

CHAIRPERSON'S DESK

Every action elicits an equal and opposite reaction. This is a principle evident in the materialistic realm where effects are readily observable. Just as one sows, so shall one reap. Negative attitudes, distractions, and the abuse of power may sow the seeds of future difficulties.

It is prudent to monitor one's behaviour from a young age, as negative practices may become ingrained habits or addictions over time. In educational settings, students exhibiting negative attitudes, distractions, or arrogance often face underlying issues such as familial challenges or a lack of conducive environments. Misbehaviour, bullying, harassment, and the use of foul language can manifest as persistent ailments, gradually worsening over time. Education and culture consistently emphasize the value of spirituality, morality, and discipline. Parents can instill good values in children through attentive interaction and meaningful conversations.

Physical activities such as exercise, sports, gymnastics, and yoga are indispensable for maintaining physical well-being, as a healthy body forms the foundation for all endeavours. Meanwhile, artistic pursuits like dance, music, and song evoke positive emotions, akin to the serenity felt during meditation. Maintaining personal hygiene and cleanliness in one's surroundings is crucial for preventing the spread of diseases. Simple practices like regular bathing, nail trimming, dental care, and hair grooming are essential for overall health and garner respect from others.

Academic excellence opens the doors to opportunities, with good performance in examinations paving the way for future success in careers and endeavours. Additionally, engagement in activities like painting, art, and crafts fosters creativity and may cultivate entrepreneurship skills. Positive attributes such as being proactive, cooperative, and helpful lay the groundwork for effective leadership, enabling individuals to effect meaningful change in society and contribute positively to the nation.



Geeta Chhetri Rana
Chairperson & Founder

AWARD TO THE CHAIRPERSON OF THE SCHOOL

Galaxy Public School is proud to announce that Hon. Geeta Chhetri Rana, Chairperson of the school has been awarded with the "Distinctive Education Award 2080". This award is presented to an individual who has demonstrated on-going commitment in education through their profession and serving as a strong role model for the overall education development in Nepal. The program was organized by Kendrabindu Online Media Pvt. Ltd.



SECONDARY EDUCATION EXAMINATIONS 2079 (SEE – 2079)

Secondary Education Examination or SEE is the final round of examinations in the secondary school system of Nepal. Students must take this examination after completing their 10th grade syllabus. According to the Education Act 2016 AD (2073 BS) the National Level Examinations conducted for students who have completed Class 10 is known as Secondary Education Examination (SEE). Students of our school have always performed brilliantly in this examination. This year also, the success rate of our student is 100%. The highest GPA 3.85 was scored by Astha Poudel, Rudraksh Sharma and Sharad Kabariya respectively.

CONGRATULATIONS !
SEE 2079 GRADUATES



OVERALL RESULT

Above 3.60 - 4.00 = 26
Above 3.20 - 3.60 = 60
Above 2.80 - 3.20 = 37
Above 2.40 - 2.80 = 24
Above 2.00 - 2.40 = 8

HIGHEST GPA

ASTHA POUDEL - 3.85
RUDRAKSH SHARMA - 3.85
SHARAD KABARIYA - 3.85

ACADEMIC EXCELLENCE AWARD (YEAR -2079)

Academic Excellence Award 2079 was granted to the top three students of each class. This award felicitates those students who have performed excellent in the final term examination in the year 2079. This award encourages and motivates the students to perform excellent in their academics. The awardees of Academic Excellence Award are listed below:

Class (Year - 2079)	Names of Awardees
One	Pratik Blon Nirvana Jha Sarun Maharjan
Two	Dibyani S. Acharya Henkhama Rai Prisha Gautam
Three	Rivaan P. Pokhrel Evan Maharjan Aabiya Magar
Four	Shlok Shrestha Suhana Adhikari Rifa Maskey
Five	Raayan Shah Ishan Raj Bista Benup Siwakoti
Six	Shikshit Bhurtel Karanjeet Rao Suprashna Mainali
Seven	Sudhir Shah Samriddhi Wagle Gargi Shah
Eight	Aawaz Niroula Arpana Kumal Pratyus Bhattarai
Nine	Samyog Regmi Nilisha Bhandari Jinee Shah



ACADEMIC EXCELLENCE AWARD WINNERS OF CLASSES 1 - 3.



ACADEMIC EXCELLENCE AWARD WINNERS OF CLASSES 4-5.



ACADEMIC EXCELLENCE AWARD WINNERS OF CLASS 8.



ACADEMIC EXCELLENCE AWARD WINNERS OF CLASSES 6-7.



ACADEMIC EXCELLENCE AWARD WINNERS OF CLASS 9.

24TH INTERNATIONAL CONVENTION ON STUDENTS' QUALITY CIRCLES 2023, MAURITIUS (24TH ICSQC,23)

The Mauritian Society for Quality Control Circles (Academy of Quality Circles and Community Wellness - Mauritian) in collaboration with the World Council for Total Quality and Excellence in Education, the City Montessori School and with the support of different Ministries organized this event from 24th to 29th July 2023 in Mauritius. Students were bid farewell by the Chairperson of the School, Hon. Geeta Chhetri Rana on 23rd July 2023. Galaxy Students Quality Circles (GSQC) was represented by Aviruddha Ratna Tuladhar, Aavash Shrestha, Aakanchya Pahari, Abhinav Yadav and Shreyashi Adhikari. They were accompanied by Ms. Surina S. Gurung, Principal/ President-QUEST Nepal and Ms. Shrijana Shrestha, English Teacher / Certified Master Trainer of SQC. The students presented their Case Study and won the Philips Crosby Award and also participated in Debate, Public Speaking, Poster and Slogan Competition, Mathematics Competition and Panel Discussion. Our team also got the chance to meet H. E. Prithvirajsing Roopun, President of Mauritius at his residency, The State House.



AVIRUDDHA RATNA TULADHAR, AAVASH SHRESTHA, AAKANCHYA PAHARI, ABHINAV YADAV AND SHREYASHI ADHIKARI WITH THEIR RESPECTIVE AWARDS.



MEETING H. E. PRITHVIRAJESING ROOPUN, PRESIDENT OF MAURITIUS

INTER-SCHOOL BADMINTON TOURNAMENT

Inter school Badminton Tournament was held on 5 August 2023 and was organized by St. Xavier's School, Jawalakhel. The tournament was played on a league cum knock-out basis. The matches were played under three categories: Category A-Under 12 Boys/Under 12 Girls, Category B-Under 14 Boys/Under 14 Girls, Category C- Under 16 Boys/Under 16 Girls. The team was led by Badminton Coach, Sita Rai. Galaxy badminton team swept away all the category titles in the tournament. The winner's list are as follows:-



WINNERS OF INTER-SCHOOL BADMINTON TOURNAMENT.

GOLD	SILVER	BRONZE
U12 girls - Azarenka Sherchan	U12 girls - Sujata Pokhrel	U16 boys - Deepak Kumar Sah
U 14 girls - Akshara Yadav	U14 girls - Simran Gurung	U16 boys double- Roshish Manandhar + Siddhartha P Tamang
U14 boys - Rishav Rai	U16 girls - Anshu Rai	U12 boys - Shuvam Chauhan
U16 girls - Rihanna Sherchan	U16 girls double- Akshara Yadav+ Prachi Chettri	
U16 boys - Atif Khan		
U16 girls double- Prachi Maden Limbu+ Anshu Rai		

BUDDHA JAYANTI ART FESTIVAL

On the occasion of Buddha Jayanti, school organized Buddha Jayanti Art Festival on 4 May 2023. All the students from classes 3 to 6 participated in this festival. Top 3 Arts of Category A & B were awarded with certificate and gift. The festival was organized by Pidilite Industries Pvt. Ltd. The best arts of category A and B are listed below:-

Category A : Buddha Frame Art	Sarvani Gautam (5G1)	Aashray Ghimire (5G1)	Kaitlyn Kshatri (5G1)
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Category B : Buddha Collage Art			
Simrik Koirala (3G1)			
Sirapa Dangol (4G2)			
Kristina Lungeli (4G1)			

WINNERS OF THE BUDDHA FRAME ART.

WINNERS OF THE BUDDHA COLLAGE ART.

NEPALI AND ENGLISH HANDWRITING COMPETITION

The Handwriting Competition is an annual competitive event. English and Nepali Handwriting Competition was held on 10 May 2023. All the students from classes 1 to 10 participated in the competition. Our school gives special priority to Cursive Writing as it increases the pace of writing. Learning cursive is good for children's fine motor skills, and writing in longhand generally helps students retain more information and generate more ideas. The winners of Nepali and English Handwriting Competitions are listed below:

POSITION	CLASS 1		CLASS 2	
	Nepali Handwriting	English Handwriting	Nepali Handwriting	English Handwriting
First	Aayam Regmi	Niyukti Sapkota	Olivia Bastola	Rigzen Lama
Second	Nayara Ghale	Omrab Thapa	Nirvana Jha	Aagya Sitaula
Third	Sambridhi Paudel	Reyansh Panday	Sarathi Oli	Prinsu Tandan

POSITION	CLASS 3		CLASS 4	
	Nepali Handwriting	English Handwriting	Nepali Handwriting	English Handwriting
First	Prisha Gautam	Sumaiya Khan	Jinisha Jain	Rivaan Prayag Pokhrel
Second	Simrik Koirala	Samrat Shakya	Yasna Karmacharya	Vivaan Pancham Shakya
Third	Shristi Karki	Samriddhi Bhattarai	Evan Maharjan	Agrata Wagle



HANDWRITING COMPETITION WINNERS OF CLASS 1



HANDWRITING COMPETITION WINNERS OF CLASS 2



HANDWRITING COMPETITION WINNERS OF CLASS 3



HANDWRITING COMPETITION WINNERS OF CLASS 4

POSITION	CLASS 5		CLASS 6	
	Nepali Handwriting	English Handwriting	Nepali Handwriting	English Handwriting
First	Rijan Simkhada	Saurabh Sahani	Ishan Raj Bista	Shuvashree Gautam
Second	Shlok Shrestha	Samartha Sagar Ban	Nikita Upadhaya	Rhythm Phuyal
Third	Basant Gharti Magar	Shreeshail Bhatta	Bibhusa Shrestha	Shreya Bhandari



HANDWRITING COMPETITION WINNERS OF CLASS 5



HANDWRITING COMPETITION WINNERS OF CLASS 6

POSITION	CLASS 7		CLASS 8	
	Nepali Handwriting	English Handwriting	Nepali Handwriting	English Handwriting
First	Karanjeet Rao	Anwasha Thapa	Mamta Chaudhary	Tilasma Tarami Magar
Second	Pema Sangmo Gurung	Bigyan Deep Nagarkoti	Hisila Tuladhar	Lhachyam Palmo Lama
Third	Shova Rai	Mikesh Shrestha	Rayan Bhandari	Anuja Chaudhary



HANDWRITING COMPETITION WINNERS OF CLASS 7



HANDWRITING COMPETITION WINNERS OF CLASS 8

POSITION	CLASS 9		CLASS 10	
	Nepali Handwriting	English Handwriting	Nepali Handwriting	English Handwriting
First	Tanuj Kumar Das	Oneira Shrestha	Shraddha Gautam	Prachi Shrestha
Second	Baibhavi R.L. Rana	Wonjala Maharjan	Dipika Pradhan	Suprima Guragain
Third	Tisten Dolma Lama	Shriu Adhikari	Niranjana Manandhar	Aayushi Upadhyay



HANDWRITING COMPETITION WINNERS OF CLASS 9



HANDWRITING COMPETITION WINNERS OF CLASS 10

FUTSAL TOURNAMENT 2080

The craze for Futsal has been increasing steadily in students. Due to this demand, the school opened its door to Futsal lovers by introducing Futsal classes since 2018. The Annual School Futsal Tournament 2023 was held in the school Futsal ground from 14-16 May 2023 for classes 5-10. There were two categories: Girls and Boys. Matches were played among different sections on a knock out basis. Students from Classes 1 to 10 participated in this tournament. The name of the winning teams is given below:

BOYS TEAM - CLASS 5		GIRLS TEAM - CLASS 5	
FIRST – 5G1	SECOND – 5G3	FIRST – 5G3	SECOND – 5G2
Aashray Ghimire	Gyurmey Dhondup Tamang	Bidushi Gyawali	Aashna Gautam
Dipansh Mahato	Sagar Chaulagain	Ansu Shrestha	Aaniya Pandey
Kritagya Raj Shrestha	Rihan Tamang	Sara Banu	Aahana Shrestha
Sadik Shrestha	Daniel Rai	Shilpi Shah	Bidhya Sapkota
Shrees hail Bhatta	Abishek Jung Giri	Anukrishna Shrestha	Dibisha Jamarkattel
Samartha Sagar Ban	Alok Kumar Shah	Prarthana Mishra	Jenisha Karki
Abhiraj Pande	Yubin Parajuli	Zakia Raja Khan	Menisha Gurung
Kaatyayan Acharya	Basant Gharti Magar	Prasica Agrawal	Prajma Lamichhane
Shlok Shrestha	Samin Raj Ghimire	Royalsha Giri	Sanskriti Bhurtel
Dipluv Budhathoki	Aaron Gurung	Rhichin Lama	Sanvi Regmi, Subani Paudel



WINNERS OF CLASS 5 – GIRLS TEAM



WINNERS OF CLASS 5 – BOYS TEAM

BOYS TEAM - CLASS 6		GIRLS TEAM - CLASS 6	
FIRST – 6G3	SECOND – 6G1	FIRST – 6G4	SECOND – 6G2
Ishan Choudhary	Ganesh Kusari	Shreya Bhandari	Pari Giri
Aarav Giri	Amol Shrestha	Ashri Shrestha	Rolisha Bhujel
Dibyan Gautam	Rhythm Phuyal	Prashna Maharjan	Divya Kunwar
Kiran Joshi	Chirayu Gurung	Swoichha Basnet	Binisha Pandeya
Shuvam Chauhan	Rashik Khatri	Aahana Rana	Nikita Upadhaya
Aashraya Bhusal	Pratik Giri, Benup Siwakoti	Subinya Dangol	Samreedhi Adhikari
Riyaj Bhujel, Anwesh Subedi	Sajal Bhatta, Ishan Raj Bista	Adriyana Sunuwar	Anusiya Thapa, Bidhi Kshetri
Rinzin Lama, Shantanu Gurung	Samrag Jung Raut	Gelmu Sherpa	Eunice Sherpa, Yuvina Rai



WINNERS OF CLASS 6 – BOYS TEAM



WINNERS OF CLASS 6 – GIRLS TEAM

BOYS TEAM - CLASS 7		GIRLS TEAM - CLASS 7	
FIRST – 7G3	SECOND – 7G1	FIRST – 7G3	SECOND – 7G2
Subhangham Shumsher Thapa	Arnav Gurung	Prachi Chettri	Joyaa Shrestha Narshingh
Prabesh Bhandari	Shikshit Bhurtel	Youten Lama	Ojisha Rana
Aadarsha Upadhaya	Soyam Niraula	Sarah Kharel	Ariska Lama
Adhrit Sharma	Akool Dev Adhikari	Arisha Shrestha	Manasha Chaulagai
Pujan Pandey	Biwatshu Dev Pandey	Zaina Shah	Balika Kusari
Yashbir Sindurakar	Ishan Shrestha	Mayal Gurung	Sampada Dhungana
Samul Bikram Shah	Baibhav Jain	Manasvi Shah	Pema Sangmo Gurung
Bibul Kshetri	Ankit Tamang	Prayatna Silwal	Bigya Gurung
Aarosh Singh Maharjan	Deep Giri	Chrisha Nakarmi	Anwasha Rai
Sumit Yadav	Sanskrit Aryal	Aarya KC	Unika Neupane



WINNERS OF CLASS 7 – BOYS TEAM



WINNERS OF CLASS 7 – GIRLS TEAM

BOYS TEAM - CLASS 8		GIRLS TEAM - CLASS 8	
FIRST – 8G3	SECOND – 8G1	FIRST – 8G3	SECOND – 8G2
Rohit Gupta	Baibhav Narayan Shah	Ragini Mandal (C)	Akshara Yadav
Diwas Pun	Shreyan Chaudhary (C)	Kavita Bohara	Sujata Pokhrel
Bilson Bikram Shahi	Dawa Serki Sherpa	Esme Tamang	Injon Rai
Risab Singh	Saksham Regmi	Arya Tiwari	Tsering Yangkyi Lama
Pema Lekthuk Lama	Abhiyan Sapkota	Madisha Baral	Lhachyam Palmo Lama
Aayush Thapa Magar	Himesh Bhattarai	Ridima Karki	Hisila Tuladhar
Dikshant Adhikari	Advay Gharti Magar	Mamta Chaudhary	Shreeya Gautam
Pranav Khadgi	Prayush Bhandari	Aarju Aryal	Gesica Agrawal
Shreeyansh Dahal	Sudhir Shah		Anuja Chaudhary
Sujit Kumar Shah	Prachit Bista		Nancy Shrestha



WINNERS OF CLASS 8 – BOYS TEAM



WINNERS OF CLASS 8 – GIRLS TEAM

BOYS TEAM - CLASS 9		GIRLS TEAM - CLASS 9	
FIRST – 9G2	SECOND –9G3	FIRST – 9G3	SECOND – 9G1
Ayush Abiral Paudel (C)	Tanuj Kumar Das (C)	Samikshya Shrestha (C)	Slesha Joshi
Maulik Dangol (GK)	Wangchuk Sherpa	Larina Karki	Srijana Giri
Jastin Khanal (GK)	Samriddha Bir Jung Rana	Anshu Rai	Unika KC
Avanish Deo Bhatta	Samarpan Rai	Alisha Lama	Priyasha Baduwal
Saugat Patani Bhat	Sang Tshering Gurung	Tisten Dolma Lama	Sadhana Rai
Kshitiz Lama	Kritarth Chand	Supriya Bhatta	Sujeen Gurung
Sudip Roka	Raban Mandal	Aakriti Rai	Wonjala Maharjan
Rishav Rai	Hyo Won Bhandari	Anushriya Kunwar	Shambhavi Shahi
Utkarsha Basnet	Joel Nardip Rai	Soniya Waiba	Arpana Kumal
Avyash Adhikari		Trayee Ghimire	



WINNERS OF CLASS 9 – BOYS TEAM



WINNERS OF CLASS 9 – GIRLS TEAM

BOYS TEAM - CLASS 10		GIRLS TEAM - CLASS 10	
FIRST – 10G2	SECOND –10G1	FIRST – 10G1	SECOND – 10G2
Aditya Syangtan	Siddhartha P. Tamang (VC)	Jinee Shah	Niyukti Karki
Aron Thapa	Parshav Parajuli (C)	Sujaynee Maharjan	Khushi Mahato
Aditya Subedi	Grisma Gyawali	Ashley Rasaily	Sisrikshya Dulal
Bashu Bhandari	Yashon Adhikari	Shraddha Gautam	Dipika Pradhan (C)
Janak Pandey	Subash Dhami	Purnima Ghimire	Ojashwi Neupane
Deepak Kumar Sah (GK)	Aryan Kumar	Nilisha Bhandari	Pratikshya Goenka
Obhama Shrestha	Sargav Lamsal	Sambriddhi Bhurtel	
Prashams Paudel (C)	Aatif Khan	Suprima Guragain	
Pratyush Tiwari	Aayush Panta		
Sumit Kumar Sah	Sumedh Ghimire		



WINNERS OF CLASS 10 – BOYS TEAM



WINNERS OF CLASS 10 – GIRLS TEAM

ELECTION OF HEAD BOY AND HEAD GIRL

The election of the Head Boy and the Head Girl was held on 21 May 2023. The parliamentary election system of Nepal was followed during the election of head boy and head girl. Nominations were filed by the students for the post. Nominated candidates gave separate speeches on election campaign to the voters. On the Election Day, all the students of class 10 participated in the election and chose their leaders by voting. Electronic voting system was used to cast and count ballots. Aryan Kumar and Shraddha Gautam were elected as the Head Boy and Head Girl of the school respectively. During the school assembly, they were officiated by the Principal and teachers. The newly presided Head Boy and Head Girl delivered their victorious speech in front of the voters and fellow students.

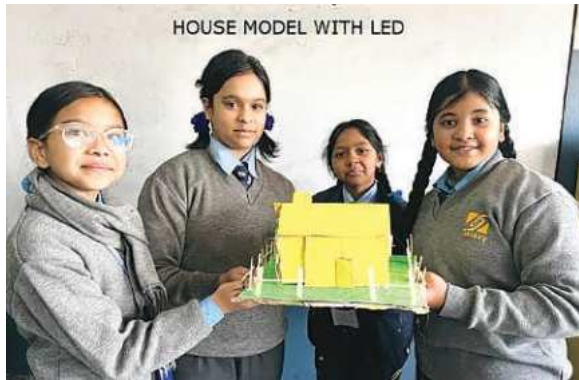


FELICITATION OF HEAD BOY & HEAD GIRL

ROBOTICS CLASSES

Robotics class allows students to involve in the conception, design, manufacture and operation of robots. The objective of this program is to create intelligent machines that can assist humans in a variety of ways. Robotics activities provide students with exposure to other essential STEAM (Science, Technology,

Engineering and Math) experiences. Many robotics require some basic coding knowledge and computer programming skills, so students can utilize these skills to have robots complete specific tasks. Students of classes 5 to 8 are attending these classes to engage and excel their robotics skills. These robotics classes are facilitated by Robo-Tech Nepal.



FEW GLIMPSES OF ROBOTIC CLASSES FACILITATED BY ROBO-TECH NEPAL

17TH NATIONAL CONVENTION ON STUDENTS' QUALITY CIRCLES 2023 (17TH NCSQC '23), SAURAHA, CHITWAN

17th NCSQC '23 is an annual national event which involved gathering of Students Quality Circles (SQC) students from various parts of Nepal. The convention was organized by QUEST-Nepal and hosted by Small Heaven Model School, Chitwan. The theme of this year's convention was SQC – A Pathway to learn 21st Century skills. The convention was held from 24 to 26 November 2023 in Sauraha, Chitwan at Seven Star Hotel. Altogether 500 students, teachers, educationists around Nepal gathered to this prestigious convention. Students participated in various competitive and non-competitive events; like Case Study Presentation, Panel Discussion, Workshops, Quality Quiz Contest, etc.



PARTICIPANTS OF 17TH NCSQC, SAURAHA, CHITWAN

Our students from Class 9 participated in this event along with SQC Master Trainer, Saurabh Shrestha. The students participating in the events are: Prabhakta Gurung, Sangam Kandel, Om Bikram Thapa, Suave Sharma Dulal, Prakriti Subhahang (Yakha), Alisha Lama and Anik Rana. They participated in the case study presentation and other events offered at the convention simultaneously.

8TH HUB CONVENTION ON STUDENTS' QUALITY CIRCLES 2023

8th Hub Convention on Student's Quality Circles was held at EPS School, Baneshwor on 23 September 2023. This convention was organized by QUEST- Nepal /Pashupati Hub. Various schools including Galaxy Public School under the Pashupati hub participated in this event. The convention was inaugurated by Ms. Pramila Singh, Principal- EPS School. Our team of Niranjana Manandhar and Aryan Kumar won First place in Collage Competition. The duo of Aviruddha Ratna Tuladhar and Aavash Shrestha presented their paper presentation on the topic "SQC in Education". The students presented their Case Study and excelled well in the paper presentation as well. The name of the students participating in this convention are as follows: -

SQC Team 1	SQC Team 2	SQC Team 3
Soyuj Shrestha	Siddhartha P Tamang	Swornim Shrestha
Abhinav Yadav	Aryan Kumar	Ilesma Saud
Sujit Kumar Shah	Preciosa Pandey	Shikha Poudel
Aviruddha R Tuladhar	Shambhavi Shahi	Priyanshu Lamsal
Aavash Shrestha	Niranjana Manandhar	Sarah Khadgi
	Kabir Darnal	Niju Phuyal
	Pratyush Tiwari	Eva Shrestha



PARTICIPANTS OF THE CONVENTION - TEAM 1



PARTICIPANTS OF THE CONVENTION - TEAM 2



PARTICIPANTS OF THE CONVENTION - TEAM 3

RAKHEE MAKING CRAFT COMPETITION

On the occasion of Rakhee and Janai Purnima, Rakhee Making Craft Competition was held on 27 August 2023. This event was organized by Acron Nepal, Pidilite Industries. All the students from classes 4 to 7 participated in this competition. Medals and Certificates were imparted to the best 5 Rakhee makers of Category A & B. The best 10 Rakhee Makers are as follows: -

Category A (Class 4-5)	Category B (Class 6-7)
Saurabh Sahani	Jenny Baral
Basant Gharti Magar	Grace Rai
Ankrish Shrestha	Aryan Yadav
Sikshya Khadgi	Pema Sangmo Gurung
Shlok Shrestha	Kritika Tamrakar



BEST RAKHEE MAKERS OF CATEGORY A & B

MERO CODING CLASS

Coding classes have been introduced this year to provide coding skills to our students. They are taught by well trained teachers from Mero Coding Class. Coding improves problem solving skills in a logical and creative way, and the ability to solve problems is a lifelong trait we want our children to possess. It

enhances their math skills, self-confidence, writing skills and decision-making ability. They will be able to understand how computer programs work with the given set of instructions and eventually will be able to develop apps, video games, websites and much more. Students will be learning about Scratch Program, Python, Web designing etc.



STUDENTS TAKING CODING CLASSES

TABLE TENNIS TOURNAMENT – OLYMPIC DAY 2023

On the occasion of Olympic Day, Table Tennis Tournament was held on 23 June 2023 at Annapurna Hall in collaboration with Nepal Olympic Committee. Table Tennis develops quickness of mind, faster reflexes and hugely improves hand-eye coordination. The winners of the tournament are listed below: -

Titles	Class 5		Class 6	
	Boys	Girls	Boys	Girls
First	Ojas Paudel	Akriti Silwal	Chirayu Gurung	Anshu Khanal
Second	Shlok Shrestha	Ansu Shrestha	Rhythm Giri	Dikshya Bhandari
Third	Basant Gharti Magar Alok Kumar Shah	Avanee Maharjan Suhana Neupane	Rhythm Phuyal Abison Bikram Shahi	Prashna Maharjan Ashri Shrestha

Titles	Class 7		Class 8	
	Boys	Girls	Boys	Girls
First	Prabesh Bhandari	Prachi Chettri	Advay Gharti Magar	Shreyashi Adhikari
Second	Karanjeet Rao	Suwigya Adhikari	Shreyan Chaudhary	Sujata Pokhrel
Third	Deep Giri Bihan KC	Sonam Palzom Lama Sarah Kharel	Dawa Serki Sherpa Aayush Thapa Magar	Prasanna Kanel Krisha Agam

Titles	Class 9		Class 10	
	Boys	Girls	Boys	Girls
First	Pranish Sapkota	Khiyama Rai	Abhishek Dhakal	Ashley Rasaily
Second	Grishma Thapalia	Slesha Joshi	Atif Khan	Sisrikshya Dulal
Third	Josip Adhikari Tribikram Rana	Tisten Dolma Lama Dolma Sherpa	Subrat Paudel Pratyush Tiwari	Swastika Tamang Kinjal Chitrakar



TT WINNERS OF CLASSES 10, 9 AND 8 RESPECTIVELY WITH THEIR MEDALS AND CERTIFICATES.



TT WINNERS OF CLASSES 7, 6 AND 5 RESPECTIVELY WITH THEIR MEDALS AND CERTIFICATES.

DRAWING COMPETITION

Drawing helps children improve their fine motor skills and hand-eye coordination. It gives them the opportunity to form connections between what they see and do. It is an annual event in the school and was conducted on 9 July 2023.

Students from Preschool till Class 10 participated in this event. Students excelling in drawing competitions are listed in the table: -

Position	Preschool		
	Nursery	LKG	UKG
First	Advika Khadka	Shloka Dhakal	Trisha Agrawal
Second	Prinsa Upreti	Pratibha Sahani	Yashree Jain
Third	Shuvashish Baral	Aayansh Maharjan	Surabhi Neupane

Position	Class				
	Class 2G1	Class 4G1	Class 5G1	Class 6G1	Class 6G3
First	Pratik Blon	Jinisha Jain	Paridhi Thakur	Aarohee Basnet	Shaaya Rana
Second	Surina Bhujel	Ankrish Shrestha	Shlok Shrestha	Bungwama Rai	Anwesh Subedi
Third	Olivia Bastola	Aabiya Magar	Suhana Adhikari	Prakhyat Baduwal	Ishup Dahal
Consolation	Sarun Maharjan	Aavash Tharu	Kritagya R Shrestha	Benup Siwakoti	Raghav Shrestha

Position	Class			
	Class 7	Class 8	Class 9	Class 10
First	Utsav Kafle	Akshyata Tuladhar	Sadhana Rai	Suraj Yadav
Second	Pranita Shrestha	Saayena Nepal	Samikshya Shrestha	Niranjana Manandhar
Third	Baibhav Jain	Jawaj Jung Thapa	Sujeen Gurung	Sudikshya Shrestha
Consolation	Suprashna Mainali	Sanim Pradhan	Prakriti Subhahang Yakkha Samrit Chetri Supriya Moktan Tamang	Purnima Ghimire Naman Chaudhary Kabir Darnal



A: WINNERS OF DRAWING COMPETITION



B: WINNERS OF DRAWING COMPETITION

PRODUCTIVE ART COMPETITION

Productive art engages students to make art from any material and turn it into more productive and usable item. This art helps development of motor skills, language skills, social skills, decision-making, risk taking, and inventiveness skill in the students.

It teaches learners about color, layout, perspective and balance, which further helps in presentation of academic work. Productive art competition was held on 9 July 2023. Students presenting their best art are listed in the table:

Position	Preschool		
	Nursery	LKG	UKG
First	Prinsa Upreti	Alex Shrestha	Shreeshant Pant
Second	Shreeya Upreti	Pratibha Sahani	Pratik Sapkota
Third	Shuvashish Baral	Shloka Dhakal	Sejun Kharel



WINNERS OF PRODUCTIVE ART COMPETITION

Position	Class				
	1	2	4	5	6
First	Avaneesh Maharjan	Oneik Shrestha	Dibisha Timilsina	Agrim Basnet	Kenisha Shrestha
Second	Nayara Ghale	Shristi Karki	Denish Sanwani	Sanskar Chitrakar	Anusiya Thapa
Third	Vedanshi Pokhrel	Raghab Raj Neupane	Misti Murarka	Aahana Shrestha	Aashraya Bhusal
Consolation	Reyansh Panday	Sumaiya Khan	Ivaan Shah	Saugat Paneru	Eunice Sherpa

Position	Class			
	7	8	9	10
First	Karanjeet Rao	Prapti Raj Bhat	Om Bikram Thapa	Aryan Kumar
Second	Unika Neupane	Shreeya Gautam	Bishaka Shrestha	Jinee Shah
Third	Ayub Kaji Gamal	Aarohi Mahat	Oneira Shrestha	Sargav Lamsal
Consolation	Anwasha Rai Smriti Magiya Rishika Chandak Baishnavi Lungeli Magar	Aasifa khan Amairah Bista Akshara Yadav	Arpana Kumal Srijana Giri Pratyus Bhattarai	Nilisha Chaudhary Prabanda Gurung

CLAYWORK COMPETITION

The process of working with clay, which is a natural material to create a unique clay project supports personalized learning, sensory development, fine motor skills, self-esteem and self-expression, problem solving skills, discipline

and create pride in a child after completion of the project. The clay work classes are a compulsory activity in the school from Preschool to class 8. Clay work competition was held on 9 July 2023. Various topics were issued per section/class for the students to participate in the competition. Winners were felicitated with medals and certificate. Students presenting their best clay work are listed in the table given: -

Position	Preschool		
	Nursery	LKG	UKG
First	Advika Khadka	Aayansh Maharjan	Surabhi Neupane
Second	Shuvashish Baral	Alex Shrestha	Yashree Jain
Third	Prinsa Upreti	Shloka Dhakal	Shreeschant Pant

Position	Class				
	Class 1G2	Class 3G2	Class 4G3	Class 5G3	Class 6G2
First	Omrab Thapa	Simrik Koirala	Pratistha Koirala	Basant G Magar	Prashna Maharjan
Second	Prishma Sharma	Raghavi Khatri	Sirapa Dangol	Daniel Rai	Ashri Shrestha
Third	Samman Joshi	Prasiddha Shrestha	Subikcha Rai	Aaron Gurung	Joel Maghaiya
Consolation	Utkarsh Tewari	Abhinav K Mandal	Sulab Pal	Rihan Tamang	Prisha Sunam

Position	Class			
	Class 7	Class 8	Class 9	Class 10
First	Balika Kusari	Nancy Shrestha	Pranjal Rajbahak	Prachi Maden Limbu
Second	Shikshit Bhurtel	Anuja Chaudhary	Slesha Joshi	Ashley Rasaily
Third	Mayal Gurung	Advay Gharti Magar	Neha Lawati	Siddhartha Pakhrin Tamang
Consolation	Bihan KC Grace Rai	Lhachyam Palmo Lama Tilasma Tarami Magar Prasansha Shahi	Unika KC Khushi Tamang Deepam Sah	Parshav Parajuli Suprima Guragain Shraddha Gautam Pratyush Budhathoki Khushi Mahato



B: WINNERS OF CLAYWORK COMPETITION

NATIONAL RICE PLANTATION DAY

The Government of Nepal officially decided in 2061 BS to celebrate Asar 15 as National Paddy Day or Dhan Diwas. It is also known as Paddy Cultivation Festival. This day marks the beginning of rice planting season. Farmers plant their first rice saplings of the season and the community hopes for a good harvest. During this day, students observed rice saplings being transplanted in the field and also savored upon Dahi chura.





CELEBRATION OF RICE PLANTATION DAY

ANNUAL SCHOOL BADMINTON TOURNAMENT 2080

One among the important benefits of playing badminton is that it boosts up the muscle strength making students strong and fit. This is one of the annual sports events where interested students are given a chance to compete and excel in badminton. The Annual School Badminton Tournament was conducted from 6 to 8 August 2023. The event was conducted on knock out basis as per their respective class and categorized into boys and girls. The winners of this tournament are listed below: -

BOYS CATEGORY				
Positions	Class 10	Class 9	Class 8	Class 7
Gold	Aatif Khan	Bibas Rawat	Khushbendra Sah	Arnav Gurung
Silver	Siddhartha Pakhrin Tamang	Grishma Thapalia	Soyuj Shrestha	Subhangham Shumsher Thapa
Bronze	Shikhar Gurung Roshish Manandhar	Kritarth Chand Alish Giri	Rohit Gupta Bilson Bikram Shahi	Sanil Lamsal Bibul Kshetri



OPENING OF ANNUAL SCHOOL BADMINTON TOURNAMENT 2080 AND THE WINNERS OF CLASS 8

GIRLS CATEGORY				
Positions	Class 10	Class 9	Class 8	Class 7
Gold	Prachi Maden Limbu	Anshu Rai	Akshara Yadav	Prachi Chettri
Silver	Khushi Mahato	Tisten Dolma Lama	Sujata Pokhrel	Pema Sangmo Gurung
Bronze	Jinee Shah Ashley Rasaily	Aarohi Shrestha Simran Gurung	Mamata Chaudhary Skritee Bhattarai	Sarah Kharel Unika Neupane



WINNERS OF BADMINTON TOURNAMENT 2080

ANNUAL CRICKET TOURNAMENT

Cricket in Nepal has gained popularity over the years and has become the country's one of the most popular and widely followed sport. In our school, students love playing cricket. This sport is enjoyed by all the students. Annual Indoor Cricket Tournament was conducted from 3 to 5 October 2023. The game was played between the sections and later on with their seniors. The following students received Honors of Token as the Man of the Match; Atif Khan (Class 10 – Boys); Swastika Tamang (Class 10 – Girls); Baibhav Narayan Shah (Class 8 – Boys); and Krisha Agam (Class 8 – Girls). Winners of Cricket Tournament 2080 are listed below: -

Match between class 7 & 8

BOYS		GIRLS	
First Position - Class 8	Second Position – Class 7	First Position - Class 8	Second Position – Class 7
Abhiyan Sapkota	Aaryan Phuyal	Aarohi Mahat	Aayusha Wagle
Advay Gharti Magar	Aadarsha Upadhaya	Aasifa Khan	Anima Luitel
Baibhav Narayan Shah	Bibul Kshetri	Amairah Bista	Anwesha Thapa
Dikshant Adhikari	Bihan KC	Arju Kafle	Aarushi Gupta
Himesh Bhattarai	Chirag Mahato	Aashin Panthi	Bigya Gurung
Khushbendra Sah	Naseeb Shrestha	Gargi Shah	Nitya Sapkota
Prachit Bista	Prabesh Bhandari	Krisha Agam	Rose Mukhiya
Pranik Tandon	Prasun Mishra	Prasanna Kanel	Sonam Palzom Lama
Shreyan Chaudhary	Riyaz Gautam	Samriddhi Wagle	Suwigya Adhikari
Sudhir Shah	Sanil Lamsal	Skritee Bhattarai	Yangzom Dolker Lama



WINNERS OF INDOOR CRICKET TOURNAMENT 2080: MATCH BETWEEN CLASS 7 & 8 - BOYS



WINNERS OF INDOOR CRICKET TOURNAMENT 2080: MATCH BETWEEN CLASS 7 & 8 - GIRLS

Match between class 9 & 10

BOYS		GIRLS	
First Position - Class 10	Second Position – Class 9	First Position - Class 10	Second Position – Class 9
Atif Khan	Sujit Nepal	Swastika Tamang	Anshu Rai
Aryan Kumar	Avanish Deo Bhatta	Aditi Singh	Aakriti Rai
Aayash Adhikari	Sudip Roka	Kinjal Chitrakar	Larina Karki
Grisma Gyawali	Rishav Rai	Prachi Maden Limbu	Samyukta Jyoti Lama Moktan
Dipesh Gupta	Maulik Dangol	Aakriti Prajapati	Soniya Waiba
Sargav Lamsal	Kshitiz Lama Tamang	Pranita Pateny	Trayee Ghimire
Sukrin Thapa	Saugat Patani Bhat	Archita Kairatee	Supriya Bhatta
Siddhartha Pakhrin Tamang	Raj Babu Mahato	Niju Phuyal	Alisha Lama
Deepak Kumar Sah	Bidhan Pandit	Eva Shrestha	Alka Pradhan
Shreyan Shah	Subash Mahato	Anjina Prajapati	



WINNERS OF INDOOR CRICKET TOURNAMENT 2020: MATCH BETWEEN CLASS 9 & 10 - BOYS



WINNERS OF CLASS 10 GIRLS AND THE WINNERS OF MAN OF THE MATCH

TEAMWORK

Teamwork is the process of working collaboratively by a group of students to achieve a specific goal. It involves the combined efforts of individual members who bring their unique knowledge and skills to the table. Students must learn from young age to work in a team as it helps to generate better outcomes rather than any one person working. Various topics are provided to the students as per their class to do teamwork projects. The teamwork projects are conducted on every term.



FEW GLIMPSES OF TEAMWORK PRESENTATION BY EACH GROUP OF CLASS 10 AND 8

SPELLING CONTEST 2080

Spelling contest is a regular term event happening every year. Students interested in spelling contest participate from First Mid-Term and has to qualify in every term to reach to the Final Round (Fifth Round). So, spelling contest is a year round event happening in every term. The final round was facilitated by the respective English Teacher on 15 December 2023. The winners of Spelling Contest are provided with medals and certificate in the final round. The list of winners from each class are given below:-

Class	First Position	Second Position	Third Position
Nursery	Shuvashish Baral	Advika Khadka	Prinsa Uprety
LKG	Shloka Dhakal	Aayansh Maharjan	Pratibha Sahani
UKG	Seajun Kharel	Yashree Jain	Shree Shant Pant
One	Evlogia Limabhi Ezung, Avaneesh Maharjan, Aayam Regmi	Agraja Poudel, Aaswik Pyakurel, Aayaan Shah	Vedanshi Pokhrel, Aarush Maharjan, Mohammad Arsh Shah
Two	Phurba Tamang, Pratik Blon, Pranavi Sharma	Nirvana Jha, Divyansh Agrawal, Hemash Khatiwada	Prinsu Tandan, Rigzen Lama, Prashna Kunwar
Three	Henkhama Rai, Oneik Shrestha, Raghav Raj Neupane	Aanvi Shrestha, Eva Bhochhibhoya, Sumaiya Khan	Dibyani Sharma Acharya, Prisha Gautam, Shristi Karki
Four	Evan Maharjan, Raymon Gurung, Rivaan Prayag Pokhrel	Aabiya Magar, Agrata Wagle, Aaradhya Kanauje	Anmol Paudel, Rassish Maharjan, Samyak Adhikari
Five	Sadik Shrestha, Shlok Shrestha, Shrees hail Bhatta	Bibhu Pradhan, Dipansh Mahato, Kritagya Raj Shrestha	Kaatyayan Acharya, Kaitlyn Kshetri, Ronish Raj Kayastha
Six	Benup Siwakoti, Nitisha Budhathoki, Subhang Sharma Acharya	Aashrika Pandit, Dikshya Bhandari, Samrag Jung Raut	Amshool Gyawali, Aarohee Basnet, Mallika Dhungel
Seven	Deep Giri, Sanskrit Aryal, Sayuri Basnet	Anima Luitel, Nitya Sapkota, Suwigya Adhikari	Chirag Mahato, Shikshit Bhurtel, Soyam Niraula
Eight	Baibhav Narayan Shah, Himesh Bhattarai, Sudhir Shah	Choedon Namdrol Tamang, Gargi Shah, Prasanna Kanel	Aasifa Khan, Akshyata Tuladhar, Amairah Bista
Nine	Preciosa Pandey, Slesha Joshi, Wonjala Maharjan	Pranav Bashyal, Aayush Bhattarai, Saurav Ray Yadav	Onira Shrestha, Aarogya Kharel, Adit Sangraula
Ten	Yashon Adhikari, Roshish Manandhar, Aryan Kumar	Sujayaneer Maharjan, Purnima Ghimire, Shraddha Gautam	Kiran Sharma, Dipesh Gupta, Sumedh Ghimire



WINNERS OF SPELLING CONTEST 2080 WITH THEIR RESPECTIVE ENGLISH TEACHER (PRESCHOOL – CLASS 4)



WINNERS OF SPELLING CONTEST 2080 WITH THEIR RESPECTIVE ENGLISH TEACHER (CLASSES 5 – 10)

QUIZ CONTEST 2080

Quiz Contest is a regular term event happening every year. Students interested in quiz contest participate from First Mid-Term and has to qualify in every term to reach to the Final Round (Fifth Round). So, quiz contest is a year round event happening in every term. This final round was facilitated by the respective English Teacher on 17 December 2023. The winners of Quiz Contest are provided with medals and certificate in the final round. The list of winners from each class are given below:-

Class	First Position	Second Position	Third Position
Nursery	Shuvashish Baral	Advika Khadka	Sahas Limbu
LKG	Shloka Dhakal	Alex Shrestha	Akarshan Gurung
UKG	Surabhi Neupane	Trisha Agrawal	Pratik Sapkota
One	Aayam Regmi, Evlogia L Ezung	Nayara Ghale, Bidhan Pandeya	Rashmi Giri, Uvan Godar Thapa



WINNERS OF QUIZ CONTEST - PRESCHOOL & CLASS 1

Class	First Position	Second Position	Third Position
Two	Pratik Blon	Ajal Maharjan, Amod Shrestha	Hemash Khatiwada, Nirvana Jha
Three	Oneik Shrestha , Avighna Shrestha	Jayesh Agrawal, Adish Baral	Satwik Khatiwada, Samriddha J Khadka
Four	Sangam Mandal, Sandesh Bogati	Kareen Shahi, Ishaani Paudyal	Parash Uprety , Ivaan Shah
Five	Samyak Paudel, Saurabh Sahani	Avanee Maharjan, Sarvani Gautam	Sunayan S Khadka, Sanskar Chitrakar
Six	Ishan Raj Bista, Prashant Kunwar	Sushan Bohara, Saurav Baniya	Nawang Wangdak Gurung, Tenzin Wangdak Lama
Seven	David Gautam, Akool Dev Adhikari	Raayan Shah, Arnav Gurung	Baibhav Jain, Prasiddha Katel
Eight	Shreyan Chaudhary, Saksham Regmi	Samriddhi Wagle, Aashin Panthi	Advay Gharti Magar , Abhinav Yadav
Nine	Pratyush Bhattarai, Saiyam Maskey	Aawaz Niraula, Shriu Adhikari	Aarambha Ghimire, Anik Rana
Ten	Kuldeep R. Joshi, Samyog Regmi	Pritam Katuwal, Pratik Bajracharya	Shlok Khanal, Bikalpa Shah



WINNERS OF QUIZ CONTEST WITH THEIR RESPECTIVE ENGLISH TEACHER – CLASSES 2 - 10

ENGLISH DEBATE COMPETITION 2080

Debating is an essential life skill that helps student develop confidence, learn to think on their feet, and argue their point of view. It also teaches them how to research, structure and argument and articulate their thoughts clearly. Debate competition is an annual program. The debate competition was held on 12 December 2023 for students of classes 5 to 10 by their respective English Teacher. The winners of English Debate Competition are listed below:-

Class	BEST SPEAKER	First Position	Second Position
Five	Kaatyayan Acharya	Kaatyayan Acharya, Sadik Shrestha, Shlok Shrestha, Shreeshail Bhatta	Axata Giri, Avanee Giri, Aaryasha Panthi, Suhana Neupane
Six	Ishan Bista	Ishan Bista, Subhang Acharya, Shuvashree Gautam, Ashrika Pandit	Mirva Thapa, Prashna Maharjan, Gelmu Sherpa, Subinya Dongol
Seven	Anmol Giri	Anmol Giri, Baishnavi Lungeli Magar, Pema Sangmo Gurung, Unika Neupane	Suprashna Mainali, Adhrit Sharma, Raayan Shah, Sarah Kharel



WINNERS OF DEBATE COMPETITION WITH THEIR RESPECTIVE TEACHER – CLASS 5 & 6



WINNERS OF DEBATE COMPETITION WITH THEIR RESPECTIVE TEACHER - CLASSES 7 - 10

Class	BEST SPEAKER	First Position	Second Position
Eight	Aarohi Mahat	Aarohi Mahat, Arju Kafle, Advay Gharti Magar, Sudhir Shah	Abhinav Yadav, Emroze Khan, Prayush Bhandari, Samyam Tripathi
Nine	Preciosa Pandey	Aawaj Niraula, Shriu Adhikari, Preciosa Pandey, Wonjala Maharjan	Khiyama Rai, Unika KC, Slesha Joshi, Shambhavi Shahi
Ten	Nilisha Chaudhary	Aryan Kumar, Shreyan Shah, Nilisha Chaudhary, Niranjana Manandhar	Aviruddha Tuladhar, Sumit Sah, Avash Shrestha, Soovam Pokharel

PANEL DISCUSSION 2080

The aim of panel discussion is to present different perspectives, bounce ideas off each other and come up with some conclusion at the end. A moderator helps guide the discussion amongst the panelists. Panel discussion was conducted on 18 December 2023. The moderator of each class/session was their respective English teacher. The best panelists were presented with certificates. The list of the winning panelists are listed below:-

Position	Class 7	Class 8	Class 9	Class 10
First	Ishan Shrestha	Sudhir Shah	Bhabishya R. Mainali	Aavash Shrestha
Second	Shova Rai	Abhinav Yadav	Aakanchya Basnet	Soovam Pokhrel
Third	Prayatna Silwal	Ridhima Karki	Suzeen Gurung	Purnima Ghimire
Moderator	Ms. Swarnalata Gurung	Ms. Kamala Rana	Mr. Limathung Ezung	Ms. Keshar Limbu



WINNERS OF PANEL DISCUSSION - CLASSES 7-10

ANNUAL BASKETBALL TOURNAMENT 2080

Playing basketball helps to improve motor coordination, flexibility and endurance. These skills are shown to have a positive effect on promoting an overall health of the students. Annual Basketball tournament was held from 19 to 21 December 2023. Students from classes 6 to 10 participated in the basketball tournament. The winners of the tournament was provided with medal and certificates. The list of the winning team/section are listed below:-

BOYS		GIRLS	
10G2 (1 st)	10G4 (2 nd)	10G1 (1 st)	10G2 (2 nd)
Pratyush Tiwari	Nawadeep Rawal	Shraddha Gautam	Khushi Mahato
Anis Sharma	Aaditya Kharel	Sisrikshya Dulal	Niyukti Karki
Sumit Sah	Aryan Khadgi	Jinee Shah	Suprima Guragain
Basu Bhandari	Samool Khadka	Sujaynee Maharjan	Samana Baniya
Obhama Shrestha	Aarav Subedi	Prunima Ghimire	Dipika Pradhan
Prashams Paudel	Rudraksh Shrestha	Niranjana Manandhar	Ojashwi Neupane
Aditya Subedi	Shaleen Gurung	Ashley Rasaily	Simran Basel
Prashav Parajuli	Amrit Dhital		Sambriddhi Bhurtel



WINNERS OF ANNUAL BASKETBALL TOURNAMENT 2080 - CLASS 10

BOYS		GIRLS	
9G4 (1 st)	9G1 (2 nd)	9G3 (1 st)	9G1 (2 nd)
Tribikram Rana	Pranav Bashyal	Anshu Rai (C)	Slesha Joshi (C)
Urken Sherpa	Sushant Pandey (C)	Larina Katuwal	Srijana Giri
Chiranjibi Kadayat	Bidhan Pandit	Aakriti Rai	Khiyama Rai
Shivam Khadka	Pranjal Rajbahak	Supriya Bhatta	Unika K.C.
Wangchuk Sherpa	Divyesh Baidya	Alka Pradhan	Bishaka Shrestha
Pramarth Ghale	Bhabishya Raj Mainali	Soniya Waiba	Wonjala Maharjan
Samrid Chhetri	Aarambha Ghimire	Samyukta J.L. Moktan	Sujeen Gurung
	Aayush Bhattarai	Trayee Ghimire	Arpana Kumal



WINNERS OF ANNUAL BASKETBALL TOURNAMENT 2080 - CLASS 9

BOYS		GIRLS	
8G2 (1 st)	8G1 (2 nd)	8G3 (1 st)	8G2 (2 nd)
Soyuj Shreshtha	Diskhant Adhikari	Lhachyam Palmo	Akshara Yadav
Rohit Gupta	Shreyan Chaudhary	Tsering Yangkyi	Anuja Chaudhary
Shoyav Bohara	Prachit Bista	Nancy Shrestha	Sujata Pokhrel
Dawa Sherki Sherpa	Advay Gharti Magar	Esme Tamang	Gesica Agrawal
Siddhartha KC	Baibhav Narayan Shah	Shreeya Gautam	Prapti Raj Bhat
Ryan Bhandari	Abhiyan Sapkota	Ragini Mandal	Carol Nepal
Nishit Aryal	Sudhir Shah	Pansy Sintan	Injon Rai
Sujit Shah	Sakshyam Regmi	Hisila Tuladhar	Apala Sitaula
	Himesh Bhattarai		



WINNERS OF ANNUAL BASKETBALL TOURNAMENT 2080 - CLASS 8

BOYS		GIRLS	
7G2 (1 st)	7G1 (2 nd)	7G3 (1 st)	7G2 (2 nd)
Prabesh Bhandari	Arnav Gurung	Prachi Chhetri	Joyaa Shrestha Narshing
Sanil Lamsal	Deep Giri	Youten Lama	Pema Sangmo Gurung
Aaryan Phuyal	Soyam Niraula	Arisa Shrestha	Manasha Chaulagain
Aryan Chapagain	Shikshit Bhurtel	Nandani Yadav	Ariska Lama
Bihan KC	Biwatshu Dev Pandey	Sarah Kharel	Sampada Dhungana
Nasib Shrestha	Ishan Shrestha	Balika Kusari	Anwasha Rai
Rahul Budhathoki	Sanskrit Aryal	Mayal Gurung	Smriti Magaiya
Prasun Mishra	Akool Dev Adhikari	Chrisa Nakarmi	Unika Neupane



WINNERS OF ANNUAL BASKETBALL TOURNAMENT 2080 - CLASS 7

BOYS		GIRLS	
6G4 (1 st)	6G3 (2 nd)	6G1 (1 st)	6G4 (2 nd)
Aayush Kumar	Ashray Basnet	Aarohee Basnet	Aahana Rana
Abison Bikram Shahi	Avish Pokharel	Aashrika Pandit	Anusiya Thapa
Krishtab Thapa	Ishan Choudhary	Aayushi Kunwar	Eunice Sherpa
Nawang Sherpa	Kiran Joshi	Bungwama Rai	Pari Giri
Sushil Tamang	Dibyan Gautam	Dikshya Bhandari	Rolisha Bhujel
Tashi Tamba Tamang	Rhythm Giri	Mallika Dhungel	Samreedhi Adhikari
Yaan Sakya	Rinzin Gyamtso Lama	Nitisha Budhathoki	Shreya Bhandari
	Tenzin Wangdak Lama	Shuvashree Gautam	Sumnima Rai



WINNERS OF ANNUAL BASKETBALL TOURNAMENT 2080 - CLASS 6

ANNUAL SPORTS FESTIVAL 2080 (PRESCHOOL - CLASS 5)

Annual Sports Festival 2080 was conducted in the school premises from 13-14 December 2023. Each and every students from Preschool to Class 5 participated in this event. They showed their level best performance in respective competitive games. All the parents were invited to observe this event. The winners of the competitive games are listed below:-

Name of the Game	Class	First Position	Second Position	Third Position
Cup & Stick Race	Preschool	Shreeshant Pant, Yashree Jain	Sejun Kharel, Surabhi Neupane	Pratik Sapkota, Trisha Agrawal
Crown Race	Preschool	Aayansh Maharjan, Advika Khadka	Shubashish Baral, Prisha Upreti	Alex Shrestha, Shreeya Upreti
Colourful Paper Walk Race	Preschool	Akarshan Gurung	Pratibha Sahani	Shloka Dhakal
Box Race	One	Nirav Manandhar	Aarush Maharjan	Omrab Thapa
Frog Jump Race	One	Utkarsh Tiwari	Pratish Thapa	Samman Joshi
Balancing Balloon Race	One	Avaneesh Maharjan, Prasin Gautam	Aabhash Nepal, Sadbhab Kafle	Aayan Shah, Ner Ratna Prajapati
Rolling Mat Race	One	Aayam Regmi	Aadarsh Adhikari	Reeyansh Pandey
Garland Making	One	Nayara Ghale	Evlogia Limabhi Ezung	Niyukti Sapkota
Filing Balls Race	One	Yashasvi Shakya	Aarayana S. Bhandari	Adrija Jana
Drag Your Friend Race	One	Devanshi Thapa, Divija Chand	Rashmi Giri, Sarbika Budhathoki	Naisha Lamichhane, Prishma Sharma
Cup Collection Race	Two	Phurba Tamang, Sarun Maharjan	Hriday Jung Bhandari	Ajal Maharjan
Hurdle Race	Two	Amod Shrestha	Manas Gurung	Sujal Roka
Balancing Balls Race (TT)	Two	Aarambha Raj Pandey	Braja Raj Mainali	Nitigya Bikram Thapa
Ball Collection Race	Two	Olivia Bastola	Nirvana Jha	Surina Bhujel
Pyramid Building Race	Two	Adishree Bhattarai	Sarathi Oli	Pranavi Sharma



FEW GLIMPSES OF THE ANNUAL SPORTS FESTIVAL 2080 (PRESCHOOL - CLASS 3)

Name of the Game	Class	First Position	Second Position	Third Position
Sack Race	Three	Adish Baral	Adonish Dhami, Sulav Karki	Samrat Shakya
Drag Your Feet Race	Three	Neon Gurung	Satwik Khatiwada	Aayam Gautam
Hula Hoops skipping Race	Three	Sristhi Karki	Dibyani S. Acharya	Henkhama Rai
Stick & Cup Race	Three	Arshiya Dhakal	Palina Silwal	Prisha Gautam, Abha Bhochhibhoya
Three Legged Race	Three	Shreyan B. Basnet, Bibek K. Das	Yug Pakhrin Tamang, Sandesh K. Kahato	Aron Tamang, Piyush Kumar Sah
One Legged Race	Three	Aarchana Magar	Khushi Pant	Baibhabi Pradhan, Maunika Shrestha
Balloon Race	Three	Simrik Koirala	Surabhi Gurung	Paninnah Prajapati

Name of the Game	Class	First Position	Second Position	Third Position
Kangaroo Race	Four	Evan Maharjan	Anmol Paudel	Vivaan P. Shakya
Balloon Stick Race	Four	Ankrish Shrestha	Raymon Gurung	Rivaan Prayag Pokhrel
Dribble The Ball Race	Four	Jinisha Jain	Priyangel Thakurathi	Aaradhya Kanauje
Balancing Paper Cup Race	Four	Kareen Shahi	Subani Shrestha	Utpati Acharya
Aladdin Magic Carpet Race	Four	Nirvaan Shrestha	Sangam Mandal	Eron Tamang
Balancing Race	Four	Seion Nepal	Ivaan Shah	Denish Sanwani
Balloon Sandwich Race	Four	Kritika Sahani, Atizma Dangol	Aarushi Shrestha, Pratyusha Poudel	Dibisha Timilsina, Misti Murarka, Paridhi Lamichhane, Surijwi Dulal
Crawl & Jump The Hurdle Race	Four	Aarav Kumar Sah	Harshit Agrawal, Subarna Dangal	Shreemad Uprety
Three Legged Race	Four	Aakarshan Pun, Aman Yadav	Amish Poudel, Ansul Tamang	Mahatbe Gurung, Rihansh Chaurasiya, Samarth Thapaliya, Shreyas Pudasaini
Frog Race	Four	Yojana Magar	Subikcha Rai	Izina Thapa



FEW GLIMPSES OF THE ANNUAL SPORTS FESTIVAL 2080 (CLASS 4 - 5)

Name of the Game	Class	First Position	Second Position	Third Position
Balancing Ball Race	Five	Abhiraj Pandey	Kritagya Raj Shrestha	Samarth Sagar Ban
Balloon & Cup Race	Five	Dipansh Mahato	Ashraya Ghimire	Shreeshail Bhatta
Skipping Race	Five	Sikshya Khadgi	Suhana Adhikari	Rifa Maskey, Aaryasha Panthi
Wooden Block Race	Five	Deerghayush Chhetri	Raghav Khatri	Dipluv Bhudhathoki
Ball in the Basket Race	Five	Basant Gharti Magar	Agrim Basnet	Sarbin Maharjan
Hula Hoop Race	Five	Sanskriti Bhurtel	Rhinchin Lama	Bidhya Sapkota
Back Crawling Race	Five	Yubin Parajuli, Aradhya Basnet	Samin Raj Ghimire, Srijan Giri	Sunayan Singh Khadka. Nuiden D. Sherpa
Wheel Rub Race	Five	Rihan Tamang	Sagar Chaulagai	Abhishek Giri
Sack Race	Five	Sara Banu	Aniya Pandey	Shilpi Shah

PEACE POSTER CONTEST 23/24

Peace Poster Contest 23/24, was organized at the school on 28 September 2023. Students from age group of 11 to 13 participated in this event. The program was organized by Lions Club of Kathmandu Tri-City. More than 70 students participated in this event. During the event, Rose Mukhiya took the first position, Utsav Kafle received the second position and Shreeyashi Adhikari got the third position. The drawing by Rose Mukhiya was selected for the Peace Poster Contest by the organizers.



KATHMANDU INTER-SCHOOL ART OLYMPIAD 2024

Kathmandu Inter-school Art Olympiad is the ultimate art competition that gathers best artistic and creative students from different schools and conduct mega art competition. Before this event, there are internal school events where all the students gets the opportunity to participate. The best top student qualifies to reach the Kathmandu Inter-school Art Olympiad. This Olympiad is organized by Pidilite Industries Pvt. Ltd. The details of the program along with winners as well as the students who qualified for the mega event are as follows:

Event	Class	Position	Name	Qualified
Glass Painting Competition	9-10	First	Wonjala Maharjan	Wonjala Maharjan
		Second	Niranjana Manandhar	
		Third	Suraj Yadav	
3D Flower Craft	7-8	First	Baishnavi L Magar	Baishnavi L. Magar
		Second	Suprashna Mainali	
		Third	Grace Rai	
Aquarium Painting	5-6	First	Aarohee Basnet	Aarohee Basnet
		Second	Divya Kunwar	
		Third	Bungwama Rai	
Paper Flower Craft	3-4	First	Jinisha Jain	Jinisha Jain
		Second	Subhani Shrestha	
		Third	Kareen Shahi	



WINNERS OF GLASS PAINTING COMPETITION



WINNERS OF 3D FLOWER CRAFT



WINNERS OF AQUARIUM PAINTING



WINNERS OF PAPER FLOWER CRAFT

INTER-SCHOOL T10 INDOOR CRICKET CHAMPIONSHIP 2080

Galaxy Cricket Team clinched the First Runner-Up Trophy at the Inter School T10 Indoor Cricket Championship - 2080. The event happened on 30 April 2023 at KK Cricket Club, Gokarneshwor, Kathmandu. The match was played between four schools; namely, Galaxy Public School, LRI School, Arunima Secondary School and Mokshada School. The Man of the Match and the Best Batsman was awarded to Rudraksh Sharma. The name of the players are listed below:-

Prashams Paudel (Captain)	Obhama Shrestha (Vice-Captain)
Rudraksh Sharma	Rownak Bhandari
Aatif Khan	Aditya Subedi
Aryan Kumar	Sukrin Thapa
Swikrit Rijal	Advay Gharti Magar



GALAXY CRICKET TEAM AFTER THE AWARD CEREMONY

DASHAIN CELEBRATION 2080

Dashain is the most auspicious festival celebrated by the Nepali Hindus; mainly it's the time for family reunions, exchange of gifts and blessings from the elders and elaborated pujas of various incarnation of Goddess Durga. Celebrating Dashain program before commencement of long vacation of Dashain, Tihar and Chhath Puja is a memorable moment for all students at school. The program began with the teacher's performance and continued from junior to senior students with their respective performances.

During this day, school principal along with the class teachers offered Tika, Jamara and Dakshina to all the students.



FEW GLIMPSES OF DASHAIN CELEBRATION 2080



FEW GLIMPSES OF TIKA PROGRAM AND DASHAIN PROGRAM 2080

AWARENESS PROGRAM ON CONJUNCTIVITIS (EYE INFECTION)

Awareness program on Viral Conjunctivitis (Eye Infection) was held on 16 August 2023 at the Auditorium Hall. Dr. Arati Shah and the team representing Urban Health Promotion Center – 30 imparted this important awareness information to our students of classes 1-5. She highlighted on the symptoms, causes, treatment and its preventive measures. This program helped to educate our students about conjunctivitis and its risk and provide resources for learning more and getting help.



STUDENTS ATTENDING AWARENESS PROGRAM ON CONJUNCTIVITIS, WHERE DR. ARATI SHAH INFORMED STUDENTS ABOUT CONJUNCTIVITIS

VISIT TO KATHMANDU FUN VALLEY

Kathmandu Fun Valley is a delightful place offering mix of entertainment for people of all ages. The amusement park has a variety of rides and attractions catering to both children and adult. Multiple slides, a wave-effect swimming pool, and a children's Fun Park are all available. Our students of Preschool to class 6 along with their parents accompanied to Kathmandu Fun Valley during summer time. They all had a memorable time and enjoyed throughout the day. This visit provided opportunities for parents, teachers and students to spend quality time together.





FEW GLIMPSES OF THE VISIT TO THE KATHMANDU FUN VALLEY

TOFAS EXAMINATIONS

TOFAS is a global assessment test that evaluates Fundamental Academic Skills, thereby providing educators with crucial insights as they address the learning needs of individual students. It is a Computer Based Test (CBT) for calculation, mathematics, programming and English vocabulary. It is a simple assessment focused on fundamentals, with a clear purpose of assessing the procedural fluency of examinees quickly and effectively. The name of the students receiving 80 % above are listed in the given table.



STUDENTS RECEIVING 80% AND ABOVE RECEIVED CERTIFICATES

Name	Class	Percentage (%)
Amod Shrestha	2G1	81.3
Paninnah Prajapati	3G1	92.5
Shuvayog Baral	3G1	85.0
Simrik Koirala	3G1	82.5
Yug Pakhrin Tamang	3G1	96.3
Pratham Gurung	3G1	92.5
Adish Baral	3G2	97.5
Adonish Dhami	3G2	95.0
Avighna Shrestha	3G2	81.3
Dibyani Sharma Acharya	3G2	93.8
Jayesh Agrawal	3G2	92.5
Neon Gurung	3G2	80.0
Oneik Shrestha	3G2	83.8
Prisha Gautam	3G2	83.8
Raghab Raj Neupane	3G2	87.5
Rhythm Bhattarai	3G2	90.0
Shreehang Rai	3G2	90.0
Aashraya Ghimire	9G1	80.0
Pranav Bashyal	9G1	81.7
Pratyus Bhattarai	9G1	81.7

POTLUCK TIME

A Potluck is a social gathering for a meal that consists of often homemade food brought by the students and share amongst themselves. Sharing food is a primal way of expressing friendship and harmony among the students and they get to enjoy delicious food together.



FEW GLIMPSES OF POTLUCK PROGRAM HAPPENING IN THEIR RESPECTIVE LUNCH TIME

DANCE, SONG AND INSTRUMENT EVALUATION (TERM-WISE)

Term-wise dance, song (English & Nepali) and instrument evaluation was conducted on each term to evaluate the student's learning. Girls of each class learn six folk dances every year whereas the boys learn six Nepali patriotic songs every year. All the students of each class learn six English songs as well as six different tunes of musical instruments every year. These activities help students develop skills such as cognitive growth, problem solving, self-expression and social development. Learning songs, dances and playing musical instruments allows the students to be more creative and provides lots of recreational moments to refresh them.



GLIMPSES OF DANCE EVALUATION



GLIMPSES OF NEPALI AND ENGLISH SONG EVALUATION



GLIMPSES OF MUSICAL INSTRUMENT EVALUATION (MADAL, TABALA, VIOLIN & FLUTE)

SCIENCE PRACTICAL

Science practical activities promote experiential learning and encourages self-learning for the students. It allows the development of practical skills in scientific processes and at the same time it enhances conceptual understanding. Thereby, resulting in the fusion between the hands-on approaches with the minds-approach in the development of scientific activities.



SCIENCE CLASSES ARE EVEN MORE LIVELY WHEN STUDENTS SEE AND LEARN WITH THEIR TEACHER

CASE STUDY AND PAPER PRESENTATION

Case study allows detailed and in-depth understanding of a specific problem or issue. It engages students for the examination of complex phenomena within a real-life context. It helps students to draw conclusion, solve the existing problem or minimize the effect of the problem. In solving the problem, it helps students to be more confident, responsible, use analytical tools depending upon the cases.

Similarly, paper presentation helps student in enhancing the research skills and the ability to search. Presenters learn to communicate their ideas, findings and arguments with the audience. This includes verbal communication, visual aids, and the ability to respond to questions or criticism. There are 6 groups in each class, so every term case study and paper presentation is done on group basis. Various topics are issued to each group and they showcase their presentation followed by question and answer round at the end.



GLIMPSES OF STUDENTS ENGAGED IN CASE STUDY AND PAPER PRESENTATION

PRODUCTIVE ART

Productive Art classes allow students to indulge into creative art that enable them to make things out of other products or waste. Students learn origami, colouring, sketching and layering of various materials to make art

during their productive are classes. Students from Preschool to class 8 gets to attend the classes every once a week. These classes are very important as it helps in developing motor skills, creativity and presentation skills.



STUDENTS ENJOY ATTENDING PRODUCTIVE ART CLASSES

CLAYWORK

Students from class Preschool to 8 attend the Claywork classes once a week where they create unique clay projects. These classes are helpful to support students personalized learning, sensory development, fine motor skills, self-esteem, self-expression and problem-solving skills. It instills a sense of discipline and pride in them. Our students work on their imaginary ideas and express them through their work of art. They are thus able to showcase their talents and create interesting outputs during their claywork classes.



CLAYWORK CLASSES WHERE STUDENTS ARE MAKING CLAY MODEL BAGS.

GYMNASTIC AND YOGA

Gymnastic and Yoga classes are one of the important classes offered to our students. It will build a lifelong foundation for healthy habits for them. Basically, students need a proper direction to channel their energy towards something that would help with their physical and motor development. Therefore, these classes are the perfect solution to develop cognitive function, teach discipline and self-control, provide fitness and strength, and improve perseverance and focus.



STUDENTS PARTICIPATING IN THE REGULAR GYMNASTIC AND YOGA CLASSES

SARASWATI PUJA/BASANTA PANCHAMI AND ANNUAL CULTURAL PROGRAMME

Saraswati Puja or Basanta Panchami is a special day celebrated by worshipping goddess Saraswati, the epitome of knowledge and music. It is believed that the spring season will start from this day. This day is also worshiped for creation and knowledge. Akshararambha Program was organized in the school, where children participated in writing as this day is considered auspicious day to start learning something new. On this day students worship books, pens and notepads as tools to learn, while musicians worship their instruments.

On this auspicious day, Annual Cultural Programme for students of Preschool, class 1 and 2 were organized to celebrate with our parents, guardians and well-wishers. Students performed various song, musical instrument, dance, English and Nepali play during the program. There was a display of food stall and operation of mini carnival to entertain children.



FEW GLIMPSES OF SARASWATI PUJA AND AKSHARAMBHA PROGRAM HELD IN SCHOOL



FEW GLIMPSES OF ANNUAL CULTURAL PROGRAMME OF STUDENTS OF PRESCHOOL TO CLASS 2.

ADDITIONAL ACHIEVEMENTS BY OUR STUDENTS



JINISHA JAIN OF CLASS 4 BAGGED THE FIRST POSITION AT THE FRIENDSHIP DAY ART & CRAFT COMPETITION CONDUCTED BY ACRON NEPAL. THIS DAY IS CELEBRATED EACH YEAR ON JULY 30TH, ACCORDING TO THE UNITED NATIONS' DECISION TO DO AS OF 2011.



AVIGHNA SHRESTHA OF CLASS 3 WON IN THE COMIC ART COMPETITION ORGANIZED BY WWF-NEPAL. THIS EVENT WAS ORGANIZED ON THE OCCASION OF GLOBAL TIGER DAY. THIS DAY IS CELEBRATED SO THAT HUMANS AND TIGERS CAN COEXIST HARMONIOUSLY.



AKSHARA YADAV BAGGED UNDER – 13 GIRLS SINGLE - BRONZE TITLE AT THE 1ST CHIEFMINISTER CUP - OPEN NATIONAL BADMINTON CHAMPIONSHIP 2024, ORGANIZED BY FITNESS PARK BADMINTON ACADEMY.



RIHAANA SHERCHAN OF CLASS 8 RANKS FIRST IN U-15 & U-17 GIRLS CATEGORY IN NATIONAL BADMINTON RANKING. THIS YEAR, SHE HAS WON MAJOR POSITIONS AT THE 2ND YONEX SUNRISE EENAS SUB-JUNIOR NATIONAL BADMINTON TOURNAMENT AND 2ND LALITPUR MAYOR CUP.

Kindly visit our school webpage: www.galaxy.edu.np and Facebook Page: <https://www.facebook.com/OfficialPageGalaxy/> for further updated news and events.

