

# KATHMANDU UNIVERSITY HIGH SCHOOL

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## Hostel Facility at KUHS: A Home Away from Home

Kathmandu University High School (KUHS) offers a weekly hostel that's not just safe but feels welcoming and supportive for students. Tucked inside KUHS's peaceful and lively campus, the hostel is set up so students can really grow—not just in their studies, but also socially, emotionally, and physically. Here's how it works: students stay at the hostel for four nights a week, then spend three nights at home. They arrive on Monday and head back to their families on Friday. The school arranges bus pick-ups and drop-offs across Kathmandu, Bhaktapur, and Lalitpur, making things easier for everyone.

**Comfort and Care:** The hostel has separate living spaces for boys and girls. Dorms are clean, airy, and roomy. Bathrooms are hygienic and well-kept, and there's always water and electricity. Hostel In charges are available at any time keeping a close eye on things so students feel safe and cared for. There's a strong sense of discipline here, but also real warmth and attention to each student's needs.

**A Day with Structure and Support:** Each day is thoughtfully planned out. Students follow a routine that helps build self-discipline and good habits. Mornings and evenings include supervised study sessions. Teachers and wardens keep track of everyone's progress and step in to help when needed. There's quiet time for focused study, plus access to the school library and other resources.

**Healthy Food, Healthy Living:** Meals are balanced and nutritious, made in a clean kitchen with growing teens in mind. The school puts effort into planning the menu and keeping the dining area spotless. It's all about supporting both health and energy.

**More Than Just Books:** Life at the KUHS hostel isn't only about academics. Students get involved in sports activities, and a variety of cultural and creative programs. There are chances to build character, practice values, and develop leadership and teamwork skills. Living together, students learn respect, independence, and responsibility and form friendships that stick.

**Safety and Staying Connected:** Safety comes first. The hostel has strict rules for coming and going, plus regular health check-ups and quick access to medical help. Every student is insured in Dhulikhel Hospital. Parents stay in the loop, with regular updates about their child's progress and well-being, so there's always a strong link between home and school.

**A Place to Belong:** The KUHS hostel is much more than a place to sleep. It's a lively community where students become confident, responsible, and aware of the world around them. With caring supervision, academic support, and a real sense of belonging, KUHS gives students a true "home away from home."

### Hostel Rules:

- Respect and take care of all hostel property.
- Take care of your own property and respect the property of others.
- Get permission from the teacher before going to or leaving the hostel.
- Do not bring day scholars to the hostel.

- Ask for the teacher's permission before for entering another student's room, the staff room or other rooms not normally occupied.
- Use proper and polite language at all times and especially when interacting with non-KUHS community members. Bullying must not happen.
- Be sure your noise level does not disturb others.
- Follow the hostel time schedule including silence after 9:30.
- Be on time for all activities including class and study hall. You may not bunk class.
- Use hostel resources (eg. water, soap) wisely.
- Celebrating birthdays or festivals is strictly forbidden.
- You need to keep your room clean and tidy. Make your bed, store or hang up your clothing, and pick up your trash.
- You may not bring or exchange furniture.
- Do not bring valuable items to the hostel including electronic gadgets and money.
- Do not bring any edible foods items to the hostel.
- Follow the hygiene and dress code rules of the hostel.
- Prepare your assignments properly and do not copy from others, this is plagiarism.
- Students may not use the staff bus except in case of an emergency as determined by the School.
- Parents and visitors can visit the hostel only with prior notice.
- Support others in obeying hostel rules.

**General information about the KUHS hostel:**

- Students spend only four nights in the hostel. They arrive at school on Monday and go home on Friday evening.
- If a holiday falls on a Monday, children will come to school the following day.
- If a holiday falls on a Friday, children will be sent home on Thursday evening.
- Students are strictly prohibited from bringing any food items to the hostel or school.
- Electronic devices such as mobile phones, iPods, tablets, cameras, and laptops are strictly prohibited.
- If you wish for your child to attend a function at home during weekdays, an application must be submitted in advance. Transport will not be provided in such cases.
- If your child is unwell at home and needs to continue taking medication at school, clear written instructions must be provided.
- All your child's belongings must be clearly labelled with the given alphabet and numbers (registration number) before they arrive.
- We kindly request parents to refrain from calling their child during weekdays. If necessary, the hostel warden will contact you.
- You may only contact the hostel in the event of an emergency.

**Principal**