



HON. GEETA CHHETRI (RANA),  
CHAIRPERSON, GALAXY PUBLIC SCHOOL

## New Year Greetings !

As we move into a new year we cannot forget the damage the pandemic has done to our lives. The school faced a lot of challenges. Both teachers and administrators did not know how to deal with the pandemic. The school did not have any experience of online education. Teachers did not know how to teach in online classes. Slowly, we learnt to adapt to the new system. As we step into a new year, we look forward to returning to the rhythm of life during pre-Covid times.

In the last two years, students missed their offline classes. In the first year of the pandemic, the school could hold offline classes for two months only. Students missed the joys of coming to school. They missed their friends and the school activities they loved to take part in. However, they appeared for offline exams. This year students attended offline classes for four months during which they took part in all school activities and participated in intra-school competitions and tournaments. The school conducted vocal and instrumental music classes, computer science classes as well as sports activities during this period. The school library and the labs functioned normally when offline classes were being held. The school has been able to hold two rounds of full-fledged written exams. The school provided worksheets and exercise books to students so that they did not face any difficulties. Conducting offline classes after a long period of online classes has been a big challenge to the school due to its depleted resources. Despite rising costs and high rates of inflation, the school did not compromise on the quality of education it offered to its students. Maintenance of school property, payment of utility bills, payment of salaries and payment for education materials could not be curtailed. The school appreciates the cooperation of a large number of parents and guardians during its hour of economic crisis. Hopefully, the school will tide over this crisis very soon. The school expects a helping hand from all parents/guardians in this regard. May the New Year bring happiness to everyone.

Happy New Year!! Happy 2079 BS!

## Saraswati Puja/Basanta Panchami 2078

Shree Panchami, Basanta Panchami or Saraswati Puja is one of the most important festivals in Nepal. Saraswati puja is observed on *Magh Sukla Panchami* and is done on Panchami, so the day is called Shree Panchami. Basanta Panchami is the day when winter ends and spring starts. Basant Panchami falls in January-February (Magh - Fagun). We worship Goddess Saraswati in this day. Goddess Saraswati is regarded as the goddess of knowledge. She is worshiped as the source of all intelligence and creativity. It is believed, Shree Panchami is the best day to start learning new things. Students worship books, pens, notebooks and other instruments. Musicians worship his/her instruments. Professionals worship their tools. Shree Panchami was celebrated in our school on 6 February 2022. On this day, parents seeking a new school to enroll their child also gathered for Saraswati Puja. School conducted a ceremony ritual for goddess Saraswati.



GODDESS SARASWATI



CHILDREN PARTICIPATING IN AKSHAR AARAMBHA



REGISTRATION

## Visit of British Ambassador H. E. Nicola Pollitt along with British Council Country Director Shahida MacDougall

British Ambassador to Nepal, Her Excellency Nicole Pollitt along with Shahida MacDougall, Country Director, British Council Nepal and Mr. Gaurab Sharma, Project Manager of British Council Nepal visited our school on 24 November 2021. She visited classes and observed Connecting Classrooms activities and projects and interacted with the students. The main highlight of the project was the Honey Project initiated with the lead of Cardinal Allen High School, UK. Galaxy Public School has been partnering with Cardinal Allen School from the UK and working on multiple collaborative projects under its Professional Partnership and International School Award strands.



H. E. NICOLE POLLITT AND MADAM SHAHIDA MACDOUGALL LISTENING TO OUR CHILDREN'S PRESENTATION ON THEIR PROJECTS.





PHOTO GLIMPSES OF ALL THE ACTIVITIES OF THE VISIT – HER EXCELLENCY ALSO INTERACTED WITH MADAM GEETA CHHETRI, CHAIRPERSON OF THE SCHOOL

Students presented their learning from various collaborative projects with the UK School about Sustainable Development (SDG), such as alternate source of energy and climate change. Students shared their learning around the importance of conserving bees for the environment and also how alternate sources of energy should be harvested for a sustainable future. Students shared that since they started the collaborative projects under Connecting Classrooms program, they have built on their confidence and communication skills after frequently communicating with their partner schools from across the globe including the UK. The school adapted into project-based learning, which has increased student interaction and engagement in curricular topics resulting in a fun and interactive way of understanding and learning global issues.

## Community-Police Partnership Program

Community-Police Partnership program organized a Security Awareness Interaction Program on 9 December 2021 at the Everest Hall, Galaxy public School. The program was chaired by Mr Uttam Raj Subedi, DIG of Police accompanied by Mr Min Raj Kunwar, DSP of police. The program was observed by the students of Grade 10 along with the community representatives of Ward -30, Gyaneshwor. The program imparted a valuable awareness and learning about drug and narcotic and its consequences.

The “Community-Police Partnership for Peaceful and Secure Society” program was launched across the country by Nepal Government. Local people, people from the community, social organizations and schools are its major partners. Under this program, our school have already organized various awareness programs regarding bullying, drug abuse, cyber-crime, safety and security etc.





GLIMPSES OF COMMUNITY- POLICE PARTNERSHIP PROGRAM – 9 DECEMBER 2021

## Election of Head Boy and Head Girl 2078

The election of the Head Boy and the Head Girl was held on 3 December 2021. The parliamentary election system of Nepal was followed during the election of head boy and girl. Nominations were filed by the students for the post. They gave separate speeches on election campaign to the voters. On the Election Day, all the students participated in the election and chose their leaders by voting. **Anmol Ghimire** and **Nirjala Gurung** were elected as the Head Boy and the Head Girl of the school. During the school assembly, they were officiated by the Principal, Coordinators and teachers. The newly presided Head boy and Head Girl delivered winning speech in front of the voters and fellow students.



ELECTION CAMPAIGN, WHERE SPEECHES ARE GIVEN BY THE RESPECTIVE CANDIDATES.



MR. TEJENDRA SUBEDI SIR PROVIDING DETAILS ABOUT ELECTION PROCESS TO THE STUDENTS.





GLIMPSES OF ELECTION DAY AND FACILITATION PROGRAM OF HEAD BOY AND HEAD GIRL 2078.

## Investiture Ceremony of Class Captains

Investiture ceremony is a formal program which formally honours the class captains of different classes. It is an annual program in which two captains from each class; a girl captain and a boy captain are elected as captains. This ceremony was held on 29 November 2021 during the school assembly. Class captains were honoured by their respective class teachers. They were given captain badges. Class captains play a significant role in school administration. They help their class teachers in various class activities.



GROUP PHOTOS OF CLASS CAPTAINS WITH THEIR TEACHERS.

## Annual School Basketball Tournament 2021

The Annual School Basketball Tournament 2021 was held from 5 to 8 December 2021 at Galaxy Public School, basketball court. Students of classes 5 to 10 participated in this tournament, which was held in separate categories for girls and boys. Basketball is popular among students as it helps students to remain healthy and fit.

The basketball coach of our school is Mr. Rakesh Maharjan. The winners of the tournament are given below:



Class 5 - Boys		Class 5 - Girls	
First – 5G3	Second – 5G1	First - 5G3	Second – 5G2
Aarosh S Maharjan	Akool Adhikari	Ariska Lama	Aakristha Ghimire
Adhrit Sharma	Ankit Tamang	Manasha Chaulagain	Aarya KC
Aryan Chapagain	Baibhav Jain	Prachi Chettri	Aayusha agle
Ayub Kaji Gamal	Bihan KC	Prinsha Poddar	Bigya Gurung
Bibek Gupta	David Gautam (S)	Sampada Dhungana	Nandini Yadav
Famous Khadka	Deep Giri	Sara Kharel	Ojisha Rana
Sain gurung	Heman Raj Pandey	Smarika Giri	Pradipti Bhandari
Sameep Paudel	Ishan Maharjan	Tshering Y Lama	Rose Mukhia
Subhangam S Thapa	Karanjeet Rao	Yachuna K Suwal	Saloni Jha
Yelas Lama	Naseeb Shrestha	Zaina Shah	Suprashna Mainali
	Soyam Niroula		
	Sushant Uprety (S)		



WINNING TEAMS OF CLASS 5 -BOYS.



WINNING TEAMS OF CLASS 5 -GIRLS.

Class 6 - Boys		Class 6 - Girls	
First – 6G2	Second – 6G1	First – 6G4	Second – 6G1
Nishit Aryal	Abhiyan Sapkota	Akshara Yadav	Aarohi Mahat
Dipson Baraili	Advay G Magar	Alysia Subba	Amairha Bista
Dipson Bashyal	Ayush Jha	Smirti Das	Apala Sitaula
Priyadarshi Manandhar	Baibhav N Shah	Mahi murarka	Aasifa Khan
Rohit Gupta	Eshan Raja Khan	Ragini Mandal	Gargi Shah
Saharsa S. Gautam	Prachit Bista	Saayena Nepal	Krishna Agam
Sanim Pradhan	Pranik Tandon	Stuty Nepali	Prasanna Kanel
Siddhartha KC	Saksham Regmi	Sujata Pokhrel	Samriddhi Wagle
Soyuj Lal Shrestha	Shreyan Chaudhary	Supriya Patel	Shreyanshi Adhikari
Swikriti Rijal	Sudhir Shah	Tenzin D Gurung	



WINNING TEAM OF CLASS 6 - BOYS.



WINNING TEAMS OF CLASS 6 - GIRLS



Class 7 - Boys		Class 7 - Girls	
First – 7G3	Second – 7G2	First – 7G1	Second – 7G4
Irshad Hawari (C)	Amin Upreti	Khiyama Rai	Anney Rajthala
Joel Rai	Arambha Ghimire	Manogya Nepal	Kushum Gajmer
Pranish Sapkota	Ayush Poudel (C)	Neha Lawati	Princi Thakur
Rohan Mandal	Kshitiz Lama	Priysha Baduwal	Rihana Lohani
Samriddha BJ rana	Om Bikram Thapa	Sadhana Rai	Samikshya Shrestha
Siddhartha Sagar Ban	Sang T Gurung	Slesha Joshi	Samyukta Joti L. Moktan
Swarnim Khanal	Suave Sharma	Srijana Giree	Supriya Bhatta
Tashi Ngodup Gurung	Sudip Roka	Suzeen Gurung	Tenzing Doma Sherpa
Urken Sherpa	Tanuj Das	Unika KC	Tisa Chitrakar
Yuddha P Prasai	Wanchuk Sherpa	Wonjala Maharjan	Tshering Chutin Sherpa (C)



WINNING TEAMS OF CLASS 7 - BOYS.



WINNING TEAMS OF CLASS 7 - GIRLS.



Class 8 - Boys		Class 8 - Girls	
First – 8G3	Second – 8G4	First – 8G4	Second – 8G3
Aayash Adhikari	Aaditya Kharel	Aayushi Upadhayay	Aakriti Prajapati
Aditya Subedi	Aarav Subedi	Aditi Singh	Angina Prajapati
Avishek Nepal	Agraj Katwal	Ayusha Gurung	Arika Panta
Deepak Shah	Akash Mandal	Diyana Tandukar	Ilesma Saud
Kridiv Rana Magar	Aryan Khadgi	Evelyn Tharu	Khushi Mahato (C)
Prabhanda Gurung	Jeison Limbu	Phoebe Shrestha	Kinjal Chitrakar
Rudra Saraswati	Nima W Sherpa	Prachi Maden	Niyukti Karki
Sakcham Shrestha	Samool Khadka	Prinsha Koirala	Pranita Pateny
Shikhar Gurung	Shaleen Gurung	Samridhi Sapkota	Aditi Thapa Magar
Simon Bogati (C)	Tilendra Shah	Swastika Tamang	Archita Kairatee



WINNING TEAMS OF CLASS 8 - BOYS.



WINNING TEAMS OF CLASS 8 - GIRLS.



Class 9 - Boys		Class 9 - Girls	
First – 9G5	Second – 9G1	First – 9G4	Second – 9G5
Alin Lama	Aagaman Giri	Anushka Singh	Angel M. Shrestha
Aniket Mahaseth	Aaryan Singh Bhandari	Prayukta Khadgi	Anjal Rai (C)
Avi Malla	Aayush Bhetuwal	Reva Shrestha	Arghee Rana
Manish Gurung	Krish Jaiswal	Ribha Ojha	Mamata Khadka
Mingmar T Sherpa	Nischit Tripathi	Rushika Sharma	Monika Rai
Sakshyam Rawat	Pradhyot Adhikari	Susnima Tamang (C)	Shreya Jha
Samik Limbu (C)	Rahul Thapa		Soniya Basnet
Saugat Bhujel	Rownak Bhandari		Ursula Joshi
Urken t Sherpa	Rudraksh Sharma		
Yuink Khatiwada			



WINNING TEAMS OF CLASS 9 - BOYS.



WINNING TEAMS OF CLASS 9 - GIRLS



Class 10 - Boys		Class 10 - Girls	
First – 10G5	Second – 10G3	First – 10G5	Second – 10G3
Abish Tamang	Gaurav Bhandari	Aashika Gurung	Aashika Acharya
Aryan Ojha	Harshal Achhami	Bedika Shahi	Diya Shrestha
Ishaan Shrestha	Nimesh Thapa	Bipasha Gurung	Jiya Mandal
Krish Shrestha	Rajiv Sah	Karuna Raut	Mehek Banu
Nivan Shrestha	Sammridha Adhikari	Nima Yangjee Sherpa	Palden Gurung
Saksham Bayalkoti	Sandesh Chaudhary	Nunamma Limbu	Prasansa Kanel
Susan Pahari	Shuvam Khanal	Palistha Prajapati	Richa Sapkota
Sushant Bhainato	Sudin Neupane	Panna Bhandari	Shruti Thakur
Tshering P Sherpa		Ritisha Deo	
Zubean KC		Rushana Khand	



WINNING TEAMS OF CLASS 10 - BOYS.



WINNING TEAMS OF CLASS 10 - GIRLS



## Evaluation of Instrumental Music

Instruction in Music offers a variety of benefits to students and specifically aids three notable areas of child development: their social, physical and mental well-being. Players of musical instruments must learn how to keep in time, play their part correctly, and work together as a unit. Evaluation of musical talent helps the school to regularly check the learning progress of students. This is done six times a year, once every term. Students learn to play various musical instruments like Flute, Madal, Tabala, Violin and Guitar. The instruments evaluation was held on 16 December 2021 for all the classes. Similarly, Third Term evaluation was held on 4 April 2022.



FEW GLIMPSES OF INSTRUMENT EVALUATION DAY

## Evaluation of Vocal Music

Singing encourages students to express their emotions and sharpen their ability to communicate while exercising lip and tongue movements. One of the biggest benefits of singing is the repeated use of the 'memory muscle'. Song and music help in the development of the left side of the brain, which is associated with language development and mental abilities. All boys are taught six national songs every year. The vocal music evaluation was held on 16 December 2021 for all the classes.





## Annual School Futsal Tournament 2022

In Nepal the craze for Futsal has been increasing steadily. Children, the youth and the elderly are getting attracted to this sport. Due to this demand, the school opened its door to Futsal lovers by introducing Futsal classes since 2018. The Annual School Futsal Tournament 2021 was held in the school Futsal ground from 4 to 7 January 2022. There were two categories: Girls and Boys. Matches were played among different sections on a knock out basis. Students from Classes 1 to 10 participated in this tournament. The name of the winning teams are given below:

BOYS		GIRLS	
First - 1G1	Second - 1G2	First – 1G1	Second – 1G2
Aagaman Thapa	Shreehang Rai	Cizuka Shrestha	Aashri Lamichhane
Rhythm Bhattarai	Saksham Gautam	Sumaiya Khan	Sambriddhi Shrestha
Avighna Shrestha	sulav Karki	Baibhabhi Madhen	Shristi Karki
Adonis Dhami	Shreyan Basnet	Dibyani Sharma	Aanvi Shrestha
Abhiraj Sunwar	Pema T. Lama	Angel Yadav	Rajhavi Khatri
Oneile Shrestha	Mahin Bhatta	Prisha Gautam	Smile Chand
Yug P. Tamang	Unnayan Bhattarai	Abha Bhocchibhoya	Swechchha Panthi
Samriddha J. Khadka	Neon Gurung	Eva Bhochhibhoya	Aarshiya Dhakal



WINNING TEAMS OF CLASS 1 - BOYS.



WINNING TEAMS OF CLASS 1- GIRLS.



BOYS		GIRLS	
First - 2G2	Second - 2G1	First – 2G1	Second – 2G2
Avash T. Chaudhary	Nuyang Hang Rai	Kareen Shahi	Alizma Dangol
Amish Poudel	Vivaan P. Shakya	Subhani Shrestha	Azarenka Shrechan
Samarth Thapaliya	Evan Maharjan	Surizwi Dulal	Hridaya Koirala
Parash Uprety	Chirag Shrestha	Jinisha Jain	Kusum KC
Pranav Swar	Ankrish Shrestha	Paridhi Lamichane	Sambhavi KC
Ram Dhakal	Samyak Adhikari	Agrata Wagle	Sirapa Dangol
Rayan Shrestha	Ayojan Paudel	Kritika Sahani	Yasna Karmacharya
Sangam Mandal	Aaron Tuladhar	Aabiya Magar	Pratistha Koirala
Shremad Uprety	Rassish Maharjan	Paridhi Lamichhane	Sleshma Niraula
Amin Paudel	Grishuv Pokhrel	Utpati Acharya	Alizma Dangol
	Harshit Agrawal	Aradhya Kanauge	



WINNING TEAMS OF CLASS 2 - BOYS.



WINNING TEAMS OF CLASS 2 - GIRLS.



BOYS		GIRLS	
First - 3G1	Second - 3G2	First – 3G1	Second – 3G2
Aashray Ghimire	Abhiraj Pande	Aarohi Prajapati	Aakriti Silwal
Dipluv Buthathoki	Aradhya Basnet	Samriddhi Dahal	Ashmavi Dhungel
Dipansh Mahato	Mukesh Sanjyal	Udichya Khyaling Rai	Axata Giri
Kiran Joshi	Rihan Tamang	Dibisha Jamarkattel	Paridhi Thakur
Lukson Dhamala	Ojash Paudel	Azmi Budthapa	Siwani Gautam
Sadik Shrestha	Agrim Basnet	Kelsang C. Sherpa	Subani Poudel
Saksham Baral	Ailesh Shrestha	Sanskriti Bhurtel	Suhana Neupane
Sushim Uprety	Jimmy Lama	Unika KC	Yukta Shakya
Kritagya R. Shrestha	Yubin Parajuli	Zakia Raja Khan	Rifa Maskey
Kaatelyn Acharya	Raghav Khatri	Sarvani Gautam	Paridhi Thakur



WINNING TEAMS OF CLASS 3





BOYS		GIRLS	
First - 4G1	Second - 4G3	First – 4G1	Second – 4G2
Abison Bikram Shah	Nawang Sherpa	Aarohee Basnet	Prashamsa Maharjan
Arav Timilsina	Sampanna Adhikari	Adriyana Sunuwar	Samreedhi Adhikari
Chirayu Gurung	Bipra Singh Thapa	Amika Ghimire	Shrestata Thakuri
Saiyam Gautam	Roshan Gautam	Dikshya Bhandari	Shaaya Rana
Sajal Bhatta	Saubhagya J. Karki	Nitisha Budhathoki	Prisha Sunam
Samrag Jung Raut	Rhyathm Giri	Prashna Maharjan	Prisa Khadka
Shreyash Nepal	Subham Jaiswal	Prakriti Swar	Subinya Dangol
Subhang S. Acharya	Subin Dungana	Shreya Bhandari	Riti Shrestha
Ishan Raj Bista	Ananta P. Prasai	Anusiya Thapa	Subinya Dangol
Prakhyat Baduwal	Sonu Thapa Magar	Bungwama Rai	Niharika Shakya
	Dishant Pradhan		Aahana Sapkota



WINNING TEAMS OF CLASS 4.

BOYS		GIRLS	
First - 5G3	Second - 5G2	First – 5G1	Second – 5G2
Aarosh S. Maharjan	Aarush Upreti	Anima Luitel	Aakrishtaa Ghimire
Aryan Chapagain	Aarayan Phuyal	Anushka Sharma	Aarushi gupta
Ayub K. Gamal	Ahim C. Subedi	Anwasha Thapa	Aarya KC
Famous Khadka	Arnav Gurung	Baishnavi L. Magar	Aayusha Wagle
Rohit Raut	Chirag Mahato	Ballka Susari	Bigya Gurung
Sabin Gurung	Dipson Basnet	Binita Pahari	Nandini Yadav
Sameep Paudel	Prakhyat Khadka	Grace Rai	Ojisha Rana
Sanskrit Aryal	Prastab Shahi	Joya Shrestha	Pradipti Bhandari
Subhangam S. Thapa	Yash Bir Sindurakar	Kreesha Budhathoki	Rose Mukhiya
Yelas Lama	Yugam Dhakal	Sayuri Basnet	Saloni Jha





WINNING TEAMS OF CLASS 5.

BOYS		GIRLS	
First - 6G2	Second - 6G3	First – 6G1	Second – 6G2
Soyuj Shrestha	Rohit Sah	Aasifa Khan	Arya tiwari
Swikrit Rijal	Ridham Khadka	Krishna Agam	Khushi Nakarmi
Rohit Gupta	Ang Dawa Sherpa	Aarohi Mahat	Kavita Bohara
Sanim Pradhan	Emroze Khan	Samriddhi Wagle	Lhachyam P Lama
Prayush Bhandari	Shreeyansh Dahal	Prasanna Kanel	Anuja Chaudhary
Dipson Bashyal	Pema L. Lama	Gargi Shah	Roji Acharya
Nirvik Adhikari	Pranav Khadgi	Shreyashi Adhikari	Arju Kafle
Abhinav Yadav	Ishan Nagarkoti	Amairah Bista	Ridhima Karki
Sujit Shah	Rayan Bhandari	Apala Sitaula	Arpita Dhungana
Siddhartha KC	Tsewang D. Lama	Aasifa Khan	Arya tiwari



WINNING TEAMS OF CLASS 6.



BOYS		GIRLS	
First - 7G3	Second - 7G1	First – 7G4	Second – 7G2
Urken Sherpa	Rishav Rai	Samikshya Shrestha	Larina Karki
Saugat Pataney Bhat	Aarogya Kharel	Tshering Chutin Sherpa	Dolma Sherpa
Joel Rai	Aavanish Deo Bhatta	Kushum Gajmer	Chadani Upadhyay
Yuddha Pratap Prasai	Pranjal Rajbahak	Supriya Bhatta	Anushriya Kunwar
Irshad Hawari	Divyesh Baidya	Rihana Lohani	Kritika Thapa Magar
Nabin Lamsal	Bidhan Pandit	Soniya Waiba	Bishaka Shrestha
Swornim Khanal	Saiyam Maskey	Tisa Chitrakar	Aakanchya Basnet
Pranish Sapkota	Pranav Bashyal	Samyukta J. Lama Moktan	Dikshya Bista



WINNING TEAMS OF CLASS 7.

BOYS		GIRLS	
First - 8G4	Second - 8G3	First – 8G4	Second – 8G3
Akash Mandal	Simon Bogati	Swastika Tamang	Khushi Mahato
Nima W Sherpa	Rudra Saraswati	Phoebe Shrestha	Niyukti Karki
Agraj Katwal	Deepak Sah	Sambridhi Sapkota	Kinjal Chitrakar
Jeison Limbu	Aayash Adhikari	Prachi Maden	Pranita Pateny
Aditya Kharel	Shikhar Gurung	Diyana Tandukar	Archita Kairatee
Nawadeep Rawal	Prabhanda Gurung	Aditti Singh	Aakriti Prajapati
Arav Subedi	Abhishek Nepal	Saloni Gupta	Ilesma Saud
Samool Khadka	Aditya Subedi	Aayushi Upadhyay	Angina Prajapati





WINNING TEAMS OF CLASS 8.

BOYS		GIRLS	
First - 9G5	Second - 9G4	First – 9G1, G2 & G5	Second – 9G3
Sakshham Rawat	Nischal Shrestha	Anushka Singh	Sera J. Sherpa
Mingmar T Sherpa	Somat Chandra Bohra	Susnima Tamang	Arshia Tuladhar
Samik Limbu	Rehan Raj Achhami	Shristi Bhandari	Aishwarya Gupta
Urken T Sherpa	Prabesh Chaulagain	Bishma Singh	Sumika Khadgi
Yunik Khatiwada	Rojin Raj Parajuli	Shreya Poudel	Isha Niraula
Alin Lama	Samarpan Adhikari	Reva Shrestha	Adhishree Lamichhane
Saugat Bhujel	Samrat Baral		Rojina Lohani
Avi Malla	Manjil Bhattarai		Anushruti Shrestha
			Rakshya Basnet



WINNING TEAMS OF CLASS 9.



BOYS		GIRLS	
First - 10G5	Second - 10G4	First – 10G5	Second – 10G3
Susan Pahari	Srijan Raut	Nima Y Sherpa	Shreeti Gurung
Zubean KC	Rohit Kushwaha	Aashika G Gurung	Aastika Acharya
Abish Tamang	Majid Shrestha	Karuna Raut	Prasanna Kanel
Saksham Bayalkoti	Chirag Agrawal	Bipasha Gurung	Diya Shrestha
Sushil Baral Magar	Tenzin S Gurung	Bedika Shahi	Shruti Thakur
Krish Shrestha	Unique Phuyal	Namsang Innam	Mehek Banu
Tshering P Sherpa	Sobhit Joshi	Panna Bhandari	Giya Mandal
Nivan Shrestha	Sudip Parajuli	Ritisha Deo	Richa Sapkota
	Raj Dhakal		

Best Player		Best Keeper	
Boy	Girl	Boy	Girl
Zubean KC	Shreeti Gurung	Rohit Kushwaha	Namsang Innam



WINNING TEAMS - GIRLS.



WINNING TEAMS - BOYS.



BEST PLAYER - SHREETI GURUNG



BEST KEEPER - NAMSANG INNAM



BEST PLAYER - ZUBEAN KC



BEST KEEPER-ROHIT KUSHWAHA





## Acron Collage Festival in progress for students of Grade 21-24 December 2021

The art is the best way of self-expressing and managing feelings for children. Within art, collage is a picture that has been made by sticking pieces of colored paper onto a paper. Therefore, school had organized Acron Collage Festival for the students of classes 1 to 5; so that they engage in expressing their art through collage. Three Best Collage of the students were awarded with certificate and gift. Their names were: **Aabiya Magar** (Class 2); **Akshyata Tuladhar** (Class 6) and **Niranjana Manandhar** (Class 8).



## Canopy Fest

Canopy Nepal organized a Fest where students from different schools participated in story creation and writing. The basic idea of this event was to develop skills in story writing, creation and collaboration. This event took place for 6 days from 26 September to 1 October 2021. Nine schools from Kathmandu valley participated in the event, which was conducted through online platform. Altogether 19 students from Class 7 participated in this Inter-School Fest. **Manogya Nepal** won the **Best Story** title. Here are the names of all students who participated in the event. Name of the students participating in the event are listed below:

Aawaj Niraula	Avanish Deo Bhatta	Divyesh Baidya	Ngawang Sherpa
Grishma Thapaliya	Khushi Tamang	Manogya Nepal	Om Bikram Thapa
Pratyush Bhattra	Preciosa Pandey	Princy Thakur	Ritika Maharjan
Sadhana Rai	Samvhabi Shahi	Saugat Panthi Bhat	Srijana Giree
Unika k.c	Wonjala Maharjan		



SOME GLIMPSES OF THE CANOPY NEPAL FEST 2021



## 9<sup>th</sup> Odyssey International

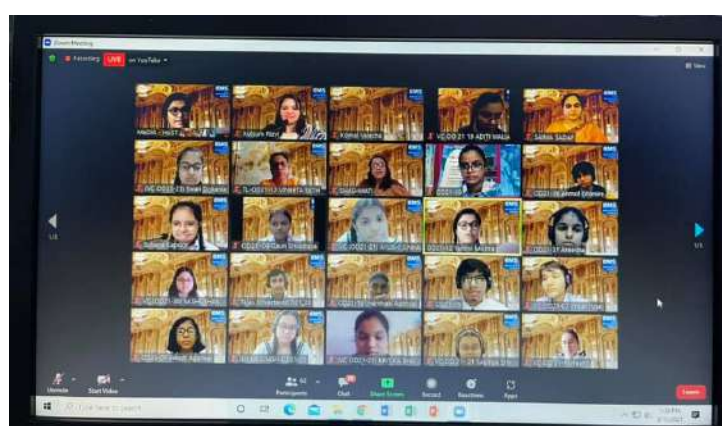
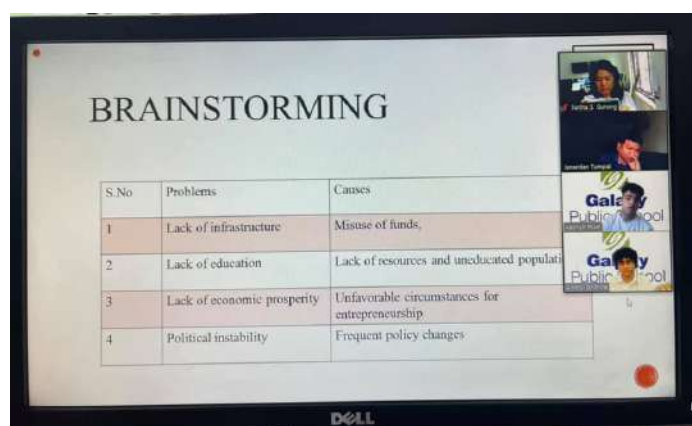
Odyssey 2021, a peregrination into the lives of Victorian Literary artists beckons to unfold, unearth and appreciate the best in Victorian Literature. The real voyage of discovery consists not in seeking new landscapes, but in having a new vision. Great works of literature do not simply describe an object. Its beauty rests in the fact that it enriches the necessary competencies that daily life requires and provides. Literature is a form of time travel that helps put today in context. The study of literature widens our horizons, expands the spectrum of human experiences and refines our critical and analytical ability. Odyssey International 2021 allowed an insight into what was best in Victorian Literature. 16 students from Galaxy Public School participated in this event and marked a remarkable presence on behalf of Nepal. The following students participated in various categories:

### Participants of Odyssey International 2021



Anmol Ghimire	Aashish Risal	Hardik Ghimire	Aska Rizal	Grishma Dangi
Prajwal Bhandari	Bipasana Shrestha	Nirjala Gurung	Pancham Rana	Mayumi Rai
Prastuti Wosti	Tresa Banset	Namuna Bista	Ritika Karki	Meri Dolma Pakhrin
Aman Mustafa	Sadikshya Chaudhary			

We would like to congratulate the team of Aashish Risal and Prajwal Bhandari for bagging Second Consolation Prize in Cinematics at 9<sup>th</sup> Odyssey International. Kind genture goes to Bishrant Ghimire for editing the video.



SOME OF THE GLIMPSES OF THE EVENT, WHICH WAS HELD VIRTUALLY.

## Fabric Panting

Galaxy Public School organized Fabric Painting Program with the initiation of Pidilite Company Pvt. On 11 March 2022. The program was something very new to our students as it included the painting on the cloth and in general it is called fabric painting. The fabric painting was based on the the theme - Holi. Altogether more than 100 students from classes 6-9 participated. Amongst them, the best fabric painting work was entitled to: Arju Kafle (Class 6), Newson Gurung (Class 6), Shreyashi Adhikari (Class 6), Trayee Dessai (Class 7), Niranjana Manandhar (Class 8) and Angina Prajapati (Class 8).



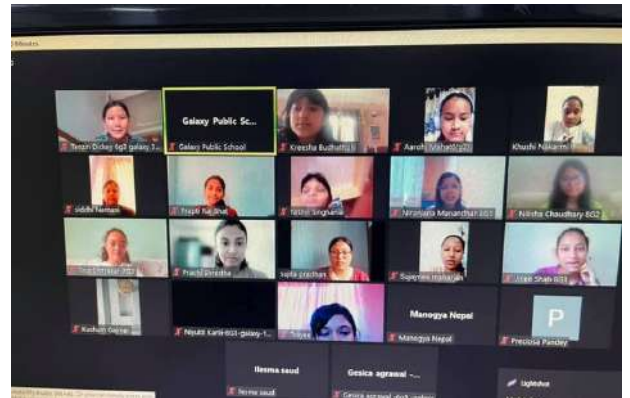


SOME OF STUDENTS SHOWING THEIR WORK OF ART PROUDLY.

## Health and Hygiene Program

Mother and Daughter Health and Hygiene Program was conducted with the girls of classes 5 to 8 on 9 August 2021. Sujita Pradhan from United Distributors Nepal successfully conducted the program. The main objective of this program was to bring awareness to mother and daughter and impart information related to essential menstrual hygiene.

A lack of awareness leads to girls having no prior information about periods before they experience them for the first time and being caught completely unawares. Also, owing to a lack of awareness, they do not prioritize it as an essential health need. Even when we talk about affordability, the big question is about relevance – mothers and daughters think that a sanitary pad is a good-to-have rather than a necessity.



## Merry Christmas and Happy New Year celebration - 25 December 2022

The school encourages its students to respect and participate in festivals celebrated by national and international communities. This helps them to integrate with global cultures. Students of the school celebrated Christmas on 25 December 2022. They were told that Christmas is a time to give and to forgive. Special assemblies were held in different departments of the school in order to mark the day. In the senior block they celebrated by organizing musical programme.

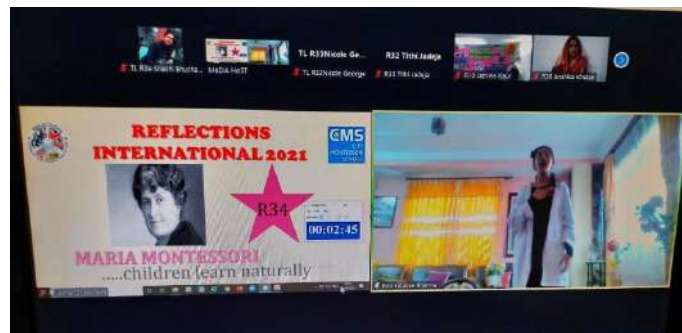




## 7<sup>th</sup> Reflections International 2021

7<sup>th</sup> Reflections International 2021 was held virtually on August 2022. Bidusee Sharma, Hemant Raj Thakur, Sharad Kabariya and Anmol Ghimire participated in this event. This International platform was an international youth festival celebrated for history and civics. The main objective of the event was to learn how past societies, systems, ideologies, governments, cultures and technologies were built and how they operated, and how they have changed over the years.

**Bidusee Sharma** (Class 9) bagged First Position in Her Leadership Symposium by depicting the character of Maria Tecla Artemisia Montessori, an Italian physician and educator best known for the philosophy of education.



## Dental Health and Hygiene Program

Dental hygiene is important to oral health because it reduces the risk of developing tooth decay and gum disease. When left untreated, both tooth decay and gum disease can have serious implications on oral health. For students, they can produce painful or visually unappealing symptoms. Therefore, to impart awareness about dental health and hygiene, Dr. Sujata Dongol took her time to aware our students from classes 1-10 to inform about this sensitive issue concerning all. Dr. Dongol is a former student of Galaxy Public School and is now a well known name in the dental industry. This program was conducted virtually.

Dr. Dongol informed about oral hygiene as the practice of keeping one's mouth clean and free of disease and other problems (e.g. bad breath) by regular brushing of the teeth (dental hygiene) and cleaning between the teeth. Even the demonstration were exhibited to brush the teeth correctly. At the end of the each session, students put up various queries regarding the topic.

### Dental Health and Hygiene Program

#### Program Schedule:

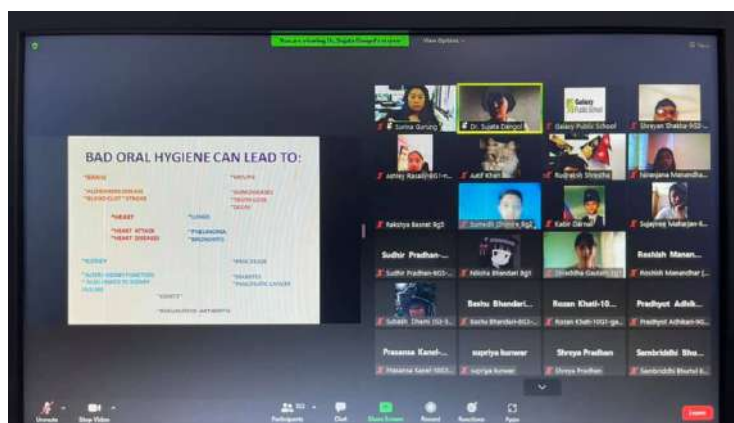
Classes 1-3 – Thursday, 23 September 2021 – 3 pm  
Classes 4-5 – Friday, 24 September 2021 – 3 pm  
Classes 6-7 – Sunday, 26 September 2021 – 3 pm  
Classes 8-10 – Monday, 27 September 2021 – 3 pm

The program will be conducted through School App.



Galaxy Public School

Dr. SUJATA DONGOL  
(1996 Batch, Galaxy Public School)  
BDS - MScDent, MO Implantology - DACE, US  
L&S Dental Solutions, Sumerang Plaza  
New Baneswar



## Panel Discussion on Global Issue – “Environmental Pollution”

Panel discussions are the hallmark of modern conferences and events, even virtual ones. The purpose of a panel discussion is to spark conversation between a groups of student leaders, so that the audience students can learn from their discourse and interaction. Students from our school attended Panel Discussion with the students of Dharmapala Mahavidhyalaya, Sri Lanka on 9 July 2021. The theme of the discussion was “Environmental Pollution”. Anmol Fhimire, Aashish Risal, Prajjowl S. Manandhar, Bipasana Shrestha and Nirjala Gurung



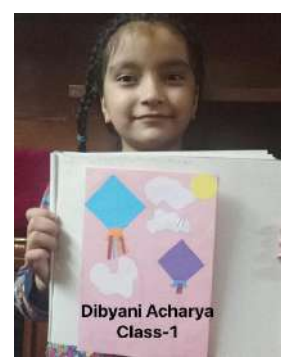
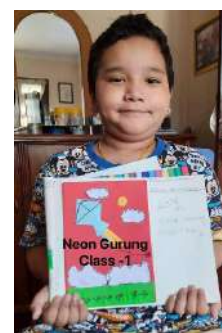
participated in the program. Interested students from both the schools participated as an audience and participated in question and answer round.



## Glimpses of other School Activities

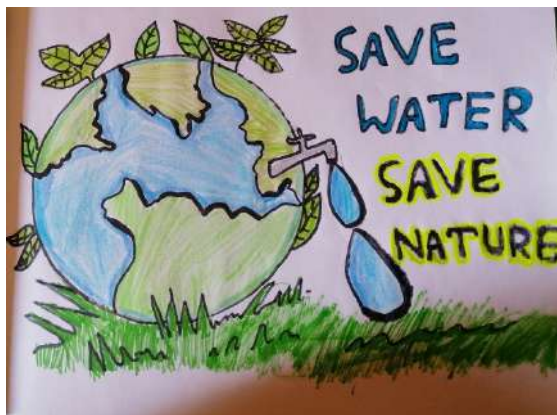


RESIDENTIAL STUDENT WENT ON AN OUTING ON 12 MARCH 2022. THEY VISITED BUDHANILKANTHA, ISKCON TEMPLE, JAMCHEN VIJAYA STUPA AND BOUDHA.



SOME OF THE PAPER CRAFT WORKS DONE BY THE JUNIORS DURING ONLINE PAPER CRAFT CLASSES.





SOME OF THE ART WORKS SUBMITTED BY STUDENTS ON THE OCCASION OF WORLD ENVIRONMENT DAY 2021.



ANMOL, NIRJALA, AASHISH, BIPASANA AND PRAJWOL FOR PARTICIPATING IN THE VIRTUAL IMPROMPTU SPEECH PROGRAM WITH THE STUDENTS OF SRI LANKA.



STUDENTS OF CLASS 10 RECEIVED CERTIFICATE OF PARTICIPATION AFTER PARTICIPATING IN THE 9TH ODYSSEY INTERNATIONAL. THIS PROGRAM WAS CONDUCTED VIRTUALLY. CONGRATULATIONS TO THE TEAM DUO OF AASHISH RISAL AND PRAJWOL BHANDARI FOR WINNING SECOND CONSOLATION PRIZE IN CINEMATICS.





STUDENTS EXHIBITING BEST WORK OF FABRIC PAINTINGS WAS AWARDED WITH A CERTIFICATE AND A GIFT HAMPER. THE NAMES OF THE BEST WORK ARE, ARJU KAFLE (CLASS 6), NEWSUN GURUNG (CLASS 6), SHREYASHI ADHIKARI (CLASS 6), TRAYEE DESAI (CLASS 7), NIRANJANA MANANDHAR (CLASS 8) AND ANGINA PRAJAPATI (CLASS 8). YASHVI SINGHANIA (CLASS 6) WAS AWARDED FOR THE BEST WORK IN THE VIRTUAL SARASWATI COLLEGE CONTEST.

**We would like to extend Best Wishes to the Students of Class 10 – Batch 2078 for their upcoming Secondary Education Examination (SEE 2078)**

