhikari L.K.G 'A'



Rakshya Basnet L.K.G 'A'



Bidhesna Rai A2



Bibhuti Pandey U.K.G 'A'



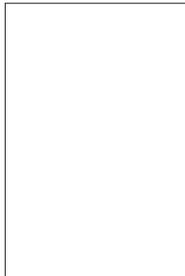
Dribya Chitrakar U.K.G 'A'



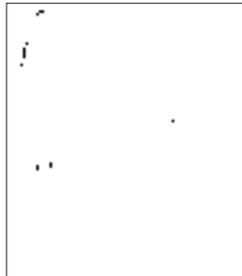
Kaushal Gurung AS



Leo Bardan N.Rana U.K.G. 'A'



Dipankar Raj Sharma 5 A



Riya Meche A2



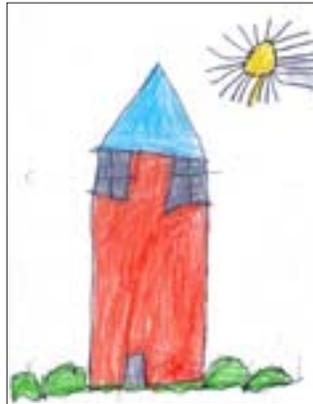
Banisha Shrestha 3 'D'



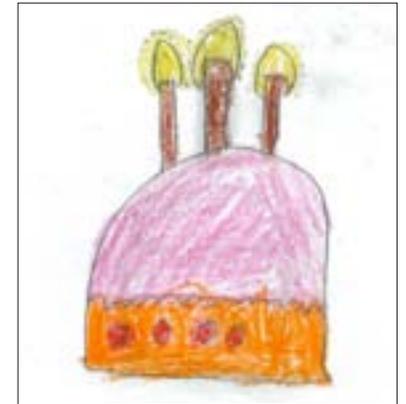
Aahana Khadka U.K.G. 'A'



Ridiya Giri L.K.G. 'B'



Ajistha Lal Jha U.K.G 'B'



Avinta Aryal L.K.G. 'A'



Abcissa K.C. Bhattarai U.K.G 'B'



Ayush Lama U.K.G. 'A'



Roslina Shrestha U.K.G 'B'

Kabbadi Kabbadi

Drishiti Maharjan, AS

It is the sequel of the most popular movie 'Kabaddi'. With most of the actors from the old crew, Kabbadi Kabbadi is all about the unrequited and struggling love of Kaji, played by Dayahang Rai for his 'soltini' Maya. The two-hour long entertainment unveiling the strong competition between Bum Kaji and Kaji for the sake of Maya is totally enjoyed by the audience.

It was a wise approach of Rambabu Gurung to articulate the script with great brilliancy and not merely retelling the old story. Bits of laughter are obvious throughout the movie with hilarious actions and dialogues, well-played by the characters. Kaji still loves Maya the same but Maya is no way near to reciprocate feelings for him. However, she falls for Bum Kaji, the rival of Kaji in this

sequel.

The movie, shot in the beautiful sceneries of Mustang, never fails to captivate and lure the audience. The screenplay and the comic scenes are commendable. The story also adds up to politics and mischiefs of Kaji's two friends and Bum Kaji, which is a full-on entertainment. Through a short but highlighted move, it has also tried to portray how the high level politicians have the ball in their court and the lower officials are dominated at every aspect. It symbolizes the structure of current Nepali politics.

Right from the first scene where Kaji's friend is writing a love letter for Kaji (to send it to Maya) with the blood of a chicken till the very end of the movie with the introduction of a new character, humor is a never-ending saga. Bum Kaji plays a cherry on top of the cake with

his charms, cunning attitude, music skills, and great sense of humor. Rai, as Kaji, has again proved that he is the Nepali King of Comedy, with his appealing character and useless-yet funny and passionate love for Maya.

However, the female character Maya has lesser screen presence and isn't much entertaining and lacks diversity in her role. Besides, the story-line, concept and performances in the movie are noteworthy. But, most of the viewers believed that in spite of the entertainment the movie delivers, the ending is not quite satisfactory as it needed more working on the plot.

With the increase in quality and viewers of Nepali movies, we hope that another sequel will stand out in all the expectations, with more polished work. Thus, Kabbadi Kabbadi, a super-hit Nepali movie, is a must-watch and stands out to be one of the greatest Nepali movies ever.



ए-लेभलमा नेपालबाट सबैभन्दा बढी ९ वटा अवार्ड चेलसीलाई

कान्तिपुर

व्यवहारमा लागू गर्न सकिन्छ



दमकुमार श्रेष्ठ, चेन्सी इन्टरनेसनल एकाडेमी
ए लेभलमा कम्प्युटर विषयविद्यार्थीको रूपमा पढाइ हुने भएकाले सलाई गर्न सजिलो। यसमा एटान नमई कुनै पढ्ने हो। आफ्नै पढेको ज्ञान कक्षाको व्यवहारमा लागू गर्ने क्षमता जोड दिइन्छ। यस एकाडेमीको विद्यार्थीको यस्ता धेरै पढेर छि सकिन्छ। ए-लेभलमा विद्यार्थीको अध्ययन सजिलो। समय बचाउ।

यस वर्ष चेन्सी इन्टरनेसनल एकाडेमीले ९ वटा अवार्ड लिन सफल भएको छ। यस अवसरमा विद्यार्थीको उत्कृष्ट प्रदर्शनको लागि।
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प

दमकुमार श्रेष्ठ अवार्डमा हुन्। पुरानी घर भक्तपुर लाइ हाल बाबेको बाहेक जेठो विद्यार्थी बन्नु। उनका छोरा विद्यालयबाट ए लेभल पढ्छन्। चेन्सी इन्टरनेसनल एकाडेमीको विद्यार्थी विद्यालयले जुन २०१४ को परीक्षाको शुभकामना दिइसके विद्यार्थीमा उत्कृष्ट भए। विभिन्न कार्यक्रमहरूको माध्यमबाट विद्यार्थीको सार्वजनिक क्षेत्रमा प्रोत्साहन गरिएको पढ्न र आफ्नो सुन्दरीमा सुनौलो लाग्छ।
यसै समय विद्यार्थी ए लेभल पढाइ गर्ने विद्यार्थीको लागि विभिन्न गणित, विज्ञान र रसायनशास्त्रका प्रयोगहरूको माध्यमबाट पढ्ने छान्ने भएर सकिन्छ। छोरोमा राम्रो पढ्ने मन, उनले ए लेभल नै पढ्नु भन्ने। पढाइले 'बुद्धि' बाहु पढ्ने भने, विद्यालयको परीक्षा र अध्ययनका लागि विद्यार्थीको ए लेभल पढ्ने पढ्ने पढ्ने हो। विद्यार्थीको परीक्षालाई हेरेर भने विद्यालयका आफ्नै संस्थाबाट ए लेभल पढ्ने पढ्ने पढ्ने छैन।

समाचारपत्र

ए लेभलमा चेलसी उत्कृष्ट

स्वायत्त विश्वविद्यालय र ब्रिटिस काउन्सिलले ए लेभल उत्कृष्ट विद्यार्थीलाई सम्मान गर्न आयोजित कार्यक्रममा बानेश्वरस्थित चेन्सी इन्टरनेसनल एकाडेमीले सबैभन्दा बढी ९ वटा अवार्ड लिन सफल भएको छ। सन् २०१४ को मे-जुन, अक्टोबर-नोभेम्बरमा सम्पन्न भएको वार्षिक परीक्षामा सहभागी विभिन्न कलेजमा अध्ययनरत विद्यार्थीमध्ये २२ जना विद्यार्थी सम्मान भएका थिए भने चेन्सीले सबैभन्दा बढी सफलता हात पारेको हो।

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गोरखापत्र

सन् २०१४ को वार्षिक अनुभव सम्बन्धित बढी अवार्ड चेन्सी इन्टरनेसनल एकाडेमीले हात पारेको छ। नो विद्यार्थीको विद्यार्थीले विभिन्न नौ विषयमा सर्वोत्कृष्ट अवार्ड हात पारेका छन्।

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कारोबार

चेलसी इन्टरनेसनल अगाडि

काठमाडौं, ७ फागुन (काभ)। ए लेभल अध्ययन गराउने आएको चेन्सी इन्टरनेसनल एकाडेमीले नौ वर्षे अवार्ड लिन सफल भएको छ। चेन्सी इन्टरनेसनल एकाडेमीले अध्ययन गराउने बालबालकहरूलाई नौ वर्षे अवार्ड लिन सफल भएको हो। सन् २०१४ मे, जुन, अक्टोबर र नोभेम्बरमा सम्पन्न भएको वार्षिक

परीक्षा चेन्सीका टोपन पौडेलले सम्पन्न, विज्ञान र केन्द्र एकाडेमीको उत्कृष्ट प्रदर्शनको लागि।
विद्यार्थीको उत्कृष्ट प्रदर्शनको लागि।
विद्यार्थीको उत्कृष्ट प्रदर्शनको लागि।

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नागरिक

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व्यक्तिगतको ९ अवार्ड चेलसीलाई

काठमाडौं, फागुन १० (राजक)- सम्मानोत्सवमा चेन्सी इन्टरनेसनल एकाडेमीले नौ वर्षे अवार्ड लिन सफल भएको छ। सन् २०१४ मे/जुन र अक्टोबर/नोभेम्बरमा सम्पन्न भएको वार्षिक परीक्षामा चेन्सीका टोपन पौडेलले सम्पन्न, विज्ञान र केन्द्र एकाडेमी र ए-लेभलमा उत्कृष्ट प्रदर्शनको लागि हात पारेका छन्।

kathmandupost

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Himal Shrestha
Nepal Topper in A Level Physics in June 2014 Examinations
Best Across Three Cambridge International A Levels in June 2014 Examinations
Chelsea International Academy
The A Levels do not encourage rote learning unlike other higher secondary courses in Nepal. The programme gives more importance to implementing what we learn in classes. It also allowed me to study the subjects I have interests in. For instance, I could choose to study Computer Science, alongside Physics, Mathematics and Chemistry.



Roshan Poudel
Nepal Topper in AS Level Computing and Physics in November 2014 Examinations
Best Across Four Cambridge International AS Levels in November 2014 Examinations
Chelsea International Academy
The number one reason to go for A Level is its wide recognition. Cambridge University is considered one of the best all around the world. The A Level offers the flexibility to choose subjects from various disciplines and attaches significance to applied knowledge. Even formulas are provided in exams and need not be memorised. We need to learn to use them to solve problems.
Three students got the 'Best across Awards' for obtaining the highest aggregated marks in four subjects. The highest numbers of awardees were from Chelsea International Academy with nine.

The Himalayan

Himalayan News Service
Kathmandu, February 18

Over 33 learners today received awards for their exceptional performance in Cambridge examinations, including 29 learners from Nepal who attained the highest marks in Cambridge International AS and A Level.
A programme was jointly organised by British Council and Cambridge International Examination (CIE) to hand over the Outstanding Cambridge Learner Awards, Nepal to outstanding academic achievers of secondary schools in Nepal. The learners were awarded on the basis of their performance in Cambridge examination series held in June and November 2014.
During the programme, five students from Chelsea International Academy bagged the highest number of Cambridge University Awards with nine

awards, followed by four students from Chelsea International Academy who bagged three awards each. Similarly, Himel Shrestha from Chelsea International Academy was awarded with the 'Best across Four Cambridge International A-Levels' and

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अन्नपूर्ण

चेलसीलाई ए लेभलमा नौ अवार्ड

काठमाडौं : ए लेभलको अध्ययन गराउने आएको चेन्सी इन्टरनेसनल एकाडेमीले नौ वर्षे अवार्ड लिन सफल भएको छ। सन् २०१४ मा भएको विभिन्न वार्षिक परीक्षामा चेन्सीका विद्यार्थीले उत्कृष्ट प्रदर्शनको लागि हात पारेका छन्। सन् २०१४ मे/जुन र अक्टोबर/नोभेम्बरमा सम्पन्न भएको वार्षिक परीक्षामा चेन्सीका टोपन पौडेलले सम्पन्न, विज्ञान र केन्द्र एकाडेमी र ए-लेभलमा उत्कृष्ट प्रदर्शनको लागि हात पारेका छन्।

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तयाँ पत्रिका

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सामो समयमा ए-लेभल अध्ययन गराउने आएको चेन्सी इन्टरनेसनल एकाडेमीले नौ वर्षे अवार्ड लिन सफल भएको छ। सन् २०१४ मे/जुन र अक्टोबर/नोभेम्बरमा सम्पन्न भएको वार्षिक परीक्षामा चेन्सीका टोपन पौडेलले सम्पन्न, विज्ञान र केन्द्र एकाडेमी र ए-लेभलमा उत्कृष्ट प्रदर्शनको लागि हात पारेका छन्।

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Please do visit our official website for further details.



*Vidhya Sanskar H. S. School students will contribute as volunteers and not as participants.
Certificates will be provided to all the participants.*



Name of the winners and the schools will be published on Daily Newspapers.



Grand Finale will be broadcasted live on the National Channel.

- | | |
|------------------|---------------------------|
| Photography 📷 | Short Documentary 🎥 |
| Painting 🎨 | Essay Competition 📄 |
| Story Writing 📖 | Science Competition 🧪 |
| Handicraft 🧶 | Slogan/Caption Writing ✍️ |
| Poetry Writing 📝 | Letter Writing ✉️ |

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