

KUHS Parent-Student Handbook, 2083 (Class 1-10)



Kathmandu University High School

Chaukot, Panauti-05, Kavre

011-490561/ 490638

www.kuhs.edu.np

Important Telephone Numbers

Class 11-12 Administration Office : 011-490 638

School Office : 011-490 561

Account Section : 011-490 395

Dhulikhel Hospital : 011-490497

Police : 100

Ambulance : 011-490497

Welcome Message from the Principal

Dear Parents and Students,

I am delighted to welcome you all to our school family. We aim to provide an environment for learning where students are nurtured to be responsible and sensible citizens. We highly value students' discipline which is the foundation of character building.

The school firmly believes that the essence of education lies beyond books. We aspire at developing humble, confident, and caring citizens ready to take up any challenge thrown by the contemporary world. Our committed teachers endeavour to provide a conducive environment that allows each child to explore and achieve excellence.

As parents, you are our important partners and stakeholders in this process. Your cooperation, trust, and participation are of prime importance in nurturing your child as responsible and capable members of society.

I ask all my students to remain curious, disciplined, and courteous and make the best use of the opportunities offered to them.

Let us work together towards making your learning experience meaningful and rewarding.

Best wishes for your academic success.

Narad Kumar Rijal
Principal

Table of Contents

| | |
|--|----|
| History of the School | 1 |
| Code of Conduct | 2 |
| Staff Details | 5 |
| School Calendar | 10 |
| The Curriculum | 10 |
| Extra Curricular Activities | 15 |
| Evaluation and Exams | 17 |
| Health Issues | 18 |
| Lost and Found | 19 |
| Food Service | 19 |
| Field Trips | 20 |
| Parent School Communications | 20 |
| Earthquake and Earthquake Drill Procedures | 23 |
| Hostel Facility | 25 |
| School Uniform | 28 |
| Bus Services | 32 |
| Book List, 2083 | 33 |
| Class 11/12 Programs in Science Stream at KUHS | 38 |

History of the School

The school operates under the umbrella of Kathmandu University, an independent not-for-profit non- government public institution. The University was established by the Government of Nepal through an Act of Parliament in 1991. KUHS was founded in 1998 and moved to its current location in 2000. We graduated our first SLC Batch in 2003 and first Class 12 Batch in 2019.

Vision Statement

KUHS prepares socially and humanely responsible and sensible students in order to make the world a better and more just place to live. We make sure that our students are taught to collaborate among themselves and compete globally to create opportunities in this rapidly changing world. We also aim to disseminate knowledge and skills which will help develop a positive attitude. We educate to empower, engage and enable the students to excel in their lives and make a difference in the world.

Mission Statement

KUHS envisions becoming one of the best institutions globally where students from diverse communities collaborate, create and spread their achievements to benefit the entire global village. This collaboration leads to student social engagement which helps produce socially responsible citizens. We produce creative and innovative students to address the needs of society.

Motto

Cultivating socially responsible and sensible citizens

Aims

- To create a new generation of leaders and professional women and men with a caring and responsible attitude to the community and the future of Nepal.
- To establish high academic standards this will give access to universities all over the world.
- To teach students to be creative thinkers who do not depend on rote learning and preparation for examinations for their education.
- To value Nepali culture and to understand the wider world.
- To develop a new curriculum and teaching materials that will make an important contribution to Nepal's education system.
- To provide a healthy fresh air location close to Kathmandu where children can learn to value and protect the natural environment

Code of Conduct

At Kathmandu University High School, we create a respectful and caring learning environment. We have the following expectations for all our students and staff.

Code of Conduct:

- We respect each other regardless of age, background, or culture.
- We respect school property, the property of others, and our own property.
- We come to class prepared and on time.
- In class, we listen carefully and are actively involved in learning.
- We follow the rules of the school and classroom.
- We treat others as we would like to be treated.
- Like a family, we help and support each other, we listen with understanding.
- We are honest in our words and actions.

Specific School Rules

To support these expectations, we have some specific school rules:

A. Safety on the school grounds

- Observe the walk only areas by walking only,
- The athletic ground is the area for running and playing,
- Courtyard during recess times: quite games can be played in this area, but be sure not to disturb classes that are running.
- Students may not leave the school compound without permission.
- Students may not bring their own sports equipment. The School will provide balls and other equipment for recess times.

B. In the classroom

- Stand and greet the teacher at the beginning of the lesson with a polite “Namaskar”.
- Students must raise their hands and take turns in answering questions using inside voices. They should not shout out answers.
- Students should stand when addressing a teacher, except during informal discussions.
- If a teacher or guests enters the classroom after class has started, students do not need to stop their work and rise. Doing this disrupts the lesson.

- Copybooks and textbooks should be covered and properly cared for.
- Homework diaries should be maintained at all times.
- Students do their own work. They do not copy from other students or from other resources (Internet etc.), students do not plagiarize.
- Students must not mark or damage school property. Students are responsible for any repair costs.
- If the subject teacher is not present in class five minutes after the bell has rung, the class prefect should report the absence to the Coordinator or Vice Principal.
- At the end of class, students should not prepare to leave until given permission by the teacher.

C. School Dress Code:

- Students should come to school dressed neatly, well groomed and wearing the appropriate school dress.
- Girls should wear their hair in pony tails or braids prepared at home.
- Boys should keep their hair neatly trimmed.
- Girls in grades 4 and up can choose to wear either skirts or pants.
- Students can wear their track suits only on their sports days.

D. General rules:

- Students should not bring money, cell phones, valuable items such as jewelry, or junk food to school.
- Chewing gum is prohibited.
- Smoking, drinking alcoholic beverages or using drugs are prohibited and will result in dismissal from school.
- Collecting funds for special activities requires the approval of the Vice Principal or Principal.
- Students should demonstrate their best of behavior. Personal displays of affection are prohibited.
- Students may use the internet while at school for research and computer class assignments. There is no use of social media.
- Students may use the school telephone only with the permission of the authority.
- English is the language of instruction except in Nepali, Art, Sports, Dance, Music, Chinese and Social Studies class. During the school day, students are

expected to speak English when in class, in the dining room and in the walk only areas of the school.

School Leadership Team

| | |
|-------------------------|--------------------|
| Principal | : Narad Rijal |
| Class 11/12 Coordinator | : Prakash Shrestha |
| Secondary Coordinator | : Niva Shrestha |
| Primary Coordinator | : Naresh Pradhan |
| School Manager | : Sampurna Poudel |

Staff

A Teaching Staff

| S.N. | Name list | Designation/ Subject | Mobile No | Email ID |
|------|------------------------|----------------------------------|------------|---------------------------|
| 1. | Narad Rijal | Principal | 9851248353 | principal@kuhs.edu.np |
| 2. | Prakash Shrestha | Class 11/12 Coordinator | 9849315764 | prakash@kuhs.edu.np |
| 3. | Niva Shrestha | Secondary Coordinator | 9841301019 | niva@kuhs.edu.np |
| 4. | Naresh Pradhan | Primary Coordinator | 9841287302 | naresh@kuhs.edu.np |
| 5. | Umesh Timalisina | Social Studies Teacher | 9841313588 | umesh@kuhs.edu.np |
| 6. | Rupak Khatri | ECA Coordinator/ Science Teacher | 9851171924 | rupak@kuhs.edu.np |
| 7. | Ganga Luitel | Social Studies Teacher | 9841956028 | ganga@kuhs.edu.np |
| 8. | Purna Lamichhane Joshi | English Teacher | 9861143359 | purna@kuhs.edu.np |
| 9. | Ram Bikram Basnet | Mathematics Teacher | 9803080992 | rbasnet@kuhs.edu.np |
| 10. | Sajana Pradhan | English Teacher | 9808231656 | sazanapradhan3@gmail.com |
| 11. | Ram Hari Dahal | Nepali Teacher | 9841442981 | ramhari@kuhs.edu.np |
| 12. | Nirmala Khyaju | Mathematics Teacher | 9841134954 | nirmalakhaju123@gmail.com |
| 13. | Ngudup Dorjee Lama | Computer Teacher | 9841477935 | ngudup@kuhs.edu.np |

| S.N. | Name list | Designation/ Subject | Mobile No | Email ID |
|------|-----------------------|---------------------------------------|------------|------------------------------|
| 14 | Om Baral | English Teacher | 9846027714 | ombaral@kuhs.edu.np |
| 15 | Uma Kutu | Maths Teacher | 9841514133 | uma@kuhs.edu.np |
| 16 | Arati Khadka | Science Teacher | 9841388361 | arati@kuhs.edu.np |
| 17 | Mohan Taujale | Dance Teacher | 9841323110 | mohantaujale@kuhs.edu.np |
| 18 | Ramchandra Thapa | Sports Teacher | 9841457896 | rcthapa@kuhs.edu.np |
| 19 | Susmita Shrestha | Nepali Teacher | 9849907330 | sushmitashrestha@kuhs.edu.np |
| 20 | Maya Adhikari | Nepali Teacher | 9841799542 | maya@kuhs.edu.np |
| 21 | Rukumani S. Prajapati | Art Teacher | 9841646503 | rukumani@kuhs.edu.np |
| 22 | Tashi Dolma Lama | Computer Teacher | 9849470297 | tashi@kuhs.edu.np |
| 23 | Khusboo Shakya | Science/HPCA Teacher | 9861665946 | khusboo@kuhs.edu.np |
| 24 | Rinchen Tshomo | English Teacher | 9810386157 | rinchen@kuhs.edu.np |
| 25 | Susmita Bhusal | Grade Teacher | 9841918278 | sushmita@kuhs.edu.np |
| 26 | Bidhya Chhetri | Grade Teacher | 9817976964 | bidya@kuhs.edu.np |
| 27 | Gauri Thapa | Grade Teacher | 9841172021 | gauri@kuhs.edu.np |
| 28 | Sajana Shrestha | Grade Teacher | 9841925255 | sajana@kuhs.edu.np |
| 29 | Sajina Shrestha | Dance Teacher | 9841609402 | sajina@kuhs.edu.np |
| 30 | Kiran Blone | Music Teacher | 9861162801 | kiran@kuhs.edu.np |
| 31 | Sita Thapa Magar | Social Studies Teacher /Hostel Warden | 9861221448 | sita@kuhs.edu.np |

| S.N. | Name list | Designation/ Subject | Mobile No | Email ID |
|------|-----------------------|----------------------------------|------------|----------------------|
| 32 | Sudha Buddhacharya | Maths Teacher | 9860576995 | sudha@kuhs.edu.np |
| 33 | Subash Adhikari | Music Teacher | 9843023733 | subash@kuhs.edu.np |
| 34 | Binod Suwal | Sports Teacher | 9860336424 | binod@kuhs.edu.np |
| 35 | Parshuram Adhikari | Head of Exams and Nepali Teacher | 9841257866 | parshu@kuhs.edu.np |
| 36 | Netra Prasad Pangen | Biology Teacher | 9841373511 | netra@kuhs.edu.np |
| 37 | Bhim Bahadur K.C | Computer Teacher | 9843748897 | ravi@kuhs.edu.np |
| 38 | Sudeep Kumar Kantha | Chemistry Teacher | 9843571007 | sudeep@kuhs.edu.np |
| 39 | Bidur Gautam | Physics Teacher | 9841171692 | bidur@kuhs.edu.np |
| 40 | Sangita Thapa | Biology Teacher | 9841576859 | sangita@kuhs.edu.np |
| 41 | Santosh Khatiwada | Mathematics Teacher | 9841011114 | santosh@kuhs.edu.np |
| 42 | Anisha Banjara | Chemistry Teacher | 9841921899 | anish@kuhs.edu.np |
| 43 | Kishor Barun Shrestha | Sports Teacher | 9841299365 | kishor@kuhs.edu.np |
| 44 | Suresh Bhusal | Physics Teacher | 9841687522 | suresh@kuhs.edu.np |
| 45 | Ju Ju Kaji Maharjan | Handwriting Teacher | 9863511122 | juju@kuhs.edu.np |
| 46 | Sanchita Basnet | Chinese Language Teacher | 9810015491 | sanchita@kuhs.edu.np |

Non- Teaching Staff

| S.N. | Name list | Designation | Address | Mobile No |
|------|-----------------------|------------------------|---------------------|------------|
| 1. | Sampurna Poudel | School Manager | Chabahil, Kathmandu | 9842529072 |
| 2. | Babita Shrestha Yogol | Accountant | Dhulikhel, Kavre | 9841701039 |
| 3. | Meena Kumari Jha | Librarian | Dhulikhel -4, Kavre | 9841951349 |
| 4. | Poonam Libee | Librarian | Kathmandu | 9841514127 |
| 5. | Manisha Pradhananga | School Secretary | Bhaktapur | 9841809166 |
| 6. | Bibek Bhattarai | Lab Technician | Panauti-4, Kavre | 9841134779 |
| 7. | Barun Jangam | Lab Technician | Dhulikhel -8, Kavre | 9803373031 |
| 8. | Nani shova Bhasima | Account Assistant | Thimi | 9869061947 |
| 9. | Reena Shrestha | School Nurse | Banepa, Kavre | 9841110655 |
| 10. | Priyanka Shrestha | Secretary | Dhulikhel, Kavre | 9860441157 |
| 11. | Ramchandra Koirala | Junior Admin Assistant | Banepa, Kavre | 9841532812 |
| 12. | Nutan Koirala | Store Assistant | Bhaktapur -4 | 9841615856 |
| 13. | Keshav Mahat | Guard | Chaukot-5, Panauti | 9841563173 |
| 14. | Resham Raj Giri | Cook | Sindhupalchwok-13 | 9841504524 |
| 15. | Bim Bahadur Gurung | Cook | Banepa-5, Kavre | 9841495740 |
| 16. | Kalu Singh Tamang | Cook | Dhulikhel , Kavre | 9841547433 |
| 17. | Jayram Mahat | Cook | Chaukot-5, Panauti | 9841648822 |
| 18. | Sahadev Basnet | Cook | Dhulikhel -7, Kavre | 9841000438 |
| 19. | Bisnu lal Shrestha | Cook | Sindhupalchwok-13 | 9841509780 |

| S.N. | Name list | Designation | Address | Mobile No |
|------|-------------------------|-------------------|--------------------|------------|
| 20. | Ishwor Mahat | Head Cook | Chaukot-5, Panauti | 9803893507 |
| 21. | Rabin Mahat | Auxiliary Staff | Chaukot | 9849352564 |
| 22. | Jasmaya Nemwang | Auxiliary Staff | Chaukot-5, Panauti | 9843252548 |
| 23. | Chaita Maya Maharjan | Auxiliary Staff | Dhulikhel -3 | 9841940042 |
| 24. | Tulasi Maya Pradhan | Auxiliary Staff | Dhulikhel -3 | 9843780633 |
| 25. | Ranju Kumari Dulal | Auxiliary Staff | Banepa-5, Kavre | 9849317569 |
| 26. | Sancha Maya Tamang | Auxiliary Staff | Dhulikhel-3, Kavre | 9841725057 |
| 27. | Sangita Gautam | Auxiliary Staff | Banepa -5, Kavre | 9865072229 |
| 28. | Maiya Bhandari | Auxiliary Staff | Banepa-5, Kavre | 9843771777 |
| 29. | Manju Pradhan | Auxiliary Staff | Dhulikhel , Kavre | 9841725198 |
| 30. | Keshar Bahadur Bhandari | Auxiliary Staff | Bekhadimle, Kavre | 9841264622 |
| 31. | Hari Mahat | Auxiliary Staff | Panauti-5, Kavre | 9808583921 |
| 32. | Narayan Ghale | Maintenance staff | Dhulikhel-3, Kavre | 9860537609 |
| 33. | Anita Thapa | Auxiliary Staff | Dhulikhel,Kavre | 9813024368 |
| 34. | Pramila KC | Auxiliary Staff | Panauti, Kavre | 9849316992 |
| 35. | Nabindra Shrestha | Auxiliary Staff | Panauti, Kavre | 9841107593 |
| 36. | Kanchi Maya Tamang | Auxiliary Staff | Dhulikhel, Kavre | 9863492219 |

School Calendar

All parents are issued a school calendar which indicates the days; school is open for students, school holidays, exam schedules and a schedule of extra curricular activities.

The school has two timings. The senior school begins at 8:40 AM and ends at 3 .15 PM and the Junior school begins at 9.20 and ends at 4 pm. There will be no seasonal change in the schedule.

Daily schedule: There are 5 hours lessons each day. These will include the core academic subjects, Computer, Sports, Art, Dance, Music and other special classes per grade level.

There are three breaks during the day: Lunch, short break, and snacks.

Important days for parents to come to school

Results Days: Please refer to school calendar.

Parents' Teacher's meeting

Parents will be invited twice a year to interact with the School Community in the progress of their wards and to listen to school's policy and issue apart from regular school day. This will strengthen the bond between students, parent's and school community .

The Curriculum

Children's learning should be comprehensive, covering six concentric areas of knowledge – self, family, community, nation, the world and the universe. Within these six areas we study people and we study the environment.

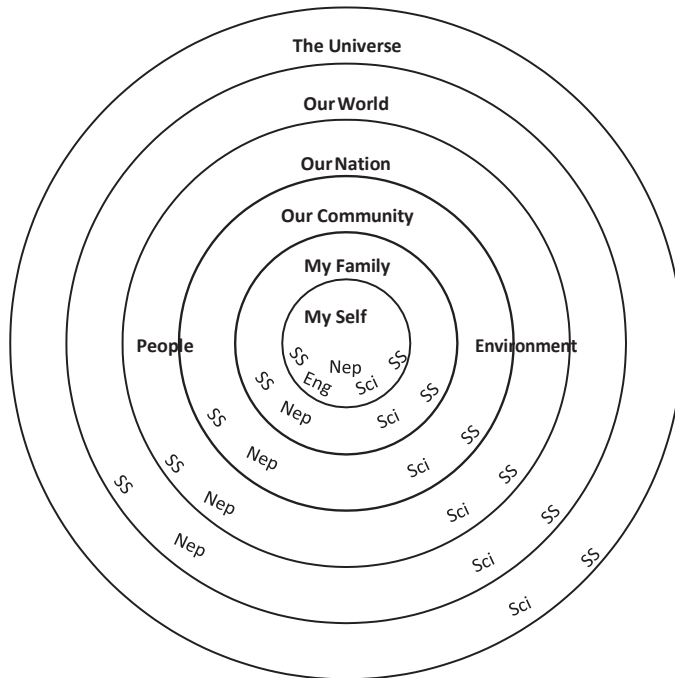
We strive to give students meaningful activities that help them develop deeper understanding, critical thinking and problem solving skills.

Creative and Communicative English

English teaching is commonly broken into four components: Listening, Speaking, Reading and Writing. Students engage in activities designed to develop skills in all four areas. In addition, children are encouraged to read regularly and have access to books in the library.

Creative and Communicative Nepali

Our Nepali lessons are similar in many ways to English lessons. But they have a deeper function also – to explore the cultural life of our own country – the great literature and heritage. We consider Nepali under four main headings: Listening, speaking, reading, and writing.



Student Writing in English and Nepali

Students' best writing will be published in magazines, displayed on bulletin boards and read aloud at Assembly. At the end of the year, the KUHS Review is published with extensive examples of student work.

Chinese

Chinese is taught in grades 4-7 by a qualified teacher provided by the Chinese government.

- Syllabus
- simple Chinese expressions leading to spoken sentences.
 - introduce the 4 tones: high/ flat, rising tone, falling tones.
 - Some Chinese characters.
 - Introduction to Chinese culture

Applied Mathematics

Principles:

- Maths is not just doing sums. It's using numbers for a range of purposes and to solve real problems.
- Primary Maths will include a lot of practical work using small counters, measuring tapes, weighing scales, a clock and other basic equipment.
- Students will learn to estimate distances and weights
- Maths projects especially for older students.

Science

Observing and Experimenting

Our aims are to:

- Encourage students' curiosity about plants, animals, the environment and physical processes.
- Develop their skills of observation, questioning, hypothesizing and experimenting.
- Give them knowledge of scientific facts and processes with the appropriate vocabulary.
- Teach them to record their observations accurately in a variety of formats.

Secondary Science

This has its own syllabus with regularly scheduled lab activities.

Art

The aims of Art:

- Encourage children's natural wish to create images and designs,
- Give them the confidence to select their own subjects and styles (through we often make suggestions).
- Give them basic skills and confidence in the different media – pencil, crayons, paint, charcoal, clay, collage and whatever else is available.

Exhibiting

Art work will be displayed all over the school – classrooms, dining hall, library etc.

Investigative Social Studies

This syllabus is taught in Nepali from Class 1 to Class 10. In addition to the textbooks, students engage in in-depth studies that deepen understanding of information in the textbook.

Aims

To help children to understand the social, cultural and political environment they are growing up in. This will enable them to become responsible members of society. They must develop pride in their nation, want to preserve what is good and contribute to improving what is bad.

Topics include:

- The community
- Environment
- Local culture and religious life
- Cultural life of Nepal
- History of Nepal
- Protective environment
- How Nepal is governed
- Other countries

INFORMATION TECHNOLOGY – Our future

Our aims are to –

- Help students to understand and operate computers with confidence.
- Use the internet for study in all school subjects and for personal interest.
- Have our E - Library for individual study or interest.
- Communicate effectively using computers
- Use IT as a creative art medium.

Music

All children like to sing either solo or with others. We want them also to master at least one instrument to play solo or in a band. At KUHS we provide professional instruction in singing, instrumental playing and eastern /western musical notation.

Performance

Students perform at assemblies, parents' afternoons and public events. Music is integrated with dance.

Dance

All children love to dance and some of them achieve high levels of success.

Aims

- to enjoy whole body rhythmic movement.
- to move together in perfect time.
- to learn a variety of traditional and modern dances.

Sports

Policy:

- Every child should get good training and exercise
- Every child should become good at least one sport

Sports available - football, basketball, volleyball, badminton, table tennis, cricket

The Library

The library is a very important part of school life. It is welcoming and efficiently managed with an extensive collection of fiction and non-fiction books for all ages. Different areas of the library have been set aside for different ages. Students are expected to regularly check out books and take good care of them.

Library resources include:

- Reference books that stay in the library
- Fiction and non-fiction books for check out. Books may be kept for two weeks.
- Professional books for teachers
- Daily newspapers and monthly magazines
- Computers for students and teachers conducting on-line research

Special Classes – Extra Charge

Grade 3: Abacus

Grade 4: Abacus

Grade 5: Abacus

Grade 6: Scouts, Handwriting, Swimming, Karkhana Science Kits

Grade 7: Scouts, Calligraphy

Grade 8: SQC

Grade 9: International Award Program

Non-sport activities, twice a week for classes 6-9. Students are divided into groups of 15 and individual teachers offer a special activity of their interest during this time. Primary activities will be organized on the class basis and take place throughout the week except Friday.

Extra Curricular Activities

Students' Quality Circle (SQC)

SQC is an innovative co-curricular activity implemented in our school since 2005. Students of grade 8 participate in this programme which focuses on children becoming a total quality person. Students develop leadership and various life skills like interpersonal communication skills, critical thinking skills, and analytical skills as well as presentation skills. Furthermore, they study real life situations and explore problems and generate solutions by themselves.

International Award

The International Award, also called 'Duke of Edinburgh' is a program offered in class 9. The international award is a voluntary, exciting self-development programme available to all young people worldwide equipping them with life skills to make a difference to themselves, their communities, and the world. To date over 7 million young people from over 125 countries have been motivated to undertake a variety of voluntary and challenging activities which encourage- personal discovery and growth, life skills, perseverance, responsibility and service to the community. Students stay after school several afternoons a week to participate in this program.

The Award's Structure and the Programme

The Programme is based around three Levels, each successive one requiring a greater degree of commitment.

- BRONZE is for those over 14. The minimum period of participation to gain this Award is 6 months.
- SILVER is for those over 15. The minimum period of participation to gain this Award is 12 months.
- GOLD is for those over 16. The minimum period of participation to gain this Award is 18 months.

It is possible to start at any Level- some participants work their way through all three, while others start at Silver or Gold. At KUHS, all participating students start at the Bronze Level.

Four Sections

To gain an Award, participants must complete activities in four Sections for a specified minimum period of time. There is an additional requirement of a Residential Project at Gold Level. Participants decide what they would like to do for each Section.

Service

Participants engage with their community and discover the impact they can have through:

- Community service projects.
- Conservation work.
- Voluntary service in hospitals or community home
- More specialized training such as lifesaving, first aid or rescue services.

Adventurous Journey

The Adventurous Journey is about discovery. Participants develop an understanding of the environment, and the importance of working together in a team with a common purpose. It can be on foot, by bicycle, boat or on horseback. Training, preparation, self sufficiency and self-reliance are the key elements.

Skills

The Skills Section is about developing personal interests and learning practical skills. There are almost limitless possibilities to choose from. There is no set standard that participants must reach: they set their own goals and measure their progress against them.

Physical Recreation

By undertaking some form of organized and regular physical activity, participants show perseverance and improve their fitness. Their goal is to record their individual progress. Most team and individual sports are included, such as football, athletics, and archery.

Residential Project

This is only a requirement at Gold Level. It aims to broaden experience through living and working with others (who are not everyday companions).

Winter Vacation activities

KUHS organizes various outdoor activities even during winter break with active participation of the teachers. Class 7 goes to the Annapurna region for trekking, Class 9 goes to the eastern/ western region for Nepal tour. However, parents need to pay additionally these programmes and they are not compulsory. Cost depends upon the quotation provided by the registered company.

Evaluation and Exams

Promotion Policy

A student must pass in at least all but two subjects to be eligible for promotion to the next higher class.

If a student fails in more than two subjects, he/she will not be promoted to the higher class and will be required to repeat the current academic year.

This policy aims to ensure that students have achieved the minimum academic standards necessary for success at the next level.

EXAMS

Grades 1-3: Continuous Assessment System

Grades 4-8: 50% Internal Assessment

50% External Assessment

The time for external exams will be two hours.

Grade 9 to 10: 25% Internal Assessment

75% External Assessment

The time for external exams will be three hours.

Coursework/Continuous Assessment: A portion of the marks for each assessment will include marks for continuous assessment. Continuous assessment will be based on, for example, homework, class work, short tests, presentations and project works, LSRW (language subjects).

Refer to school calendar for exam and reporting schedules.

Basic School (Grades I-III)

| First Continuous Assessment | Second Continuous Assessment | Third Continuous Assessment and Final Exam |
|---|---|--|
| 100% Coursework: includes, tests, projects, class work, homework, oral assessments. | 100% Coursework: includes, tests, projects, class work, homework, oral assessments. | 50 % Coursework: includes, tests, projects, class work, homework, oral assessments. 50 % External Examination |
| 25 | 25 | 25 +25 |

Basic School (Grade IV-VIII)

| 1st Period | 2nd Period | 3rd Period |
|--|--|--|
| 1st Continuous Assessment and 1st Term Exam | 2nd Continuous Assessment and Half Yearly Exam | 3rd Continuous Assessment and Final Examination |
| 50% Coursework: includes, tests, projects, class work, homework, oral assessments. | 50% Coursework: includes, tests, projects, class work, homework, oral assessments. | 50% Coursework: includes, tests, projects, class work, homework, oral assessments. |
| 50% External Examination | 50% External Examination | 50% External Examination |
| 15+15=30 | 15+15=30 | 20+20=40 |

Secondary School (Grade IX- X)

| 1st Period | 2nd Period | 3rd Period |
|--|---|--|
| 1st Continuous Assessment and 1st Term Exam | 2nd Continuous Assessment and Half Yearly Exam | 3rd Continuous Assessment and Final Examination |
| 25% Coursework: includes, tests, projects, class work, homework, oral assessments. | 33 % Coursework: includes, tests, projects, class work, homework, oral assessments. | 25% Coursework: includes, tests, projects, class work, homework, oral assessments. |
| 75% External Examination | 67% External Examination | 75% External Examination |
| 5+15=20 | 10+20=30 | 10+ 40=50 |

Health Issues

If your child is ill:

- Please inform the office that your child will be absent either by making a phone or sending a message by Vedu Guru.
- Do not send your child to school if s/he has a fever or a cold. These are contagious and spread easily to other students.
- Make sure your child is completely well before returning him/her to school.

If your child becomes ill during the school day:

We have a school nurse who will examine your child and determine if the parent

needs to be called. In case of emergency, the School will take your child to the Dhulikhel Hospital and you will be informed immediately.

Medical Insurance

Each and every child receives medical insurance from Dhulikhel Hospital (DH) on the day of admission. DH provides up to 70 % discount in most of facilities like pathological tests, radiology services, CT scans, sonograms, and surgical facilities as well as in medicines too. However, this facility will not be applicable to the dental, cosmetic surgery and skin departments.

Lost and Found

Items found on the school premises should be given by the student to the respective coordinator.

Unclaimed items are first announced in assembly, if not claimed by anyone then they will be kept in the Lost and Found box and can be reclaimed with identification of the object. If no one claims the item within one month, the item will be disposed of.

Food Service

The school does have its own hygienic kitchen with a dining hall capacity of 240 in single sitting. Day scholars are offered two meals per day (lunch and snacks) and hostellers are offered four meals (breakfast, lunch, snacks and supper.) Most of the meals are hot cooked food except breakfast.

Children are allowed to take an adequate amount of food but are encouraged not to waste. However, some of the snacks items will be served as per the ratio of volume cooked.

There will be always teachers supervising in the dining hall during meal times. The school does have a fixed menu and no optional food will be served to individuals unless there is a medical rationale. When meat is served, there is always a vegetarian option.

Field Trips

Outdoor school activities are an indispensable part of the KUHS curriculum. Each class will be taken on a minimum three field trips per year. The students are provided worksheets and they write their reflection note there. This will open up their horizon of learning and understanding. Teacher and staff guide them in the field trips.

Parent School Communications

- Regular newsletters are sent home on the last Friday of every month.
- In case of a change of schedule or in an emergency, you will receive an SMS message.
- SMS's are also sent as a reminder for special events.
- Our website also has information about school events (<https://kuhs.edu.np>)
- School App

PARENT TEACHER COMMUNICATIONS

- The Diary is an important form of communication between home and school. The teacher can write notes to you and you can do the same in return. Your child will also write his/her homework assignments in the diary so you can supervise the homework that needs to be done.
- If you would like to talk further with the teacher, please send a message and the teacher can arrange to call you.
- The teacher will communicate regularly with the class parents through Viber. Please be sure your phone number is registered.
- If issues continue, you are always invited to make an appointment and meet the teacher at school.

Early Leave

If a day scholar student has to leave early from the school, or a hosteller going home in between the week, he/she must fill the Early Leave Form requesting the school administration. Parents must inform to the respective tutor or the hostel in-charge and should come to the school to take the child. Please refer to the annex section to see the template of the form.

Student Profile

Students must fill the student profile form once they are admitted for school's future reference if they have not filled while admitting in the school. Please refer to the annex section to see the template of the form.

Use of School App

Introduction to School App

With School App you can easily access all your child's reports, assignments, progress reports and recreational activities organized by the school.

Subscription (Log-In): All students will have their own personal login to get access to their records only. Digital Progress Report, Assignment, Routines and other details of a student cannot be accessed without login in. User Name and Password will be given by the school on request. Username of a student remains same throughout his/her education in KUHS.

Steps to use School App in your Mobile (Android):

1. Open Google Play Store.
2. Search KUHS.
3. Download and Install KUHS app.
4. Log In using the username and password provided by the school.
5. Change your password at the first Log in and you are ready to use KUHSapp.

Steps to use School App in your Mobile (iOS):

1. Open Apple Play Store.
2. Search Veda-Student App.
3. Download and Install Veda-Student App.
4. Log In using the username and password provided by the school.
5. Change your password at the first Log in and you are ready to use Vedaapp.

Steps to use School App using a web browser:

1. Open a web browser (preferably Google Chrome.)
2. Visit www.ingrains.com/school
3. Login page will appear.
3. Log – In using the username and password provided by the school.

Note: Newly admitted students of Class 1, 6 and few other classes can get their Login details of school app from their respective Class Teachers.

Other means of communication

- KUHS website: <https://kuhs.edu.np/contact-us/>
- Email: kuhs@ku.edu.np
- Short message service (sms). Please provide only one mobile number where you would like to receive sms from the school.
- YouTube Channel: Kathmandu University High School
- Viber: A class level Viber groups of each class is created for teacher/class-parent communication.
- Facebook: Messages can be sent even in school's official facebook page.

Features of School App

- **Online Class:** Students are notified regarding the upcoming Zoom integrated online class and they can join the online class using the school app. This feature is available in Mobile app and Web browser.
- **Assignments:** Students and parents can view all the assignments. They are notified when assignments are added or updated. Students can submit their assignments. This feature is available in Mobile app and Web browser.
- **Attendance:** Automatic attendance is taken once the students joins the online class using school app. The attendance log helps keep track of students' attendance records, and parents get notified if they are absent. This feature is available in Mobile app and Web browser.
- **Result:** Parents can view progress report of their children right from the app. They can compare between different assessment results graphically. This enables parents to visualize the exact progress of their children. This feature is available in Mobile app and Web browser.
- **Routine:** Parents can view the class routine of their children through app. This helps parents in daily activities like helping children pack their bags. This feature is available in Mobile app and Web browser.
- **Reading Materials:** Students can access extra reading material, notes and resources that are posted by their teachers. This feature is available in Mobile app and Web browser.
- **Leave Note:** Parent can post leave notes on behalf of their children. So that, if a student is absent without a note school can directly send message to parents. This helps parents to keep track of every date their children was absent on and also helps school to keep attendance count of students. This features is available only in Mobile app
- **Suggestion and Appreciation:** Parents can send their complaints and feedback to school directly from the app. This feature is available only in Mobile app

- **Image and Video Gallery:** Parents can view the images posted by the school. This helps parents to know about the events of school, functions carried out by schools. This feature is available in Mobile app and Web browser.
- **Profile:** Parents can view the details of their ward that has been saved in school records. If any changes or corrections are required then please inform the school administration. This feature is available only in Mobile app.
- **Digital School Calendar:** Parents can view the school’s calendar right from the app. It helps parents to get information on academic days, holiday, celebrations, events, exams, vacation and all important dates. This feature is available in Mobile app and Web browser. Calendar notifications will appear in Mobile app 1 day prior at 6 pm.
- **Notification:** School can send message to parents, this saves time and money for the school as it removes the need of calling or texting parents to relay information. This feature is available in Mobile app and Web browser. Calendar notifications will appear in Mobile app 1 day prior at 6 pm.

Earthquake and Earthquake Drill Procedures

An earthquake drill will begin with a prolonged drumming sound. An actual earthquake, of course, will be signaled by shaking.

“Duck and Cover” is what we will say to alert students to an earthquake. Students know this word means they must be quiet immediately and listen to the teacher.

During an Earthquake or an Earthquake Drill:

1. When a drill or an actual earthquake begins, say **DUCK AND COVER.**
2. The teacher reminds the children to remain calm, cover their heads with their hands, and wait until the shaking has stopped. In some rooms, it may be possible to go under the table – like the dining room or science lab. If children try to go outside while the earthquake is happening, there is a danger of tiles falling from the roof. The safest place is inside.
3. If students are outside, they need to move away from any building and then wait until the shaking stops. If they are in a bathroom, they should also move quickly outside.
4. In an actual earthquake, wait for the shaking to stop, this may take up to 1-2 minutes. In a drill, the gong will ring as an all clear after 1 minute or so. Wait to hear the gong before evacuating the room.
5. After the shaking stops or the all clear sounds, teachers in classrooms should

immediately instruct their students to stand, line up with no talking and walk in an orderly way out of the classroom as quickly as possible. Each class will have a set evacuation route.

6. If there is a class prefect, that prefect should be at the head of the line and lead the class on the escape route up to the prearranged place on the ground.
7. All teachers leave the classroom last to make sure no students are left behind and that the doors are left open.
8. On the ground, the prefect or the class assistant teacher will collect the attendance sheet from the "command center". Non-class teachers will be assigned to help other classes.
9. Teachers will take attendance marking students present, absent, or blank if present but not with class.
10. Non-teaching staff will follow these same procedures and after the all clear, will evacuate to the upper ground near the Command Center where attendance will be taken.
11. The "command center" will be near the stupa which will have needed attendance forms on clipboards and other information and resources. The director, principal and coordinators, and office staff will be available at the command center.
12. Prefects or assistant teachers will return the attendance and clipboard to the Command Center.
13. Staff attendance (teaching and non-teaching) will be taken by _____.
14. The maintenance staff will shut off the electricity and water outlets after an actual earthquake
15. At the end of the drill, classes will be excused individually to go back to their classrooms

Hostel Facility

We have hostel arrangement for the students outside Kavre valley. Students from Class 3 onwards stay in the hostel if required. We provide various co-curricular activities to hostel students to develop various skills.

Hostel Schedule, 2083

| Event | Junior (4-6) | Senior (7-10) |
|-------------------------|------------------|-------------------|
| Breakfast | 7:30 am- 8:00 am | 7:00 am -7:25 am |
| Morning Study Hour | 8:00 am-9:00 am | 7:30 am -8 :30 am |
| Day Schooling | 9:30 am-4:00 am | 8:40 am-3:10 am |
| Pre-Evening Study Hour | 4:00 pm- 6:00 pm | 4:00 pm- 7:00 pm |
| Dinner | 6:00 pm-6:30 pm | 6:30 am -7:00 pm |
| Post-Evening Study Hour | 6:30 pm- 8:30 pm | 7:00 pm -8:30 pm |

The schedule may slightly change in winter season.

Clothing and Laundry

Children need not to bring bedding from home. The school provides all the necessary items. They need to bring personal items. However, parents may send one warm blanket after Dashain vacation. School provides laundry services for school uniforms. The School does not take responsibility for the clothes other than school uniform so we discourage sending any clothes other than the school the uniform. Furthermore, you are requested to mark all the items with your child registration number.

Communication for student in the hostel

We understand you are eager to stay in touch with your children. We do provide you the contact numbers of all respective Hostel Teachers and other supportive staff. However, we are sorry to inform you that it may not be possible to communicate as all the staff remain busy working with your children. However, we kindly request that you send a SMS for any message. Then the staff will contact you. The contact numbers of Hostel staff are as given below. To make the communication effective, we have made Wednesday as

Communication Day. We have fixed Wednesday as communication day to communicate with the children. Parents/guardians can communicate between 7:00 PM to 8:30 PM.

| Name of the Staff | Position | Contact Number | Class Responsibility |
|-------------------|----------------|----------------|-----------------------------------|
| Ravi K.C. | Hostel Teacher | 9843748897 | Class 10 Boys |
| Rupak Khatri | Hostel Teacher | 9851171924 | Class 9 Boys |
| Umesh Timalisina | Hostel Teacher | 9841313588 | Class 7/8 Boys |
| Arati Khadka | Hostel Teacher | 9860685817 | Class 7/10 Girls |
| Ngudup Dorje Lama | Hostel Teacher | 9841477935 | Class 6/7 Boys |
| Sita Thapa Magar | Hostel Teacher | 9861221448 | Class 4-6 girls |
| Reena Shrestha | School Nurse | 98411110655 | Class 4-6 Boys/ School Nurse |
| Anita Thapa | Hostel Didi | 9813024368 | Junior Boys/Girls Senior Girls |
| Pramila KC | Hostel Didi | 9849316992 | Senior Boys |

Hostel Rules:

- Respect and take care of all hostel property. Take care of your own property and respect the property of others.
- Get permission from the teacher before leaving for or going to the hostel.
- Do not bring day scholars to the hostel.
- Ask for the teacher's permission before entering another student's room, the staff room or other rooms not normally occupied.
- Use proper and polite language at all times and especially when interacting with non-KUHS community members. Bullying must not happen.
- Be sure your noise level does not disturb others.
- Follow the hostel time schedule including silence after 9:30 P.M.
- Be on time for all activities including class and study hall. You may not skip class.
- Prepare your assignment properly and do not copy from others.
- Use hostel resources (eg.water, soap) wisely.
- Follow hygiene and dress code rules of the hostel.
- Celebrating birthdays or festivals is strictly forbidden.
- You need to keep your room clean and tidy. Make your bed, store or hang up your clothing, and pick up your trash.
- You may not bring or exchange furniture.
- Support others in obeying hostel rules.

- Hostel students may not use the staff bus except in case of an emergency as determined by the School.
- Do not bring any kind of eatable food items.
- Do not bring money or other valuables like cell phones, jewellery and electronic gadgets.
- If a child is taking any medicine then respective hostel teacher has to be informed.
- Parents/visitors can visit the hostel only with prior notice.
- Need to get sign of hostel teacher on diary every day.

School Uniform

Day scholars

Requirement for Day scholars (for summer)

All items to be clearly marked with child's registration number.

| S.N | Boys | Girls |
|-----|------------------------------------|--------------------------------------|
| 1. | 2 blue striped school shirts | 2 blue striped school shirts |
| 2. | 2 standard navy blue pants | 2 standard navy blue skirts or Pants |
| 3. | 2 school tie | 2 school tie |
| 4. | 1 school belt with crest | 1 school belt with crest |
| 5. | 3 pairs school navy blue socks | 3 pairs school navy blue socks |
| 6. | 3 pairs school white socks | 3 pairs school white socks |
| 7. | 1 pair sports jersey | 1 pair sports jersey |
| 8. | 2 pairs navy blue school tracksuit | 2 pairs navy blue school tracksuit |
| 9. | 2 pairs school t-shirt | 2 pairs school t-shirt |
| 10. | - | 2 black bloomers |

Shoes

| S.N | Boys | Girls |
|-----|---------------------------|---------------------------|
| 1. | 1 pair black school shoes | 1 pair black school shoes |
| 2 | 1 pair of white shoes | 1 pair of white shoes |

Class VI-X (Hostellers)

Requirement for senior hostellers (for summer)

All items to be clearly marked with child's registration number

Uniform

| S.N | Boys | Girls |
|-----|------------------------------|--------------------------------------|
| 1. | 2 blue striped school shirts | 2 blue striped school shirts |
| 2. | 2 standard navy blue pants | 2 standard navy blue skirts or Pants |

| S.N | Boys | Girls |
|-----|--|--|
| 3. | 2 school tie | 2 school tie |
| 4. | 1 school belt with crest | 1 school belt with crest |
| 5. | 3 pairs school navy blue socks | 3 pairs school navy blue socks |
| 6. | 3 pairs school white socks | 3 pairs school white socks |
| 7. | 1 pair sports jersey | 1 pair sports jersey |
| 8. | 2 pairs navy blue school tracksuit | 2 pairs navy blue school tracksuit |
| 9. | 2 pairs hostel t-shirt, 2 pairs school t-shirt | 2 pairs hostel t-shirt, 2 pairs school t-shirt |
| 10. | 2 pair hostel tracksuit | 2 pair hostel tracksuit |
| 11. | - | 2 black bloomers |

Shoes

| S.N | Boys | Girls |
|-----|---------------------------|---------------------------|
| 1. | 1 pair black school shoes | 1 pair black school shoes |
| 2. | 1 pair of white shoes | 1 pair of white shoes |
| 3. | 1 pair of slippers | 1 pair of slippers |

Toiletries

| S.N | Boys | Girls |
|-----|-----------------------------------|-----------------------------------|
| 1. | 1 shampoo | 1 shampoo |
| 2. | 1 hair oil | 1 hair oil |
| 3. | 1 comb | 1 comb |
| 4. | 1 tooth brush | 1 tooth brush |
| 5. | 1 tooth paste | 1 tooth paste |
| 6. | 1 packet tissue paper(every week) | 1 packet tissue paper(every week) |
| 7. | 1 talcum powder | 1 talcum powder |
| 8. | 1 shoe polish / shoe brush | 1 shoe polish / shoe brush |
| 9. | 1 moisturizing cream | 1 moisturizing cream |
| 10. | 1 soap | 1 soap |

Miscellaneous

| S.N | Boys | Girls |
|-----|------------------------------|--|
| 1. | 1 towel | 1 towel |
| 2. | 1 night dress (full sleeves) | 1 night dress (full sleeves) |
| 3. | 1 mosquito net (single bed) | 1 mosquito net (single bed) |
| 4. | 4 undergarments | 4 undergarments |
| 5. | 4 vest | 4 vest |
| 6. | | Black /white rubber band or hair band only |

Note:

- If any items needed then we will send you notice.
- Every 3 months students need to change the old undergarments and socks.

Class IV-V (Hostellers)

Requirement for junior hostellers (for summer)

All items to be clearly marked with child's registration number

Uniform

| S.N | boys | Girls |
|-----|--|--|
| 1. | 2 blue striped school shirts | 2 blue striped school shirts |
| 2. | 2 standard navy blue pants | 2 standard navy blue skirts or Pants |
| 3. | 2 school tie | 2 school tie |
| 4. | 1 school belt with crest | 1 school belt with crest |
| 5. | 3 pairs school navy blue socks | 3 pairs school navy blue socks |
| 6. | 3 pairs school white socks | 3 pairs school white socks |
| 7. | 1 pair sports jersey | 1 pair sports jersey |
| 8. | 2 pairs navy blue school tracksuit | 2 pairs navy blue school tracksuit |
| 9. | 2 pairs hostel t-shirt, 2 pairs school t-shirt | 2 pairs hostel t-shirt, 2 pairs school t-shirt |
| 10. | 2 pairs hostel tracksuit | 2 pairs hostel tracksuit |
| 11. | - | 2 black bloomers |

Shoes

| S.N | Boys | Girls |
|-----|---------------------------|---------------------------|
| 1. | 1 pair black school shoes | 1 pair black school shoes |
| 2. | 1 pair of white shoes | 1 pair of white shoes |
| 3. | 1 pair of slippers | 1 pair of slippers |

Toiletries

| S.N | Boys | Girls |
|-----|-----------------------------------|-----------------------------------|
| 1. | 1 shampoo | 1 shampoo |
| 2. | 1 hair oil | 1 hair oil |
| 3. | 1 comb | 1 comb |
| 4. | 1 tooth brush | 1 tooth brush |
| 5. | 1 moisturizing cream | 1 moisturizing cream |
| 6. | 1 packet tissue paper(every week) | 1 packet tissue paper(every week) |
| 7. | 1 talcum powder | 1 talcum powder |
| 8. | 1 shoe polish / shoe brush | 1 shoe polish / shoe brush |

Miscellaneous

| S.N | Boys | Girls |
|-----|------------------------------|--|
| 1. | 1 towel | 1 towel |
| 2. | 1 night dress (full sleeves) | 1 night dress (full sleeves) |
| 3. | 1 mosquito net (single bed) | 1 mosquito net (single bed) |
| 4. | 4 undergarments | 4 undergarments |
| 5. | 4 vest | 4 vest |
| 6. | | Black /white rubber band or hair band only |

Note:

- If any items needed then we will send you a notice.
- In every 3 months students need to change the old undergarments and socks

Bus Services

BUS PROCEDURES

At the Bus Stop (Junior First)

1. Go to the bus stop about 5 minutes earlier than the bus is scheduled to arrive.
2. While at the bus stop, wait in a safe place away from the road. Do not run and play while waiting.
3. Line up to enter the (let smaller children board first).
4. Stand clear of the bus until it has come to a complete stop. Do not push or shove while waiting.

On the Bus

1. Go directly to a seat. Remain seated and facing forward for the entire ride.
2. Talk quietly. Do not yell or use vulgar or abusive language.
3. Remain seated until the scheduled stop.
4. Keep hands, arms and head inside the vehicle.
5. Do not throw anything inside the vehicle or from the vehicle.
6. Do not change seats. Stay in first seat selected.
7. Do not mark, cut, or scratch any part of the bus. Vandalism costs everyone.

Exit the Bus

1. When getting off the bus make sure you walk (not run) three steps away from the door. Stay away from the bus wheels and watch out for moving car, bikes and other vehicles.
2. Only get on and off the bus at your designated stop and go directly home. If you need to get off somewhere else, parents' permission is must.
3. Never cross the road immediately after getting off from the bus. Let the bus go first.
4. If everyone is getting off the bus, the people at the front leave first. Do not push.
5. If you drop something near the bus do not pick it up. Tell the bus helper or adult for help.

Note: Follow the instruction of the Bus Leaders and Bus In-Charge.

Book List, 2083

Class: One

| Art | Subjects | Book | Publication |
|-----|---------------------|----------------------------------|--|
| 1. | English | Symphony English | Ekta Publication |
| 2. | Nepali | मेरो नेपाली कक्षा १ | जनक शिक्षा |
| 3. | Mathematics | Mathematics | Oasis Publication |
| 4. | Science | New Science in Everyday Life | Oxford Publication (Reference Book) |
| 5. | Hamro Serofero | <i>Hamro Serofero</i> | जनक शिक्षा |
| 6. | Computer | Young Scholar's Computer Science | Gyanvriksha Publication |
| 7. | Art Project Work | Sketch Book Scrap Book | - |

Class: Two

| S.N. | Subjects | Book | Publication |
|------|---------------------|----------------------------------|--|
| 1. | English | Symphony English | Ekta Publication |
| 2. | Nepali | मेरो नेपाली कक्षा २ | जनक शिक्षा |
| 3. | Mathematics | Mathematics | Oasis Publication |
| 4. | Science | New Science in everyday life | Oxford Publication (Reference Book) |
| 5. | Hamro Serofero | <i>Hamro Serofero</i> | जनक शिक्षा |
| 6. | Computer | Young Scholar's Computer Science | Gyanvriksha Publication |
| 7. | Art Project Work | Sketch Book Scrap Book | - |

Class: Three

| S.N. | Subjects | Book | Publication |
|------|------------------|----------------------------------|--|
| 1. | English | Symphony English | Ekta Publication |
| 2. | Nepali | मेरो नेपाली कक्षा ३ | जनक शिक्षा |
| 3. | Mathematics | Excel in Mathematics | Vedanta Publication |
| 4. | Science | New Science in everyday life | Oxford Publication (Reference Book) |
| 5. | Hamro Serofero | <i>Hamro Serofero</i> | जनक शिक्षा |
| 6. | Computer | Young Scholar's Computer Science | Gyanvriksha Publication |
| 7. | Art Project Work | Sketch Book Scrap Book | - |

Class: Four

| S.N. | Subjects | Book | Publication |
|------|------------------------------------|--|--|
| 1. | English | Symphony English | Ekta Publication |
| 2. | Nepali | मेरो नेपाली कक्षा ४ आधुनिक नेपाली व्याकरण र रचना कक्षा ४ | जनक शिक्षा एलाइड |
| 3. | Mathematics | New Science in Everyday Life | Vedanta Publication |
| 4. | Science and Technology | New Science in Everyday Life | Oxford Publication (Reference Book) |
| 5. | Social Studies | Social Studies and Human Value Education | जनक शिक्षा |
| 6. | Health, Physical and Creative Arts | Health, Physical and Creative Arts | Gyanvriksha Publication |
| 7. | Computer | PNP ComputerScience | Print Nepal Publication |
| 8. | Art Project Work | Sketch Book Scrap Book | - |

Class: Five

| S.N. | Subjects | Book | Publication |
|------|---------------------------------------|--|--|
| 1. | English | Symphony English | Ekta Publication |
| 2. | Nepali | मेरो नेपाली कक्षा ५ आधुनिक नेपाली व्याकरण र रचना कक्षा ५ | जनक शिक्षा एलाइड |
| 3. | Mathematics | Excel in Mathematics | Vedanta Publication |
| 4. | Science and Technology | New Science in Everyday Life | Oxford Publication (Reference Book) |
| 5. | Social Studies | Social Studies and Human Value Education | जनक शिक्षा |
| 6. | Health, Physical and Creative Arts | Health, Physical and Creative Arts | Gyanvriksha Publication |
| 7. | Computer | Health, Physical and Creative Arts | Print Nepal Publication |
| 8. | Art Atlas Book | Sketch Book Scrap Book | - |

Class: Six

| S.N. | Subjects | Book | Publication |
|------|---------------------------------------|---|----------------------------|
| 1. | English | Symphony English | Ekta Publication |
| 2. | Nepali | मेरो नेपाली कक्षा ६ नेपाली व्याकरण कक्षा ६- विश्वास पौ. | जनक शिक्षा गोल्डेन बुक |
| 3. | Mathematics | Excel in Mathematics | Vedanta Publication |
| 4. | Social Studies | Social Studies and Human Value Education | जनक शिक्षा |
| 5. | Science and Technology | Conceptual Science | Neema Publication |
| 6. | Health, Physical and Creative Arts | Health, Physical and Creative Arts | Gyanvriksha Publication |
| 7. | Computer | Young Scholar's Computer Science | Print Nepal Publication |
| 8. | Art Atlas Book | Sketch Book School Atlas Book- Bhundi Puran Publication | |

Class: Seven

| S.N. | Subjects | Book | Publication |
|------|---------------------------------------|--|------------------------------|
| 1. | English | 1.Symphony English 2.Maxim Grammar | Ekta Publication Readmore |
| 2. | Nepali | मेरो नेपाली कक्षा ७ नेपाली व्याकरण कक्षा ७- विश्वास पौडेल, | जनक शिक्षा गोल्डेन बुक |
| 3. | Mathematics | Excel in Mathematics | Vedanta Publication |
| 4. | Social Studies | Social Studies & Human Value Education | जनक शिक्षा |
| 5. | Science and Technology | Conceptual Science | Neema Publication |
| 6. | Health, Physical and Creative Arts | Health, Physical and Creative Arts | Gyanvriksha Publication |
| 7. | Computer Science | Young Scholar's Computer Science | Gyanvriksha Publication |
| 8. | Art Atlas Book | Sketch Book School Atlas Book- Bhundi Puran Publication | |

Class: Eight

| S.N. | Subjects | Book | Publication |
|------|-------------------------------------|---|--|
| 1. | English | 1.Symphony English 2.Our English -8 3.Maxim Grammar | Ekta Publication जनक शिक्षा Readmore |
| 2. | Nepali | मेरो नेपाली कक्षा ८ नेपाली व्याकरण कक्षा ८- विश्वास पौडेल, | जनक शिक्षा गोल्डेन बुक |
| 3. | Mathematics | 1. Mathematics (English) 2.Optional Mathematics | जनक शिक्षा Vedanta Publication |
| 4. | Social Studies | Social Studies & Human Value Education | जनक शिक्षा |
| 5. | Science and Technology | Conceptual Science | Neema Publication |
| 6. | Health, Physical & Creative Arts | Health, Physical and Creative Arts | Gyanvriksha Publication |
| 7. | Computer | Young Scholar's Computer Science | Gyanvriksha Publication |
| 8. | Art Atlas Book | Sketch Book School Atlas Book- | Bhundi Puran Publication |

Class 9

| S.N. | Subjects | Book | Publication |
|------|---------------------------|--|------------------------------------|
| 1. | English | Symphony English Our English Maxim Grammer | EKTA Janak Shikshya Readmore |
| 2. | Nepali | मेरो नेपाली कक्षा ९ नेपाली व्याकरण कक्षा ९- विश्वास पौडेल, | जनक शिक्षा गोल्डेन बुक |
| 3. | Mathematics | Mathematics | जनक शिक्षा |
| 4. | Science and Technology | Conceptual Science | Neema Publication |
| 5. | Social Studies | Social Studies and Human Value Education | जनक शिक्षा |
| 6. | Computer | Essentials of Computer Science | Asmita Publication |
| 7. | O.P.T. Maths | Optional Mathematics | Vedanta Publication |
| 8. | School Atlas | School Atlas | Bhundi Puran Publication |

Class 10

| S.N. | Subjects | Book | Publication |
|------|---|--|------------------------------------|
| 1. | English | Symphony English Our English Maxim Grammer | EKTA Janak Shikshya Readmore |
| 2. | Nepali | मेरो नेपाली कक्षा १० नेपाली व्याकरण कक्षा १०- विश्वास पौडेल, | जनक शिक्षा गोल्डेन बुक |
| 3. | Mathematics | Mathematics | जनक शिक्षा |
| 4. | Science | Conceptual Science | Neema Publication |
| 5. | Social Studies | Social Studies and Human Value Education | जनक शिक्षा |
| 6. | Computer | Essentials of Computer Science | Asmita Publication |
| 7. | O.P.T. Maths | Optional Mathematics | Vedanta Publication |
| 8. | School Atlas CDC Science Book (English Version) | School Atlas | Bhundi Puran Publication |

Class 11/12 Programs in Science Stream at KUHS

KUHS has been imparting the best available Class 11/12 teaching along with all-round educational opportunity to students. The school in affiliation with the National Examination Board (NEB), offers an excellent program in science. We ensure that we practice the best teaching methodologies for outstanding results. The dedicated and experienced faculties deliver theory classes along with practical demonstrations. We had our first intake of high quality students in 2075. We have 160 students in the programme.

The students are required to complete their daily homework, class assignments, special projects, individual or group presentations and adequate self study. Our dedicated faculties carefully monitor the academic performance and progress of each individual student.

Combinational Subject Groups

We offer two combinational subject groups. Students can choose from these combinations.

Grade 11 (Science)

English

Nepali

Mathematics

Physics

Chemistry

Biology or Computer Science

Grade 12 (Science)

English

Nepali

Mathematics

Physics

Chemistry

Biology or Computer Science

RECOMMENDATIONS TO PARENTS

Your role as a parent is critical to the success of your child at KUHS. Parents are an important part of the educational team that also includes teachers and administrators.

Your responsibilities:

- Take time to ask your child about what happened at school during the day, what did he/she learn? What was new?
- Create a quiet space and time for your child to do homework. Encourage your child to homework on his/her own; to show his/her own work and effort.
- Praise your child when s/he is successful.

- Teach your child to be respectful – not to interrupt when others are talking, to talk in a polite voice etc.
- If your child breaks a school rule, please talk to your child about the importance of following rules and if needed provide necessary consequences like loss of the use of electronic media or time with friends.
- Encourage your child to read and make sure there are books and magazines available at home. Reading is a key to school success!